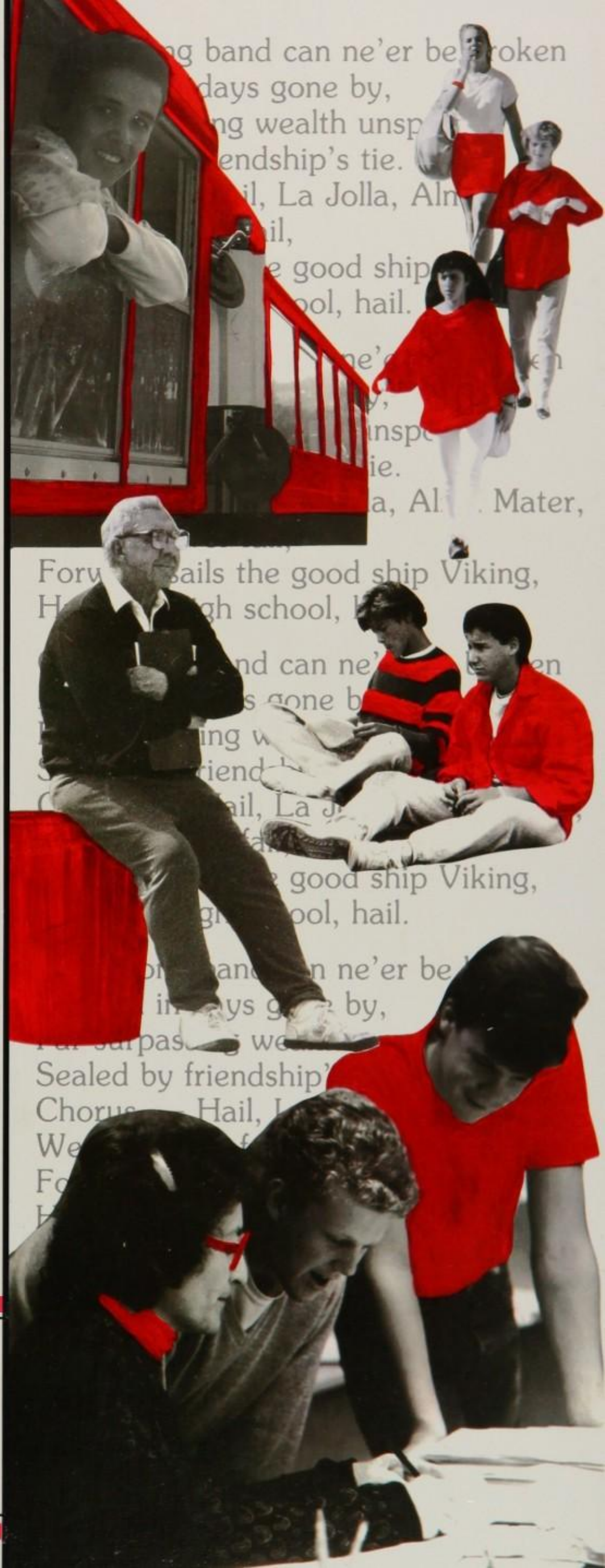
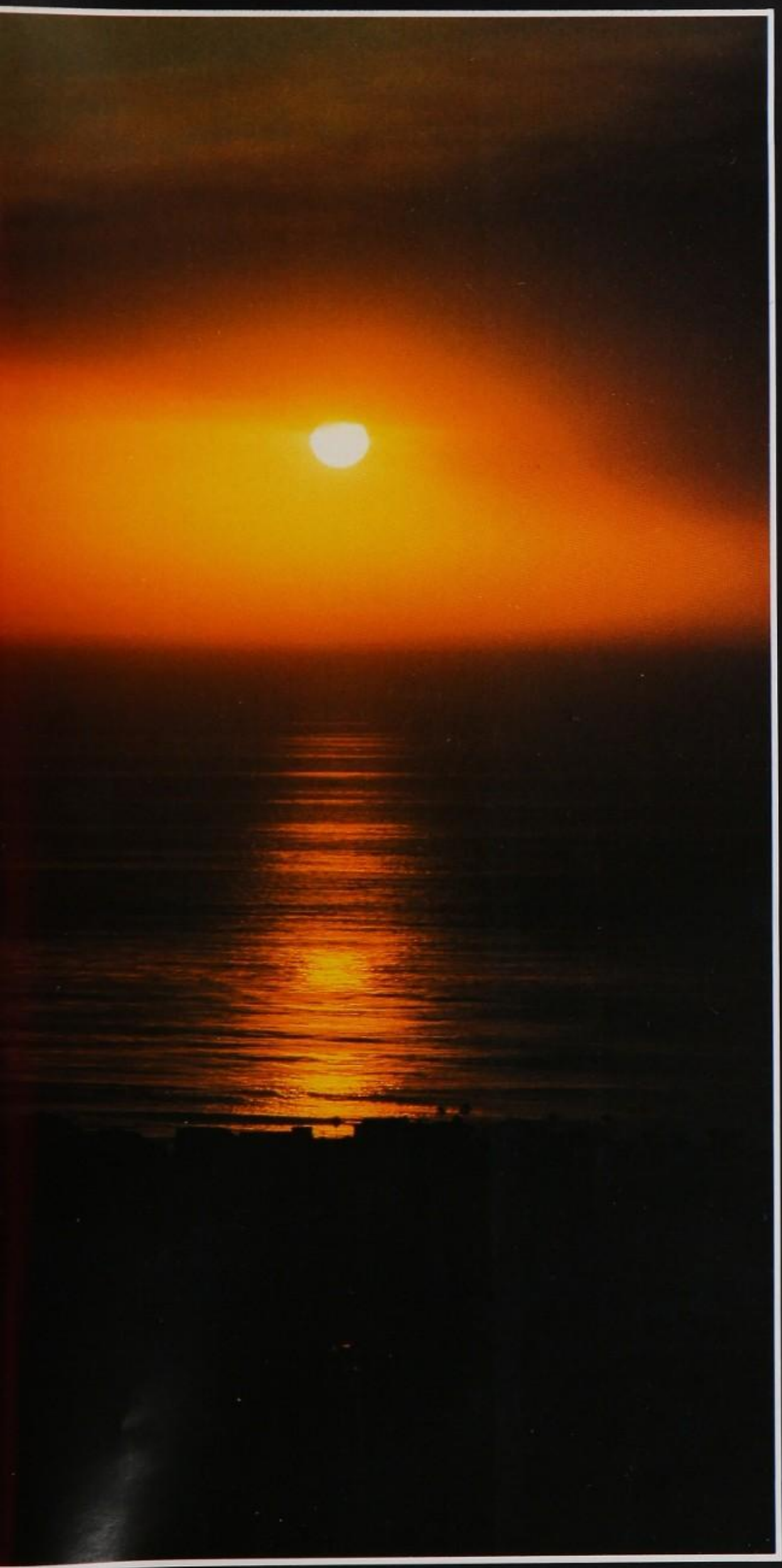
La Jolla High School
1988

Viking



La Jolla High
1988 Viking

750 Nautilus
La Jolla, California



La Jolla High
1988 Viking

750 Nautilus
La Jolla, California

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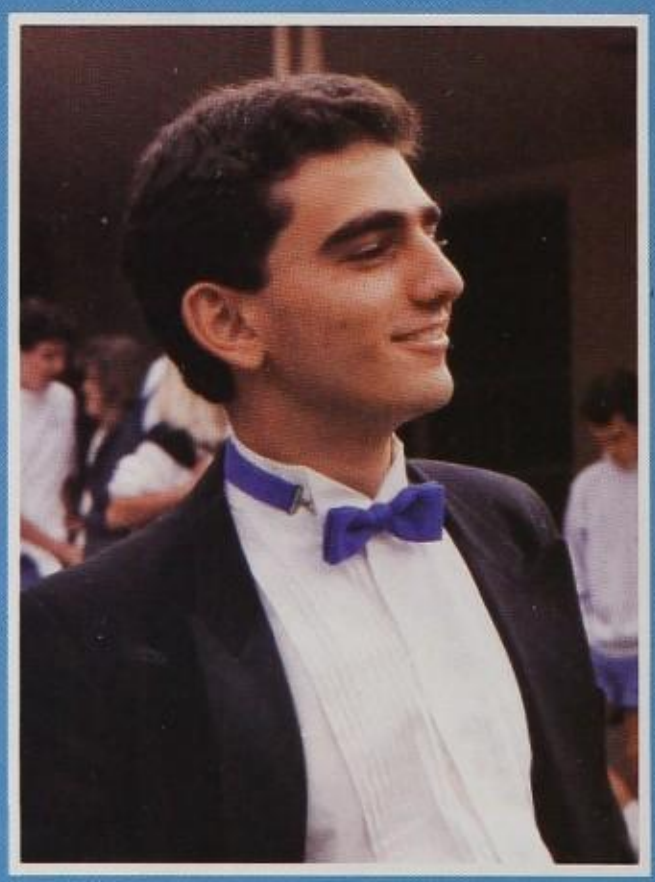
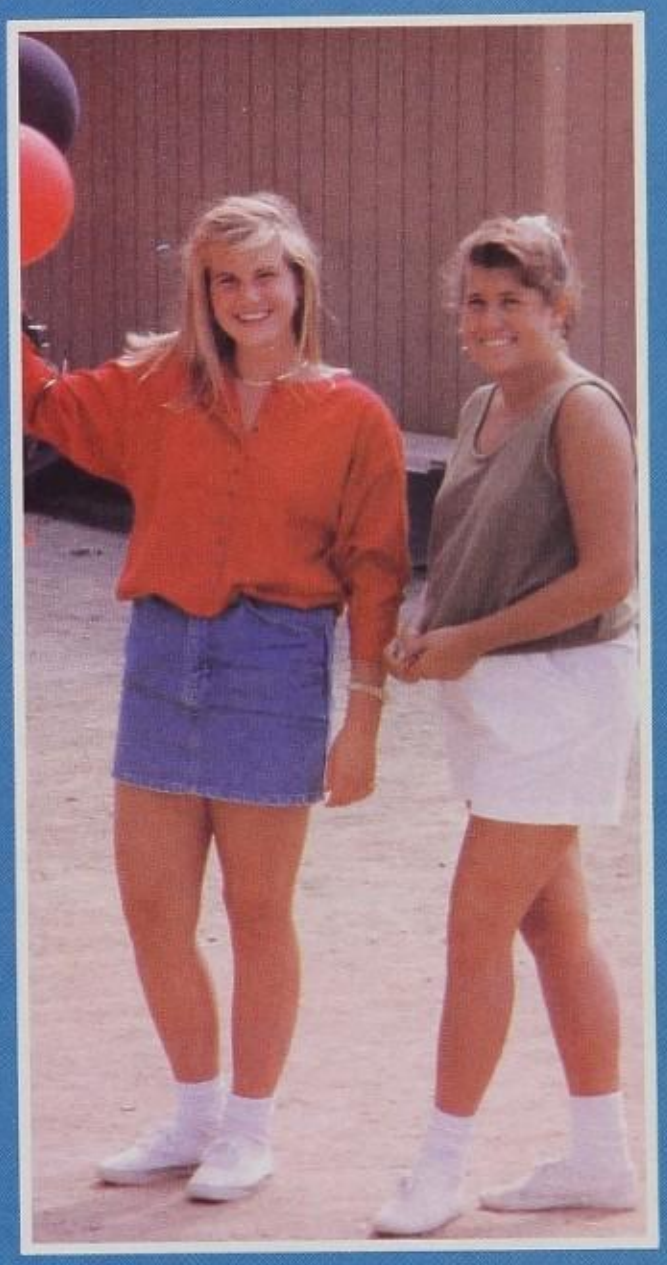
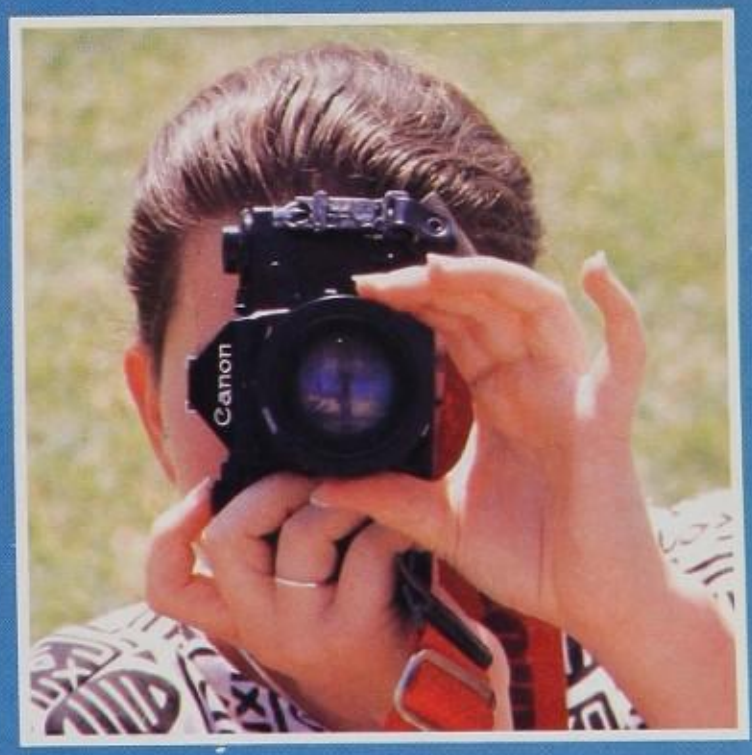


Above: Pedro Mosqueda and Maria Ramos. Right: Ali Jalili.

Left: Trisha Alari. Below: Jori Haller and Kristin Williams.





Above: Yolanda Lopez.

". . . Days Gone By . . ."

A yearbook does not merely contain pictures and words. It contains memories. It is a record of a special time in our lives, a time when our days were filled with discoveries, expectations, dreams and hopes; a time when we were finding balance and discovering ourselves.

When we look back upon high school, we'll wonder where the time went. With that in mind, the yearbook staff selected the phrase " . . . Days Gone By . . . " from the La Jolla High School Alma Mater as the theme for the **1988 VIKING** .

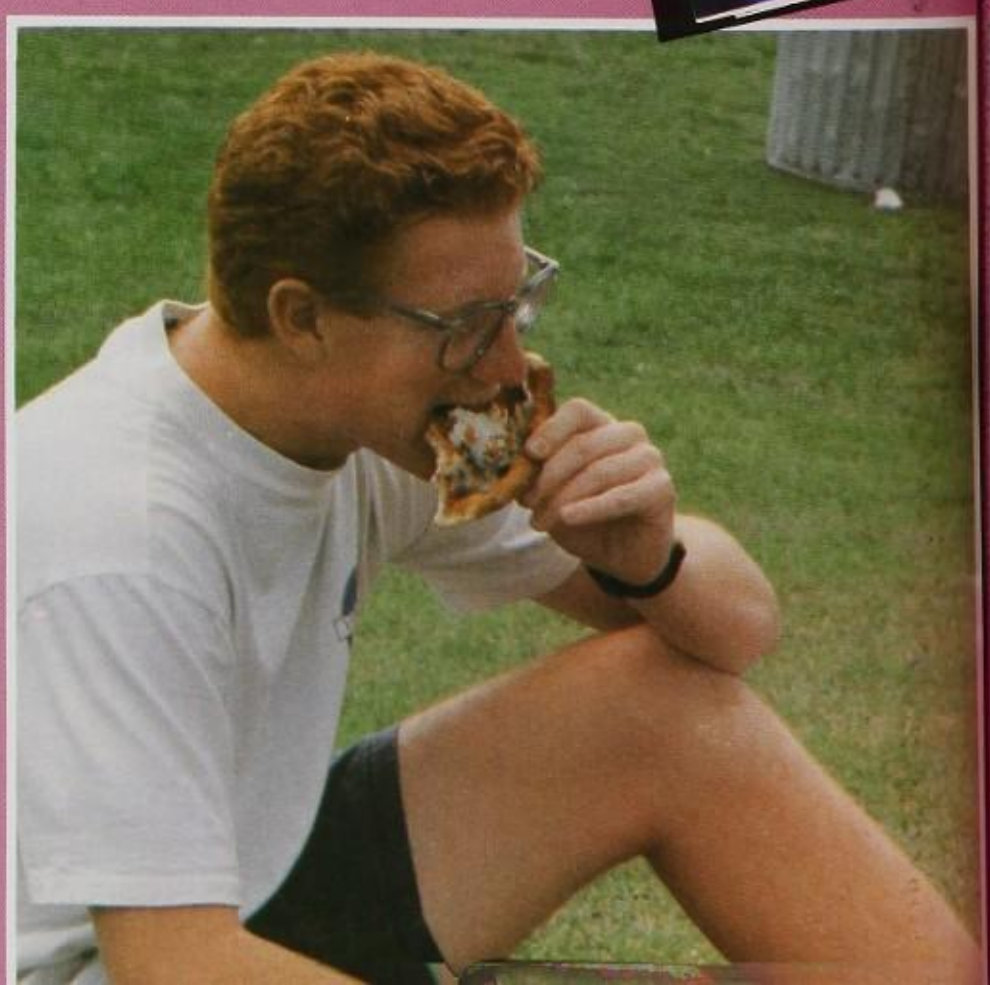
While not everyone was the star athlete, the homecoming queen or the class president, we each had a special quality, talent or characteristic that was an important part of our school. Together, we combined and blended into a unique whole. We will remember those days we were together, and those memories will remain a part of each of us.

For sophomores this was a year of transition. When they arrived on campus, they had only a vague idea of what was in store. By the semester most began to feel comfortable with their new idenity as a high school student. And by the year's end, they were looking forward to the next one.

Juniors were one year up on the game. Most had found their niche and felt secure at school. Many had begun to focus on a particular interest. Taking the SAT reminded some that their high school tenure was short.

For seniors our theme is especially relevent. It was their last year in high school, a year packed with special activities, but also a year when the reality of leaving the ties of home, school, and community was felt. For many, it was the time they grew up and began to think about how they would fit into the larger world ahead of them.

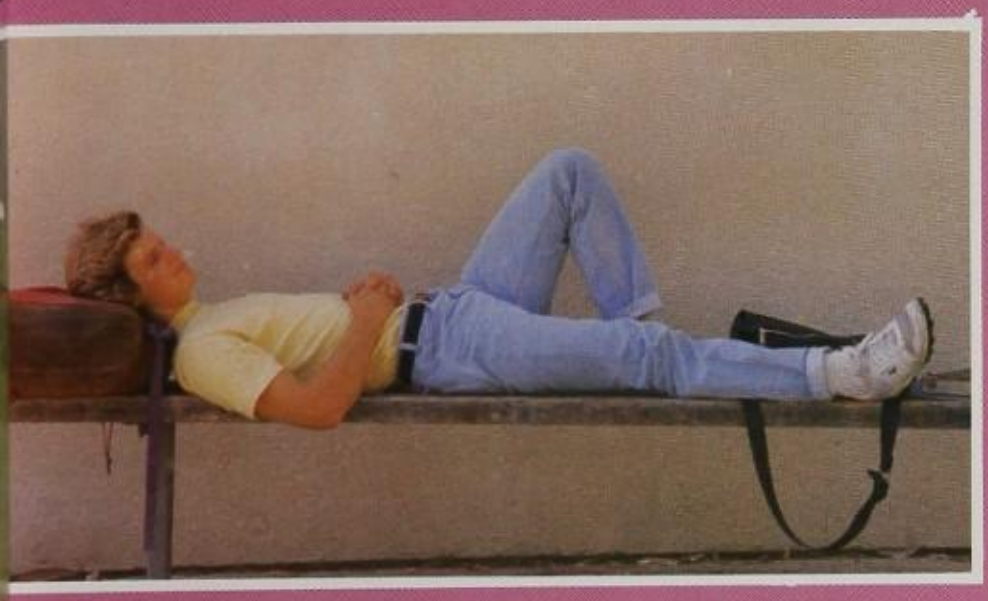
As time passes, memories fade. When you turn the pages of this book and think back to ". . . days gone by . . .", we hope your reminiscences are revived and your memories are fond ones.



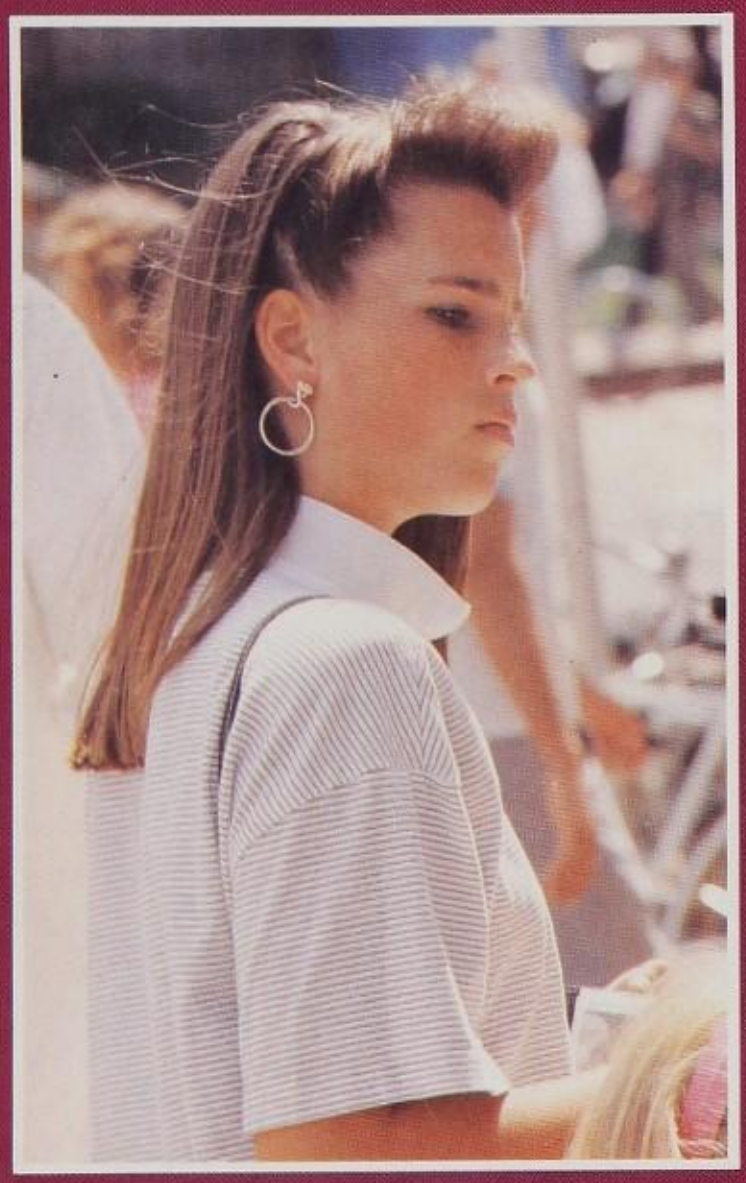
Above: Kelly Roy. Right: Matt Rosenberg.

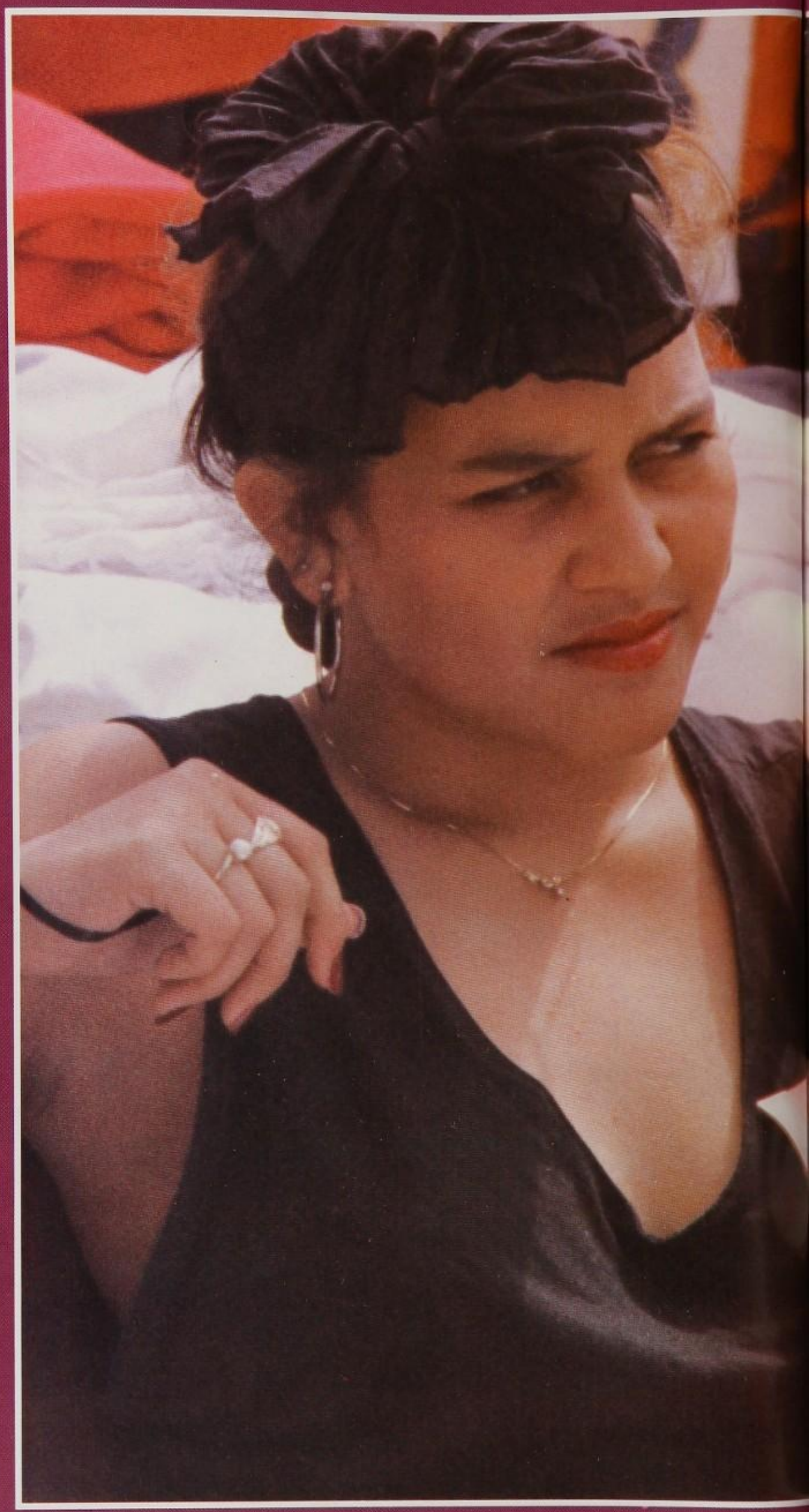
Left (clockwise): Mike Adams, Ari Harrison, Chris Murphy, Anthony Malk, Kenny Park, Josh McCater, Gary Frank, Alex Barber.

Above: Simon Malk.



bove: Greg Davis.





Above: Peggy Calhoun. Right: Heather Lazo.

Left: Maaren Boucher. Center left: Pat Top. Below: Robert Guralnick.

Stude

Our strong band can ne'er be broken,
Formed in days gone by,
Far surpassing wealth unspoken,
Sealed by friendship's tie.

Hail, La Jolla, Alma Mater,
We will never fail,
Forward sails the good ship Viking,
Hail, our high school, hail.

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nt Life

Soaking Up The Last Rays Of

SUMMERTIME

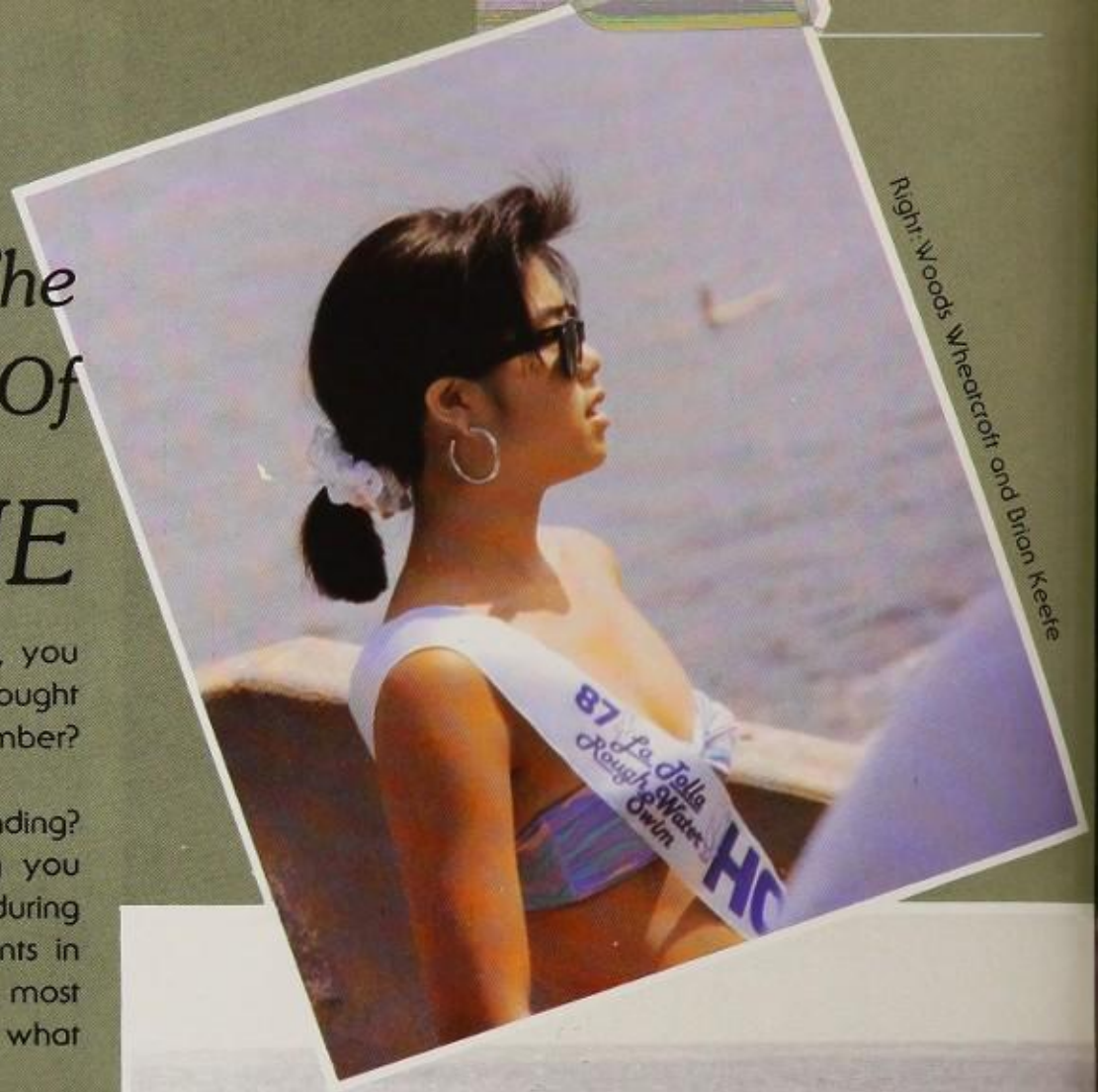
As you lay on the beach, staring up at the azure skies, you suddenly remembered something. You paused, then a thought went through your head. Is tommorow the 14th of September? School? Tomorrow?

Wasn't it just yesterday that another year of school was ending? Then three months of free time to do almost anything you wanted. Maybe you planned to find a job to earn money during those months. Some La Jollans became exchange students in foreign countries; others went to summer school. However, most used their vacations to relax and maximize on fun. That's what summer is all about, right?

But as you looked back on those seemingly endless summer days, you thought toward a new year at LJHS. The first week at school was always one of the most exciting times. There were the blank-looking faces of sophomores trying to find unfamiliar classes; the more experienced faces of juniors who had developed a familiarity with the school; and finally, there were the nonchalant seniors, chatting with long-time friends while strolling to familiar classrooms.

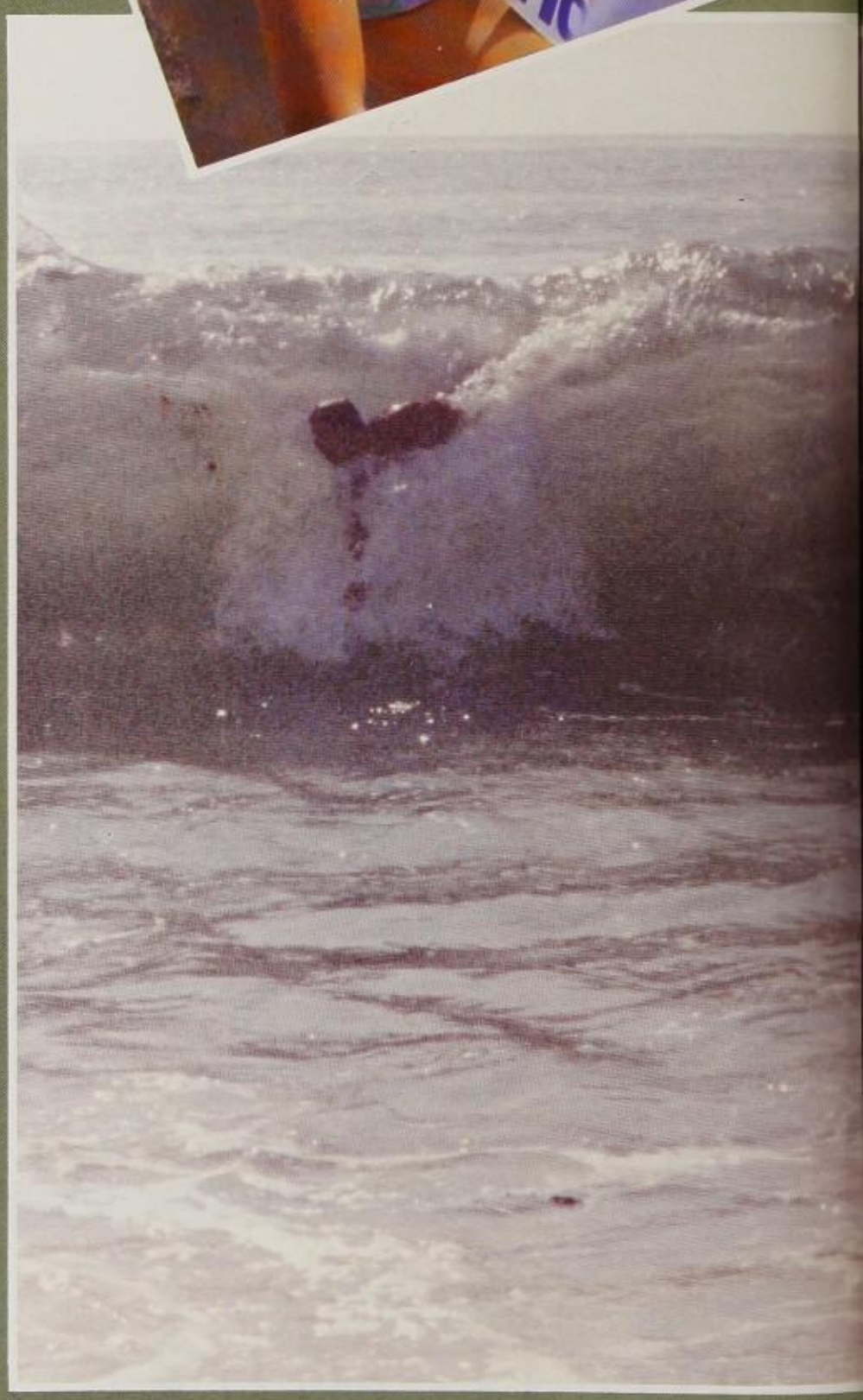
Everyone had a different attitude toward starting school. Some people looked forward to the good times, friends and sports. Sophomore Julie See described the ending of summer as "the end of free time and the beginnining of a new adventure."
While we all rued the fact that summer was over, we realized that it was time for a new year of opportunity at school.

— By Mark Skirgaudas

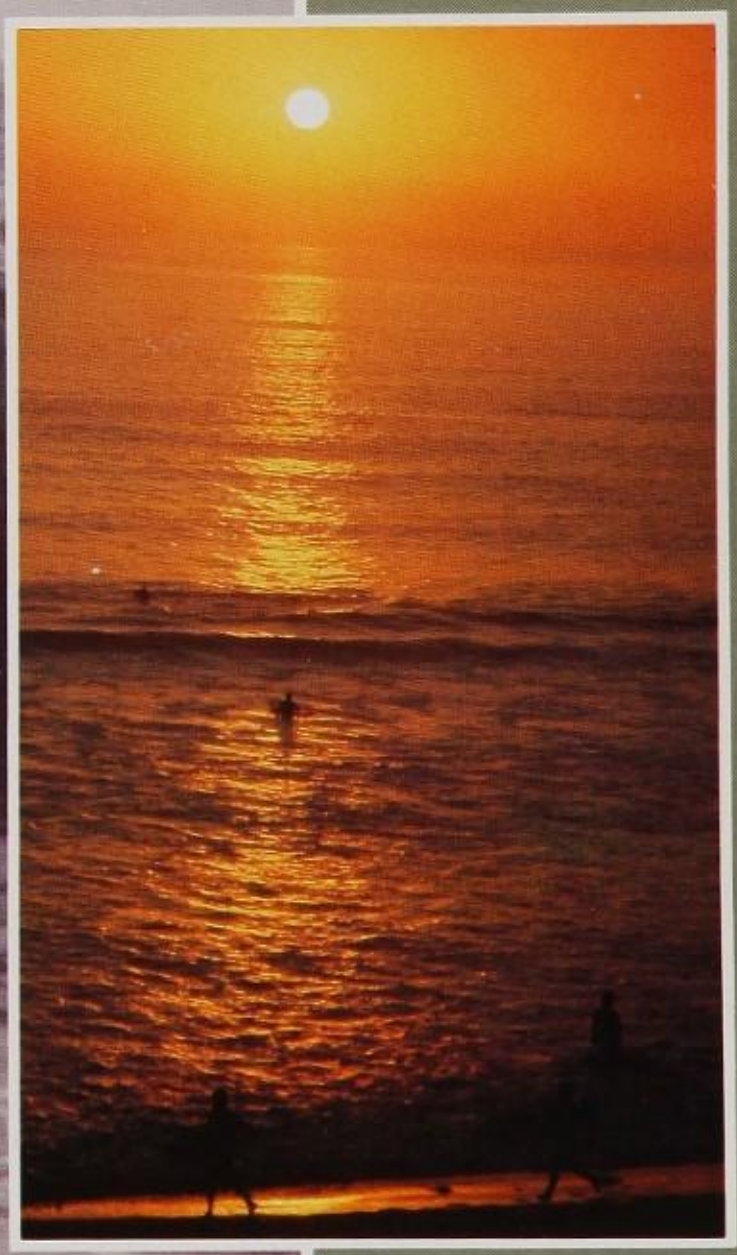


Right: Woods Wheatcroft and Brian Keefe

Above: Bryn Sakagawa. Right: Woods Wheatcroft and Brian Keefe.



Left: La Jolla Rough Water Swim. Below: Jamie Mendez, Mitchell Porche and Aaron Radelow.



Vikings Kick Off the Year With

Victory at BLAST-OFF

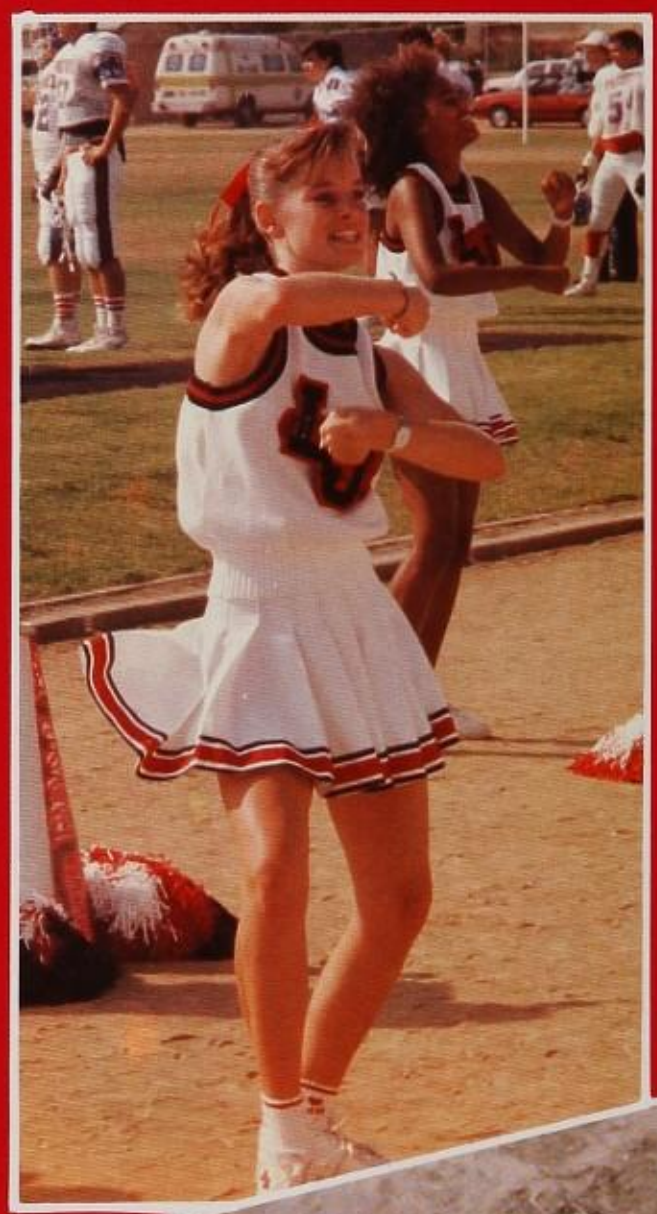
Hundreds of spectators jammed Scripps Field for Blast-Off, the first home football game of the year. The afternoon began with football games, followed by a "Texas Style" barbecue. About 400 people witnessed the Viking Varsity defeat Christian 21-8, and then the crowd joined the team and coaches on the field for a feast of ribs catered by Clay's.

Preparations for the event, which was organized by the PTA, began during the summer. The Snack-Shack was rebuilt by head football Coach Gene Edwards and the school emblems were painted on the north wall and press box.

Half-time entertainment, coordinated by Mrs. Traci Ellis, consisted of a cavalcade of cars crammed with the athletes from various teams. "The cavalcade added to the color of the festivities," commented senior Jason Blantz. The '87-'88 Varsity Cheerleading squad treated the crowd to dances and stunts.

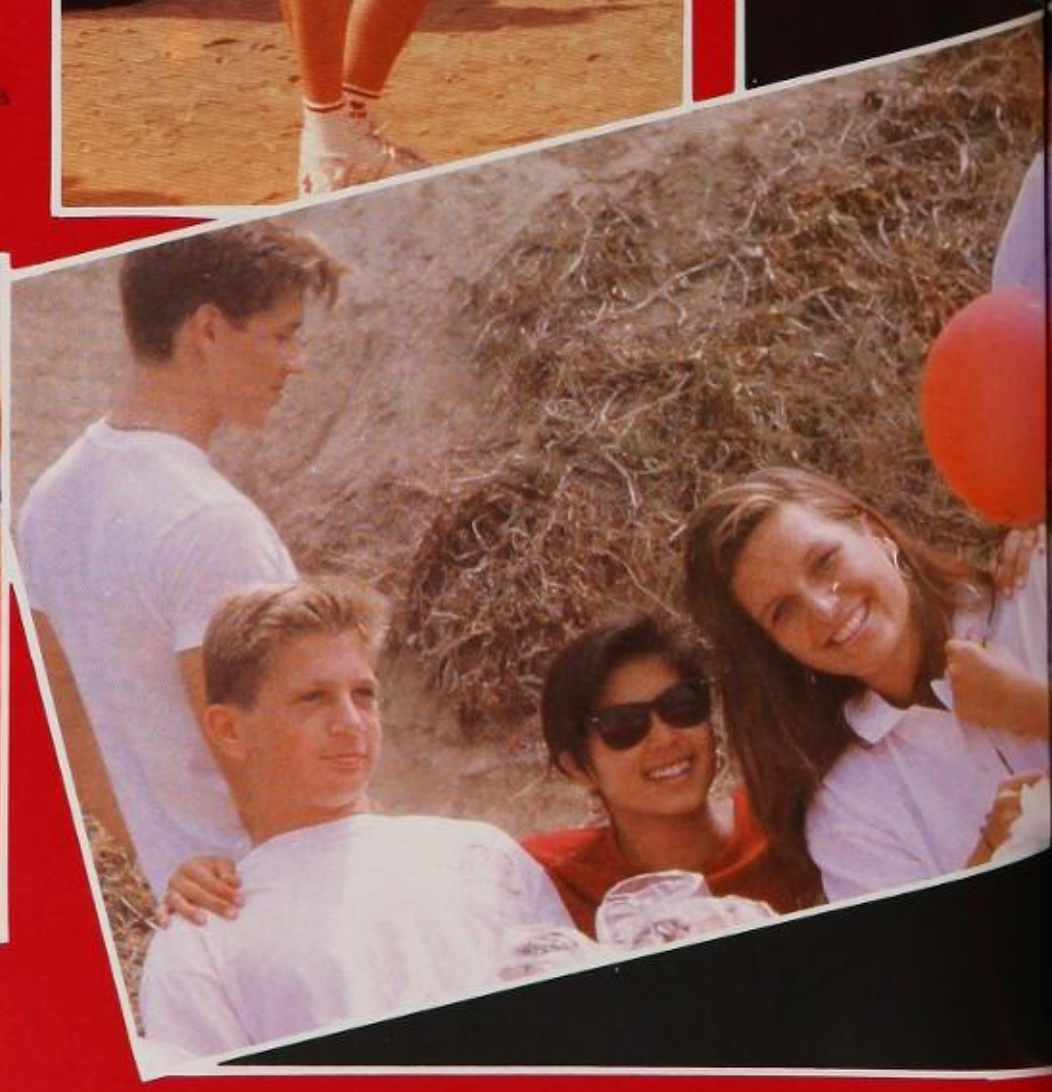
Mrs. Ellis also coordinated the "Viking Village," a conglomerate of sales' booths from a variety of school clubs peddling everything from cookies to pompons. Music was provided by KLJH, the school's radio station.

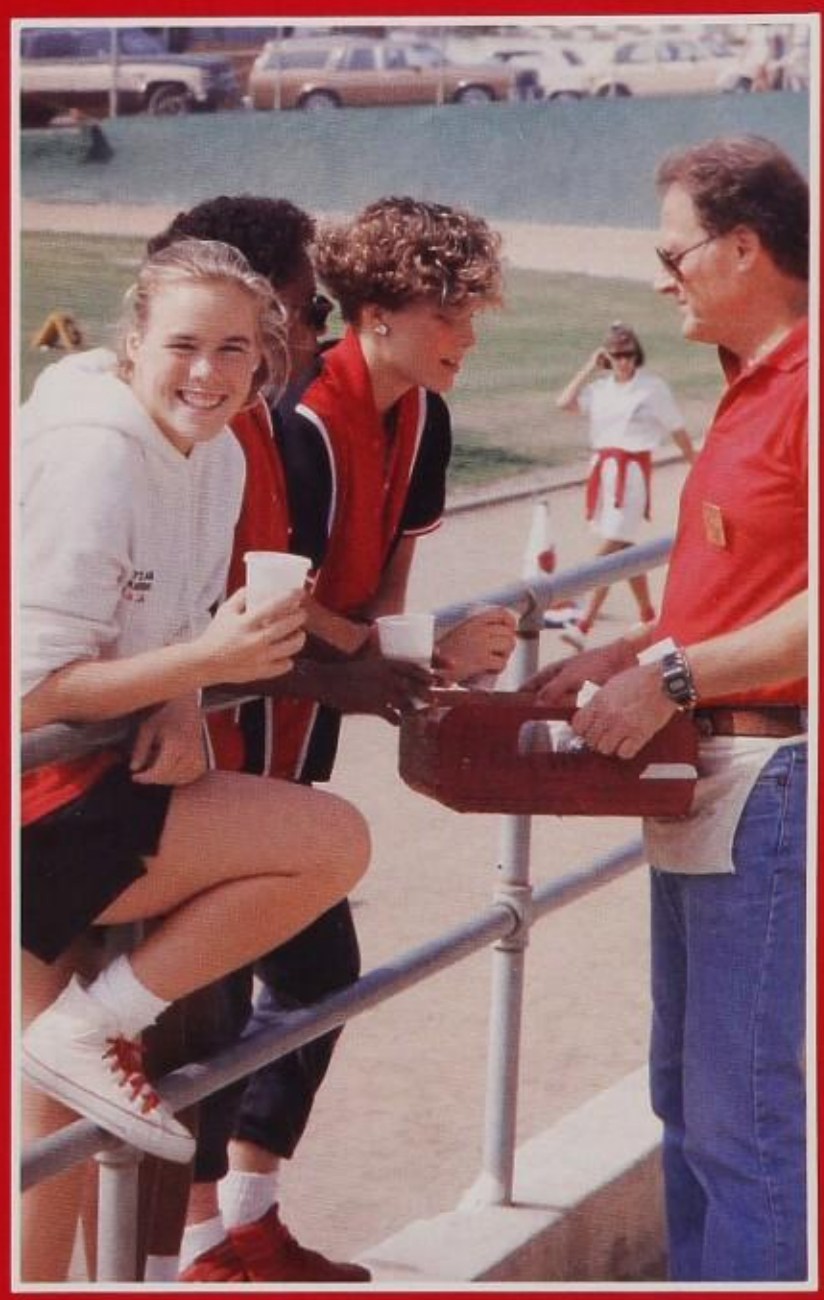
Many students agreed that this year's Blast-Off was indeed a good one. Junior Jason Hughes said, "It definitely was fun. There was a wide variety of things to do during and after the game. It was the best Blast-Off ever."



Varsity cheerleader Linda Martin leads the crowd in a yell during Blast-Off.

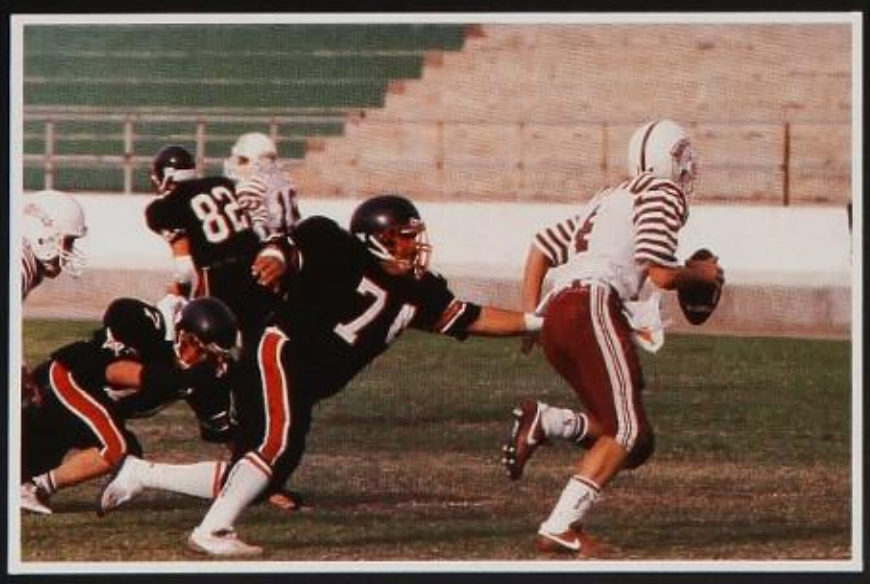
"The Jewels," Kimberly Khoury, Cindy Mathison, Michelle Luglan, Maryann Burke, Megan Ryan and Jennifer Roe are sporting their shades while checking out the scene at Blast-Off.





Key Clubbers Eric Manchester, Bryn Sakagawa and Katie Luft sell cookies (left) and enjoy the Vikings Blast-Off victory. The Boys' Varsity Soccer team, (above) represented by Brian Keefe, Roger Perrigrew, Joe Mendoza, Matt Wasserman, Shawn Ellis and Shane Ellis, show off one of their trophies during Blast-Off's sports' calvacade. April Prohaska, Nicole Anderson and Helen Morris (above right) decide to grind at Blast-Off.

Princesses, Parade, Students and Even Scripps Field Lights Up For



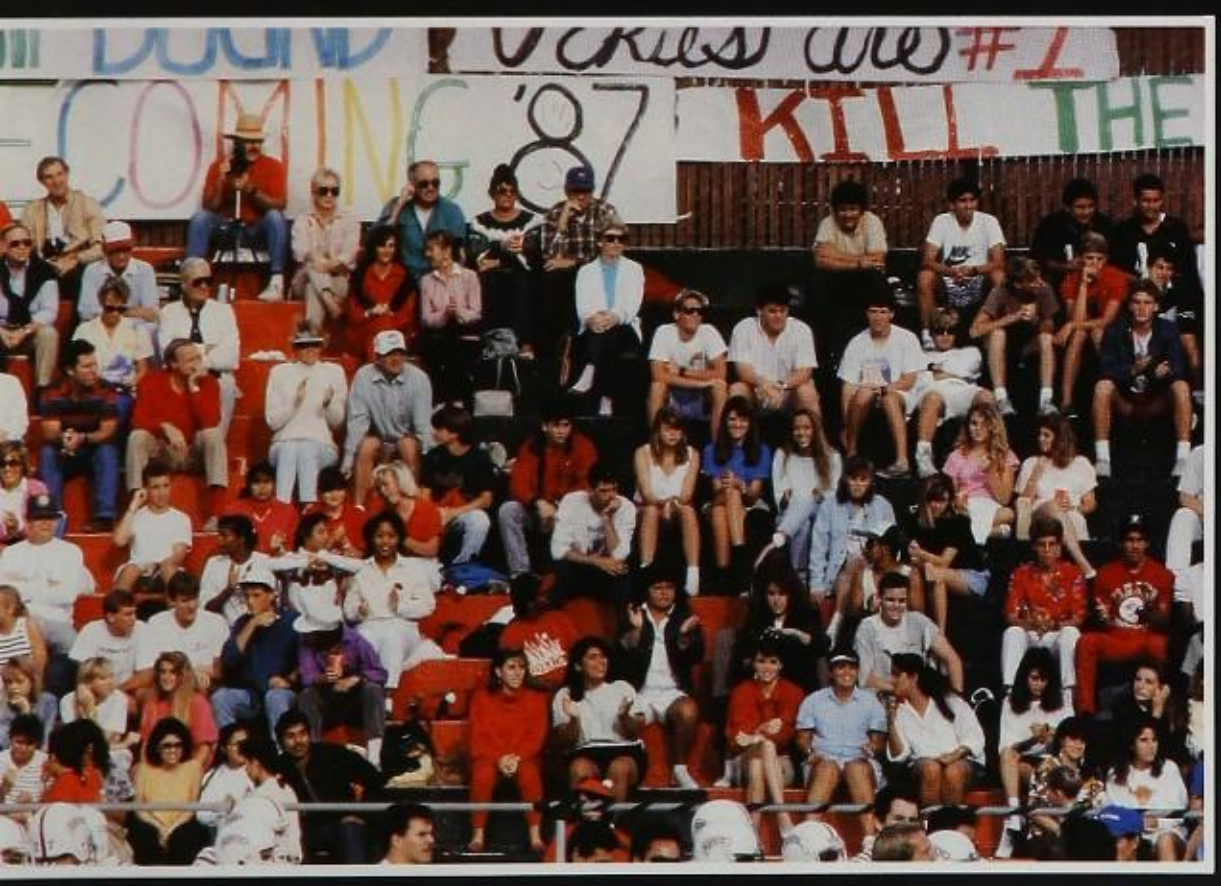
A sack attempt for Juan Furlong (above). Gary Frank, Tracey Archer, Marc Kellogg, Christopher Mehl and Trenton Bonner (right) spot something exotic at the game.

HOMECOMING '87

"Did you ask her? . . . What are you going to wear? . . . What is a Viking Masquerade? . . . Who is your date? . . . Which Mr. Ugly did you give money to? . . . Who do you think the Homecoming Queen will be?" These and many other questions were being asked all over campus during the week, as it became obvious that the school was saturated with the spirit of Homecoming. The days prior to Homecoming were filled with many activities including a carnation sale, a "Mr. Ugly" contest, a pep rally, float construction, and, of course, the election of the Homecoming Queen. **(continued on page 16)**.

Aledra Aguirre (right) is ready for a fiesta.

"The Rocky Horror Show" (below) was the winning float by the Interact Club.



Robert Grasso (above) gets his daily massage from Romy Gershuni, Stacy Steineckert and Tara Walsh.

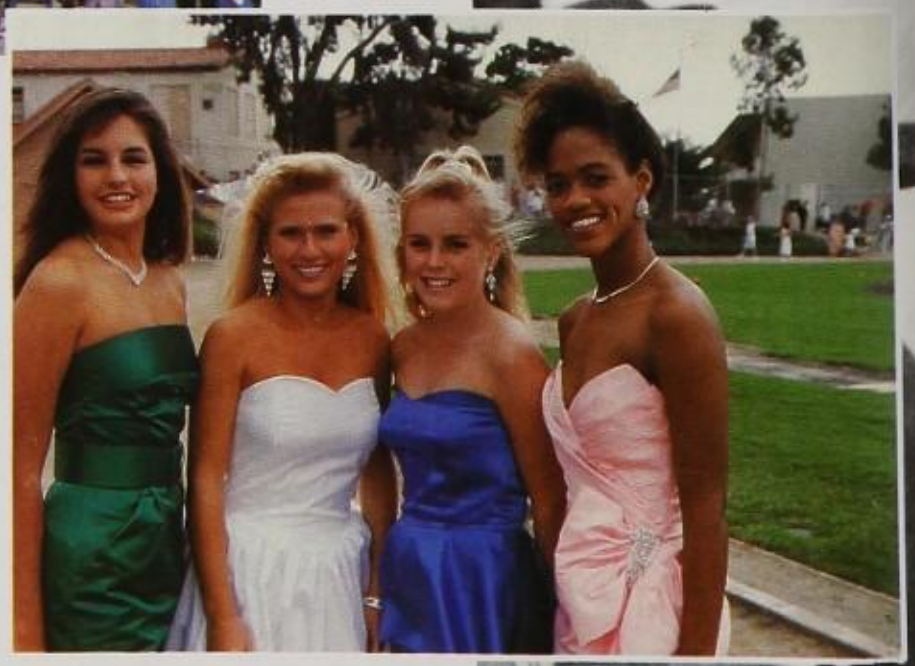
Abbo Crowned Queen; Vikings Get By Kearny At

(continued from page 15)
Homecoming anticipation reached high gear on Friday when classes were cut short so students could attend a pep rally. In front of a packed gym, both the football team and Queen candidates were introduced. The cheerleaders stirred up pep by leading cheers. For collecting the most money, William Poovey was named "Mr. Ugly" and received a crown. Nine football players had pies smashed in their faces and the cheerleaders grinned, because they received the money.

At lunch the student body voted for the Homecoming Queen and her princesses. After last year's Homecoming, the Associated Student Body officers slightly modified the Queen selection process. This year, rather than having the football team select the candidates, the whole student body took part in the nominating process.

Festivities began right after school with a parade

Sophomore candidates for princess: (above) Jennifer Rudolph, Kathy Denison, Andrea Mohr. Junior candidates for princess: (middle) Isabelle Lumpkin, April Prohaska, Kerry Kostman. Senior candidates for princess and queen: (below) Siobhan Zetumer, Karen Abbo, Feather Winsett, Kristen Estell.



THE VIKING MASQUERADE

around the football field. Since Homecoming was so close to Halloween, it was decided to connect the two by making this year's theme "A Viking Masquerade." Interact won the float competition with their portrayal of the "Rocky Horror Picture Show"

The football game got off to a great start with the Vikes scoring 10 points. Kearny quickly responded and at halftime La Jolla was behind 20-10. With 5 minutes left in the game, Kearny lead 20-17. In a crowd-pleasing last minute drive, the Vikes scored to win 24-20.

The semi-formal Homecoming dance was held that evening in the brightly decorated small gym. Students boogied the night away to the live music of "Manual Scan" band and a "Mid-Cities Production" D.J.

During the evening, the homecoming queen and princesses were announced. An elated Karen Abbo took the Queen's crown, while Senior Princess Siobhan Zetumer, Junior Princess April Prohaska and Sophomore Princess Andrea Mohr joyously accepted their titles.

Latent Personalities Shine Through During

HALLOWEEN DAY AT SCHOOL

This year, the cheerleaders and the football team were not the only ones dressed up to celebrate football Homecoming. The sight of students dressed up as belly dancers, Rambo, and basketball players made it clear that Halloween was the same day.

During the pep rally, held before the football game, those who wished to show off their costumes stood in front of the student body in the big gym.

Although prizes were not awarded, the crowd and the participants had a good time.

"I thought it was a good idea, but some costumes deserved more applause," senior Damon Silverman commented.

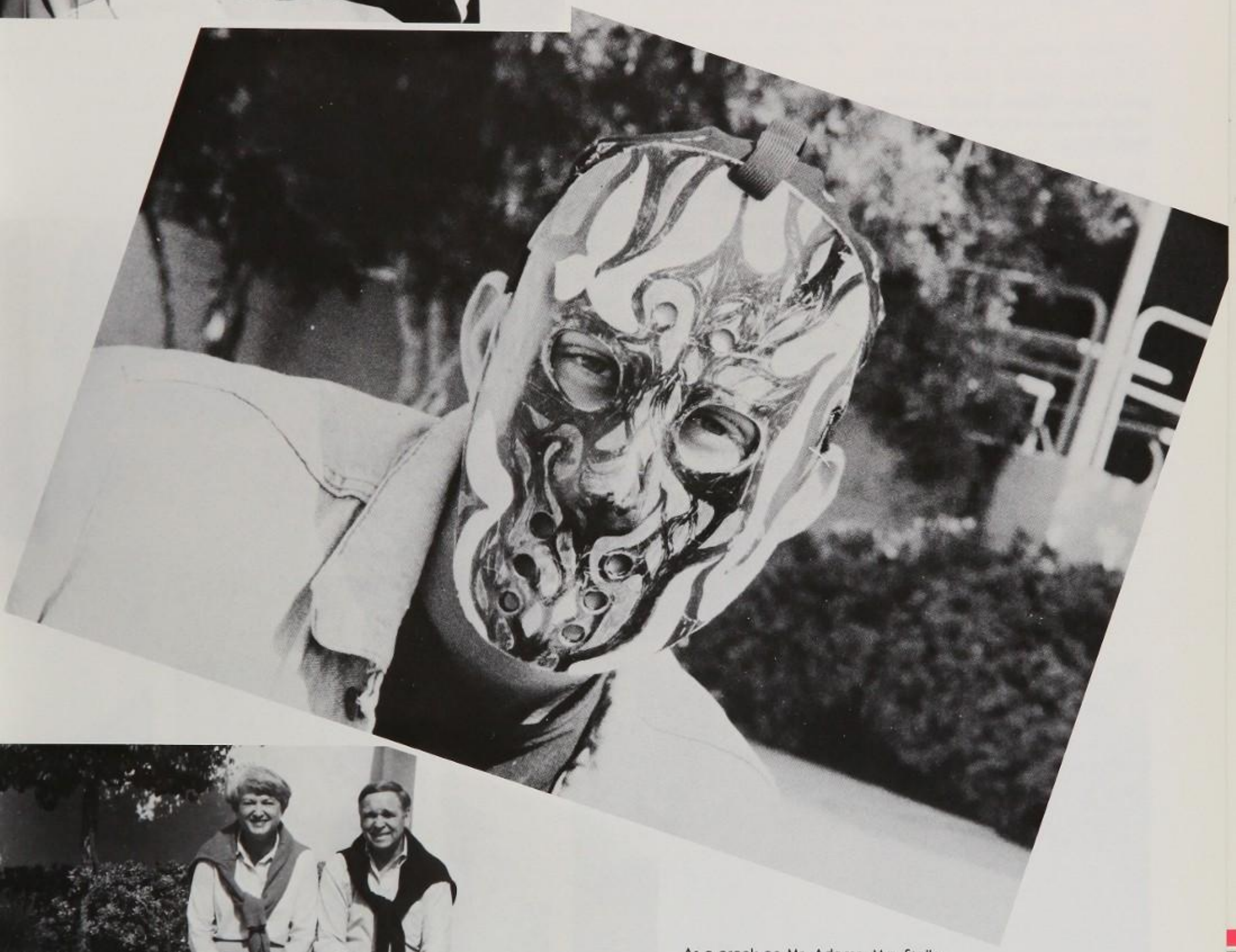
The students were not the only ones who had a good time that day. Counselor Dennis Adams said that he walked into the office on what he thought was a normal day, but instead received a big surprise. Some of the office secretaries decided to dress up like him. "I thought it was rather funny. I walked in there, and they all were cloning me," he explained. "In a situation like this, one doesn't know whether or not to be flattered. In this case, I was flattered."

What a sight they were at the game! Richard Cavanaugh and Claes Hodnett spent their Halloween-Homecoming day as the "odd couple".

Teachers faced classrooms of strangely clad characters on Halloween. A conglomeration of costumes is modeled by Emily Shen, Katie Halasz, Yolanda Lopez, Linhda Street, Guadalupe Arico, Raquel Mendoza and Aurora Webster.

Sheiva Pousti, the chauffeur, celebrates Halloween and Homecoming by purchasing carnations from cheerleader Deborah Appel during lunch.

A close-up of "Jason" from the movie "Friday the 13th" is portrayed by Matthew Greene.



As a prank on Mr. Adams, Mrs. Stalle, along with other fellow secretaries, dressed up as clones of him.

Senior Claes Hodnett (right), is head under heels in love with skateboarding.
Bottoms up! Junior Mike Thompsom (below), doing a hand plant at Imperial Beach Ramp.

Up, up and away . . . , Junior Mike Thompson gets air at Hamel's in Mission Beach.

Astronut Gene Sung goes into orbit.

La Jolla Skaters GET HIGH ON WHEELS

It all started with nailing metal rollerskating wheels to a two by four. Since then, things have changed. Skateboards now come in every design possible to fit the need of the skater, whether skating a half-pipe, an empty swimming pool, or even walls.

Skateboarding first became popular in the sixties. With shorter, skinnier boards than today, skateboarding consisted of lip tricks, down-hill speed riding and slalom. Skateboarding parks, like that of Del Mar, opened up and quarter pipes were constructed. But people lost interest because of the limitation of moves. In the words of Senior Jason Kirsch, "Skating can't sustain if the terrain remains the same".

Then, about three years ago, the sport reappeared with a new style. Boards became wider and lighter. They were designed to fit the new anti-gravity style of skating, "getting air". Half-pipes (U-shaped structures) were built to accomodate such maneuvers as the "Madonna", "Jolly Mamba", "Saran Wrap" and the "Nose Picker".

Along with ramp skating, there's street skating which is causing some conflict with the authorities. Just recently, part of the Mission Beach boardwalk was declared "off-limits" to skateboarders. Due to the banning that went on in some places across the nation, Junior Mike Thompson anticipated skating will go underground. Senior Claes Hodnett predicted, "It will come back in 1994 and skateboards will have rocket engines on the back, so then the cops will never catch you!"

Personally, I wouldn't be surprised to see skateboarding as a future Olympic event.

— By Elisabeth Thurlow

way to Heaven — Mike Thompson finds his place in the clouds.

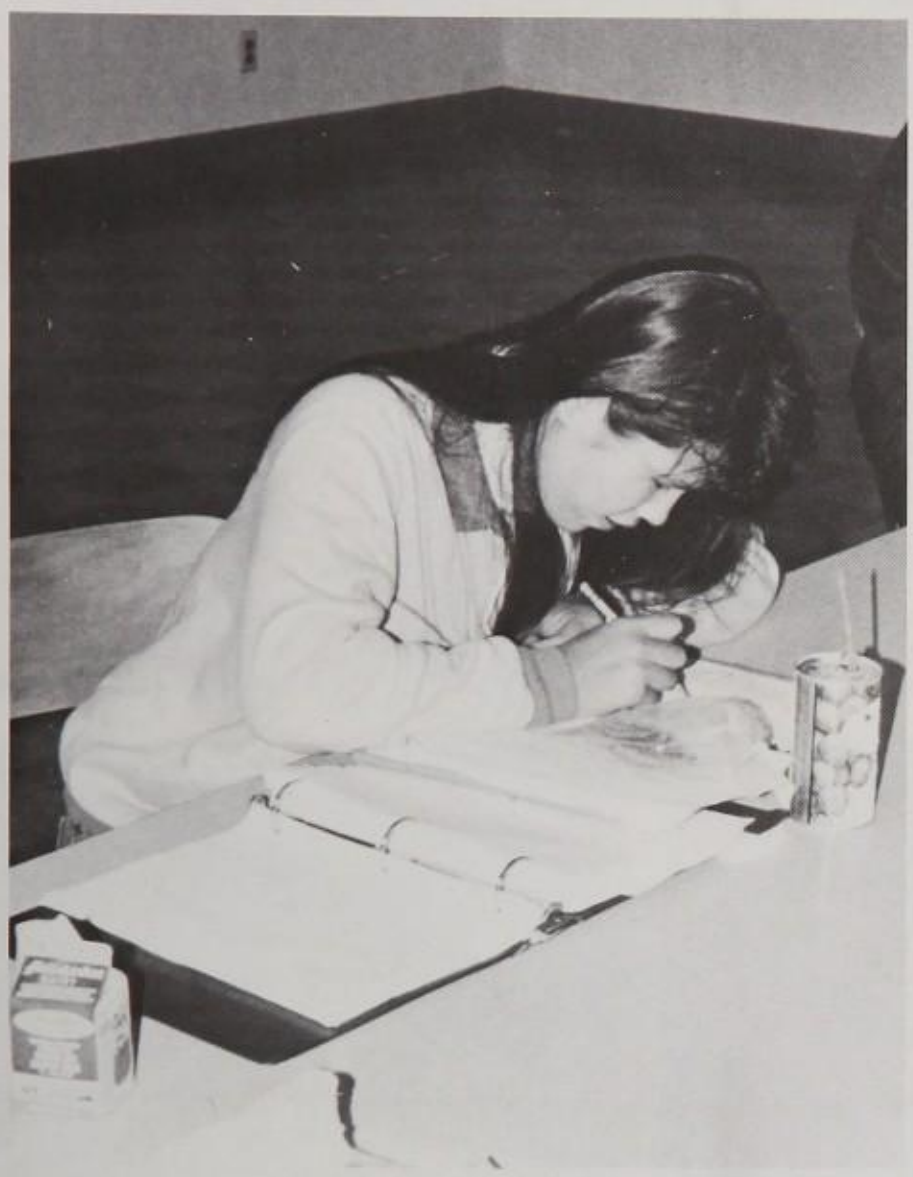
Mirror image — Senior Claes Hodnett and Justin Pitcairn soar off a launch ramp in sync.

A popular place to grind during lunch, "Sluggo's" is Margo Stakely's place to get some fries.

Adam Stein spots the girl of his dreams while Frederick Delavega, Michael McCormick, Philip Kholos and Paul Dyson eagerly look forward to their next class.

Elsh Aguirre and Olga Villalobos use their half-hour to enjoy lunch at "Don Juan's".

Sluggo's, 7-11 & Taco Bell Compete with Cafeteria at LUNCH TIME



To many students, lunch offered a vital break in the schedule of a typical day. Said sophomore Sunshine Sharpe, "By the time fourth period rolled around, you were so hungry and tired of learning that lunch was really welcome."

Some students took advantage of their open campus privileges and feasted on foods offered by local gastronomical merchants. Once again, old student favorites such as "Don Juan's", "Don Carlos's", "Sluggo's", "7-11", "The Yogurt Affair" and the "Wind and Sea" natural food's grocery were frequented by La Jolla students. In addition, some new spots such as "Froglander's", "Subway Sandwiches", "Nectar Juice Bar" and "Milano Pizza" proved popular.

Rui Luo catches up on her homework during lunch.

For students who remained at school, the cafeteria was open for a variety of foods.

La Jolla High School's own radio station, "KLJH", provided daily entertainment. In addition to broadcasting on the lower quad, this year the station expanded its audience by adding speakers to the upper quad and cafeteria. On occasion the ASB sponsored other lunch time entertainment such as guest D.J.'s and visiting bands.

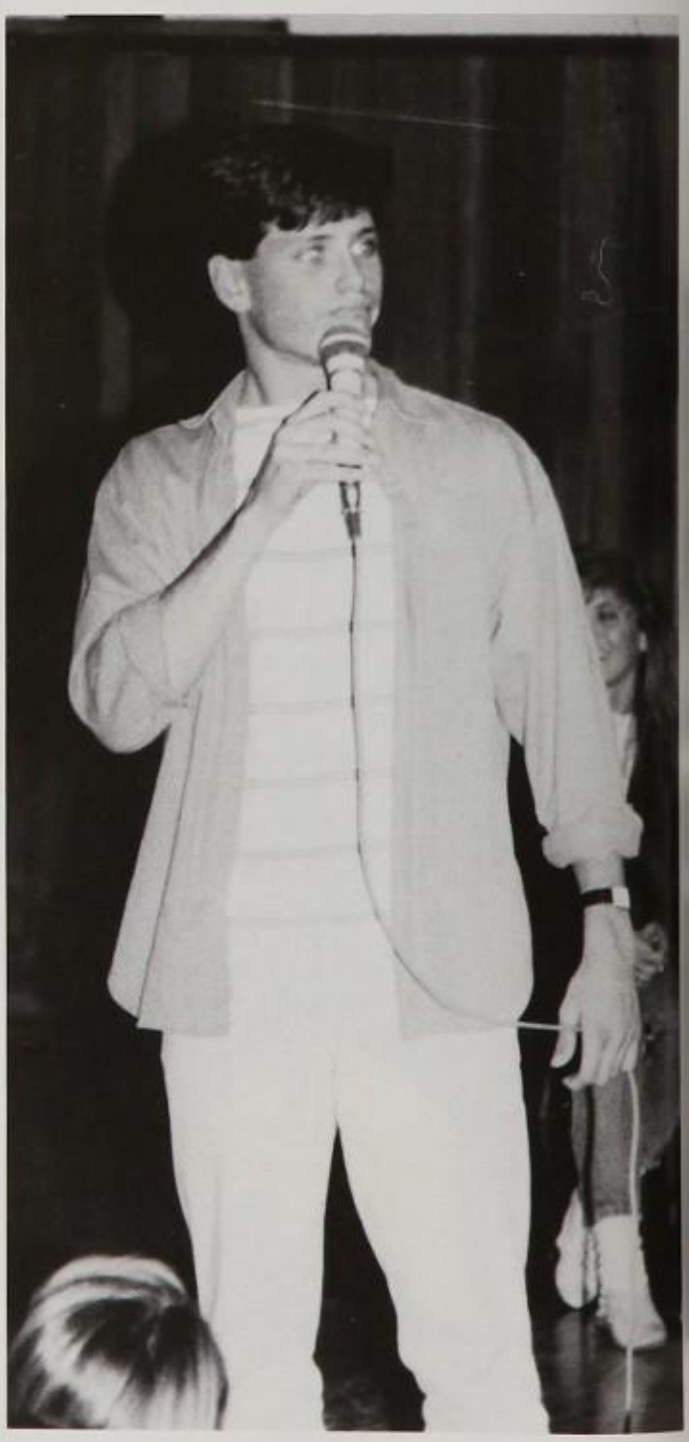
All in all, this year's lunch periods offered a variety of ways for the students to spend their free half-hour between studies.

More importantly, as Sharpe stated, " It's also a good time to see friends which you haven't seen all morning."

Kendra Sherman, Brenda Dokes, Nicole Anderson and Connie Walker, enjoy each others company while dining in the cafeteria.

John Sutherland, Jennifer Sahn and Dennis Kim experience a chicken attack.

Dr. Dean (above) looks on as the guys can't find their feet and the gals are stuck to their chairs. Imitating Mr. Tarvin, Bob Feeney says, "We have a good school, good kids, and I'm proud of it."



Crowd enjoys show as students are the hypnotized guests of

The Amazing Dr. Michael Dean

'Sing it out, Marie . . . " is all Peggy Calhoun remembers.

Hypnotist, Dr. Michael Dean, returned to La Jolla High this year to perform his annual show in the big gym. More than 300 parents and students crowded in to see him demonstrate his mind-entrancing powers.

The show started with Dr. Dean hypnotizing about 30 student volunteers. As the evening progressed, those only mildly hypnotized were sent back to the audience. The remaining participants were then put into a deeper trance and asked to do a variety of zany things — much to the delight of the audience.

Senior Bob Feeney, for example, imitated members of the faculty. Senior Gary Robinson sang "Billy Jeane" and mimicked Michael Jackson, demonstrating to the crowd that he also had some dancing ability. Dr. Dean had sophomore Peggy Calhoun sing a Marie Osmond song.

Dr. Dean has a Ph.D. in psychology from the University of Michigan. He uses hypnotism to educate, as well as to entertain people all over the country. During the performance, he emphasized that hypnotism may be used to create a positive attitude and to relieve the body and mind of stress. Senior Kristin Estelle, another of his subjects, said, "Being hypnotized felt great! I felt really relaxed and willing to do whatever I normally would not do."

Dr. Dean asks why John Sutherland, Dennis Kim, Bob Feeney and Kyle Kraus have their clothes on backwards.

Festivities Capture Appetite of Students and Teachers at the

International Food Fest

Food Fest was La Jolla's extravaganza of international delicacies. Clubs chose a country to represent, cooked something traditionally eaten by the inhabitants of that country, then sold it to students and teacher customers in the lower quad during hour lunch on February 24.

Drawn by the various aromas, people lined up to try the many foods, ranging from "jambes de grenouilles" at the French Club booth, to exotic baklava at the Greek stand.

"I tried so many different foods that I had never tried before," commented senior Erin Casey. "The entertainers added flair to the festive atmosphere too," added junior Michelle Tatum. Profits from the ticket sales were shared amongst the twelve participating clubs.

"The ASB was happy to find out that over 3000 tickets were sold at food fest," Mrs. Nemeth, the Financial Secretary, said enthusiastically. Aledra Aguirre and Maria Flores were the coordinators of the event. "Everything ran smoothly," said senior Paul Shortt. Mr. Walter Stewart, ASB advisor, added, "I think it went very well." Junior Andy Kalin seconded Mr. Stewart's opinion, stating, "I had a fun time, but it went too fast."

Mr. Pierre Guittard once again cooks up the exquisite delicacies of the French gourmet meal.

Ms. Darlene Certer, Whitney Duggan and John Nemeth prepare their "fat city" goodies for the festival.

With many different kinds of food to choose from, Shane Ellis buys a few bowls of chile for lunch.

Mr. Bill Ames (left) helps himself to some of his favorite goodies, while William Cunningham (above) helps serve quesadillas during the festivities.

Mr. Bob McKenzie introduces Peter Toth, an artist of Indian monuments, at an assembly. Mr. Toth's goal is to place an Indian monument in every state.

Students display varying degrees of interest in what is happening on stage during an assembly.

Christopher Swan, Spacebridge club President, listens to Mrs. Nadia Borova, an educator from the Soviet Union, as she responds to student questions.

Assemblies Offer Opportunity For Cultural Expansion

"The important thing about assemblies," said junior Joshua Keller, "is that they put new ideas into our minds, and introduce us to cultures that we may not otherwise be exposed to." This statement seemed to carry through as the theme of assemblies this year at La Jolla High School.

The assemblies included two Madrigals' performances, election assemblies, a presentation of "The Barber of Seville" by the San Diego Opera, a visit from Soviet mentor Nadia Borova, and one observing Black History month, which featured Ohmar Moore and Herbert Cawthorne.

Assemblies ranged in size from large gatherings, such as Nadia Borova's visit where the day's schedule was altered and all students attended, to small ones, which were attended by just a few, such as the lunchtime visit of musician Ohmar Moore.

According to ASB president John Nemeth, "In general, assemblies this year aimed towards a worldly cultural education that the whole school experienced on the same level." An example of this was the visit of Nadia Borova. The objective of this assembly was the establishment of understanding between the two superpowers, and the welcoming of peace. One statement that was continually reiterated during Borova's speech was that "the leaders of tomorrow are in the classrooms of today".

The students of La Jolla High school were affected by the rhetoric and material of the 1987-1988 assemblies. In the words of senior Lakshmi Lewis, "What the assemblies taught us may not have an immediate effect or relevance on our simple daily lives, but on a larger scale, what we've learned has a great and vital worldly importance."

Students are packed in the gym for an ASB election assembly.

High Calibre Talent Shows In

La Jolla Drama Productions

This year La Jolla's drama department worked together to produce three shows and coordinated the La Jolla Annual Talent Show.

The Good Doctor , which featured scenes from many popular plays, ran in Parker Auditorium during the second weekend of November. The **Scene Festival** , a contest in which actors and actresses competed, was held during the third weekend of February. The highlight of the year was the advanced class production of **Flowers for Algernon**, held during the spring.

Plenty of time and hard work went into putting on these productions'', stated drama department head, Mr. Walter Stewart. ''Approximately six weeks per show was filled with scene-making, setting up props, directing, rehearsing, rehearsing, and rehearsing'' , Mr. Stewart elaborated.

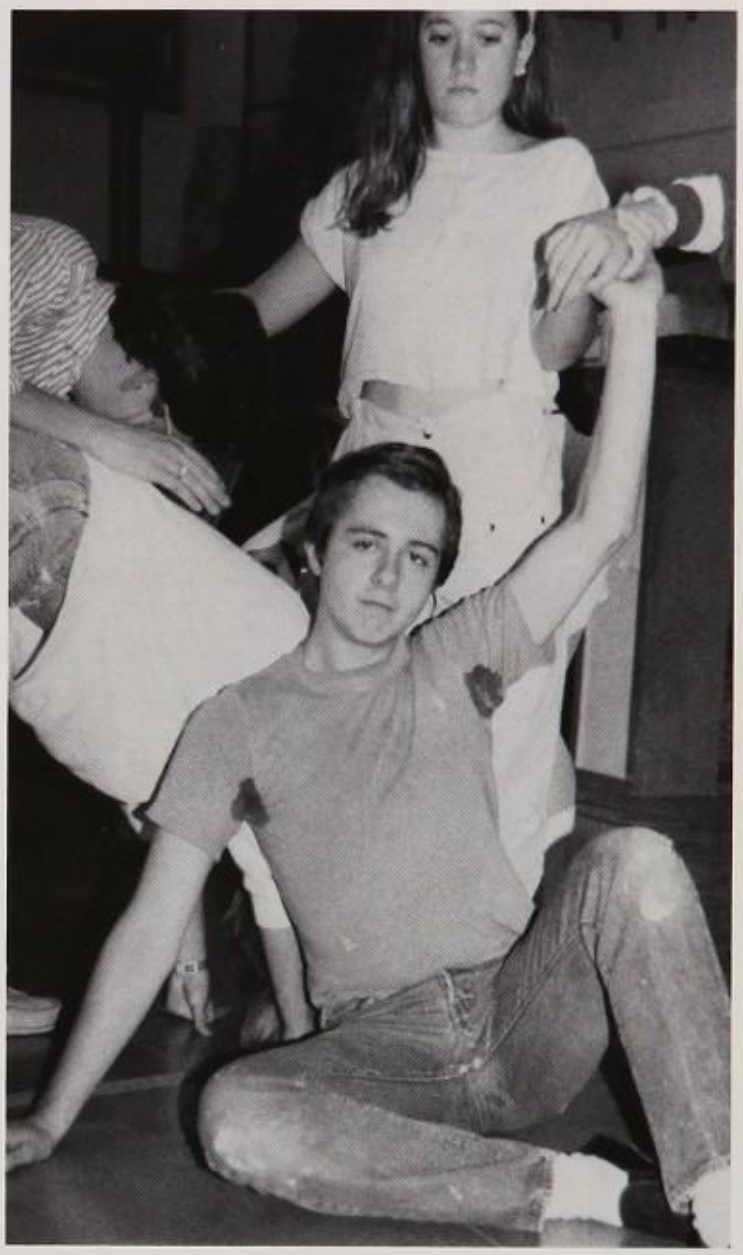
Commenting on **The Good Doctor** , sophomore Jennifer Rudolph said,''I was surprised by how good they were. It was an enjoyable evening.'' Junior Alberto Sanchez added, ''I was amazed by the professionalism of the production.''

According to senior and advanced drama student, Alissa Hecker, the key to the success of La Jolla High School's drama productions was that everyone worked together to create outstanding shows. She explained further, '' Unity in theatre is extremely important.''

Adam Stein, Jay Dysart, Bob Feeney and Karen Hartman enjoy their costumes.

Drama elites Michelle Sinnct, Sidney Whittimore, Alissa Hecker, Bob Feeney, Karen Hartman, Adam Stein, Jay Dysart and Rebecca Groves await their next cue.

r. Walter Stewart contemplates the next act.



Karen Hartman and Sidney Wittimore rehearse for their next production.

Our strong band can ne'er be broken,
Formed in days gone by,
Far surpassing wealth unspoken,
Sealed by friendship's tie.

Hail, La Jolla, Alma Mater,
We will never fail,
Forward sails the good ship Viking,
Hail, our high school, hail.

Our strong band can ne'er be broken,
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Sports

Water Polo Provides Excitment, Tension, Fun and

The Wet Look

Playing its first year of water polo, La Jolla High concluded the season with a 2-10 record. Competing against far more experienced teams, the Vikes finished seventh out of eight in league play. With many players returning next year, hopes are high for an improved season.

Echoing the team's enthusiasm and hope for the future, Coach Bob Schrimpf stated, "While we still have a way to go, with hard work and determination, we will be a good team next year."

Explaining why he likes water polo, team captain Paul Shortt said, "There's a natural high when you push yourself to your absolute limit, . . . and afterwards, it feels great to get out of the water."

Both spectators and players felt the energy expended at the games. After witnessing a game, senior Elisabeth Thurlow remarked, "An energy is definitely present during games. The pent-up energy and tension of each player seems to be let loose, forming an electricity in the air." Agreeing, junior and leading scorer Matt McSweeney said, "You really have to give it everything you've got!"

Ian Stewart and Matt McSweeny give each other a " high five" in celebration of a Viking goal.

Jason Kennedy shoots a perfect sweep shot past the goalie as Ian Stewart looks on.

Josh Wyte attempts to steal the ball from his opponent.

WATER POLO Front row — Coach Bob Schrimpf, Chris Page, Yoav Altman, David Richards, Martin Redford, Matt McSweeney, Lorin Gillin, Stewart Rothgeiser, Robby Beerman. Second row — Josh Wyte, Ian Stewart, Eric Manchester, Pat Glenn, Jason Kennedy, Clifton Brady, Jeff Crowder.

La Jolla's water polo goalie, Jeff Crowder, deflects an attempted shot above the goal during a match against Kearny.

Hard Hitting Experienced Team Earns Recognition And

The League Title

La Jolla's Varsity football team began the season with a loss, then went on to capture the Western League title and post a 10-1-1 season record.

They continued their winning ways through the first rounds of the 2A CIFSDS play-offs. In the semi-finals the Vikes were tied with San Marcos at the end of regular play. San Marcos scored first in overtime and earned the right to play in the finals.

While the game ended the Vikings' season, head coach Gene Edwards explained, "The game will go down as a tie in the record book. The tie-breaker rule used in the play-offs does not alter the outcome of the game, it only decides which team continues to the next round."

Ironically, it was the 13-6 first game loss to Mar Vista that paved the way to success for the Vikings, according to Coach Edwards. He said, "Losing the first game took us out of the spotlight and that was good for the team. There was not as much pressure on us."

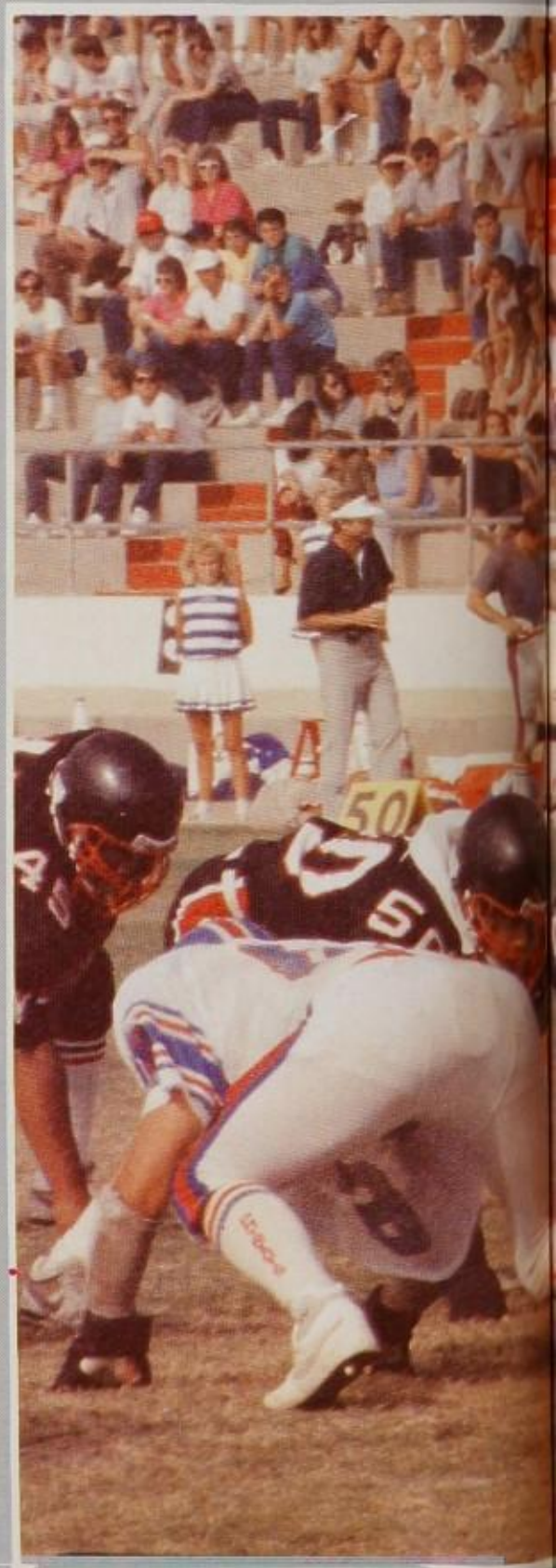
Quarterback John Tribolet and fullback Brent Woodall led the Viking offense. Tribolet passed for more yards than anyone else in the league and was named to the Breitbard Foundation All-League team.

The Viking defense was rated third in the county. Linebackers Brad Raulston and Mike Huddleston led the defense in limiting opposing teams to a mere seven points a game. When summing up the season, Coach Edwards credited the team's record to the players' intelligence, adaptability and hard work.

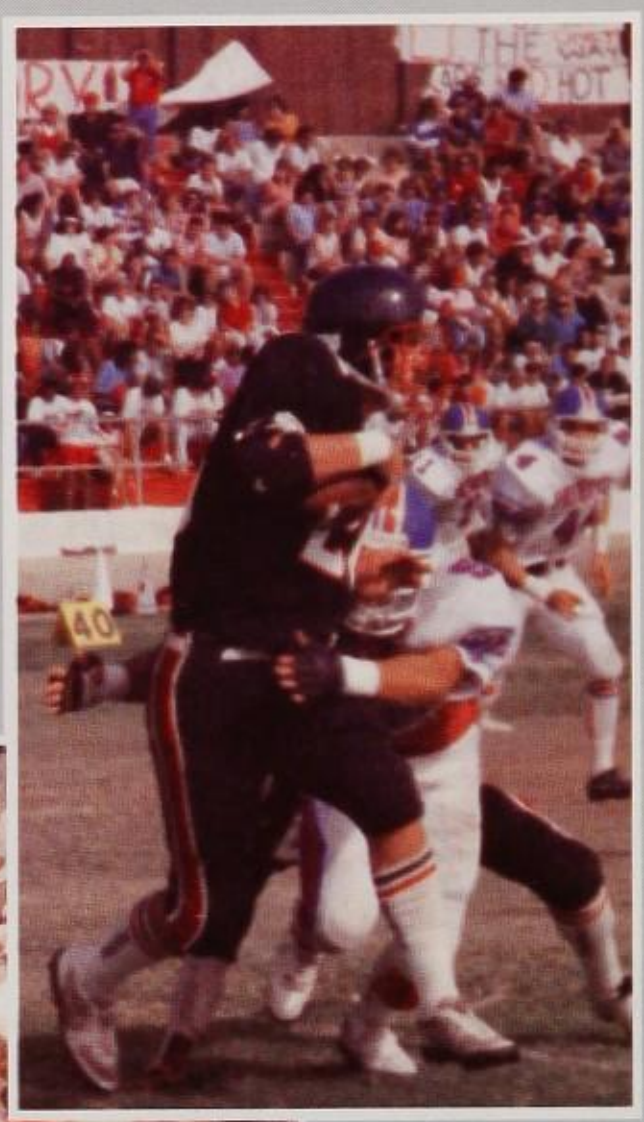
Quarterback John Tribolet "sets" the Viking offense during a touchdown drive against Christian High.

VARSITY FOOTBALL Front row — Fred Hoch, Glenn Armstrong, Rick Cavanaugh, Steve Verbinski, Chris Lighter, John Tribolet, Mike Wollaeger, Chris Dennis, Eric Brown. Second row — Luke Williams, Eric Litch, Mike Huddleston, Jim Heth, Sean Laing, Behnam Tashakorian, Marco Garcia, Brad Tecca, Sean Edwards. Third row — Brent Woodall, Hank Guyader, Steve Roland, David Rodriquez, Juan Furlong, William Poovey, Willie Barnett, Forrest Sherman, Brad Raulston. Fourth row — Greg Ricchiuti, Frank Gigliotti, Cary Glick, Alan Nathan, Adam Lenain, Donald Denson, Jerry Walker, Kevin Anderson, Creigh Ford, Fred Delavega.

Guard Steve Roland's crucial block allows quarterback John Tribolet extra moments to pass the Vikes out of trouble.

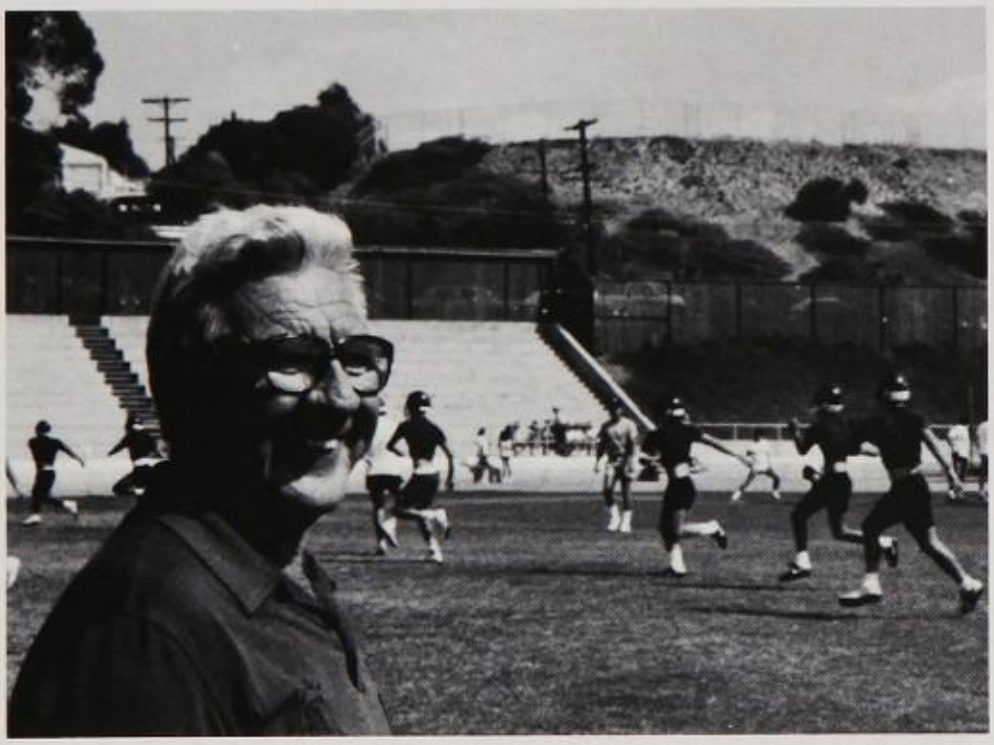


Breaking a tackle, Brent Woodall sprints for "six". The Vikes won the game 21-8 over Christian.



Getting all of the ball, Brent Woodall connects for a forty-seven yarder.

Passing for first down yardage, quarterback John Tribolet flings a nine yard completion.



While running practice drills, Coach Edwards grins at the thought of a league championship.

Junior Varsity quarterback Kevin Elion takes the snap and is protected by the JV offensive line.

Junior Varsity Football Experiences The

Breaks Of The Game

While the Junior Varsity football team had a strong defense, their offense sputtered at times, and they finished the season with a record of 5 wins, 3 losses and 2 ties. In league action, they finished fourth with 2 wins and 3 losses.

Led by linebacker Jim Settle and tackle Greg Brett, both juniors, the defensive unit shut out four opponents during the year. "Our defense was really strong" exclaimed Settle, "but our offensive line wasn't as strong as it was last year." Commenting on the offense, sophomore Jim Scweikert explained, "We had a young inexperienced offensive line, but as we progressed through the season, we improved."

The JV team was coached by Dave Ponsford, Terry McPhearson, and Dan Leaf. Coach McPhearson commented, "In the beginning all they could do was catch a cold, but by the end of the season, they could catch any ball that was thrown to them."

JUNIOR VARSITY FOOTBALL Front row — Jeff Shean, Pedro Gonzalez, Edward Jabari, Jeff Yu, Jose Benavedies, Pat Dailey, Chad Cooper, Bryan Hidalgo, Lamont Lee. Second row — Jim Settle, Chip Coakey, Roberto Tello, Bobby Castillo, Hugo Jazo, Jason Clark, Ried Floco, Brian Johnson. Third row — Nathan Jernignan, Trent Bonner, Gregg Brett, Nick Alford, Brad Kirn, David Groves, Brian Marchetti, Jim Schweikert, Mark Hutchin. Fourth row — Terry McPherson, Lamar Frye, Adrian Kuttel, Ken Weaver, Greg Beers, Chris Mehl, Jason Gutierrez, John Michels, Ike Kirkpatrick, Darrin Kass, Coach Dan Leaf. Fifth row — Robert Carrillo, Robert Grasso, Jeff McCoy, Larry Moiola, Kevin Elion, Matt Rosenberg, Kevin Klienfiels, Dan Skiles, David Gomez, Scott Hall.

Bailing the Junior Varsity out of trouble Kevin Elion punts the ball.

Hard Work, Sweat and Talent Led Vikes Towards

A Winning Season

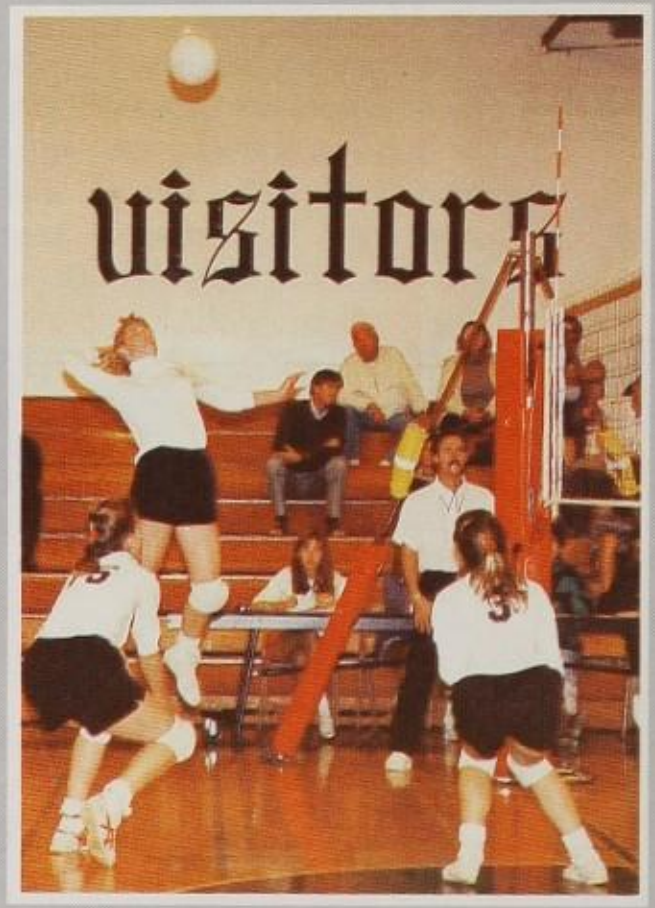
After a rocky start to the 1987 season with five losses, some people felt that La Jolla's dominance of volleyball had come to an end. Coach Vicki Eveleth, who had led her team to four CIFSDS championships over the years, had only three returning seniors.

Nonetheless, the young and inexperienced team bounced back following its non-league games, and finished second place in the Western League with an 8-2 league mark and finished second in the 2A CIFSDS play-offs. The Valkyries over-all record was 19-11.

To prepare her young team for league play, Coach Eveleth scheduled the toughest teams she could find. "We wanted a hard schedule before league," Eveleth explained, "to give our girls some experience. This was really deflating at times, but it was good preparation for league play."

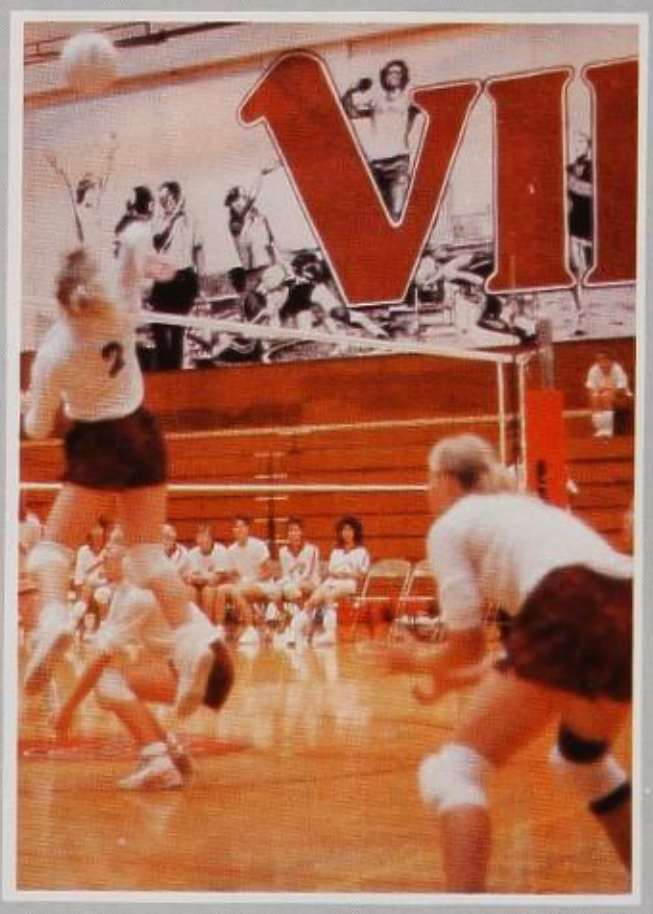
Senior Rebecca Isenberg, along with juniors Julie Merten and Claire Randel, were selected to the Breitbard Foundation All-Western League team. .

Rebecca Isenberg, (below), prepares to slam a spike passed Mission Bay's defense.



VARSITY VOLLEYBALL Front row — Karen Shively, Katie Luft, April Prohaska, Rebecca Isenberg, Julie Anthony, Sara Andrade, Kathy Stadler. Second row — Julie Merten, Jennifer Joas, Francoise Barton, Kathy Yen, Pamela Reeder, Claire Randel.

Rebecca Isenberg spikes for a Viking side-out as Julie Merten watches .



Kathy Stadler, April Prohaska, and Pamela Reeder are amazed by the power of Julie Merten's hit.

Francoise Barton sets the Viking attack.

Francoise Barton and Claire Randel watch Rebecca Isenberg put away the opponent.

Responding to a Viking side-out, Coach Vicki Eveleth rejoices with a smile.

Jolene Beiser and Heidi Darby prepare to return a killer serve.

Stacy Steineckert and Holly Schaefer wait to slam the set by Amy Mitchell.

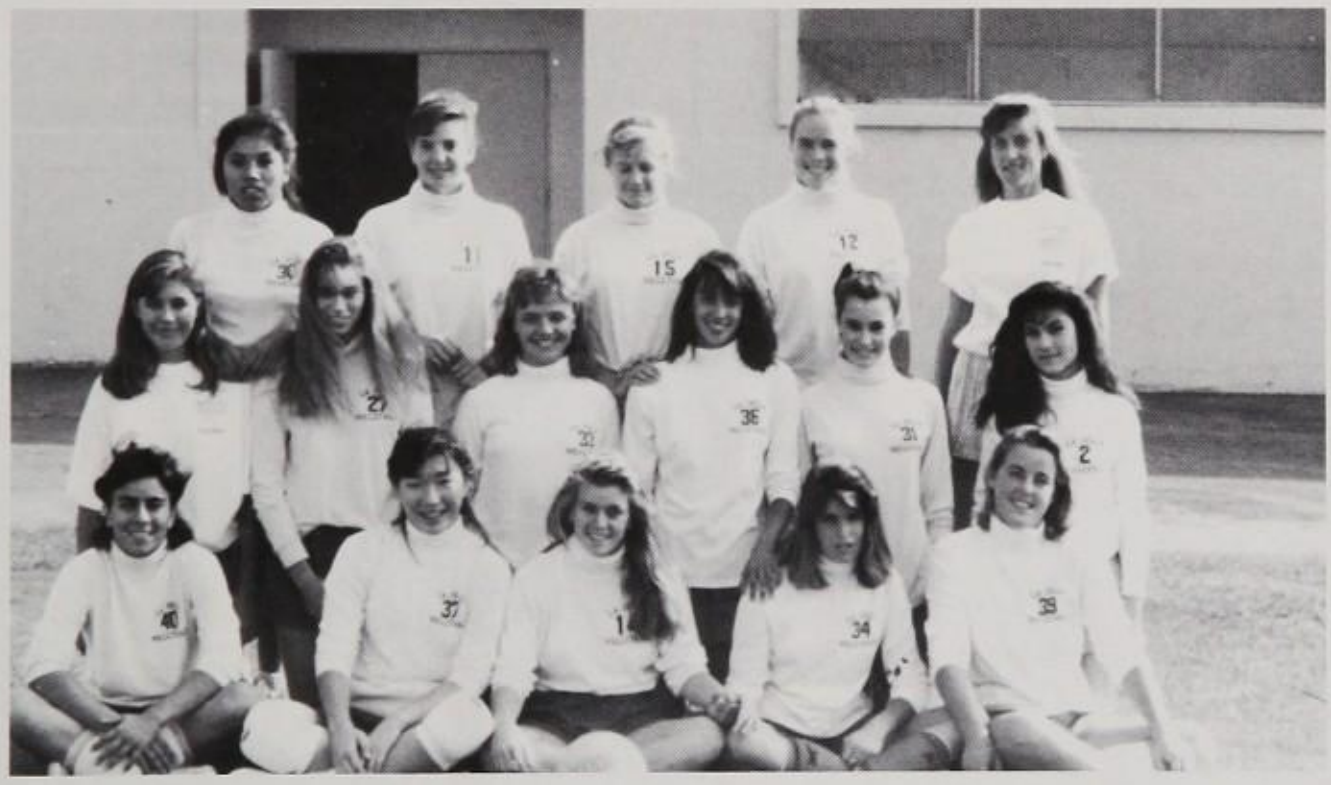
Making A Hit
Serving With Style

JV Girls Win

Of the 14 girls selected for the Junior Varsity Volleyball squad, eleven were new, so Coach Lori Schwalbach had a lot of work to do to prepare them for league play. Improvement came quickly and by the time league games began, the young team jelled and finished second in the Western league by winning 8 of their 10 league games.

Throughout the season the J.V. Valkyries were led by returning players Jolene Beiser and Holly Schaefer, both juniors. Beiser became the team's strongest setter and Schaefer, a defensive specialist, evolved into the role of team leader.

With an overall 12 — 8 record, Coach Schwalbach felt the season was a success and credited her girls for their hard work. "We had a good group of athletes with a lot of ability. They were strong mentally and came to practice ready to work hard", she explained.



JUNIOR VARSITY VOLLEYBALL Front row — Amy Mitchell, Leslie Nakashima, Jolene Beiser, Heidi Darby, Katie Baer Second row — Michelle Morphew, Tiffany Booth, Lisa Merten, Stacy Steineckert, Allison Booth, Kristina Esmailian Third row — Norma Villegas, Sara Brysk, Holly Schaefer, Helen Morris, Coach Schwalbach

Amy Mitchell, Leslie Nakashima, and Allison Booth cheer on their teammates.

Depth, Experience, Hard Work and Undefeated Season Help

Girls' Win Title

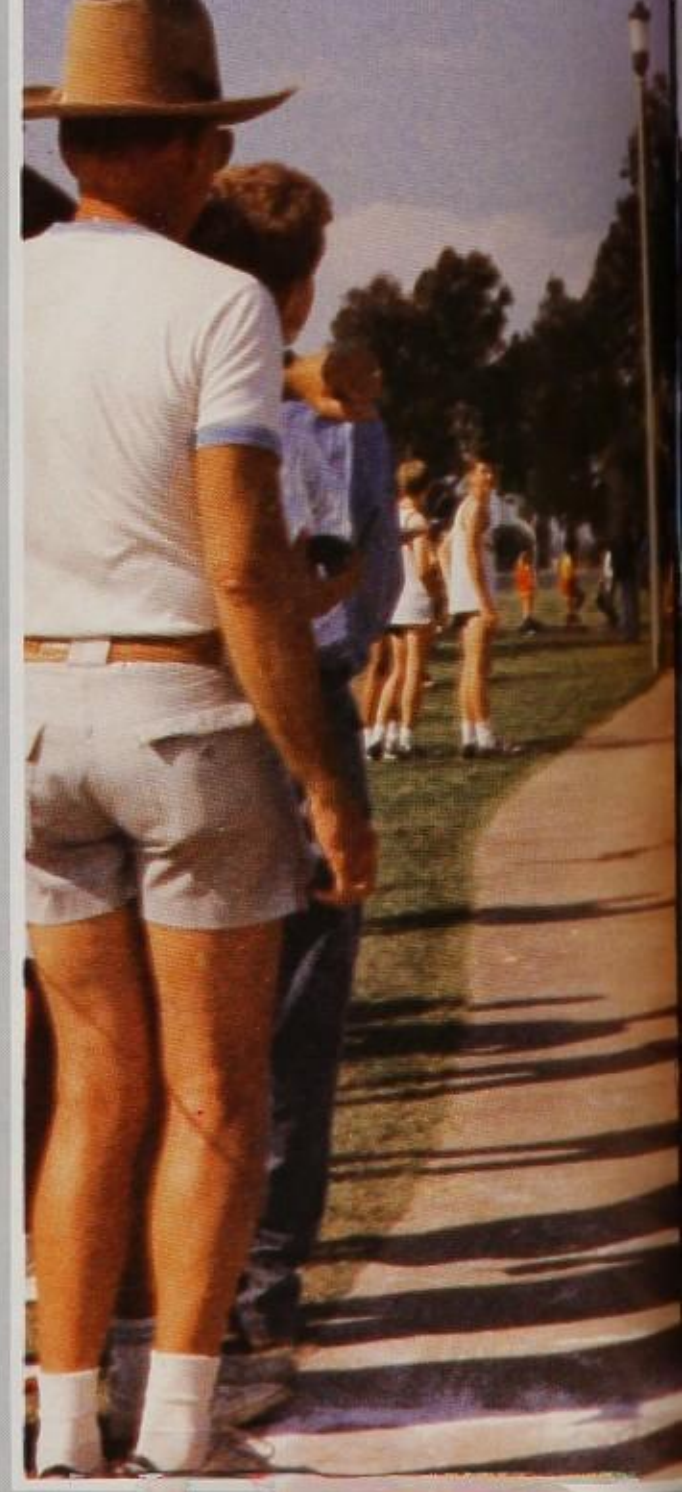
Along the way to becoming the best girls' cross country team in the county, the La Jolla squad finished its dual meet season undefeated, won the Southwest Invitational, claimed the Western League title, won the 2A CIFSDS championship, and was the county's number one qualifier for the California State meet.

Senior Kristin Porter and Junior Isabelle Lumpkin took turns leading the Valkyrie runners during their 7-0 dual meet season. Both girls were selected to the All-CIFSDS 2A team. Sophomore Patty Villarreal was also selected for the honor.

"I knew it was going to be a special year when I came to the first day of practice and found 55 other runners there," commented Porter. When asked why so many girls chose to run cross country, sophomore Heather Allen explained, "Running is a great way to take care of both body and sole".

Five of the seven Varsity runners earned spots on the Breitbard Foundation All-Western League team. Joining Porter and Lumpkin for the honor were senior Iris Gonzales and sophomores Patty Villarreal and Lorena Santana.

Summing up the season, Coach Bill Stock said, "Having a winning team is always enjoyable, and this season has been a ball. They are a great bunch of girls. They worked hard for their success and deserved all the recognition they received."



JUNIOR VARSITY GIRLS' CROSS COUNTRY Front row — Behnam Tashakorian, Shannon Laing, Tania Smith, Allison Smith, Sandy Bassarear, Miquela Armijo, Amie Ciaffoni, Gail Lacy, Rene Wistrom, Renee Rich, Peggy Calhoun. Second row — Lacey Deleay, Mia Ricchiuti, Meegan Brown, Jessica Rudolf, Kerry Kostman, Tracey Archer, Nira Wang, Moriah Ulinskas, Erin Dailey, Mana Sajed, Aliki Theofilopoulos. Third row — Kristin Holst, Karin Defner, Kristina Westphal, Michaela Manning, Jenny Pendleton, Melanie Green, Jennifer Rudolph, Grace Hu, Annette Hwang, Francine Svarda, Sara Bush.

Leading another pack of runners up the hill at the Southbay Invitational are Valkyries Jessica Starsky and Emily Beardsley.

Crossing the finish line of the Morley Field 3,000 meter course are Lorena Santana and Isabelle Lumpkin.

VARSITY GIRLS' CROSS COUNTRY Front row — Hedvig Lindquist, Isabelle Lumpkin, Kristin Porter, Patty Villarreal, Megan Ryan, Iris Gonzales, Lorena Santana. Second row — Kathy Denison, Heather Allen, Margo Stakely, Rebecca Griebe, Jessica Starsky, Donne Segall, Katie Tribolet, Emily Beardsley.

Another Valkyrie, Iris Gonzales, takes aim at the finish line.

Senior Kristi Porter crosses the finish in first place.

Sweat, Determination, Practice And Long Steep Hills Help

Harriers Get Fast

During what Coach Boyer termed "a rebuilding year", the La Jolla High harriers completed a 3-3 record and finished fourth in the Western League.

With only one senior, Bob Feeney, returning from the previous year's undefeated squad, this year's Vikes relied heavily on sophomores Steve Azcona and Brian Richmond.

During the first part of the season the trio took turns being the number one Viking runner. By the end of the season, it was Azcona who established himself fastest, by finishing sixth in the Western League championship meet. Azcona also was selected for a spot on the Breitbard Foundations All-Western League team.

Commenting on the season, Richmond said, "This year was spent building a solid base for next season when we will be contenders for the championship." Sophomore Andy Pryor added, "Next year we are going to win them all."

By the end of the season, the team had improved a great deal. At the beginning Coach Boyer had only had two runners who could finish the rugged 3.1 mile Morley Field coures in under 18 minutes. By the end, six La Jolla runners had cracked the 18 minute barrier, and Azcona covered the course in 16:57.

Sophomore Iana Hansen summed up the team's feelings about the season when he said, "It was a good year, but it was just the beginning."

VARSITY BOYS' CROSS COUNTRY Front row — Leland Ferguson, Bob Feeney, Thane Magee, Steve Azcona Second row — Iana Hansen, Brian Richmond, Jaime Freire, Sevan Kevorkian

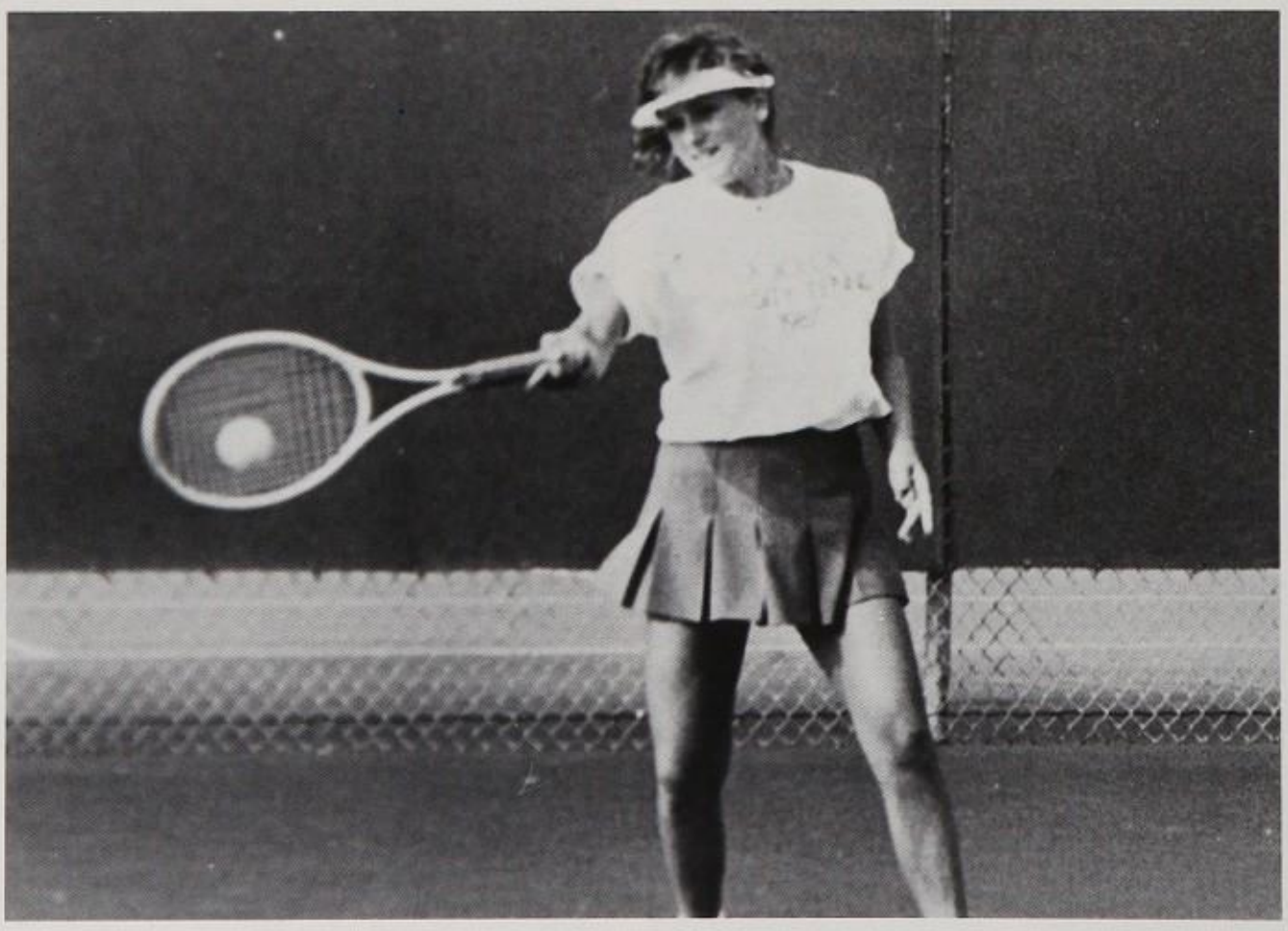
La Jolla's Bob Feeney approaches the finish line with competition nowhere in sight.

JUNIOR VARSITY BOYS' CROSS COUNTRY Front row — Justin Goodman, Jeremy Brown, Roby Day, Aaron Show, Chris Swan, Jay Wung, Josh Taxon Second row — Alex Barber, Andy Pryor, Erik Brown, Kevin O'Neill, Brandon Ross, Mike Dallaird, Mauricio Couturier

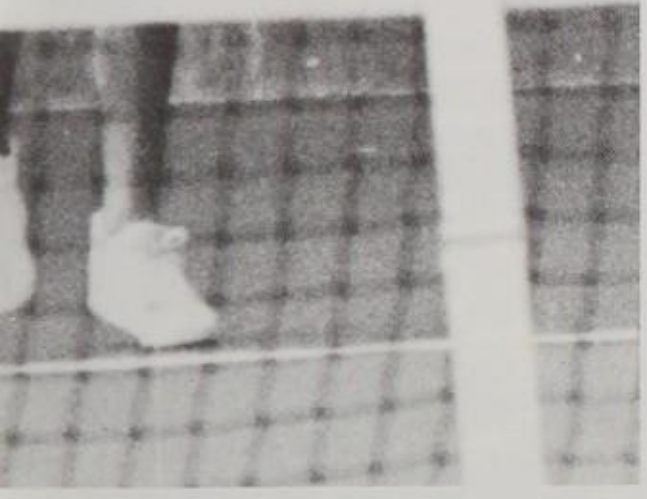
Bob Feeney, Brian Richmond and Ankist Zadeyan (above) battle for early position against Mission Bay. In the Junior Varsity race, Kevin O'Neill, Aaron Show and Erik Brown (left) sprint for good position at the start.

Slamming an ace past opponents during league play, Michelle Trimble caps a set.

Approaching the net, Hana Ohkawa (right) executes a perfect backhand. La Jolla's number one seed Kim Khoury (below) makes contact on a clean forehand.



Johanna Serror cocks back and slaps a passing shot down the line.



Polished Overheads, Crisp Volleys and Expert Serving Combine So

Tennis Excels

In the fall of the year, if you happened to be walking past the tennis courts after school, it's quite likely that you witnessed some excellent tennis. The polished overheads, crisp volleys and expert services belonged to La Jolla High's girls' tennis team.

This year's team tied for first in the Western League with Bishops. Both teams completed league play with 8-1 records. The Valkyries went on the finish second in the 2A CIFSDS play-offs.

La Jolla's outstanding players were seniors Kim Khoury, Paige Patridge and Michaela Albrecht. Khoury commented, "Our team has some strong players. Generally when we play, we are the better team."

This year the team consisted of 16 girls and was coached by Mrs. Sue Graves. According to Coach Graves, it is a competitive task to make the team because the quality of players is extremely high. This year each player possessed considerable ability, but there also seemed to be more than just talent in their successful formula. Stated sophmore Karen Goldstein, "We all get along well and we really support each other a lot." Senior Kristin McKenzie elaborated further, "There is no doubt we're all good; we have a reputation for that."

Summing up the reason for their success, senior Michaela Albrecht said, "We love tennis and we are very good. I think this is why we win!"

GIRLS TENNIS Front row — Laura Preisman, Lyn Bethard, Kristin McKenzie, Michelle Trimble, Tara Walsh, Romi Gershuni, Hana Ohkawa. Second row — Heather Dixon, Nadien Hyde, Karen Goldstein, Michaela Albrecht, Joy Serris, Paige Patridge, Johanna Serror, Kim Khoury, Carla Smith, Coach Graves.

With Smiles, Splits, and Enthusiasm Cheerleaders Show They Are

Full of Spirit

New ideas, dedication and training made the 1987-1988 cheerleaders an entertaining and exciting group to watch.

Led by senior Karla Guinn, the eight member squad began practicing during the summer, when they attended a four day cheerleading camp at UCLA. They were nominated as one of the top six squads and selected the most spirited group in the camp.

This year's squad performed difficult and entertaining stunts. "We trusted each other, so we could do more exciting stunts," explained Guinn. In addition to performing at pep rallies, the squad attended all of the football and basketball games. In March, the spirited girls traveled to Magic Mountain and participated in a regional cheerleading competition.

Guinn summed up the year by saying, "I will always have a lot of great memories from cheerleading. It has been a really good experience. This year we were really close, like a family. It was all for one and one for all."

In addition to a varsity squad, there was a nine member junior varsity squad which supported JV sports. This group was led by Tiffany Ames. Both squads worked out daily during period 6 under the guidance of Miss Maggie Quita.

JV CHEERLEADERS Front row — Tonetta Smith. Second row — Trina Miller, Regina Jackson, Gaynell Jennings, Dana Waldman. Third row — Connie Walker, Tiffany Ames, Debborah Appel, Liz Biber.

Varsity cheerleader, Robyn Taylor incites cheers from the crowd during a volleyball match with Mission Bay. La Jolla won the game.

Preparing for the Homecoming pep rally, (left) are varsity cheerleaders, Linda Martin, Bonnie Bernstein, Karla Guinn, Christina Bregante, Kristen Estell, Robyn Taylor, and Deborah Silverman.

Pledging allegiance to the flag, (below), are Robyn Taylor and Danielle Ruffin.

epping up a crowd of several hundred Viking fans during Blast-Off, is Karla uinn.

JV cheerleaders, Dana Waldman and Connie Walker, chant, "The Cookie Monster."

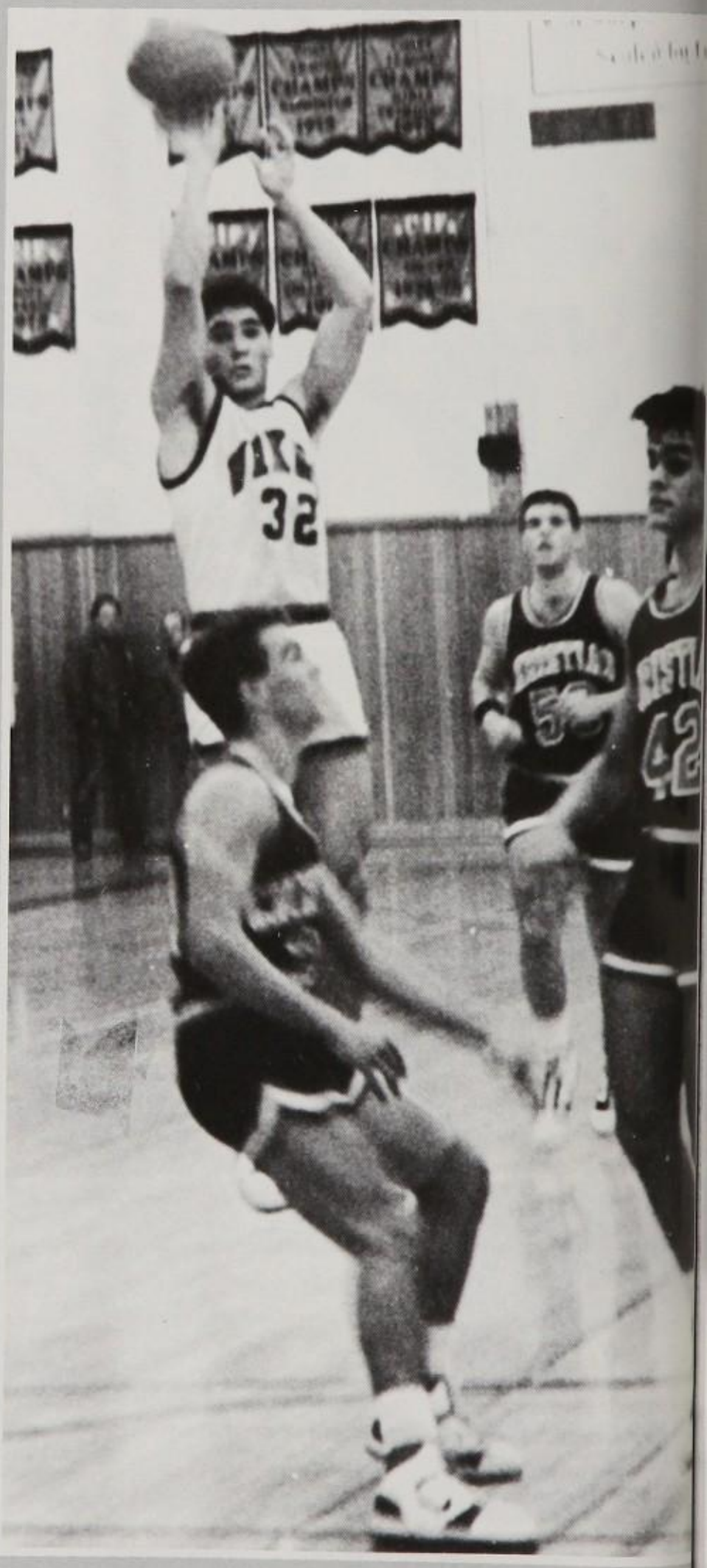
Jumpshots, Layups and Freethrows Lead Boys' Basketball To Second Place Finish

With four returning starters from last year's team, the boys' Varsity Basketball team qualified for the CIFSDS playoffs. In first round playoff action the Vikes fell to San Diego 59-49. La Jolla's overall season record was 17 — 9.

Throughout the season the Vikes were considered one of the best shooting teams in the county. Their offense was led by guards Jerome Sherman and David Berteaux. A key forward was Sean Rodgers while Kyle Kupiec and Brent Woodall were crucial to the Vikings' inside strength.

Mid-way through the season there was a four way tie for first place in the Western League. At the beginning of the season Coach Rick Eveleth predicted, "The team will have to fight it out with Kearny and University City if it wants to win league." The Vikings finished league in second place with a record of 7 — 3.

At the end of the season Coach Eveleth said, "I think overall we had a good year. We made it to the finals of the Hilltop and Kiwanis Tournaments. We would have liked to make it a few steps further in the playoffs, but the season was a success."



Sean Rodgers, (above) shoots a jump shot as opponents look on. Adam Kleid, (right) attempts a free throw from the edge of the key.

Junior Kyle Kupiec jumps above opponents in order to connect for two.

VARSITY BASKETBALL Front row — Coach Rick Eveleth, Sean Hecker, David Berteaux, Jerome Sherman, Forrest Sherman. Second row — Charles Huff, Adam Kleid, Mike Cooperman, Erich Litch, Richard Cavanaugh. Third row — Kyle Kupiec, Brent Woodall, Sean Rodgers, Sean Edwards.

Senior, Sean Rodgers, (above) launches a free throw attempt. Avoiding defenders, Jerome Sherman (left), drives to the hoop.

Abundance of Heart Makes Up For Lack Of Height As Girls

Win Co-Championship

"Our basketball team did not have the height, but it had the heart," said players Colie Anderson and April Prohaska. Despite not being as tall as other teams, they still played well enough to finish the season in first place along with Mission Bay. Despite losing to top rated San Pasqual in second round CIFSDS playoff action, the Valkyries posted an overall record of 20-6.

The year's leading scorer was Colie Anderson, who was also second in the county in scoring. She averaged 24 points a game and made the all CIFSDS team for the second time. Hedvig Lindquist also made the first team and April Prohaska was selected to the second team.

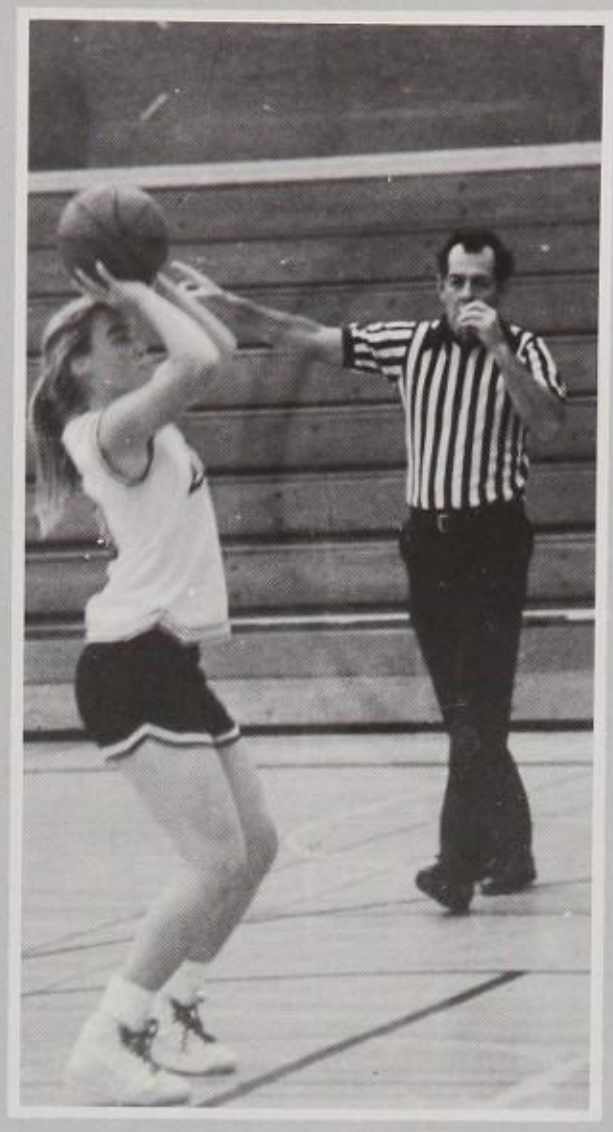
Coaches Lori Schwalback and Gary Emerson worked the girls very hard. They practiced six days a week, three hours a day. The team became like a family. "We were positive thinkers and constantly gave each other support," commented Lisa Darling. "Our strengths were our teamwork, attitude and speed," added Hedvig Lindquist.

Coach Schwalbach commented, "We did not have the height like last year but our presence was definitely strongly felt."

GIRLS' VARSITY BASKETBALL Front row — Amy Mitchell, Lisa Inman, Carla Smith. Second row — Franchesca Prantil, Nicole Anderson, Leslie Darling, Helen Morris, Coach Lori Schwalbach. Third row — Amy Baker, Robin Mulcahy, Lisa Darling, April Prohaska, Hedvig Lindquist.

enior Leslie Darling, (above) gets off a scoring jumpshot against Torrey nes in the Viking playoff victory. Double pumping, Hedvig Lindquist ight), goes for two.

Junior, Helen Morris, (below), concentrates on a crucial shot.



Boys' and Girls' JV Basketball Teams

Shoot For The Hoop

Throughout the season, the girls' and boys' JV basketball teams, coached by Linda Stone and Dave Ponsford, concentrated on basic techniques and team unity, hoping to build their players to the varsity level.

Under the guidance of first year coach Linda Stone, the junior varsity girls' basketball team steadily improved throughout the season, ending with a final record of 9-4.

At the beginning of the season, Coach Stone worked hard on teaching the basic techniques and tactics of the game. With the help of returning players Charlee McCullough and Lupe Araico, the team posted some successful results early in the season. Despite the long hours of practice and hard work, the girls still enjoyed the season and had lots of fun. According to Junior Charlee McCullough, "We really improved as the year progressed. Playing was a lot of hard work, but it was also a lot of fun."

With several seniors on the varsity squad, the girls on JV worked extra hard with the goal of earning a place on next year's varsity team. In the words of Coach Stone, "The varsity spots are up for grabs. If the girls practice hard over the summer, they can make varsity."

After last year's winning record of 16-3 and a co-Western League championship, the boys' JV basketball team went into the '87-'88 season with only two returning players and posted an 8-10 record.

"This year's team was young and inexperienced," said head coach Dave Ponsford. "It consisted of mostly freshmen and sophomores. We had only two returning players (juniors Craig Ford and Robert Carrillo)." When asked how he felt about the team, he said that JV play was about improvement and learning to work together. He continued to say that the players had to work on their skills, but that is what JV is all about.

JV GIRLS BASKETBALL Front row — Norma Villegas, Nadine Smith, Hana Ohkawa, Lupe Araico. Second row — Nazi Tashakorian, Sarah Takesh, Allison Booth, Tara Doerring, Tanissha Harrell, Charlee McCullough. Third row — Michelle Morphew, Melissa Moyers, Andrea Weiss, Robin Stateman, Coach Linda Stone.

JV BOYS BASKETBALL Front row — Coach Dave Ponsford, Mike McGowan, Mark Sanchez, Justin Chairin, Sal Moceri. Second row — Larry Williams, Jonas Svenlund, Craig Woodall, Serge Aftandelian. Third row — John Michels, Mike Adams, Josh McCarter, Trent Bonner, Sean McKenna, Robert Carrillo.

Lupe Araico and Charlee McCullough (above) storm down the court for two.

"Busting a Jay" against Christian, (left) is Mark Sanchez.

Headers, Cornerkicks and Dribbling Past Opponents Help

Boys Win In Clutch

The boys' soccer team overcame a slow 1-1-1 start and went on to post a 19-3-2 overall record. The Vikings went into the CIFSDS playoffs as the fourth seed, but they defeated the tougher teams and won the championship.

Over winter break, the Vikings faced stiff competition in winning the La Jolla Cup for a record setting third consecutive time. The Vikings earned a place in the semi-final by coming from behind to defeat San Dieguito and Vista in the first two games. In the semi-final the Vikes knocked off top-seeded Poway 2-1 in overtime. Two goals by senior Chris Baer were the difference in the 2-1 victory over San Diego in the final. "At the start of the season we were struggling," said senior Matt Wasserman. "The Christmas Tournament was the turning point for us. We played with a lot of intensity and our success helped to unify the team."

The Viking's momentum continued to build after Christmas, rolling through league play with a winning record of 9-2-1 and entering the playoffs as the number four seed. In the semifinal La Jolla beat St. Augustine 3-0. University City was the opponent in the final once again and the Vikings captured their second championship in three years with a 2-0 victory.

Coach Jerzy Szyndlar explained, "We spent the early part of the season experimenting with different lineups to try to find the best combination. Winning the La Jolla Cup was really an extra bonus, because our goal this year was to work hard and win CIF."

Clearing the ball away is Roger Pettigrew in a game against Mission Bay.

Mike Hughes, (left) positions himself for a scoring opportunity while he heads a ball out of the opponents territory, (below).

Attempting to slide the ball past the goalie for a score is senior Brian Keefe.

BOYS VARSITY SOCCER Front row — Shawn Ellis, Dean Rostovsky, Vince Galluzzi, Jeff Powers, Ankist Zadeyan, Danny Mendoza, Brian Keefe, Trevor Funk, Ben Arizmendi, Eric Zadeyan, Mark Weinberg Second row — Coach Jerzy Syndzlar, Jason Blantz, Roger Pettigrew, Chris Baer, Matt Wasserman, Shane Ellis, Mike Hughes, John Tribolet, Trevor Kelly, Adi Jacobs, Mike Wollaeger, Coach Henry Kramer.

Defender Shane Ellis beats opponents to clear a ball away.

Headers and Hard Work Allow Girls' Soccer To

Get Their Kicks

The girls' soccer team finished the season with a 4-2-4 record. Summing up the season, first year coach Mrs. Alix Mayhew said, "We had a lot of talented athletes who were committed to hard work. Everyone showed up for practice two hours a day."

Co-captains were Jen Roe and Maryann Burke. One of the team's standouts was goalie Kathy Sylvester, a newcomer to the sport. Coach Mayhew saw the defense as the strong point of the team. Defenders Roe, Michelle Miller, Heather Allen, and Alison Damoose kept the opponents' goals to a minimum.

Most of the team's losses came in very close games, which made the season particularly exciting. The offense was slightly hampered by the early season loss of their very fast left wing, Kerry McReynolds. Other offensive specialists included Laurie Brewer and Carolyn Thomas.

Alison Damoose said of the season, "We had lots of potential and great athletes; when we pulled together, we worked well."

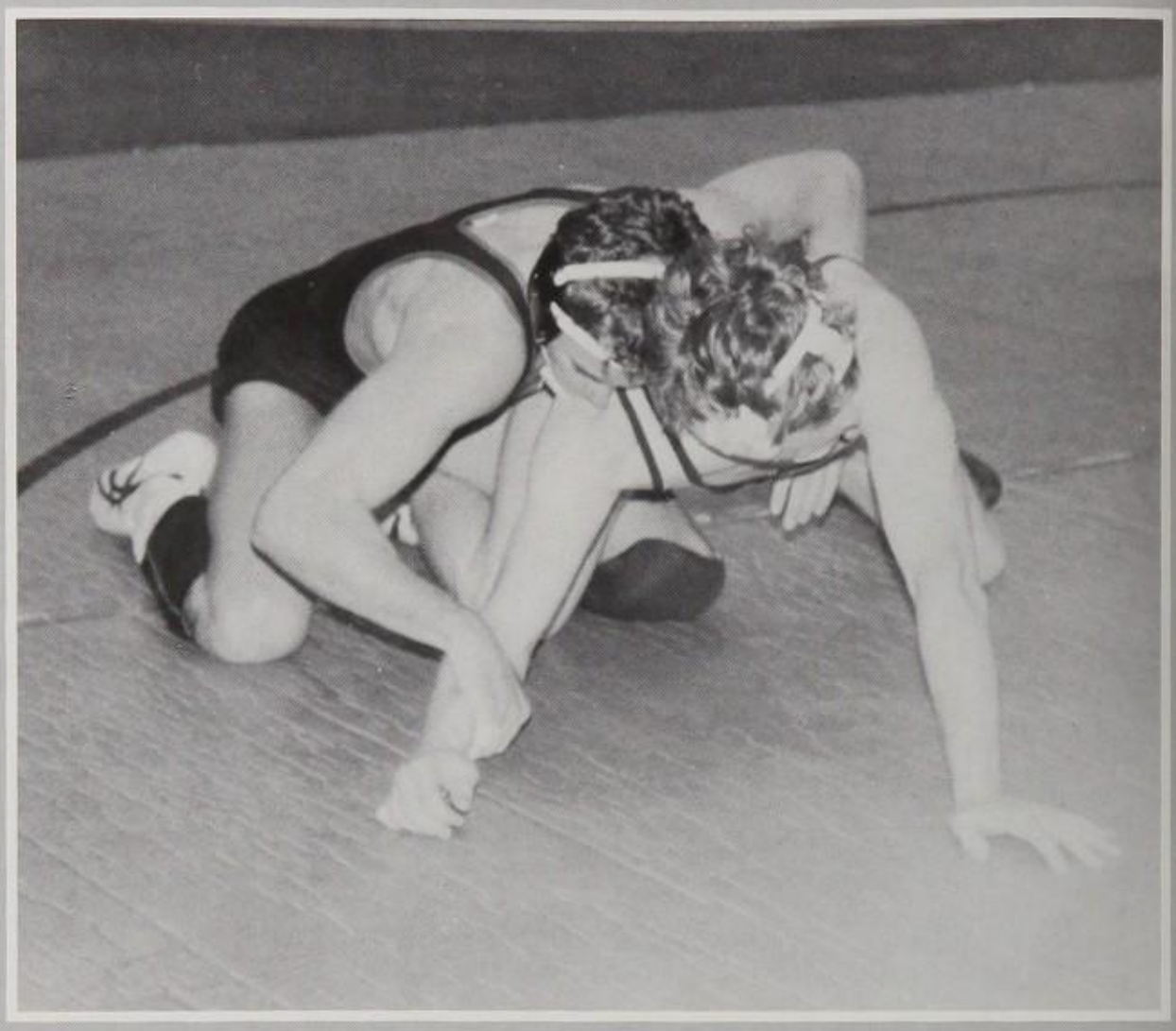
Senior, Maryann Burke, (above) checks her opponent while awaiting an incoming pass. Michelle Miller, (right), leaps to connect with a scoring header.

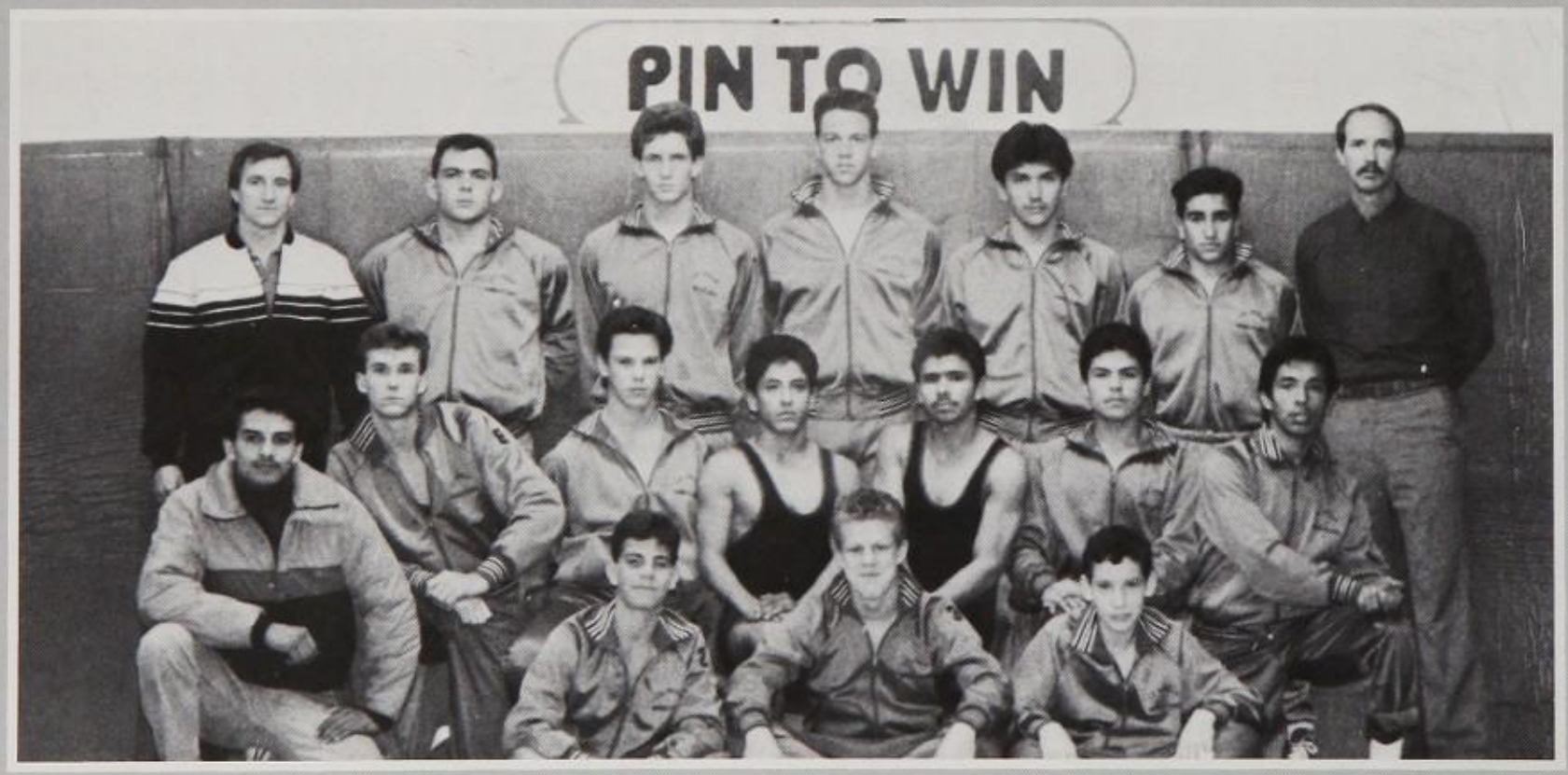
Junior forward Carolyn Thomas (left) prepares to pass upfield to trigger the Viking offense. Carrie McKnight (below) examines the field in attempting to center the ball.

GIRLS' SOCCER Front row — Laurie Brewer, Cari Ragen, Tessa Sanchez, Kristen Mayhew. Second row — Carolyn Thomas, Kathy Sylvester, Carrie McKnight, Michelle Miller. Third row — Clare Zimmerman, Kristina Demos, Allison Damoose, Kathy Yen, Heather Allen, Coach Alix Mayhew. Fourth row — Leisa Allen, Julie Hutchinson, Jennifer Steibel, Maryann Burke.

Julie Hutchinson focuses on the ball as she starts a defensive slidetackle.

Junior, Matt McSweeney (below) attempts a break down, hoping to pin is opponent. While, Ernesto Villegas (right), executes his innovative move, "the turk" for another victory.



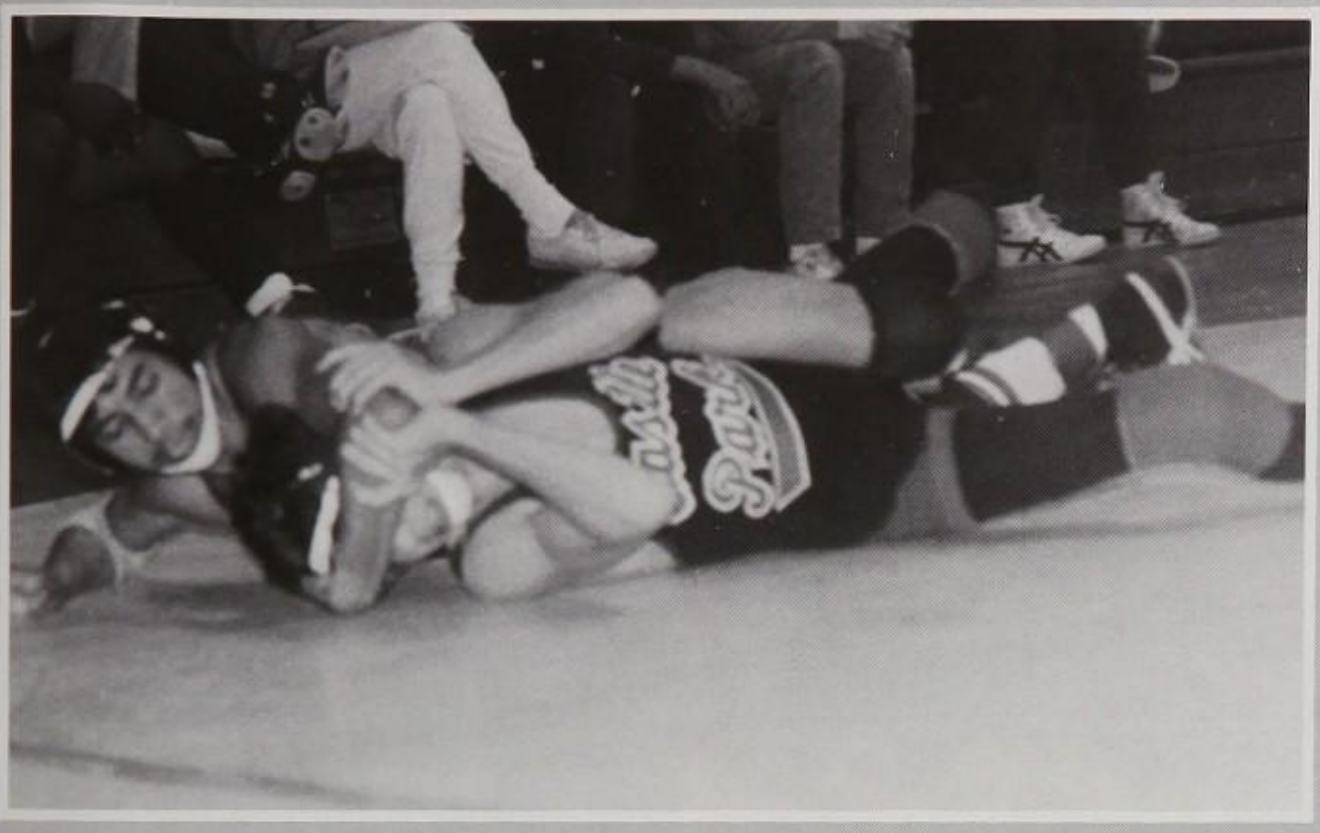


VARSITY WRESTLING Front row — Martin Escobedo, Kit Cooper, Derek Mitchell, David Back. Second row — Matt McSweeney, Chris Owens, Marco Quinones, Guadalupe Talamantes, Javier Aguirre, Ernesto Villegas. Third row — Coach Paul Jewell, Glenn Armstrong, Lorin Gillin, Kyle Gott, Victor Rivas, Frank Gigliotti, Coach Terry McPherson.

Senior, Frank Gigliotti pins his opponent with a head and arm.

Hard Work, Practice and All The Right Moves Help

Wrestlers Pin Opponents

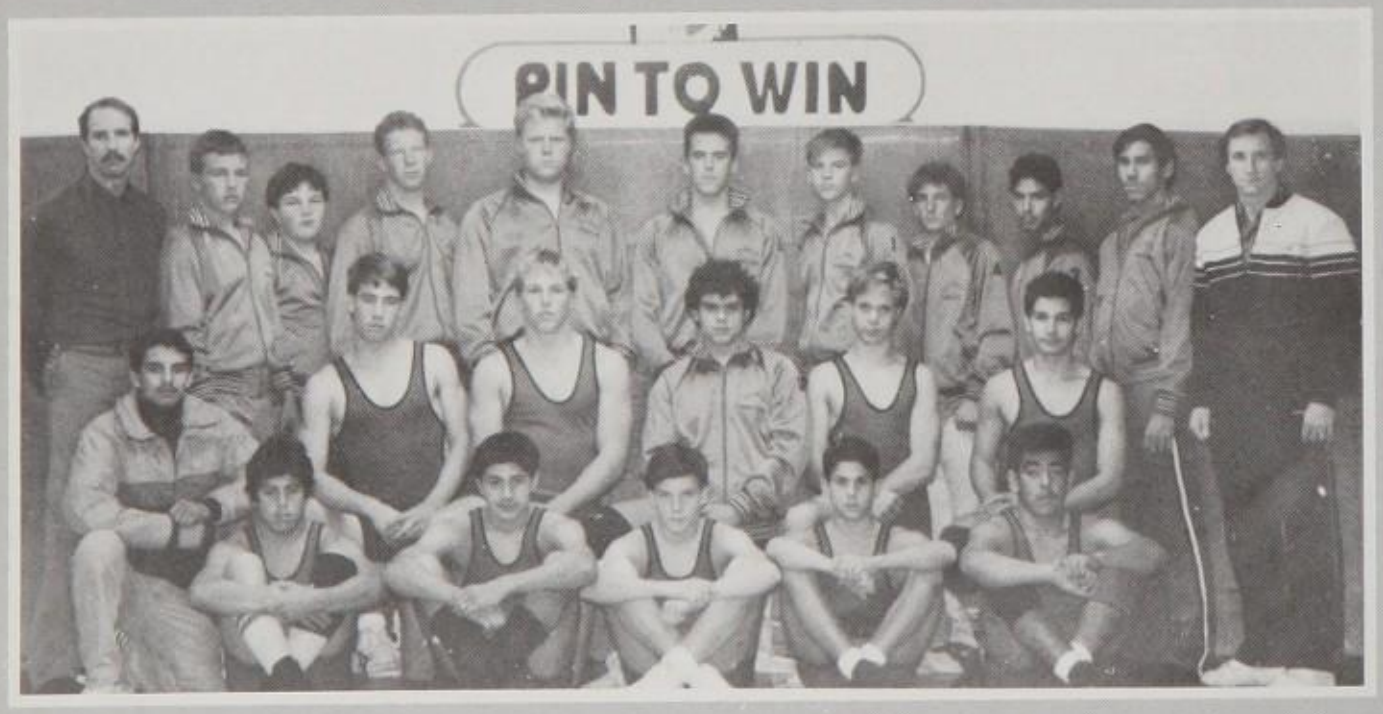


"This is the best team I've had since I've been here," said Coach McPherson, who has been coaching wrestling at La Jolla High for the past eight years. This year's team had 13 varsity competitors, each at nine weight classes ranging from 98 pounds to 245 pounds.

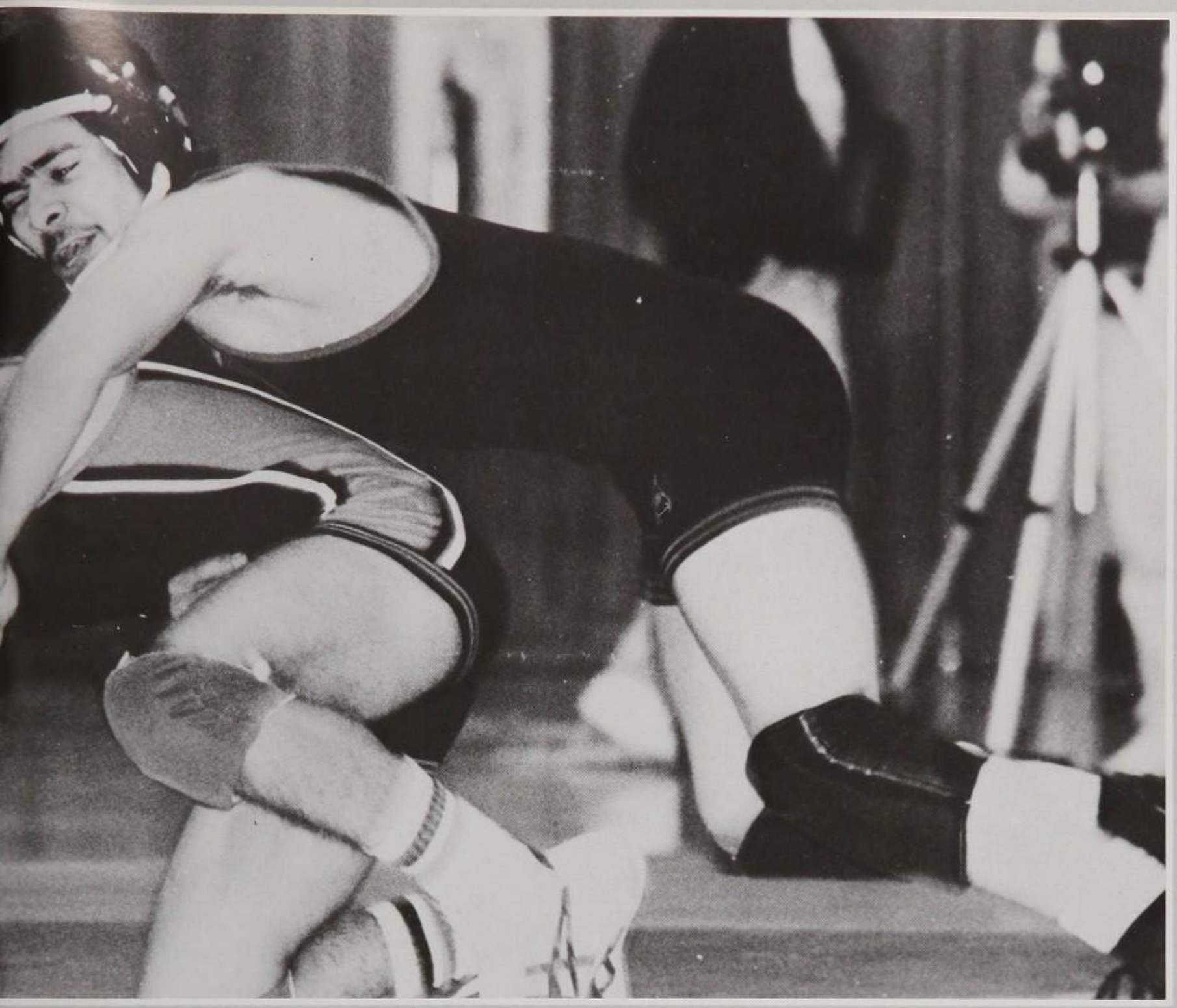
"To be a strong wrestler, you must have incredible endurance," commented McPherson. The varsity team was full of strong wrestlers such as 100 pound Kit Cooper, 112 pound Marco Quinones and 191 pound Kyle Gott.

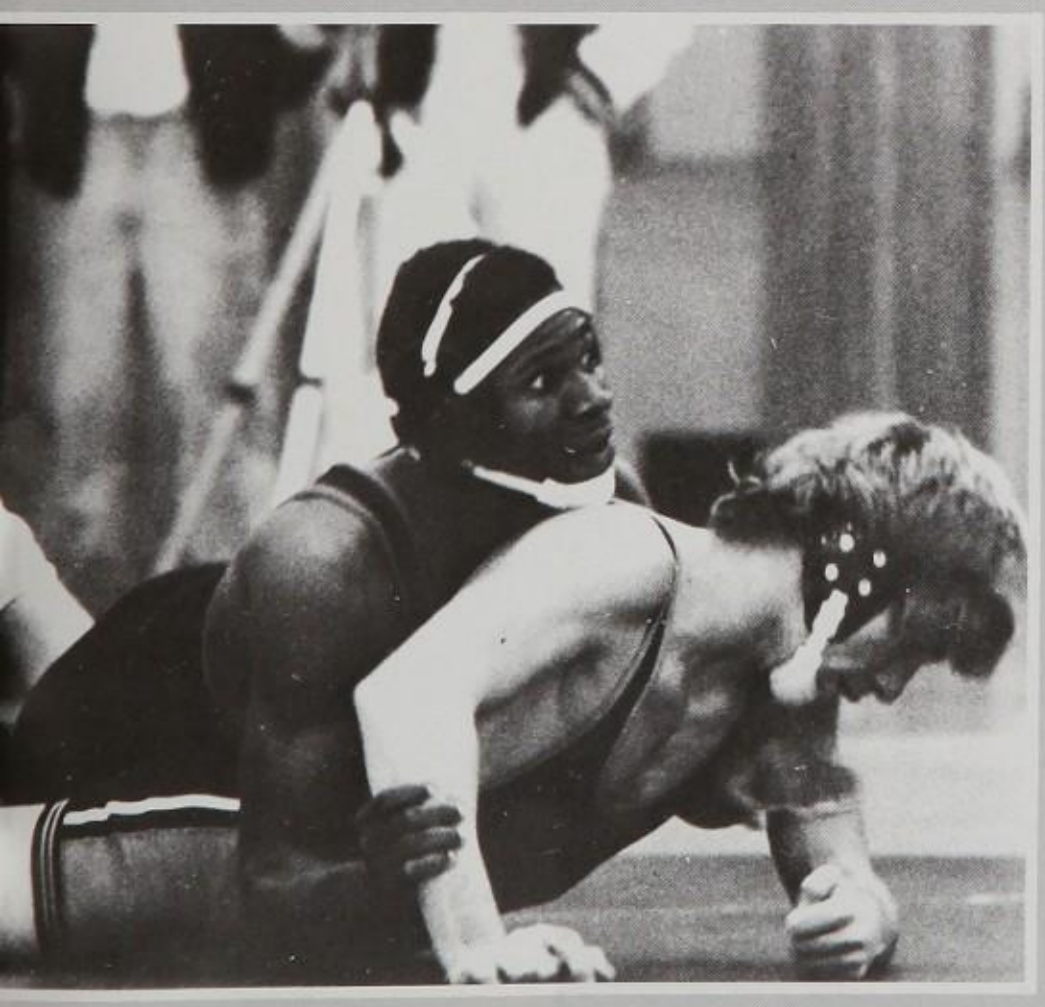
Wrestling is a surprisingly difficult sport. It's extremely physically and mentally demanding. However, this year's team learned several moves and put their determination together and finished third in the Western League.

Senior, Lupe Talamantes, (right), prepares to break down his opponent. LA JOLLA WRESTLERS Front row — Kit Cooper, Matt McSweeney, Frank Gigliotti, Jim Heth. Second row — Javier Aguirre, Lupe Talamantes, Ernesto Villegas, Derek Mitchell. Third row — Kyle Gott, Mike Huddleston, Steve Roland, Eric Brown, Lorin Gillin.



JV WRESTLING Front row — Carlos Bano, Ray Arrollado, David Kottky, Amir Along, Alberto Sanchez. Second row — Martin Escobedo, Steve Roland, Mike Huddleston, Jimmy Heth, David Groves, Manuel Munoz, Coach Paul Jewel. Third row — Coach Terry McPherson, Jim Settle, Chip Coakley, Matt Rosenberg, Luke Williams, Brian Johnson, Thane McGee, Peter Gillan, Miguel Ortiz, Jose Benavides.





Jimmy Heth, (above) strangles his opponent in an attempt to execute a power half while Jerry Walker, (left), positions himself for a full body maneuver.

Clearing the final hurdle, senior Sean Edwards places first ahead of junior Kevin Anderson.

Stephen Fox launches the 12 pound shot put during practice (above). Senior pole vaulter Steve Verbinski prepares to propel himself over the bar (right).

Strength In Field Events and Hurdles Lead Boys' Track To

A Winning Season

For more than a decade, La Jolla's Boys' Track team has been a perennial powerhouse. In the last eleven years, the team has compiled a sensational 86-6 record. Head coach Chuck Boyer expected this year's team to continue the winning ways of past times.

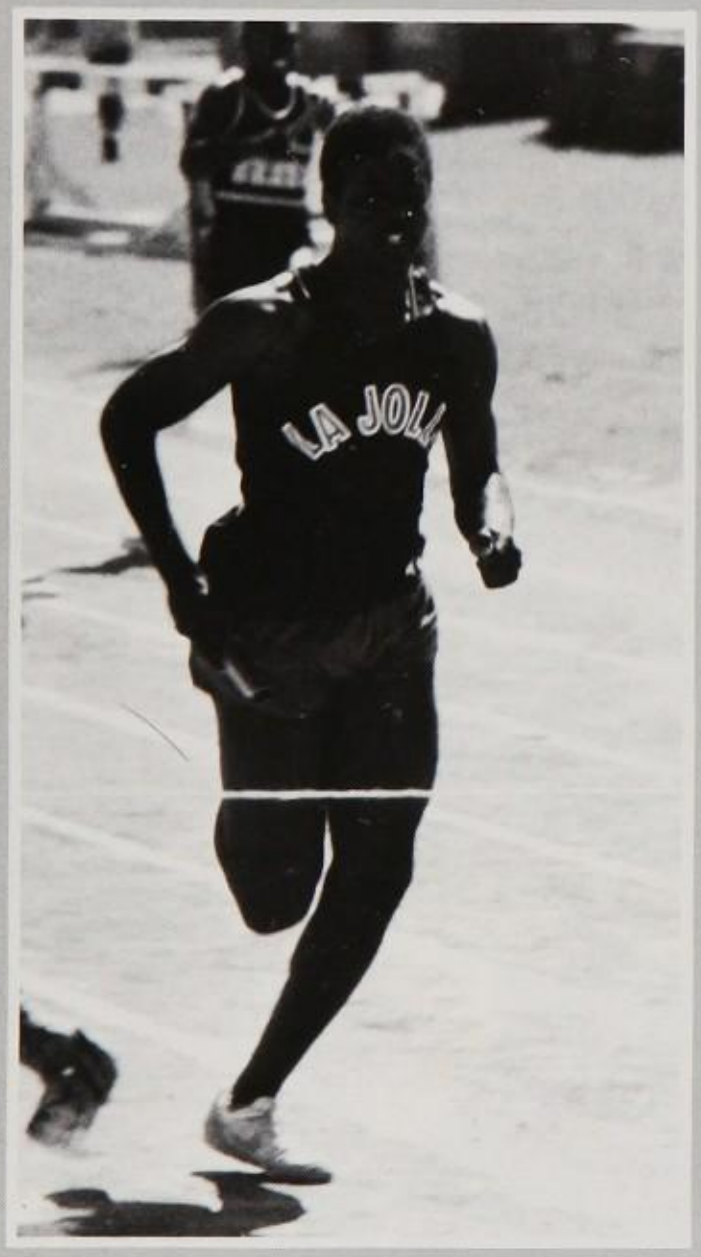
During a pre-season interview Boyer commented, "Once again, I think the toughest dual meet competition will come from University City. If we win that, I suspect that we will be able to win League and go undefeated."

The team was especially strong in the field events and hurdles with the return of seniors Charles Huff, Jerry Walker, Eric Brown, Dara Akbarian, Sean Edwards, and Steve Verbinski. As a junior, Huff was one of the country's top triple jumpers, and Coach Boyer expected that he would also pick up valuable points for the team in the sprints and long jump. Brown and newcomer Mike Huddleston were the team's leading competitors in the weight events, while Akbarian produced competitive heights in the high jump. Edwards dominated league competition in both the high and intermediate hurdle events.

VARSITY BOYS'TRACK Front row — Kenneth Weaver, Leland Ferguson, Eric Meech, Eric Brown, Chris Cheatum, Dara Akbarian, Channing Webster, Jerry Walker. Second row — Claus Lagmain, Mike Huddleston, Charles Huff, Stevan Azcona, Brian Richmond, Byron Coffey, Steve Verbinski, Jim Settle, Mike Wollaeger. Third row — Stephen Fox, Gregg Brett, Grant Wiley, Forrest Sherman, Lamar Frye, Kevin Anderson, Davey Berteaux, Sean Edwards.

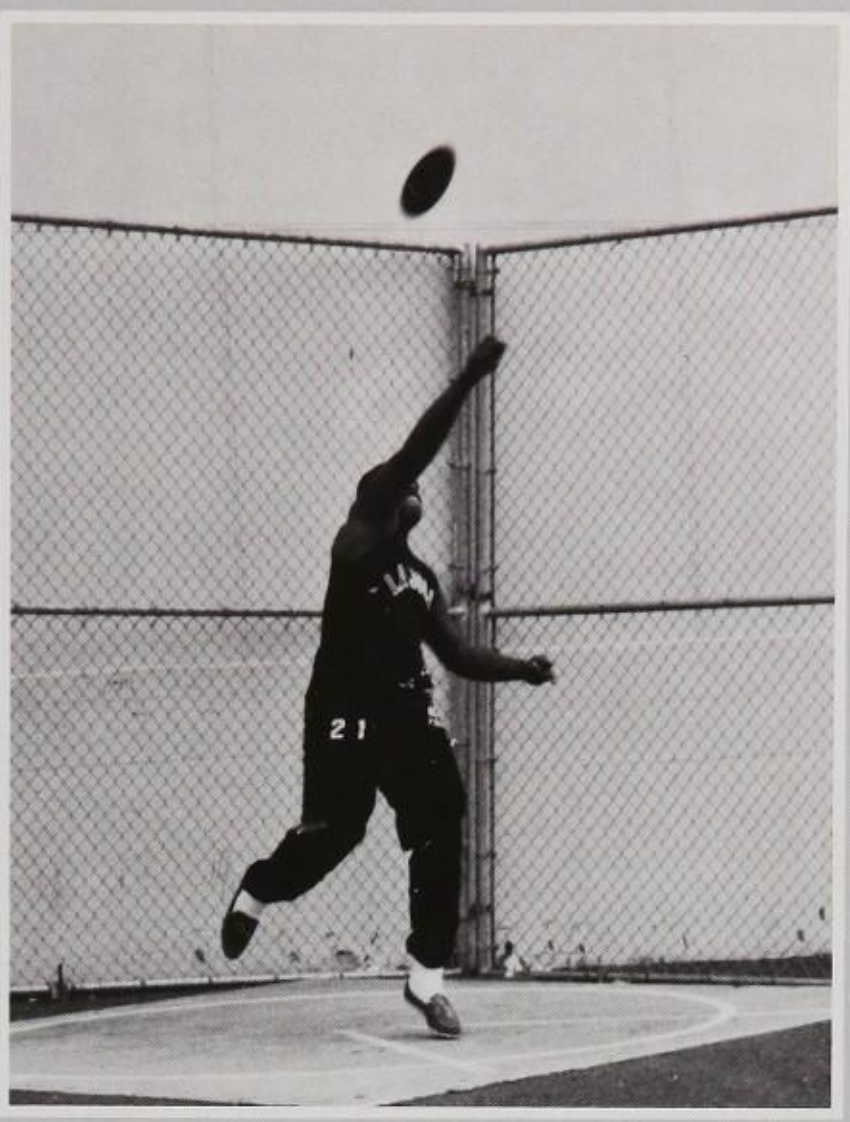
Senior Charles Huff glides as he competes in the long jump (above).

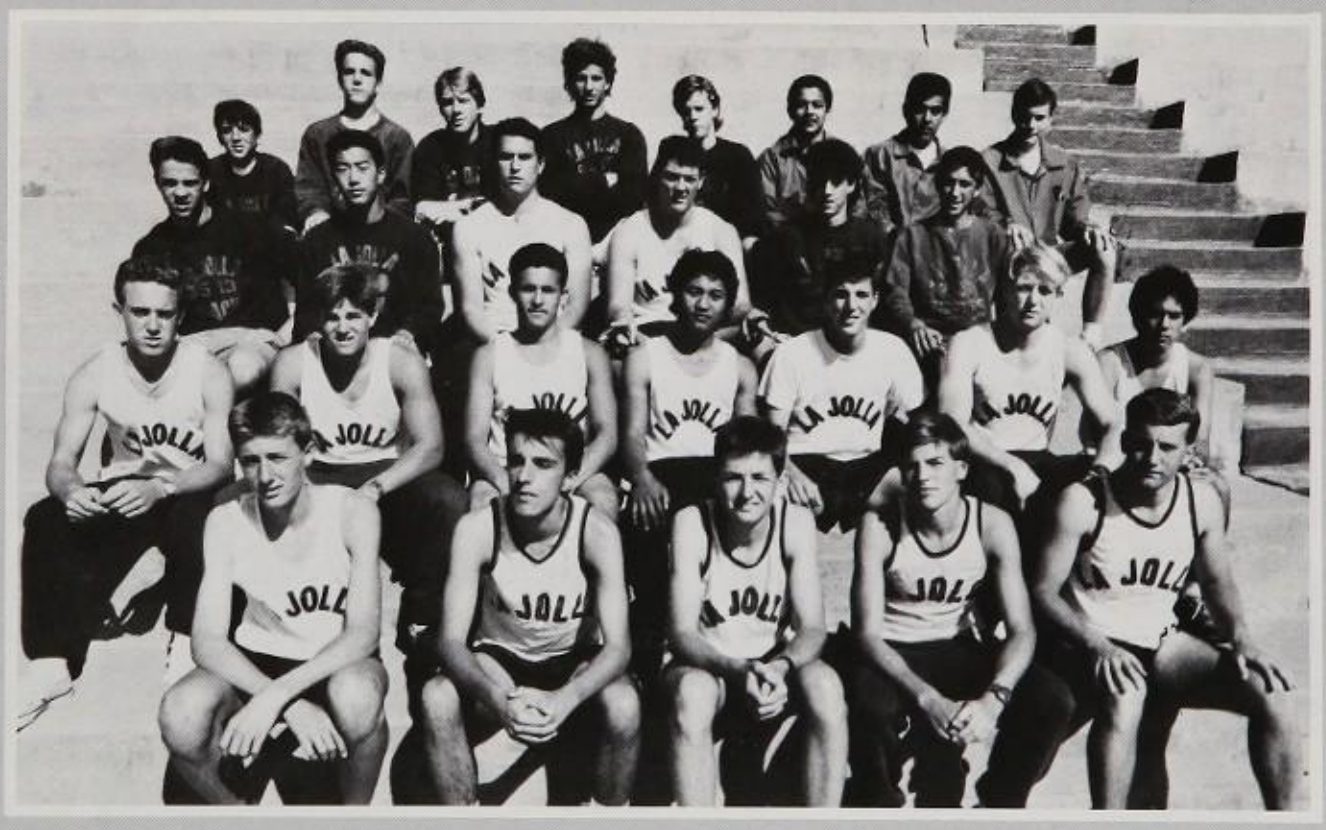
La Jolla runners Erik Brown and Thane Magee hustle through the steeplechase (right). Junior Lamar Frye crosses the finish tape in first place as he anchors La Jolla's 440 relay team at the Mustang Relays.



Senior Dara Akbarian concentrates on clearing six feet in the high jump.

JV long jumper Jeff Yu focuses on his landing (left). Senior Eric Brown sends the discus flying through the air.





JV TRACK Front row — Iana Hansen, Brian Marchetti, Erik Brown, Thane Magee, Ted Greenawald. Second row — Matt Lynott, Nick Alford, Bobby Castillo, Jeff Yu, Tim Smallwood, Hank Guyader, Aaron Show. Third row — Kyle Gott, Steven Chang, Greg Davis, Chris Dennis, Anthony Padowitz, Luis Lopez. Fourth row — Andy Pryor, Seth Bridge, Kevin O'Neill, Alan Nathan, Ronnie Beage, Freddy Bahena, Alberto Sanchez, David Kettke.

Depth and Distance Runners Help Girls

Lap the Competition

After a winning 1987 season, the Girls' track team returned with high expectations of again claiming the Western League title. "I am very excited about this year's team. We have an abundance of experienced people," commented Coach Maggie Quita in early March.

The team was very experienced indeed. According to Quita, it lost very few people and gained about 10 freshmen. The 56 member team was well rounded and generally very talented. Senior Kristin Porter and junior Isabelle Lumpkin led the distance runners; the twins Carla and Nadine Smith headed the throwing department; and junior Stacy Steineckert was the returning high jumper. Newcomer Hedvig Lindquist, a junior, did surprisingly well in the triple and long jumps.

In total, the Girls' track team this year was experienced, talented, and optomistic about finishing the 1988 season undefeated.

GIRLS' TRACK Front row — Carla Smith, Michelle Miller, Mickey Albrecht, Rene Wistrom, Carolyn Patton, Jennifer Buffaloe, Patricia Villarreal, Lisa Dunn, Kerry Kostman, Kristin Porter, Rebecca Griebe. Second row — Nadine Hyde, Jenny Klein, Hedvig Lindquist, Jessie Stratsky, Donne Segall, Nadine Smith, Dana Waldman, Emily Beardsley, Karen Bleitz, Tania Smith, Jessica Rudolf, Stacy Steineckert. Third row — Aliza Lyons, Lorena Santana, Moriah Ulinskas, Grace Hu, Michaela Manning, Lisa Musial, Megan Forrester, Renee Rich, Shanon Laing, Sandy Bassarear, Kristina Westphal, Heather Allen. Fourth fow — Leisa Allen, Nancy Gurganis, Krista Holst, Aliki Theofilopoulos, Melanie Green, Peggy Calhoun, Mia Ricchiuti, Amie Ciaffoni, Kristen Spieluogel, Katie Reeder, Reina Orther, Karen Sefner.

Junior Michelle Miller (right) raises her arms at the finish line.

Sprinters Mickey Albrecht, Jenny Kline, and Rene Wistrom race against Bishop's in an early season meet at La Jolla.

In first and second place, Isabelle Lumpkin and Iris Gonzales (above) run the final lap for a Viking victory. Hopping through the air during a triple jump is junior Hedvig Lindquist (left).

Strong Hitting and Consistent Pitching Help Varsity Baseball To Become

Top League Contenders

"We'll come out in first place in Western League and make a strong showing in the play-offs," predicted senior Brad Tecca. The La Jolla High School varsity baseball team gave it their all to achieve this predicted goal. Led by Coach Dick Huddleston, the team boasted a strong line-up that included seniors Jeff Schultz, Brad Raulston, Brent Woodall, Jorge Romero, John Tribolet and Greg Ricchiuti.

The team's main motivation was to better last season's CIFSDS finish, and to avenge their playoff loss to Escondido High School. The latter goal was acheived in a pre-season scrimmage game; then the team went on to defeat Crawford 5-4. These early wins were attributed to home runs by seniors Brad Raulston and Brent Woodall and the overall talent of the team.

Those early season victories left the team confident. Coach Huddleston felt that the combination of this confidence and the team's naturally strong abilities, formidable line-up and unity would be positive factors in determining the outcome of the year.

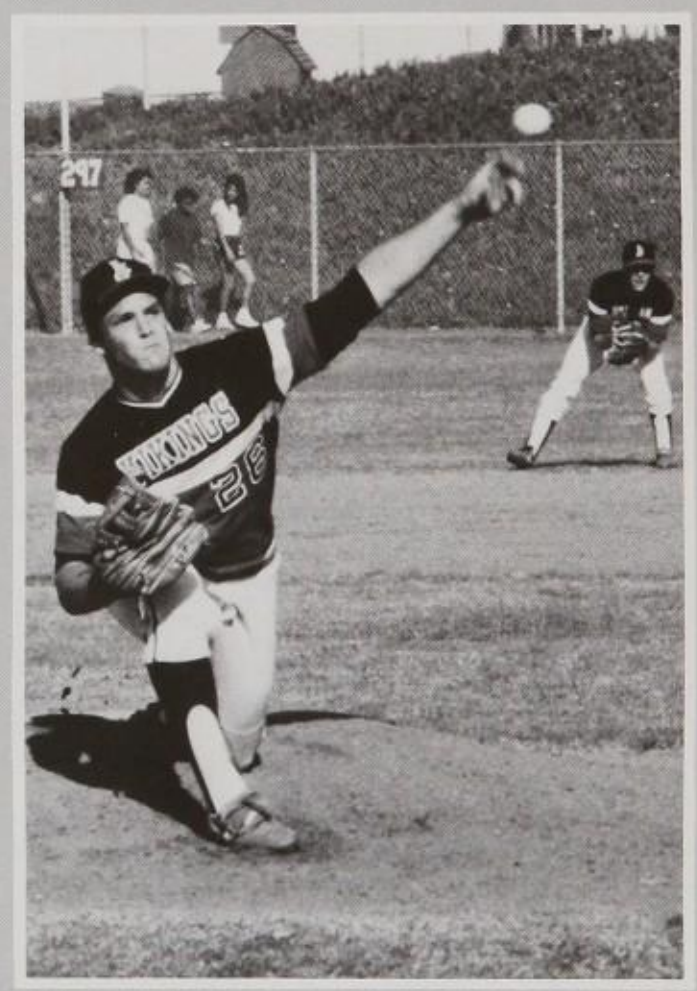
Stated senior Sean Hecker early in the season, "We'll probably be one of the better teams in the city, and if everybody plays their role on the team, we could go very far."

VARSITY BASEBALL Front row — William Thompson, Robert Grasso, Adam Lenain, Brad Tecca, Taj Tedrow, Luke Williams. Second row — Coach Huddleston, Sean Hecker, John Tribolet, Greg Ricchiuti, Brad Raulston, Coach Hill. Third row — Darren Kaffka, Jeff Schultz, Brent Woodall, Jorge Romero, William Barnett, Mark Hanna.

Senior catcher Adam Lenain throws a strike to Willie Barnett as the Vikings thwart an attempted stolen base.

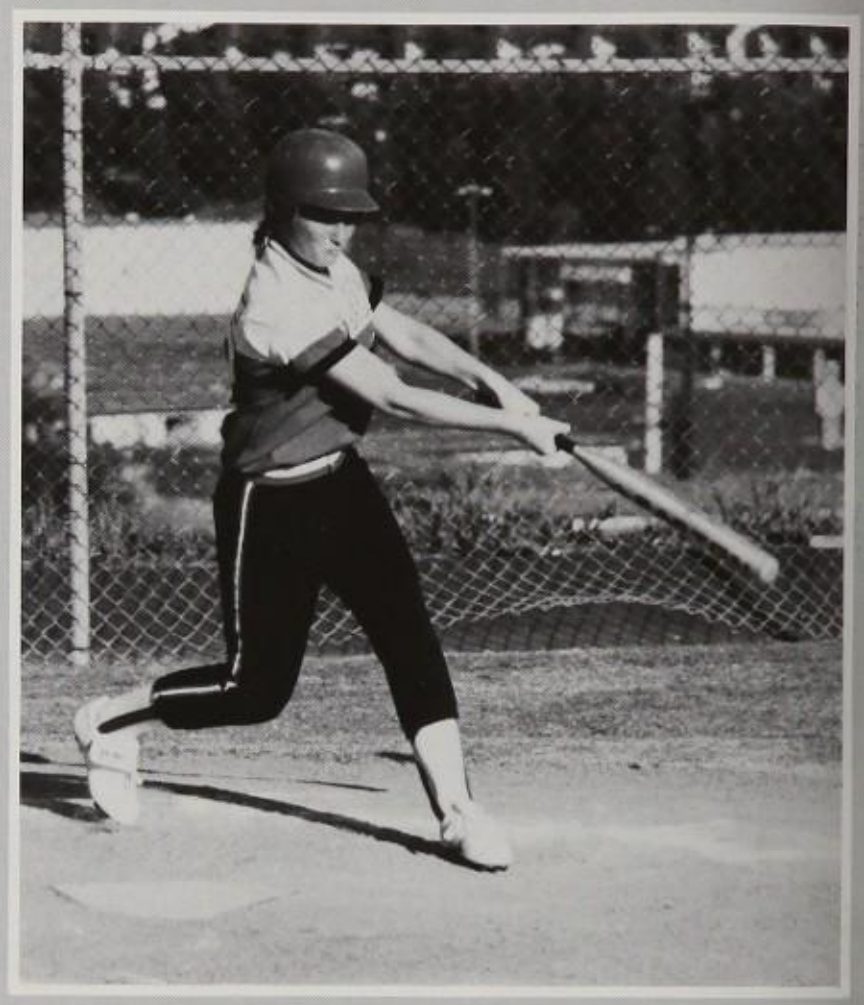
Rounding second, Brad Tecca (left) attempts to score on a base hit.

Senior Greg Ricchiuti (below) awaits an incoming throw with perfect form.



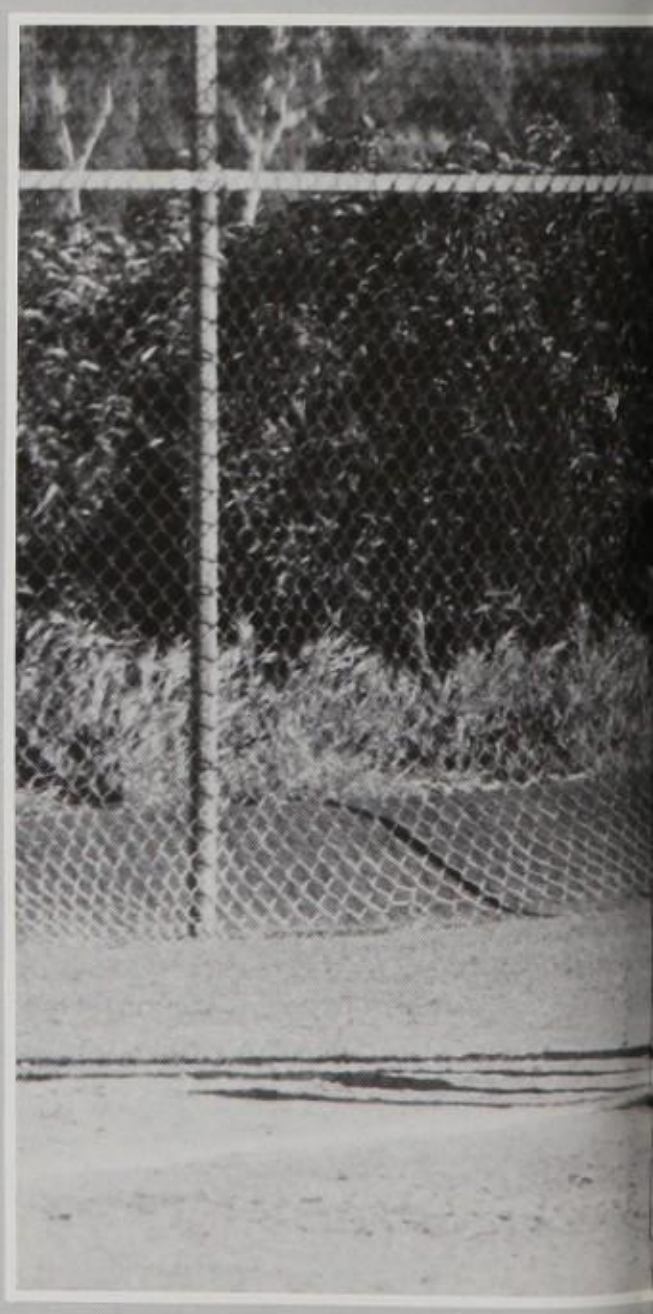
Delivering the game-winning strike is senior Brent Woodall.

Junior shortstop Jennifer Joas (right) scoops up a ground ball and throws to first base.



Pulling the ball down the line for a base hit is senior Becca Isenberg (right). Tiffany Booth releases a low strike in a game against Bishops.

VARSITY SOFTBALL Front row — Jaime Lipp, Lupe Araico, Paige Baker. Second row — Jennifer Joas, Denise Gerth, Coach Jaime Mendez, Becca Isenberg, Brigitte Nadeau. Third row — Carolyn Thomas, Ilka Castillo, Laurie Schaffer, Tiffany Booth, Heidi Darby.



Hitting Improves Through The Spring As Varsity Softball Enjoys

A Satisfying Season

The varsity softball team began its season with a 0-3 loss to Los Angeles Polytechnic. The loss was attributed to a "lack of batting practice," according to senior Becca Isenberg, "although we fielded very well."

Going into the season, first year coach Jaime Mendez had hopes of getting his team into CIFSDS playoffs. "If we can be competitive with league rivals University City and University high schools, we might earn a play-off spot," he explained.

"This year's team has strong fielders and much potential if we can get our hitting going," stated Ilka Castillo. Key players on the team were junior outfielder Carolyn Thomas, junior pitcher Tiffany Booth, and Isenberg at third base.

In another early season game, the varsity softball team lost to Bishop's 2-1. Sophomore pitcher Heidi Darby started the game; then Tiffany Booth came into the game in relief. Mendez commented, "I was very pleased with the pitching performance in the game. Our hitting could use a little work, and if we can get it into shape, we will improve as the season progresses."

Coach Jaime Mendez holds an on-the-mound conference with players Brigitte Nadeau, Tiffany Booth, and Becca Isenberg (above). Junior Ilka Castillo strides into third with a stolen base (left).

Girls' JV Softball Recruits New Talent And Becomes

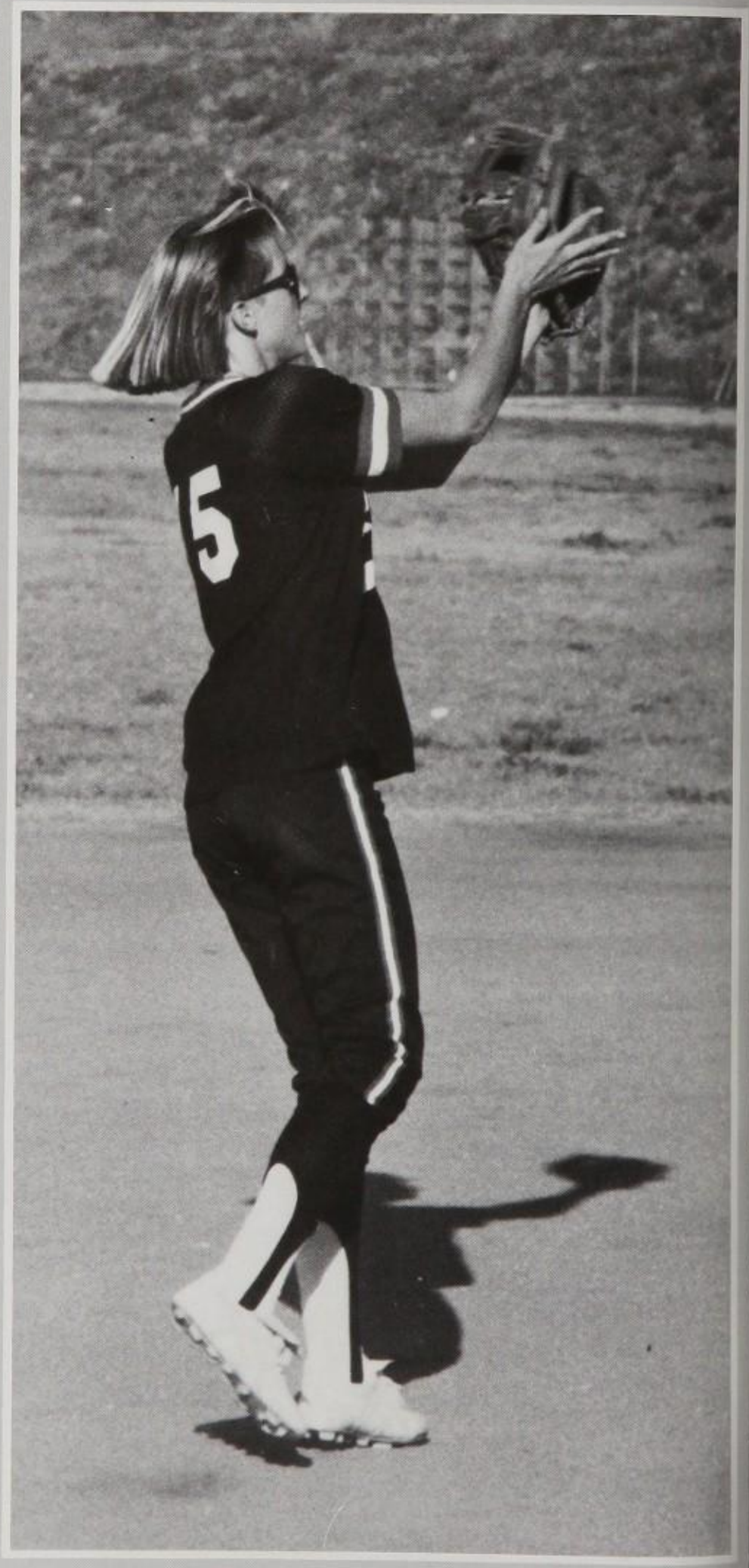
A Spirited Team

The 1988 softball team recruited much new talent this season. First year coach, Kate Pearson, chose a team consisting of a majority of sophomores, with only three returning players.

Coach Pearson's goal for the season was "to have a winning season, over five hundred average, a spirited team, and to improve in all areas of the game."

Among the key players on this year's team were sophomores Andrea Mohr, Robyn Kimura, Katie Baer, Julie Anthony and Tina Michaelson. Pitching for the team were sophomore Noel Eckert and junior Beth Pickard. As a team, the players hoped to have a fun and rewarding season and beat their old rival, Bishop's.

JV SOFTBALL Front row — Noel Eckert, Robyn Kimura, Tina Michaelsen, Michelle Haswell. Second row — Amy Mitchell, Beth Pickard, Julie Anthony, Katie Baer, Laurel Boline. Third row — Norma Villegas, Andrea Mohr, Christine Blunt, Jennifer Rudolph.



Sophomore Noel Eckert reaches up and snags a line drive.

New Players Gain Experience As JV Baseball Players Undergo

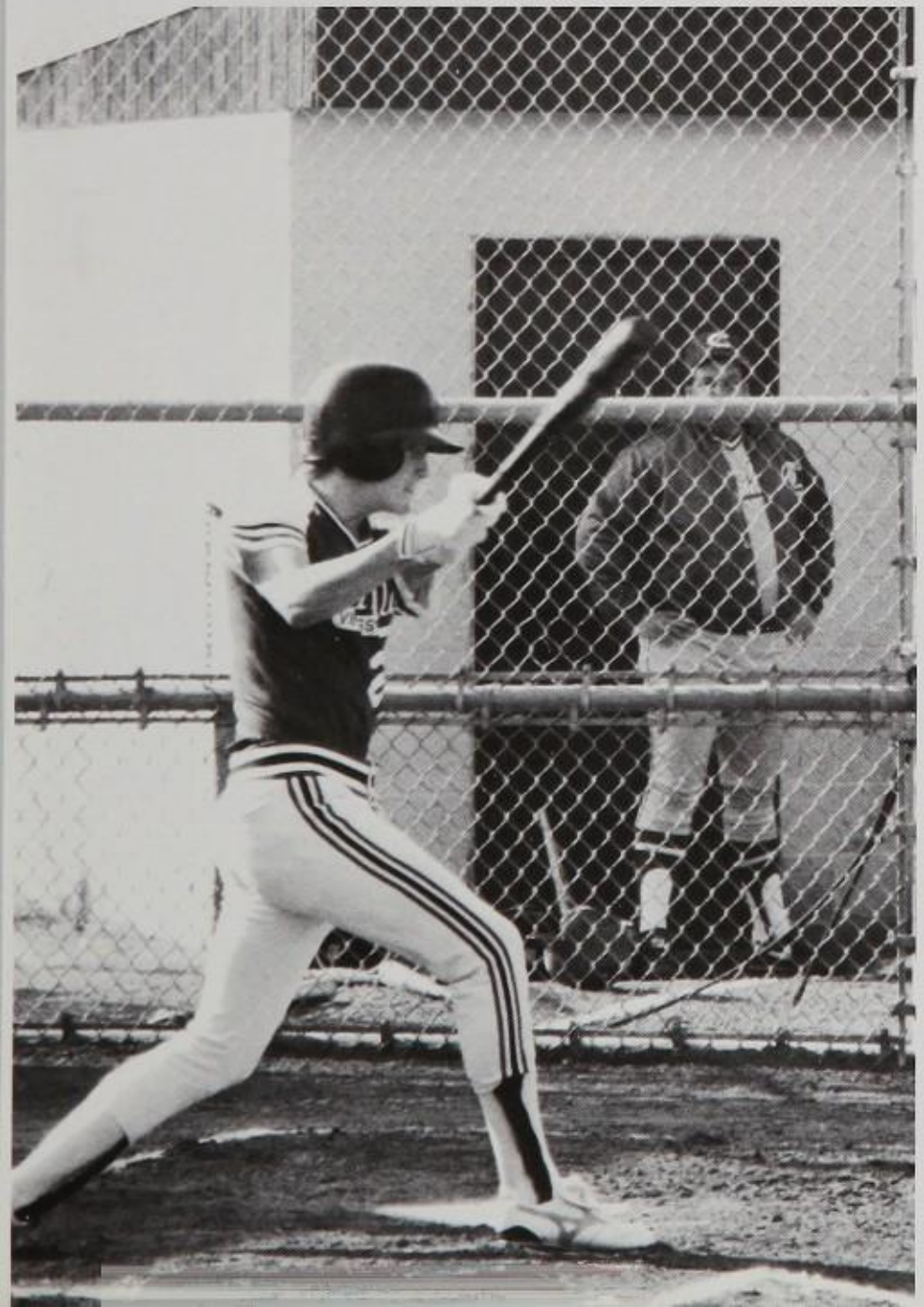
Preparation For Varsity

During the spring of the 1988 sports season, the La Jolla High School junior varsity baseball team gave it their all. Unlike previous years, this year's team, led by first year coach Steve Devin, proved to be formidable league contenders.

This year the team boasted a strong lineup that included such all-around players as freshmen Eric Vann and Craig Woodall, sophomores Gary Frank and Brian Johnson, and juniors Joe Maggio and John Romanowsky. The season began with a 4 — 3 record in the Crawford tournament. Stated Joe Maggio, "We have a really good team and a lot of talent. Our hitting is good as is our pitching. If we can put two and two together, I think we will have one of the best JV teams La Jolla has ever seen."

Indeed, the La Jolla High junior varsity team put two and two together. Coach Devin stated, "This team really likes to play baseball, but not just play. We like to win."

JV BASEBALL Front row — Brandon Ross, Eric Vann, Brad Kirn, Gary Frank, Jonathan Romanowsky, Justin Chaitin. Second row — Josh Thomas, Carl Maggio, John Jennings, Joe Maggio, Brian Johnson, Chris Owens. Third row — Brian Schipa, Mike Adams, Craig Woodall, Mike McGowan, Carlos Romero. Fourth row — Coach Steve Devin, Coach Doug Skiles.



Junior pitcher Chris Owens concentrates as he hurls a strike (above top). Belting a drive into right field is sophomore Mike McGowan (left).

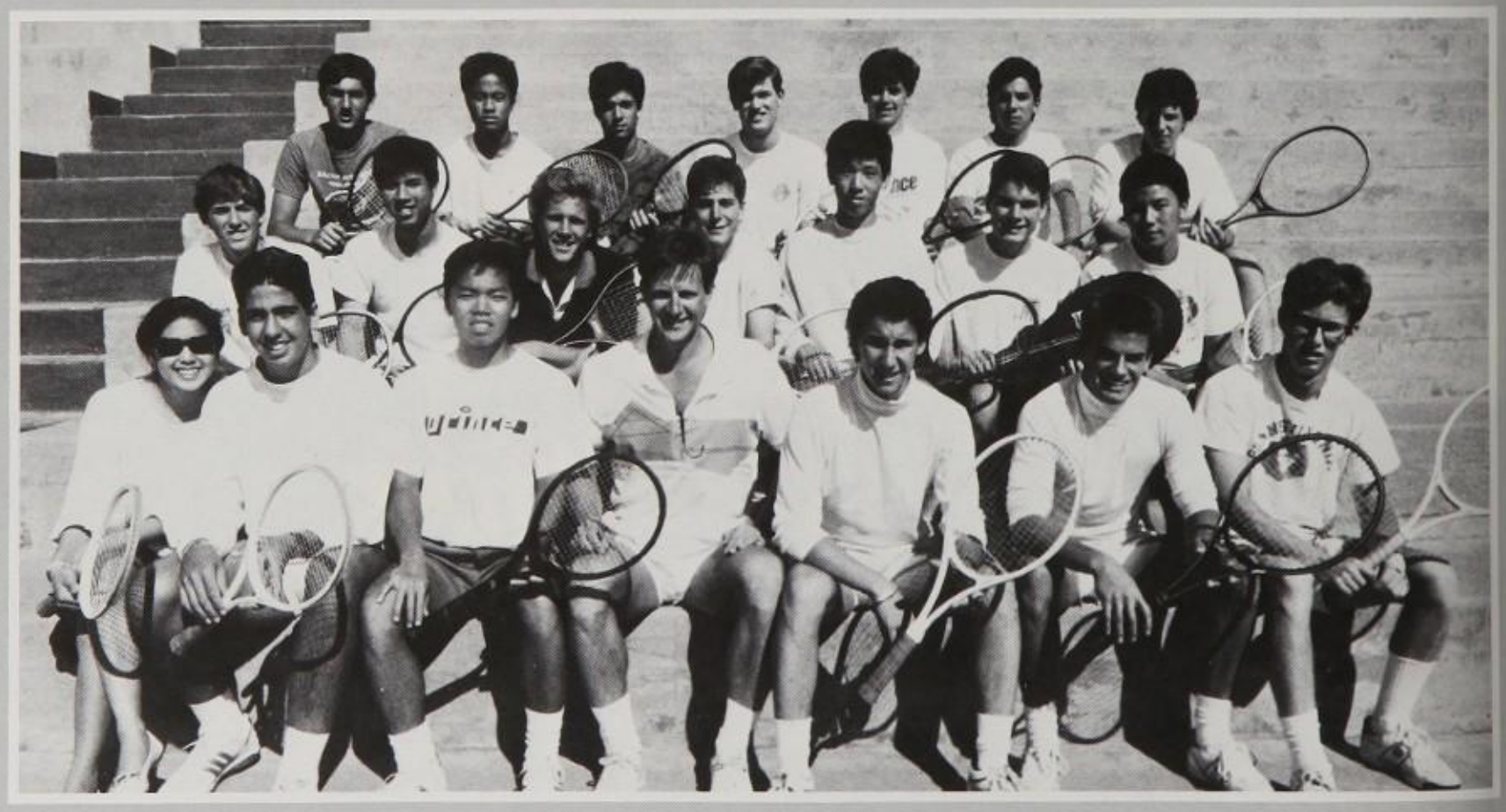
New Coach Administers More Drills And Hard Work, Resulting In

Tennis With An Edge

The boys' tennis team's theme this year was "hard work". To improve the boys' stamina, first year coach Bob Titzer introduced weight training and conditioning drills. Commented returning junior Dan McKenzie, "I think that the work with the weights and the drill will improve our consistency as a team." Another returning junior, Philip Kholos, added, "It's a lot tougher this year, but I think that it will give us an edge against tough competition like St. Augustine."

The nineteen member team included seniors Chad Morse, Adam Pappelbaum, and Dennis Kim; juniors Paul Dyson, Dan McKenzie, Philip Kholos, Jon Lim, and Kenny Blunt; sophomore Kenny Park; and freshman Trevor Hess. In addition to drills and weight training, the team members engaged in challenge matches to move up the team ladder.

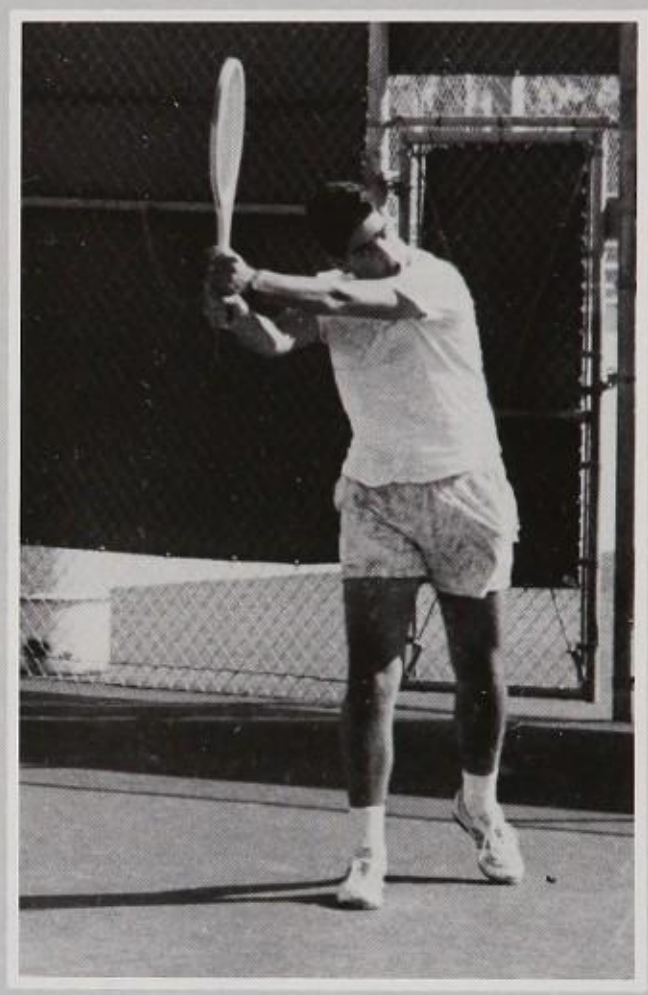
Titzer said confidently, "The team this year is strong, and should be able to do well in CIF." Titzer's prediction seemed viable as La Jolla posted four early victories against Mount Carmel, Poway, Bonita Vista and most significantly, top ranked Torrey Pines.

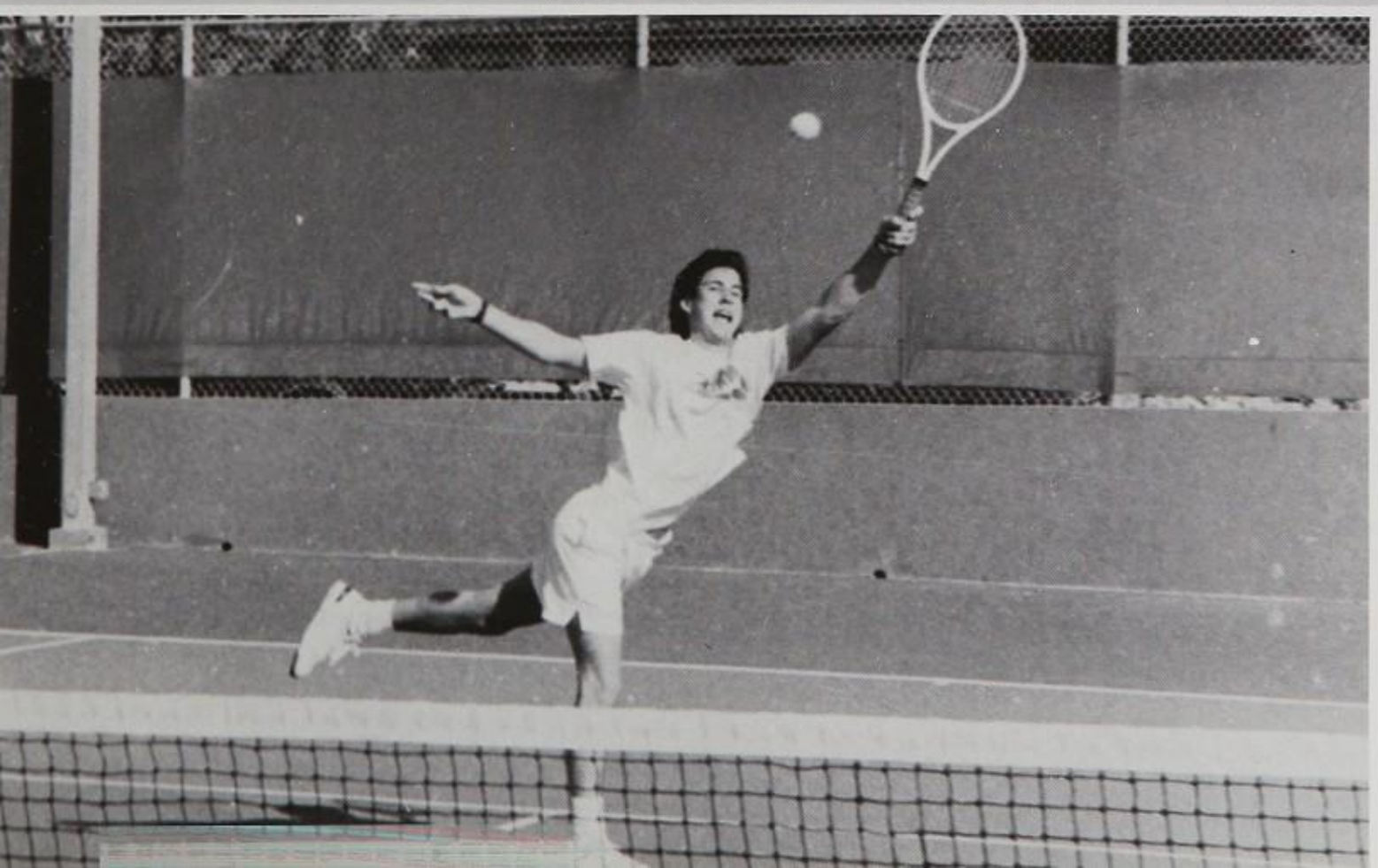


BOYS' TENNIS Front row — Bryn Sakagawa, Chad Morse, Dennis Kim, Coach Bob Titzer, David Monk, Kevin Mosher, Adam Pappelbaum. Second row — Jeff Berhard, Richard Lin, Kenny Blunt, Alexis Kopikis, Jon Lim, Dan McKenzie, Kenny Park. Third row — Trevor Hess, Garrick Lau, Philip Kholos, Paul Dyson, Andre James, Robert Velazquez, Steve Miller.

Senior David Monk lunges to reach an attempted passing shot.

Senior, Dennis Kim, (left), connects with a forehand winner, while Chad Morse, (below), strokes a backhand down the line.





Hard Practices And Strenuous Workouts Help Swimming To

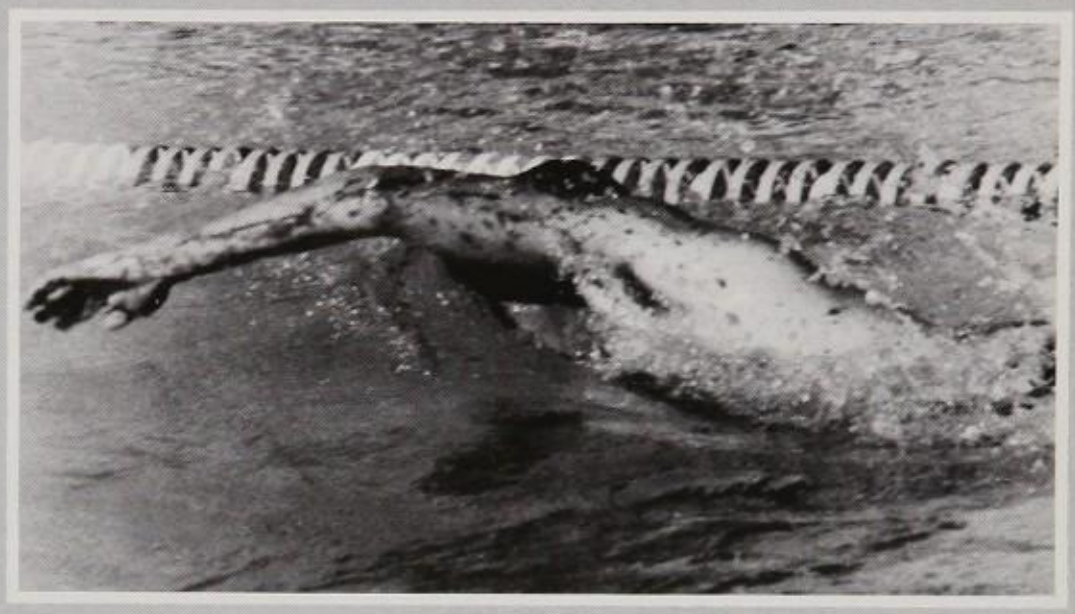
A Re-building Year

Both the boys' and girls' swim teams had a re-building year, because more than half of last year's teams graduated. Although Coach Bill Ames predicted that the teams would not be as strong as last year's, they still practiced hard every day at the Jewish Community Center. Coach Ames' workouts consisted of swims of 3000 to 5000 yards per practice.

The Vikes' main competition came from Uni and University City. Coach Ames felt that both the boys' and girls' teams would finish among the top three places in the Western League. "Swimmers like Jason Kennedy, Matt McSweeney, Eric Manchester, Ian Stewart, Sevan Kevorkian and Paul Shortt will pull the boys through," said Coach Ames, "and for the girls, the strong swimmers are Cari Ragen, Jeanne Montal, Christine Eddy, Rebecca Jagger and Carrie McCarty." The swim teams' manager, Katie Tribolet, explained , "the swim team had tough practices, a hard working coach and a great attitude."

SWIMMING Front row — Britt Muira, Roberto Birman, Yoav Altman, Scott Hall, Mark Nassir, Ian Stewart Kyle Kraus, Josh Wyte. Second row — Coach Kay Lundy, Katie Luft, Katherine Yen, Jenifer See, Helen Morris, Lisa Darling, Leslie Darling, Sara Richman, Maureen Dye, Rebecca Jagger, Johanna Serror, Sarah Bucko, Audrey Stephan. Third row — Kent Duncan, Jason Kennedy, Patrick Glynn, Clifton Brady, Pat Parl Mikchal Krimm, Matt McSweeney, Sevan Kevorkian, Paul Shortt, Brandon Soper, Eric Manchester, Katie Tribolet, Coach Bill Ames.

Junior Jill Johnson (left) comes up for air in a breast stroke relay race. Senior Jason Kennedy (below) drives through the water in a winning free-stlye effort. Sighting the finish line during a breast stroke race is Sevan Kevorkian (far below).



Young Badminton Team Has Fun

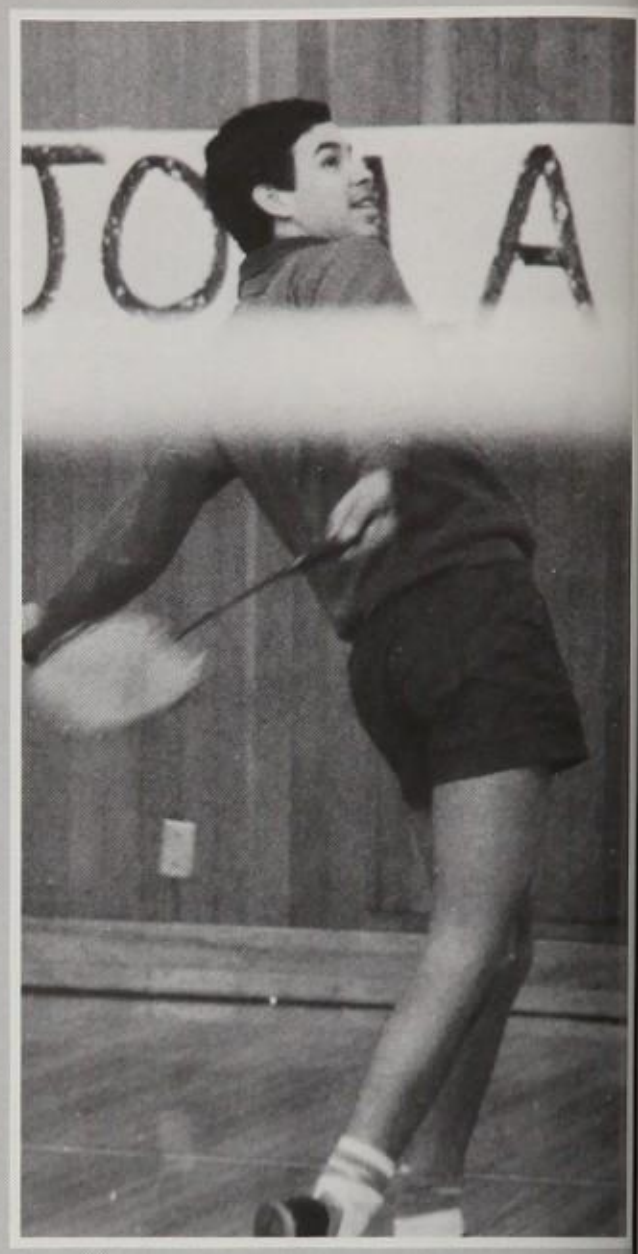
Batting The Bird

The 1988 badminton team was one of the youngest yet, with only four senior boys and one senior girl. However, as Coach Dave Ponsford pointed out, "Although we have a very young and inexperienced team, we have a lot of potential and enthusiasm."

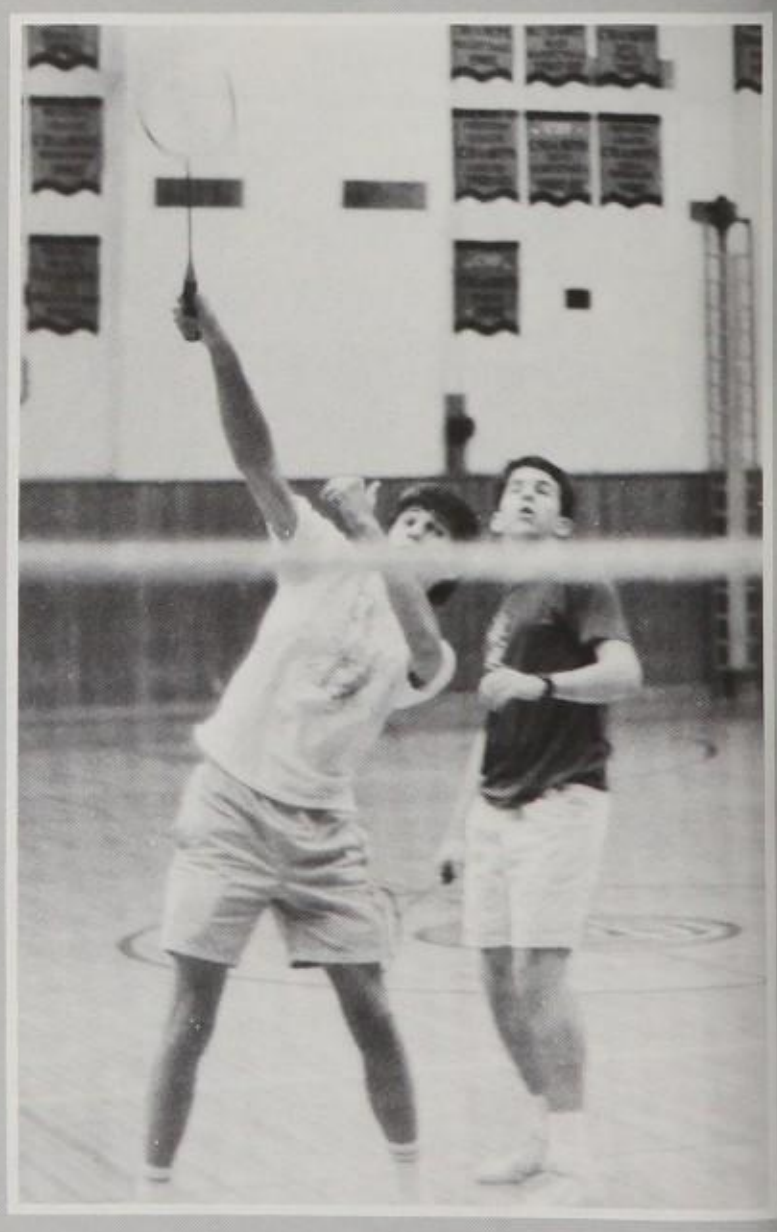
The thirty-four member team benefitted considerably from the return of top ranked Steve Brown and Hana Okahwa. Others returning included Drew Dean, David Moss, Jose Albanil, Gordon Froeb, Marjan Navaie, Elisabeth Thurlow, Kelly Roy and Alisa Hinton. With the majority of the team being underclassmen, next year's team will be more experienced. Ponsford claimed, "I recruited more younger players in order to develop a strong team for the future."

Matches consisted of games between the number four boys and girls singles and the number three seeded boys doubles, girls doubles and mixed doubles. In an early practice match, La Jolla was a winner over Point Loma 9-8. "In League play", Commented Okahwa, "I think that one of our most challenging matches will be against Hoover, which is always tough competition."

The badminton team practiced for almost three hours a day. Senior Elisabeth Thurlow said, "All the rallies and drills during practice pay off when you actually get to feel the thrill of competition."



Badminton Front row — Amy Feldman, Amanda Dees, Amy Holmes, Andrea Weiss, Miriam Myers, Katrina Koopman, Stephanie Hinton, Sara Bush, Hana Ohkawa, Marla Powers. Second row — David Moss, Steve Brown, Alisa Hinton, Elisabeth Snodgrass, Cary Albanil, Marjan Navaie, Diana Alessandra. Third row — Randy Straus, Tim Yu, Farshad Almassizadeh, Bruno Schubert, Jeff Crowder, Marc Tamsky, Drew Dean, Coach David Ponsford. Fourth row — Jose Albanil, Mark Apkarian, Matt Lewis, Luis Gaytan, Elisabeth Thurlow, Kelly Roy, Gordon Froeb, Lee Vann, Roby Day.



Jose Albanil (above) unleashes a backhand. Slamming the down is David Moss (right).

Long Drives, Consistent Putting, and Talent Allows Golf To Have

A Swinging Season

Golf has traditionally been a very strong sport for La Jolla High. This year's team, led by senior Harry Rudolph, one of the top Junior golfers in the nation, was no exception.

The team, coached by Gene Edwards, was coming off a Western League title and a second place finish in CIFSDS finals. The golf team started off strong in a pre-season match against St. Augustine. With many returning golfers, expectations were high at the beginning of the season. Rudolph commented, "I think the team is much better than last year's. Experience should play a vital role in the team's consistency."

The team's home course was La Jolla Country Club. In addition to Rudolph, seniors Chris Riley, Joe Vann and Mike Zucchet, and junior Mike Milliken were expected to lead the team to victory. Predicting the outcome of the golf team's season, Vann commented, "We have a great opportunity to take CIF this year. We not only have a team full of talent and enthusiasm, but also CIF playoffs are going to be held at our home course, which will be advantageous to the team."

GOLF Front row — Trevor Funk, Michael Coleman, Steve Lynn, Dominique Desanto, Harry Rudolph. Second row — Mike Milliken, Glenn Schurmer, Vince Galluzzi, Jeff Powers, Mark Weinberg. Third row — Brian Lynn, Mike Zucchet, Joe Vann, Todd Levin, Coach Gene Edwards. Senior Joe Vann (above top) takes a clean backswing during an approach to the green. Driving 300 yards in a match against University is Harry Rudolph.

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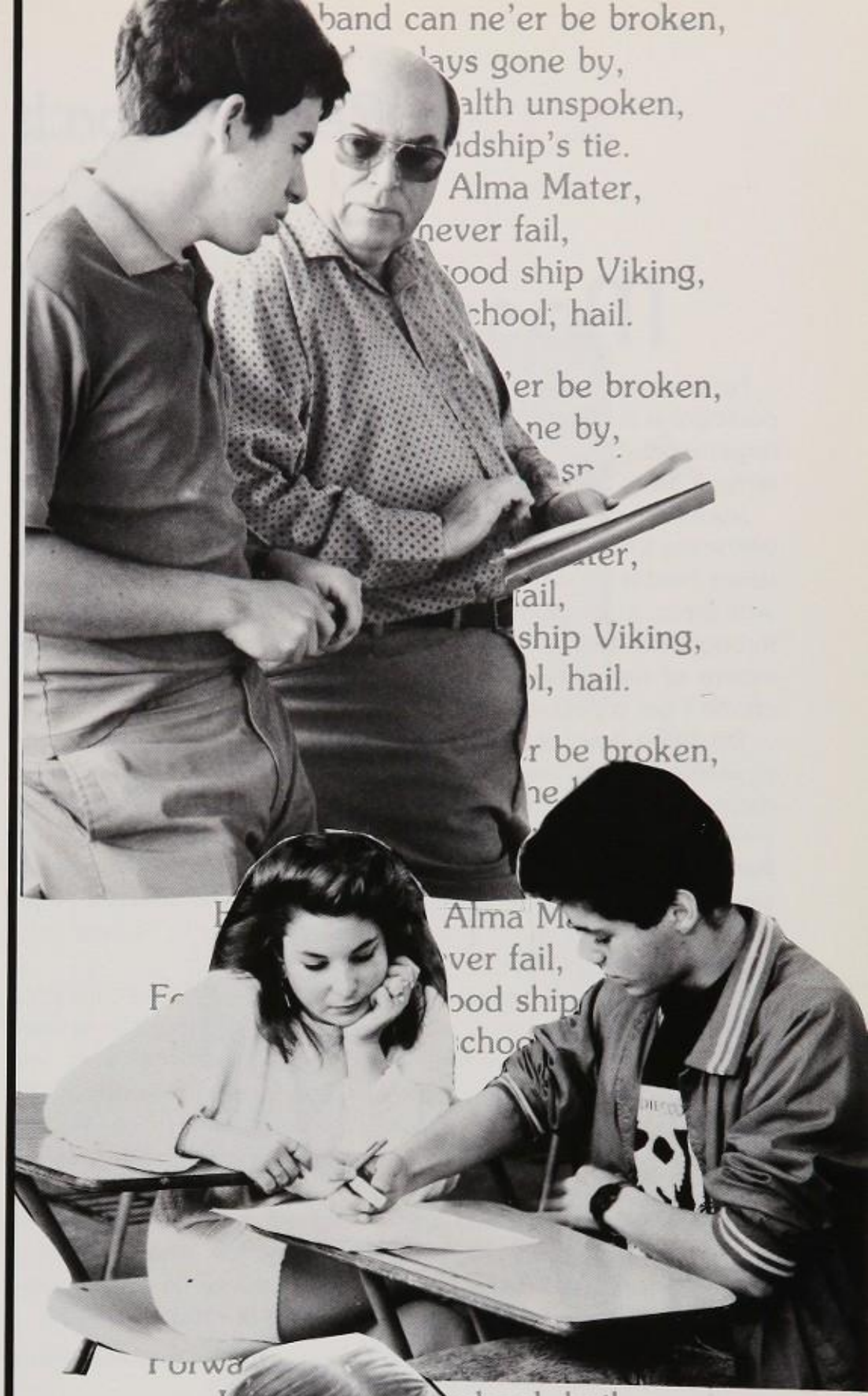
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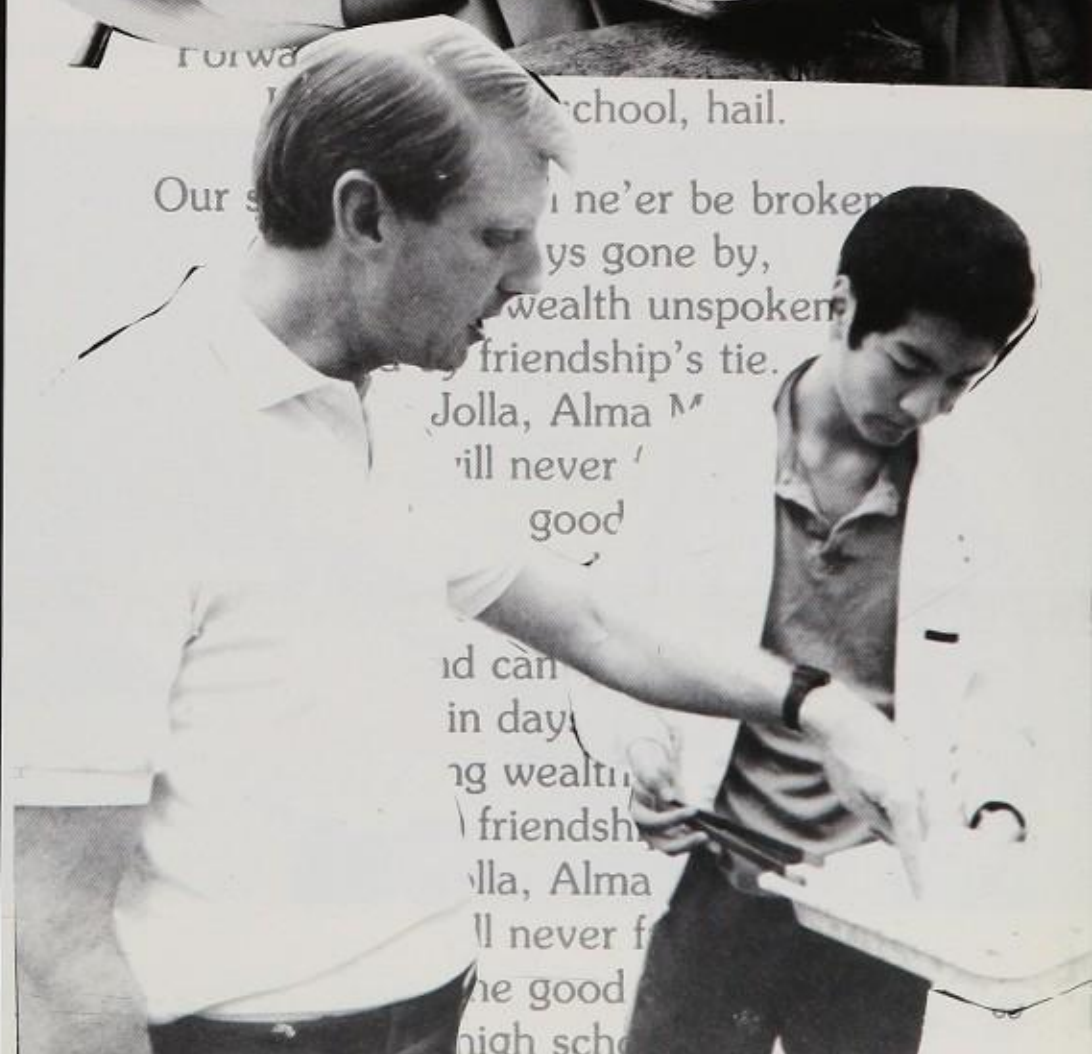
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Registration Is A time of

Mass Confusion!

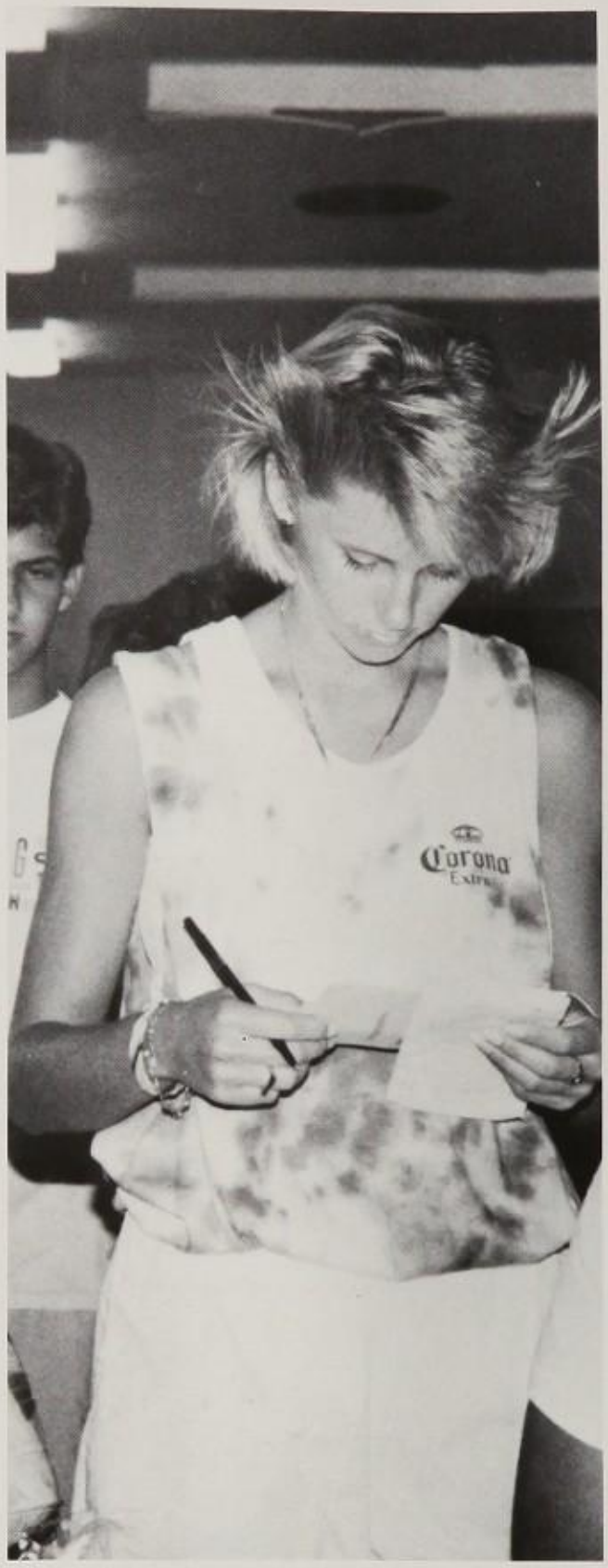
For over ten years, La Jolla High School students have been the participants in a scheduling program unique to their school — self-registration. This year registration was in operation from September 1st to September 3rd in the big gym.

Students had differing opinions about self-registration, usually stemming from their experiences with the process. Some, such as senior Fred Hoch, welcomed the opportunity to select classes: "It was great. I got all the classes I wanted and I was the first one through the lines." Then there were those who felt they were victims of the system because a required class closed, or they couldn't get a popular class.

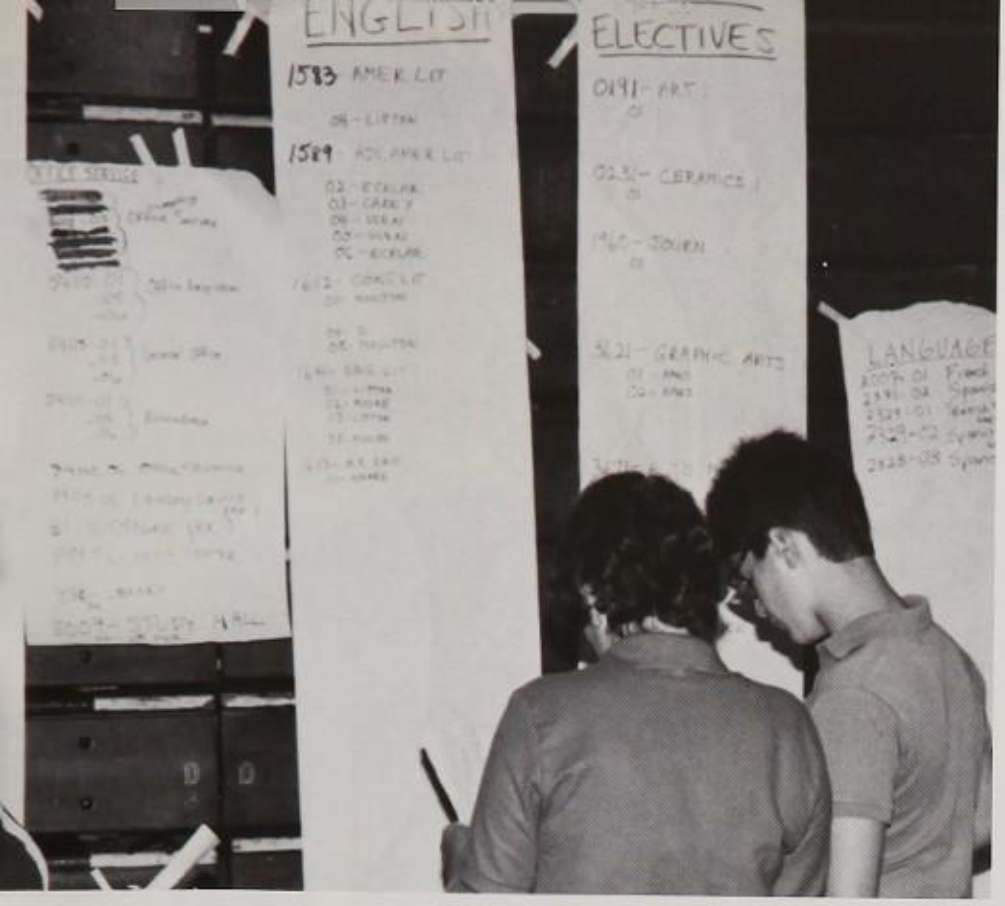
The three days of the self-registration process were designated to seniors, juniors, and sophomores in that order. Because of this, many sophomores felt the task was a somewhat unpleasant welcome to La Jolla High. Sevan Kevorkian admitted, "I was starting to have second thoughts about what high school was like because of the chaos of registration." Yet some found it to be quite easy. Sophomore Julie Anthony conceded, "It was a lot easier than I expected."

On each day of self-registration, there were three one-hour time slots in which students registered according to their birthdates. This was quite aggravating for some because the later one registers, the fewer classes there are from which to choose. Junior Damon Griggs explained, "I missed the deadline by two minutes: my head was out on April 30th, but two minutes into May 1st, the rest of my body came out."

In the end, calm once again reigned over the gym, and everything eventually worked itself out all right. Another year of self-registration had come to a close, and every La Jolla student honestly admit that registration was a time of mass confusion!



Noel Eckert waits patiently in yet another line (right), while Pat Park (below) tries to work out an agreeable schedule from the remaining classes.

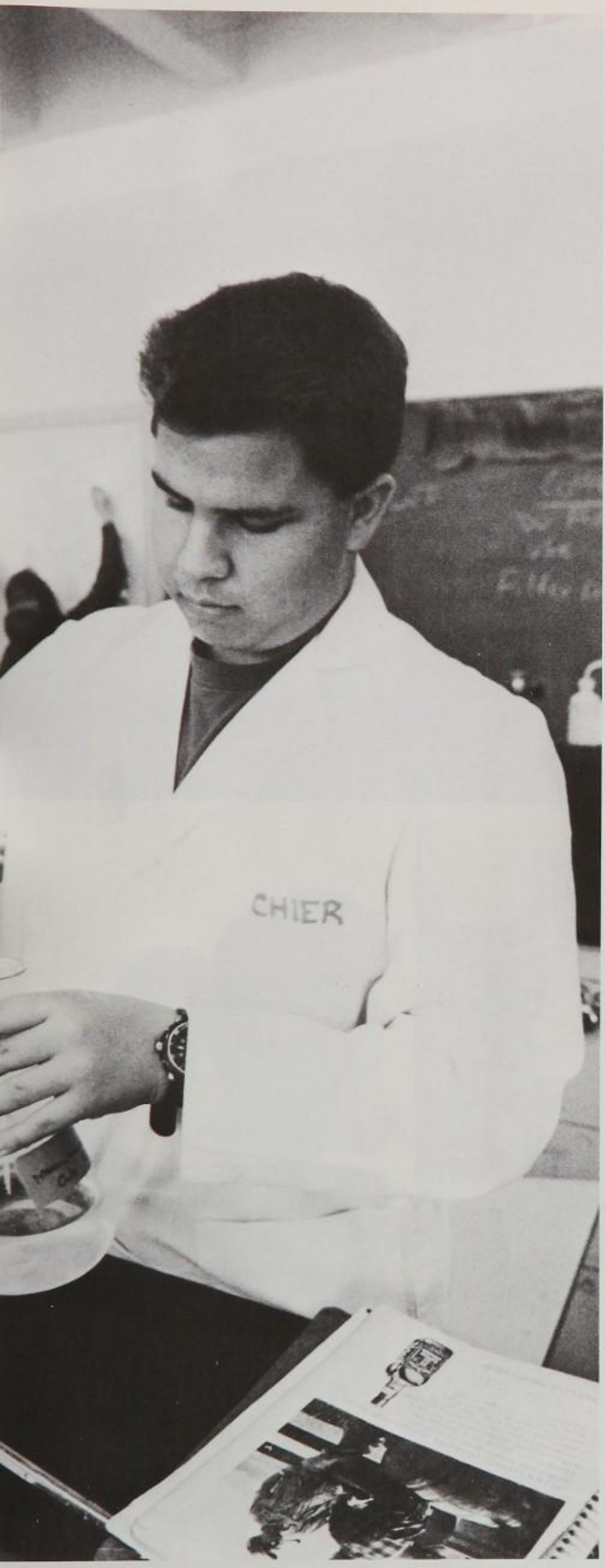


Leading the sophomores through the starting gate is Charles Coakley, (below), while the closed classes sign grows rapidly (left).

Smile, Brad Kirn! Your ID picture has to last you all year. While Brad has his picture taken, Andrew Wang and Edward Jabari try to choose classes that won't leave them bombarded with homework.

"Then x squared equals what?" asks Mr. William Cowperthwaite while Michelle Miller formulates her answer (below).

Senior Anne Kobayashi works furiously trying to finish a procrastinated assignment.



Required Courses Are Essential To

Basic Education!

Every student at La Jolla High School was exposed to the basics numerous times a day. These basics were English, history, math, science and foreign language.

It was necessary that students take 4 years of English, 3 years of history, 3 years of math, and 2 years of science in order to graduate. College admissions requirements also stressed basics. For instance, the UC system required 4 years of English, 1 year of history, 3 years of math, 1 year of science and 2 years of foreign language. With this in mind, students flocked to their counselors to ensure that they were enrolled in the proper courses. Many determined students far exceeded the requirements by taking many more basic courses each year.

Now, by use of the word basic, it is definitely not meant to take on the meaning of easy, for these courses were offered in a stratified fashion with the ones at the top tending to be quite complex. In this case, basic is intended to mean fundamental.

These requirements made by the San Diego Unified School District and assorted colleges were constructed so that students would receive a wide range of general knowledge during their high school years. It is these requirements that lead students to take such courses that are **basic to education.**

— By Jennifer Sahn

Strand Back! John Chier is making some strange concoction (left). In another science lab, Abby Milikowsky and Leilani Yu dissect their kitty, wondering if it will ever meow again (above).

Electives Give Sudents Their Freedom of Choice!

Besides the basics, students also enrolled in a variety of elective courses. La Jolla High School offered a vast array of these courses, ranging from philosophy to auto mechanics. Once students had fulfilled their requirements, they had the freedom to choose their remaining courses. This gave them the opportunity to explore other areas of interest and have a voice in the type of education they received.

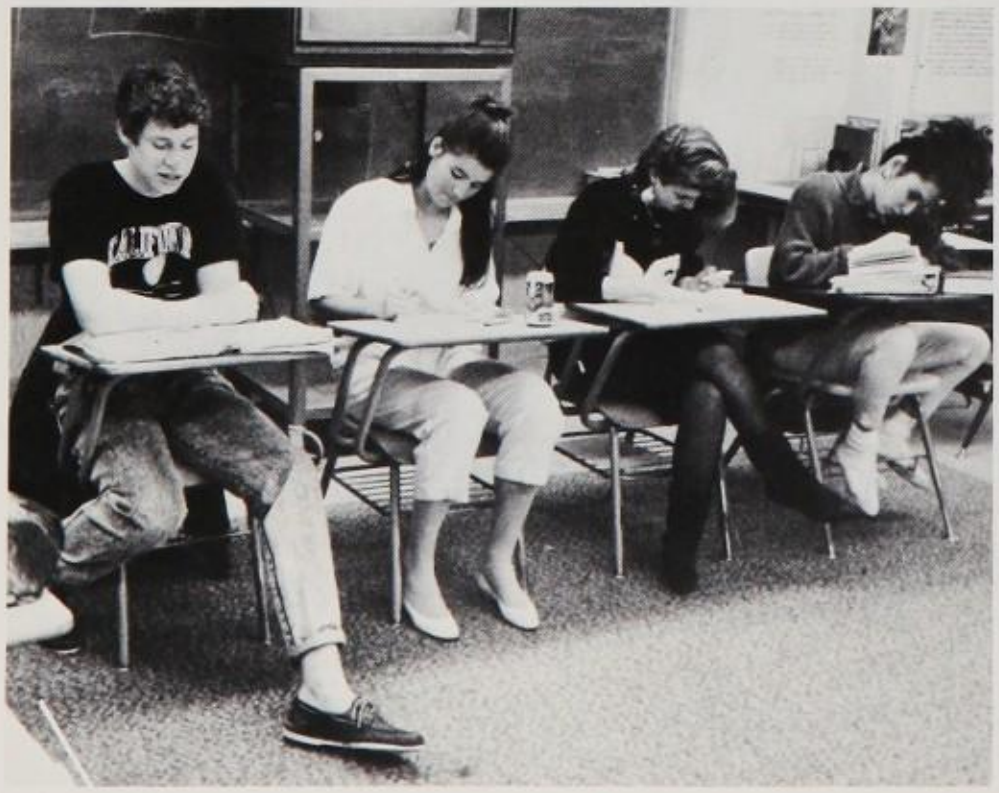
A student planning a business career could enroll in an accounting course, while a student who wanted the useful knowledge on how to replace a missing button could have taken clothing and design. Food and gourmet appealed to those with a hearty appetite, while a student more interested in bytes, rather than bites, selected a course in computer science.

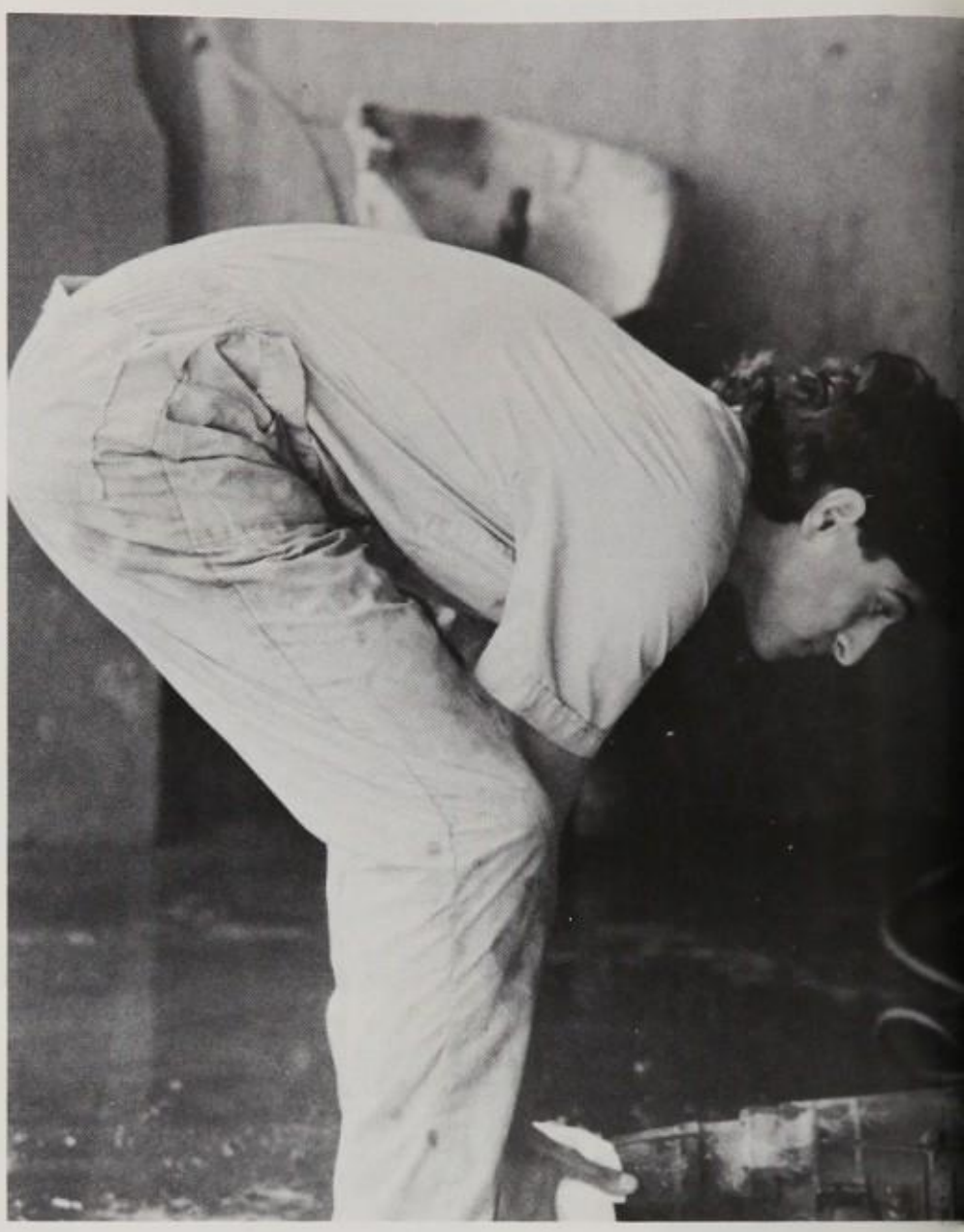
The electives gave students a break from the basics and involved them in some unique activities. The psychology classes adopted eggs as babies for an experiment in parenthood, and the art classes built three dimensional pictorial posters. Quite often the assignments did not restrict the students to textbook work at a desk. They allowed them to work in the wood shop or act on the stage.

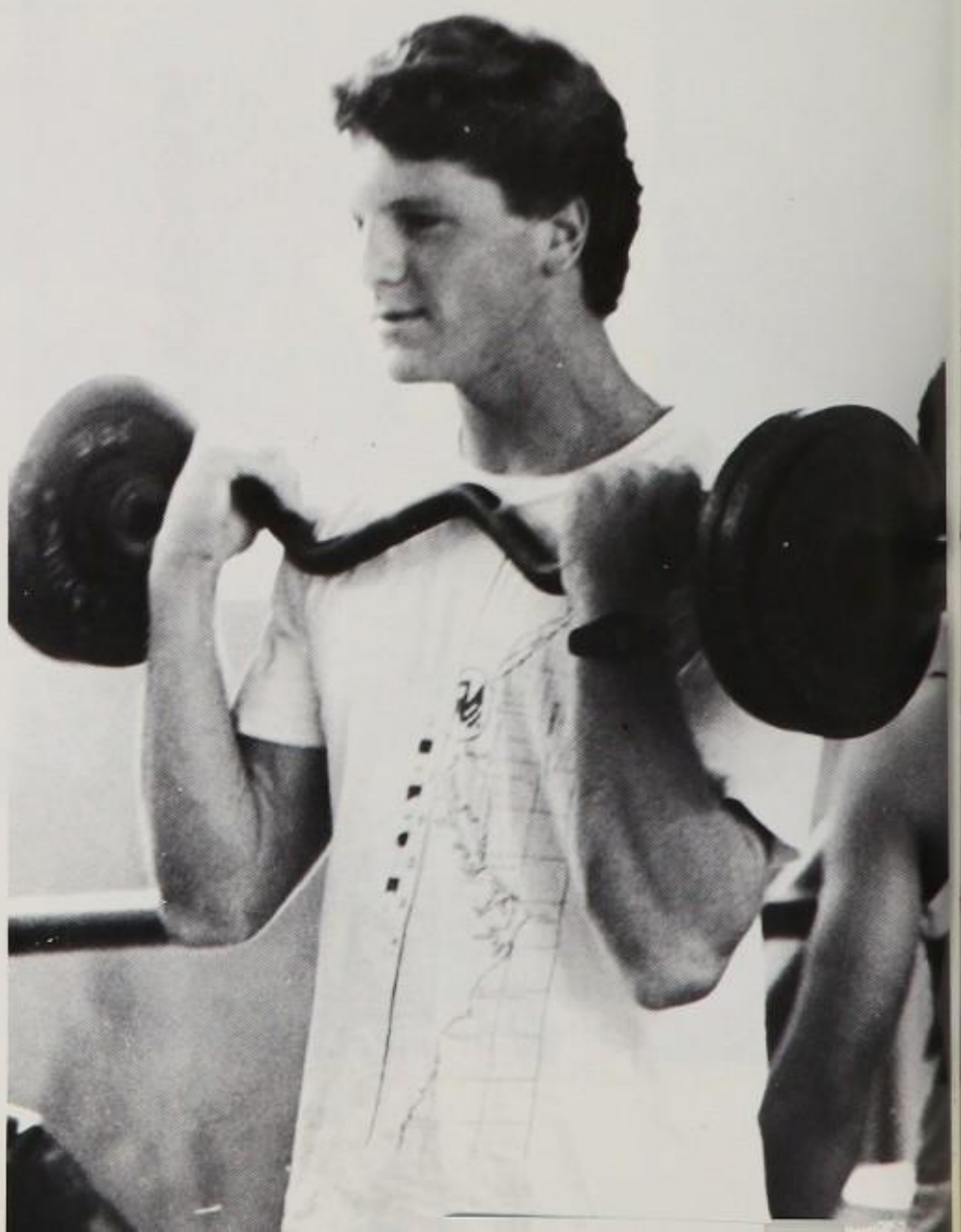
Electives were an important part of each person's curriculum, and added to the well-rounded education that each received at La Jolla High. While some took PE and others took graphic arts, electives gave students their **freedom of choice!**

— By Jennifer Sahn

David Brody, Johanna Serror, Valerie Simms and Patricia Garibay take part in a philosophy panel, while Claus Lugmair yells "Give me strength!"







Let's get this puppy off the ground (left) Arash Guilak and Cecilio Flores. You'd better be careful Eric Brown, (below) some of us didn't eat breakfast!

Clean up time for Jose Lopez, but Julie Wenner and Michelle Miller are still going strong in computer science.

Students in IS, AP or College Courses Are

Put To The Test!

As you sat in your desk looking out the window of your classroom in the morning, you may remember seeing groups of students walking around. They laughed, sipped coffee, and never seemed to be in class. Many of these seemingly lucky people were students who took political science. Poli-sci met only three days a week. It is believed that this was somehow linked with the huge amount of reading assigned. Poli-sci and calculus were college courses offered by the community college system. The people who took these classes were usually motivated, not to mention slightly deranged because the homework loads for these classes were very heavy. So, if you saw people frantically working on what looked like writing from ancient Greece, you probably found a calculus student.

When you signed up for classes in the fall, you may have remembered seeing the letters "AP" in front of certain class titles. When asked what these letters meant, some students may have groaned, fainted, or run. What kind of enigma was this? AP classes are advanced placement classes. This meant that students in these classes were attempting to do college work. In the spring, they took an exam. If they passed, they received college credit. Remember, those two letters in front of a class title were not typos. They meant something. Perhaps it was some type of warning to the weakhearted.

Another mystery to some at La Jolla High School was a small room in the 400 building. Upon close examination, the room was filled with couches, chairs, and even a small theatre. This was not a teacher's lounge; it was the IS room. IS stands for independant study. These courses were offered to selected sophomores and juniors in English and history. When asked about the uniqueness of the classes, Mr. Sukenberg, an IS teacher, explained that "students are often expected to teach each other concepts." The teachers offered motivation and guidance. These classes did not have as rigid a program as other classes.

The independent study program, advanced placement programs, and college courses offered at La Jolla High School enabled many students to reach their academic potential. These classes offered a special education that permitted students to be **put to the test.** **— By Mark Skirgaudas**

Anticipating a question during his Independent Study history, Jay Wung concentrates.

Adam Lenain, Dan Rush, Kevin Mosher, and Georgina Justice follow a proof in calculus (left). Nicole Pangelinan and Jennifer Buffaloe study independently in IS (below).

Chris Swan, Andrew Wang, Richard Lin and Jonathon Lim attentively listen to a lecture during their Independent Study English class.

SCANTRON GENERAL PURPOSE ANSWER SH

IMPORTANT

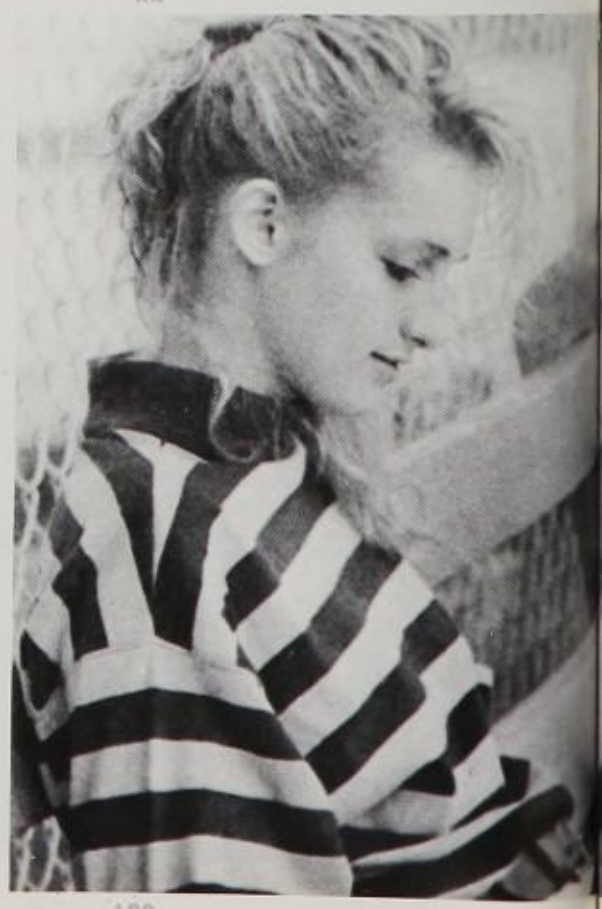
USE NO. 2 PENCIL ONLY

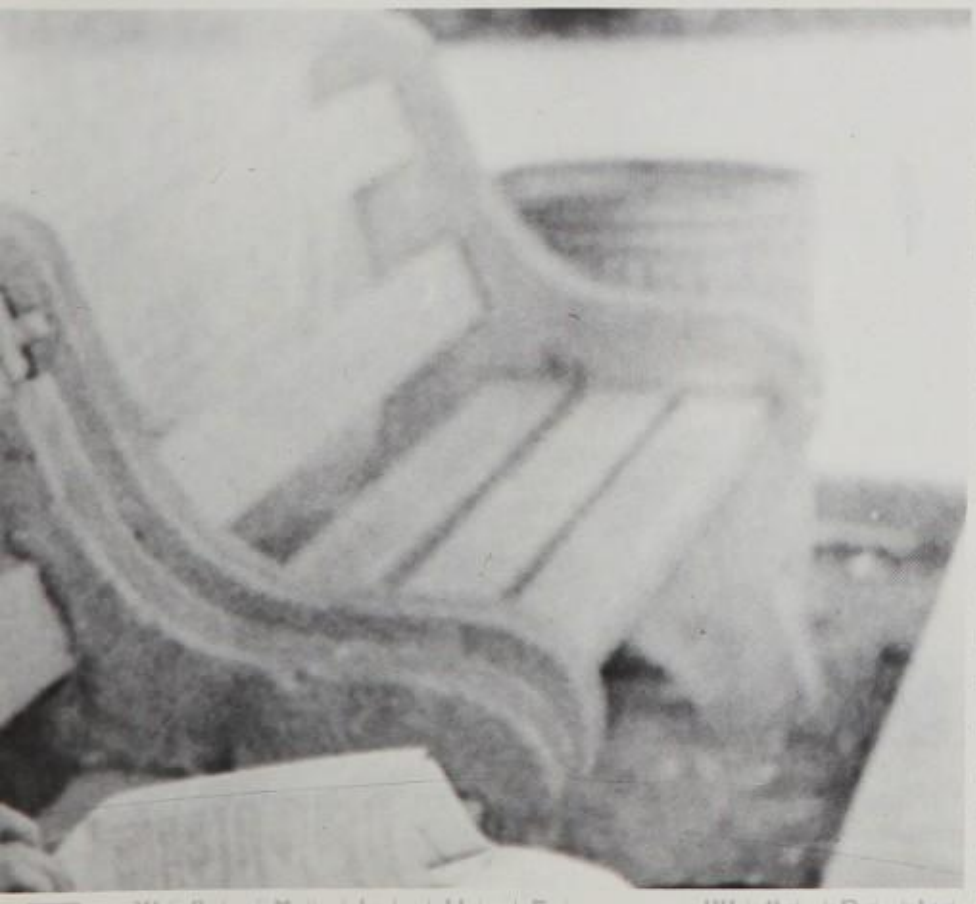
NAME (Last Name, First Name)

STUDENT N

Senior Steven Brown looks over the multitude of SAT registration form questions (right) as Robyn Taylor prepares to beat the SAT (below).

Lynne Parziale gets in some last minute studying before the PSAT.





On Standardized Tests You Can Only Do Your Best!

There I sat — somewhat disheveled and fully exhausted, hugging a coffee mug, surrounded by books on all sides, trying to absorb through osmosis all the information I needed to know for the test tomorrow. Why? Because I don't want to go to Tijuana Tech or University of Guam! Taking standardized tests such as PSAT's, SAT's, Achievements, or AP's can be a nervewracking, mindboggling experience.

The SAT is the scholastic aptitude test, which many La Jolla students take because it is required for most college applications. The PSAT is simply a preliminary SAT that juniors and sophomores take to practice for the SAT. It also qualifies people for the National Merit Scholarship. Achievements are one hour tests offered in a variety of areas by the college board, and are primarily used by colleges for placement purposes. And, finally, AP's are advanced placement tests offered in May, which can qualify the test takers for college credit if they are passed.

The primary task is to apply for the tests. This is a very tedious process involving millions of questions that you can't merely answer, but must "bubble in." You go broke taking all these tests; some are quite costly! Then there are additional score reports for those college applicants, and late registration fees for those tardy people. You have to get your application in promptly, or you will end up driving to a test center out in Timbuctu.

Little by little the test date creeps up and before you know it, it's the night before! Sufficient amounts of each of the four food groups should be consumed. A pizza or a cheese burger accomplishes this. Following the meal, a mandatory caffeine high must be achieved . It is necessary that you locate a box of *No Doz*. Now you review your booklets. These only seem to predict how badly you will do. Time to dig out an old good luck charm like that fake four leaf clover you taped together or that hot pink rabbit's foot. As evening turns to morning, it is time to go to bed.

Upon waking up, you take a hot shower to prepare your body for the hard day's work ahead. A high protein breakfast is essential. Two or three bowls of *Cap'n Crunch* or *Fruit Loops* are quite sufficient. You do hand excercises to prevent the nortorious "oval filling-in cramp." Pack lots of *Kleenex* because runny noses come at the most inappropriate times, and a soggy answer sheet won't go through the computerized correction system. You arrive early to choose a seat next to the kid with the glasses and the mini *IBM* computer/wristwatch with hope that a few stray brain cells might find their way over to you. Don't wish for a temporary brain transplant — **Do your best!!!!!**

— By Jennifer Sahn

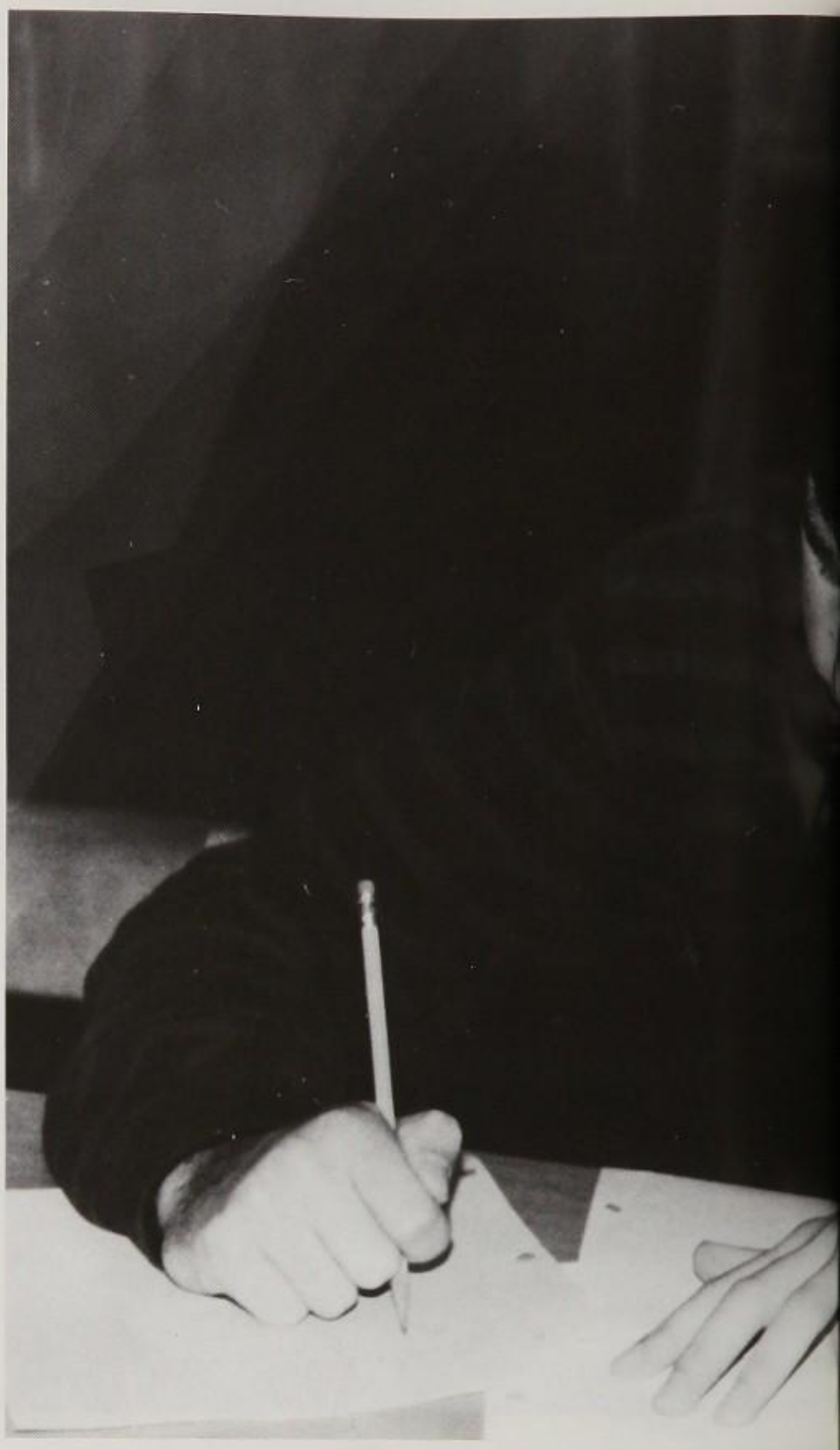
Homework, For The Student, Is A Never-ending Task!

Probably the most physically exhausting task of the day for everyone, save perhaps the weight lifters, was to move your vast array of books from your locker to your house, in order to do your homework. Is it possible that publishers use heavier paper just to exhaust students during passing time? Nevertheless, the fact still remained; books must have made their way to your residence for the multitude of homework to be completed. There was a wide range of homework that had to be done. After reading a novel for English, it usually followed that an essay was expected. This was rather time consuming, and as one advanced further on in education, the pages of the books seemed to become thinner and the print smaller, while the binding became thicker.

Math homework became increasingly more complicated with time, until certain questions consisted of the fifth derivative of x to the second power times pi divided by the cosine of y, integrated, factored, and graphed on three dimensional axes. Research papers for history were always fun because they required one to go to the library. Those who were not proficient in plagarism found themselves burning a path in the floor between the card catalogues and the *Xerox* machines. Then there was science homework. These assignments tended to be as sophisticated as making a bridge out of toothpicks or taping squid parts to a piece of paper. Various other trivial assignments were added to create a bundle of work that gave students the opportunity to go home and work until they were too tired to work anymore.

This was the nature of homework. Teachers certainly did not want students going home and relaxing for a few stray moments. If that were to happen, then students would have the opportunity to have fun, and school should not be fun! So, basically, teachers continued to assign homework, and students continued to walk lopsided due to the weight of textbooks. The fact remained: homework **is a never-ending task!**

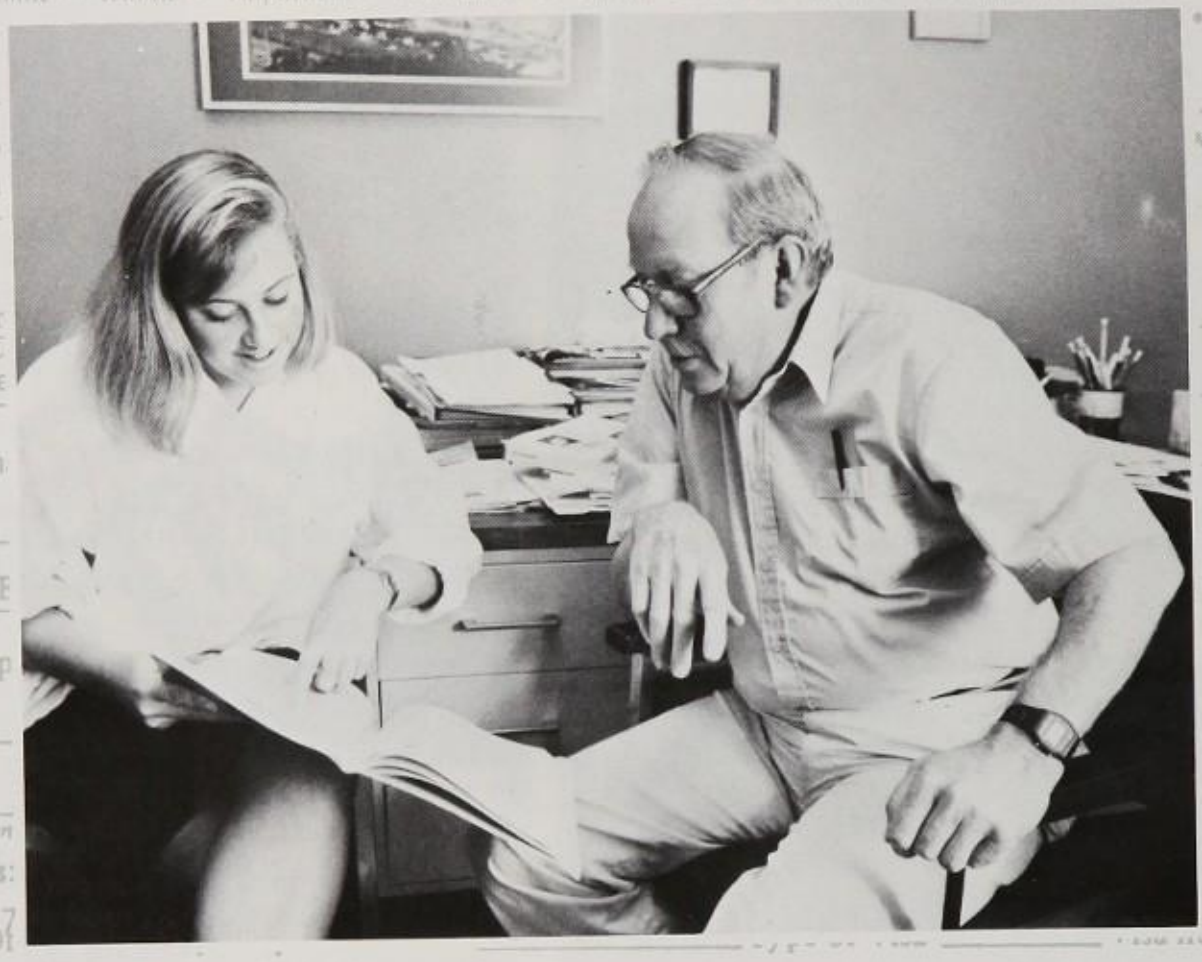
— By Jennifer Sahn



Yolanda Lopez struggles with her heavy load (above), while an unknown student suffocates under a pile of books (right).

Dilligently studying at the library, senior Mark Skirgaudas finishes his homework (left), but his problems are minor compared to Anna Lagerstedt, who is dealing with too many books and too little space.

COMMON APPLICATION



"I want to go here, okay?" Mr. Bill Harris counsels Bonnie Bernstein on her future college plans, (below) as Rachel Silverman reads about other colleges in her free time (right).

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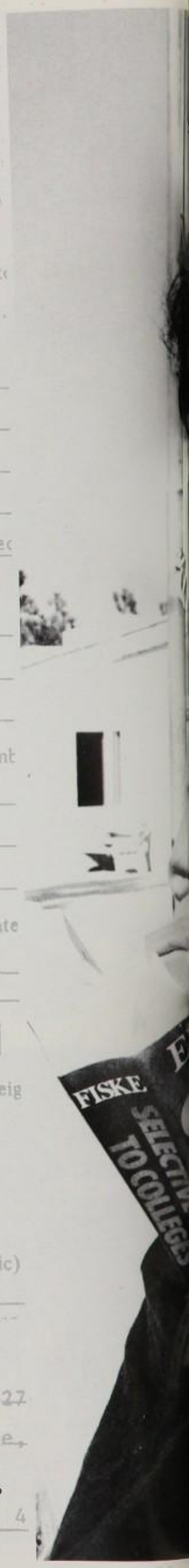
Is your school public? Yes private? parochial?

College advisor: Roslyn Sullivan
Name Position

School telephone: 203 / 4
Area Code

1982–83

Where are you applying, Michael Coleman?



LA JOLLA VIKINGS
VARD B. FISKE
on Editor of The New York Times
LECTIVE
GUIDE TO
COLLEGES
The inside report on the 296 colleges you are most likely to consider.
UPDATED AND EXPANDED

Students Strive For Excellence To Get Into College!

The work that we performed in high school was often referred to as college preparatory. This was logical since the majority of La Jolla High School's seniors went off to colleges and universities. The idea of college hung over these students like a nebulous cloud, and served as an incentive for them to do their best in high school.

Sophomores began high school with the idea that they must do well to keep their GPA's high to get into college. Juniors started to take the SAT and attended college conferences. Throughout these two years, students were well aware of the fact that, come senior year, they would most likely apply to college. This gave them initiative to receive good grades and to enrich themselves further by joining clubs and organizations. In turn, they acquired a well fortified base for senior year.

College life was most prevalent in the minds of seniors. They took their final SAT's in the fall. They then began to apply to the colleges and universities of their choice. This pressure, combined with the heavy work load of senior year courses quite often created a yearning for a never-ending weekend. This yearning was the famous disease called senioritis, which was characterized by decreasing class attendance and increasing nocturnal activities during the week.

College served as an incentive for students throughout their high school years. It spurred them on to do well and achieve their highest goals and aspirations. It was the academic environment at La Jolla High School that oriented so many students to pursue education at higher levels. The teachers and counseling staff were always there to help students strive for excellence to **get into college!**

— By Jennifer Sahn

International Students Know

It's A Small World!

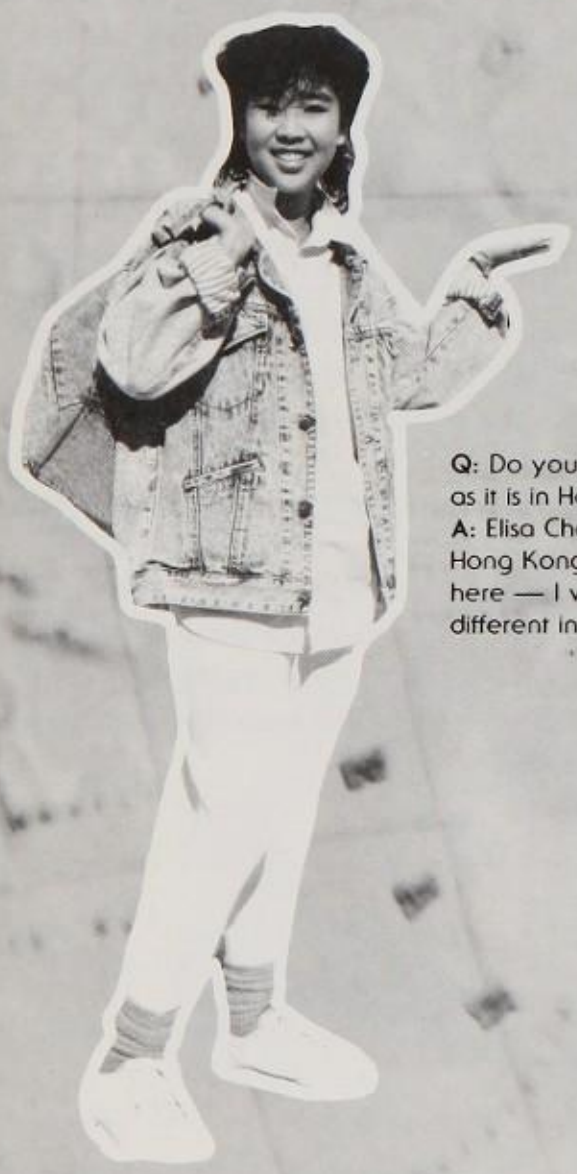
La Jolla High School was the home to many international students this year. These were either exchange students staying with La Jolla families, or students who had spent a portion of their high school years in foreign countries.

As you can imagine, there were considerable differences between school here and school abroad. Senior Yolanda Lopez, founder and president of the International Club, explained, "To understand more about our foreign exchange students, one needs to know how difficult a transition it was for them. Academically, they often had it easy, but socially it tended to be more of a challenge. Hopefully, the International Club will be the beginning of a bridge between La Jollans and foreign students."

Eight of these international students were selected and asked various questions. The results prove that it is indeed a small **world!**

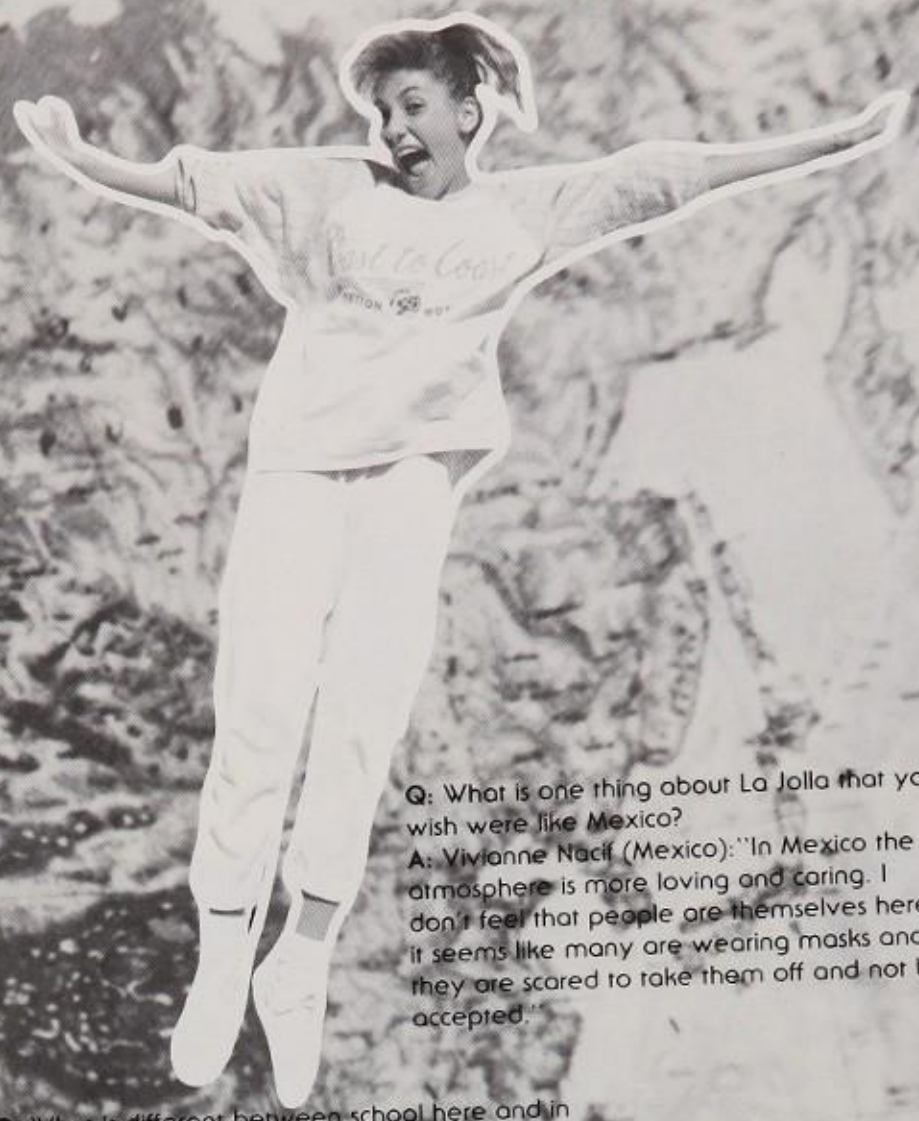
Q: What are the major differences between life at school in La Jolla, and that in Sweden?
A: Lisa Cajander (Sweden): "People look more happy here, and they have more school spirit here than in Sweden."

Q: What do you wish was more like Germany?
A: Daria Fleige (Germany): "I wish that people were interested in exchange students. Some people say 'Oh, you're from Germany? That's nice,' and then they walk away. I miss just giving my friends hugs!"



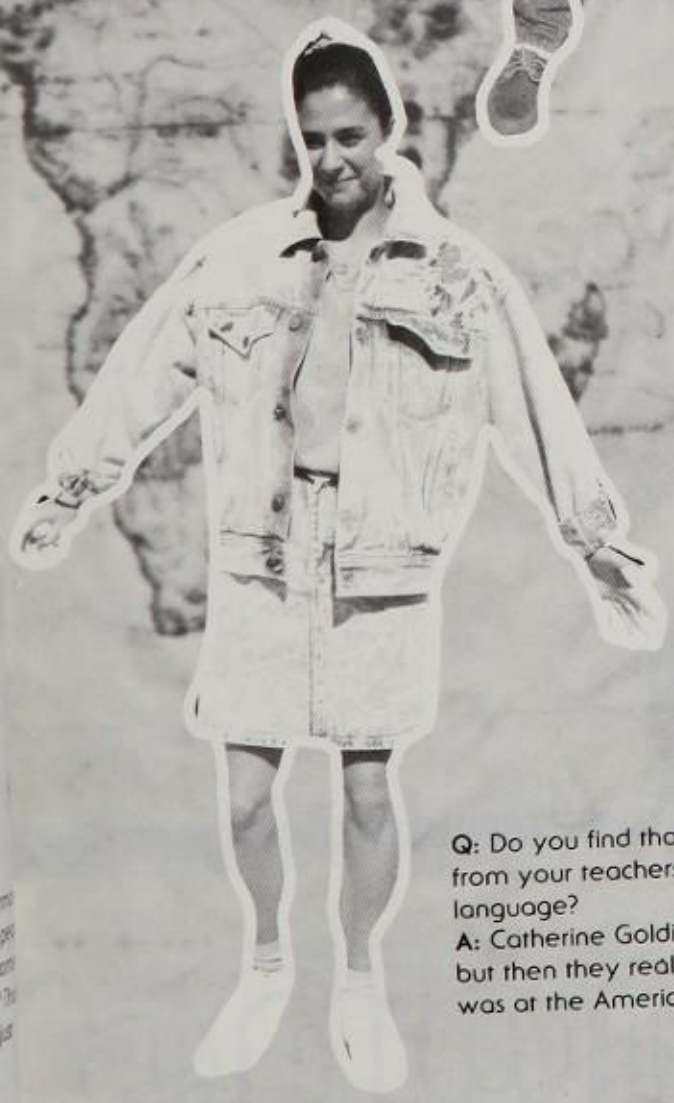
Q: Do you think school in La Jolla is as hard as it is in Hong Kong?
A: Elisa Chang (Hong Kong) "Almost the same yet Hong Kong is harder. It's a lot different here — I was born here. The people are different in Hong Kong."

Q: What type of classes did you take in Sweden that were different from the ones you are taking here?
A: Karl Lindquist (Sweden): "You can get all the same things in Sweden that you can get here. Music — you can get that on occasion here, but not as much. That's a pity!"



Q: What is one thing about La Jolla that you wish were like Mexico?
A: Vivianne Nacif (Mexico): "In Mexico the whole atmosphere is more loving and caring. I don't feel that people are themselves here, it seems like many are wearing masks and they are scared to take them off and not be accepted."

Q: What is different between school here and in Yugoslavia?
A: Alex Petrovic (Yugoslavia): "Yugoslavia is more orderly. Also, here, everybody changes classes. There, it's only one class. You only have math and science, if you choose it. I like it at home because I'm used to it. They spend too much time on attendance here — they don't do that at home."

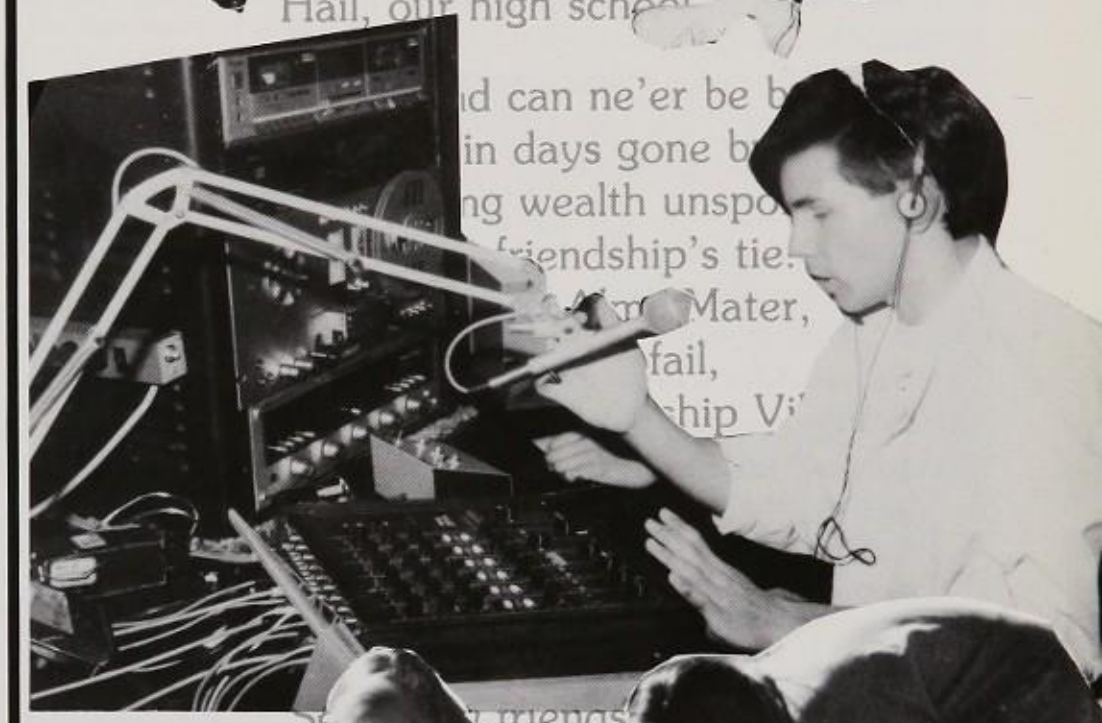


Q: Are your academic classes here at La Jolla similar to those in Sweden?
A: Anna Lagerstedt (Sweden): "Yeah, they are. Not the English though — we don't read literature as much as we study grammar. Most essays are creative writing. We study from Greece, Rome and stuff."
Compiled by Yolanda Lopez

Q: Do you find that you get special attention from your teachers because Spanish is your first language?
A: Catherine Golding (Mexico): "They used to, but then they realized that I don't need it. I was at the American school in Mexico City."

Organizations

Clubs



A.S.B.

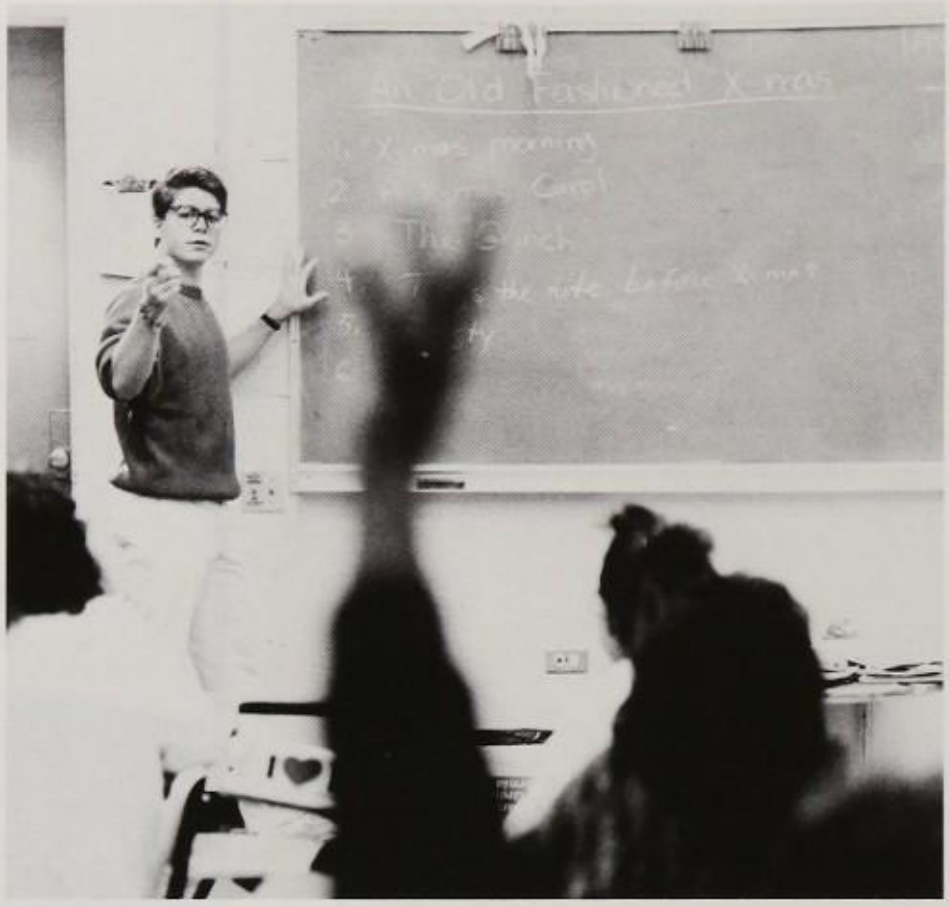
Most students rarely stopped to think about who organized all the La Jolla High student activities. It was the Associated Student Body. This group of leaders met daily as a class during period 4 to put their ideas to work.

Most of the officers were elected and some were appointed to assist or carry out specific duties. Students in ASB were responsible for everything from making birthday posters to planning and arranging the Senior Prom.

Among the other activities the ASB organized, were the ASB Ball, several hour lunches, the canned food drive, the "Make-A-Wish" fund raiser for needy children and the twice monthly video bulletin "La Jolla Highlights". Funds for many of their activities came from profits earned at the student store and the soft drink machine.

"This year's ASB was well organized and hard working," according to their faculty advisor, Mr. Walter Stewarts. He went on and said, "John Nemeth (ASB President), and the entire ASB class worked long hours to improve the school and represent the ideas of the student body."

ASB President, John Nemeth solicits ideas for La Jolla's entry in the community Christmas Parade float.



ASB OFFICERS — Vice-President Eric Brown, President John Nemeth, Secretary Rachel Silverman and Treasurer Shane Ellis.

ASB Front row — Shane Ellis, Maria Flores, Guadalupe Araico, Aledra Aguirre, Yolanda Lopez, Todd Minter, Tanissha Harrell, Danielle Farr, Rachel Silverman, John Nemeth, Jonathan Lim. Second row — Raquel Mendoza, Bonnie Bernstein, Liz Berger, David Monk, Karla Guinn, Linda Martin. Third row — Robert McLachlan, Charles Huff, Kevin O'Neill, Mr Walter Stewart, Carolyn Patton, Ali Jalili, Becky Groves, Justin Goodman, Christine Ma, Eric Brown.

Senior Class President Charles Huff earnestly explains to the class the importance of school spirit.

YEARBOOK

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	Elisabeth Thurlow
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	Chad Morse
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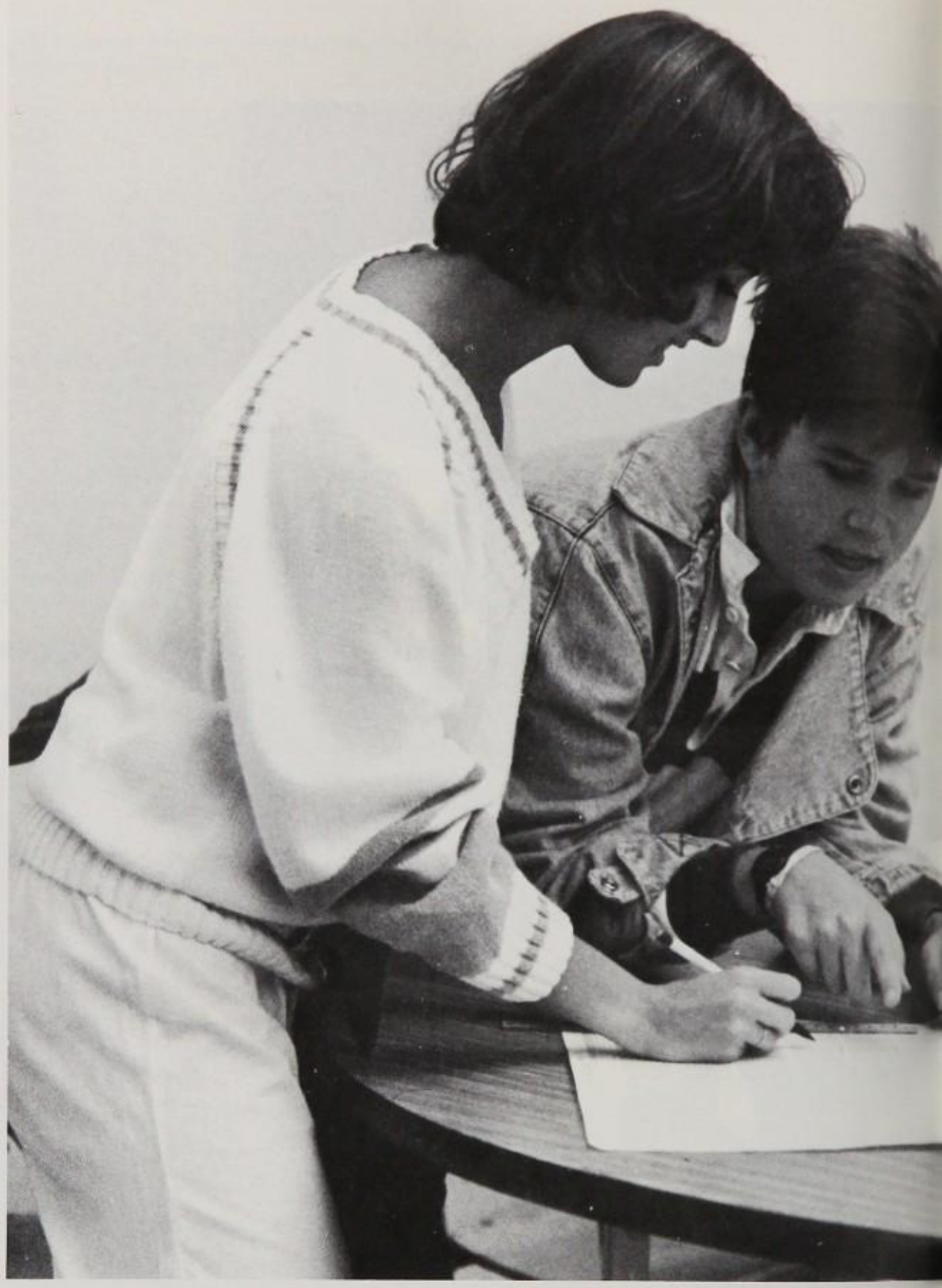

Laurie Cohen looks on while Jennifer Sahn adds finishing touches to the **VIKING** mini-mag. This was the first year the staff included this section in the yearbook.

Another new feature in this year's **VIKING** is the index. Here index editor Angela Demos explains to Beth Pickard how the index will be arranged.

Revenue from advertising and patrons help defray the cost of the yearbook. Both Chad Morse and Laurie Pendelton scoured the La Jolla community for clients this year.

VIKING STAFF — Front row Jason Kennedy, Shawn Ellis, Philip Kholos, Nancy Allan, Angela Demos, Beth Pickard. Second row Anne Kobayashi, Darrin Hegemier, Rebecca Isenberg, Lee Vann, Jennifer Joas, Laurie Pendelton, Gordon Froeb, Leisa Allen, Chad Morse, Laurie Cohen. Third row Jennifer Sahn, Talia Wise, Brad Tecca, Jennifer Rudolph, Ann Preisman, Erin Casey, Elisabeth Thurlow, Dan Mendoza, Chris Baer, Alicia Smiley, Michelle Tatum, Ahna Holder, Alberto Sanchez

OUTLOOK

Editor-In-Chief:	Simon Malk
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Business Manager:	Micheal Coleman
Layout Editor:	James Hoch
Ads Manager:	Andy Firtel
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Cover Editor:	Dan Rush
Ad Sales:	Jimmy Shore
Proofreader:	Gary Robinson
Typeset & Layout:	William Barnett Rorie Cox Mike Cutchin Adam Pappelbaum
Photographers:	Jason Blantz Mark Hutchin Damon Silverman
Cartoonist:	Greg Ricchiuti
Writers:	Paul Anderson Anthony Eitnier Jennifer Gold Arianna Goldberg Nancy Lindholm Kiki McIntyre Chris Swan
Advisor:	Miss Julie Frederickson

Hustling ads for **OUTLOOK** magazine is smooth talking Jim Shore.

OUTLOOK DEPARTMENT HEADS Front row — Fred Hoch, Michael Coleman. Second row — Karen Hartman, Jennifer Herring, Simon Malk, Dan Rush, Sam Hughes, Jason Blantz.

Sam Hughes and Karen Hartman plan the contents of the November issue.

OUTLOOK STAFF Front row — Jim Shore, Adam Pappelbaum, Jennifer Gold, Sam Hughes. Second row — Dan Rush, William Barnett, Michael Cutchin, Greg Ricchiuti, Mark Hutchin, Miss Julie Frederickson. Third row — Andrew Firtel, Michael Coleman, James Hoch, Jason Blantz, Karen Hartman, Damon Silverman, Jennifer Herring, Simon Malk. Fourth row — Chris Swan, Paul Anderson, Rorie Cox, John Chier, Nancy Lindholm, Gary Robinson, Kristine McIntyre, Anthony Eitnier.

HI-TIDE

Editor-In-Chief:	Namni Goel
Front Page Editors:	Drew Dean Robert Penn
Editorial Editor:	Shana Lazerow
Sports Editors:	David Brody Chris Ganci
Features Editors:	Robin Muclcahy Michael Nassir
Special Project Editor:	Steven Brown
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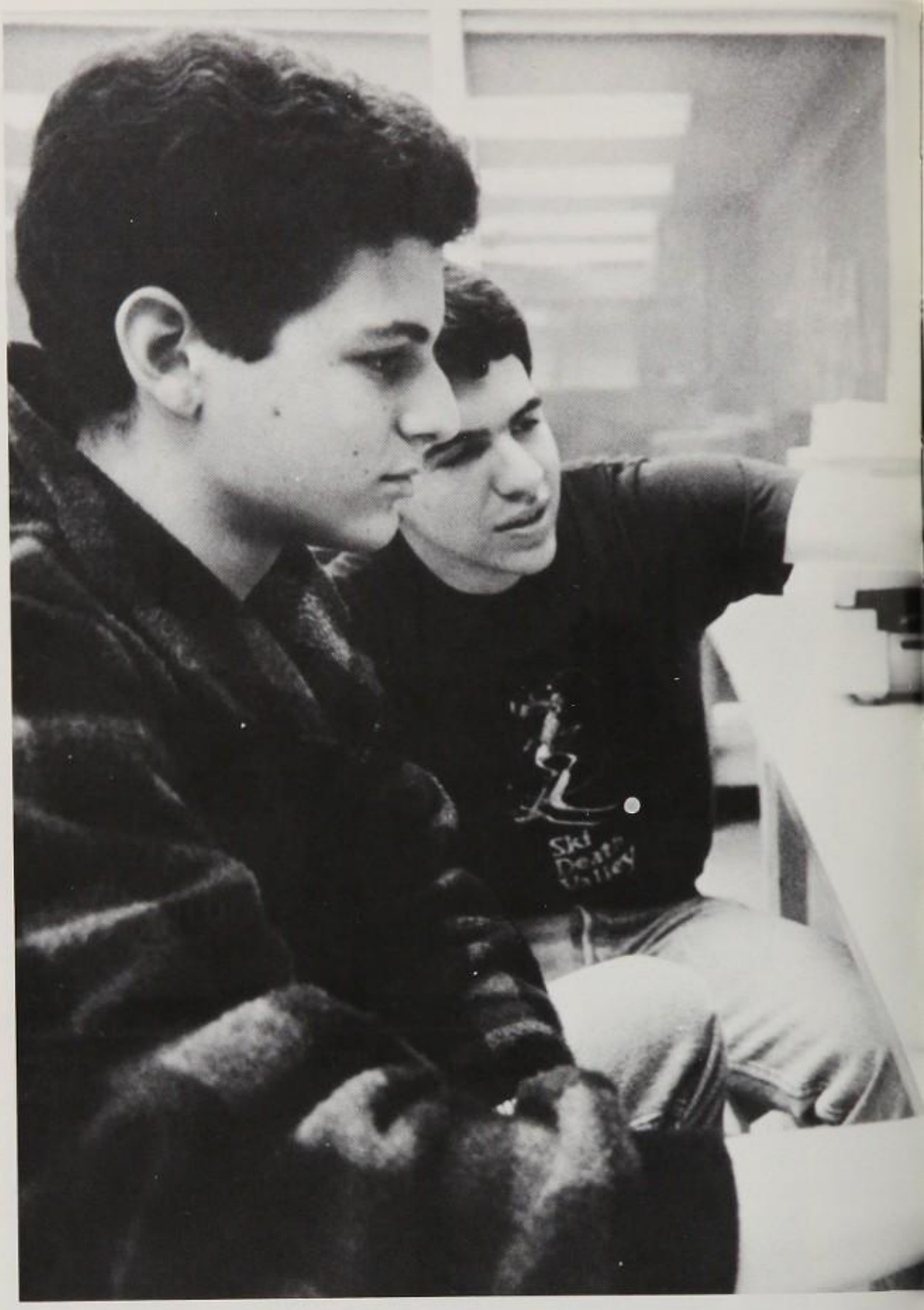
Advisor:	Mr. John Carey



Jill Meade listens as reporter Lynne Parziale voices her opinion about a proposed **HI-TIDE** article.

Drew Dean and Namni Goe confer regarding the newspa per's new computerized sys tem.

Making a correction, Drew Dean points to the computer facsimile of page one from the November **HI-TIDE** issue, while Michael Nassir operates the Macintosh mouse.

HI-TIDE STAFF Front row — Namni Goel, Sunshine Sharpe, Lynne Parziale, Shana Lazerow, Lisa Musial. Second row — LeeAnne Sacks, Drew Dean, Paul Shortt, Gene Sung, Steven Brown, Alissa Hecker. Third row — Michael Nassir, Robert Guralnick, Christopher Ganci, Steve Verbinski, Jerry Massimei, David Brody.

LeeAnne Sacks and Michael Nassir decide what should go on the feature page.

MARINERS

Mariners was an honorary service club of twenty-five junior and senior girls led by Advisor Mrs. Jan Moore and President Georgina Justice. The girls were selected on the basis of their responsibility, reliability and willingness to work hard.

Mariners worked to serve the school and the community. Their creed stated, "The Mariner shall be aware, sensitive, responsible and willing to serve for the community and the school." Mariners concentrated on three main projects: the Homecoming dance and festivities, the Women's Career Seminar and the fashion show in the spring. Proceeds from the fashion show went to the Melanie Jones VEEP Scholarship.

"All the members were positive and excited about belonging to the club", according to Justice. Senior Namni Goel said, " It's enjoyable! Working for the club gives one a feeling of self-satisfacation and accomplishment. It's a a great honor to be in Mariners."

Junior Tiffany Ames agreed. "It means a lot to be involved in my school. I enjoy working hard on something and seeing the results. I'm proud to be a member of Mariners and appreciate the opportunity to work with such fine people."

Vice-President Laura Schmitt best summed up the experiences of the group when she stated, "Mariners is a club that has a tendency to push members to their limit in striving for a goal. It's a great experience in self-discipline and responsibility. And it's fun!"

Karin Lindquist and Sara Bush look on as Lynne Homeyer and Raquel Mendoza discuss the Homecoming preparations.

CLUB OFFICERS — Junior Representative Claire Randel, Vice President Laura Schmitt, Secretary Karen Shively, President Georgina Justice.

Mariners Club Front row — Karen Shively, Francoise Barton, Holly Schaefer, Lakshmi Lewis, Linda Martin, Georgina Justice, Sheiva Pousti, Rachel Silverman, Lupe Araico, Paige Baker, Anne Kobayashi, Tiffany Ames. Second row — Lynne Homeyer, Claire Randel, Nicole Anderson, Karin Lindquist, Namni Goel, Karla Guinn, Sara Bush, Monica Smith, Laura Schmitt and Mrs. Moore.

Mariners ordered 2498 carnations for Homecoming. Here Raquel Mendoza, Karin Lindquist and Rebecca Groves unbundled and prepared the flowers for delivery to the students.

FRENCH CLUB

"The French Club returned this year stronger than ever with 40 members," stated club president James Nissenberg. Other officers were First Vice-President Ankist Zadeyan, Second Vice-President and Secretary, Bryn Sakagawa, and Treasurer Lorin Gillin.

At the beginning of the year, the club raised money to finance its participation in French cultural activities by selling desserts from "The French Pastry Shop" during Blast-off. During the year members attended a play directed by Ionesco Horovitz, went to movies produced in France, and dined in French restaurants. At Homecoming, the club's float "Mardi Gras" won second place.

During the International Day Food Fest, students mobbed to the club's booth to sample "jambes grenouilles," "escargots," and other delicacies. Nissenberg credited Mr. Guittard and the club officers for making the group such a success.

Julie Anthony, Sunshine Sharpe and Ankist Zadeyan ride the French Club's "Mardi Gras" float during the Homecoming parade. The float won a second place award.

FRENCH CLUB — Front row — Lorin Gillin, Ankist Zadeyan, James Nissenberg, Bryn Sakagawa. Second row — Babak Fereidouni, Leslie Nakashima, Amy Feldman, Sunshine Sharpe, Brett Nissenberg, Laura Preisman, Jill Johnson, Amanda Dees, Emily Shen, Jennifer Buffaloe, Elisa Shen, Julie Anthony, Tania Smith, Christine Ma, Dana Waldman, Jeanne Montal. Third row — Andrew Wang, Marc Apkarian, Chad Morse, Jonas Svedlund, Steven Chang, Joshua Sibelman and Greg Davis.

SPANISH CLUB Front row — Kristin Porter, Tandis Arjmand, Caroline Kobayashi, Nadine Hyde, Caroline Dees, Jenny Maltz, Cary Albanil, Rachel Nason Second row — Victoria King, Lisa Musial, Matthew Small, Damon Griggs, Gordon Froeb, Sheiva Pousti, Anne Lloyd

SPANISH CLUB

During the past six years interest in Spanish Club has steadily increased. This year there were forty-five members. President Aledra Aguirre credited the enthusiasm and leadership of Advisor Senora Scherf for the increased interest.

Throughout the year the club participated in various projects including food sales and helping an orphanage in Mexico. A major event during the year for the club was participating in the Cinco de Mayo celebration. Club members decorated the cafeteria and provided entertainment and food for the Hispanic celebration.

In addition to Aguirre, other club officers were Damon Griggs, vice-president; Gordon Froeb, treasurer; and Maria Flores, secretary. Aguirre added, "This year we participated in more projects and took advantage of our proximity to Mexico."

Rita Diez and Rebecca Griebe are dressed for the Homecoming fiesta.

KEY CLUB

"Being in Key Club brings me great satisfaction because I'm helping others," said Justin Goodman, secretary of Key Club. Many high school students also joined for this reason.

Not just anyone could be a Key Club member, they applied to get into the club. Anyone who wanted to belong to this service organization had to be caucused, which was an interview in front of several club members. Prospective members were asked questions like, "Do you deserve Key Club or does Key Club deserve you?" Some crazy questions were asked, such as, "Compare Key Club to a doorknob." These questions were asked to see how people would react.

Why did people want to belong to Key Club? President, Jim Shore explained why he had chosen Key Club over the other service clubs. "I didn't want a club which was purely for social reasons, the main reason for Key Club is to help, and it is fun."

Key Clubbers were serious about completing service hours. Every quarter members were required to complete twenty service hours. If they didn't meet the requirements, they were expelled. The club offered many projects such as: Friends in Deed, March of Dimes, St. Vincent de Paul Shelter, S.O.F.A., and the Child Abuse Center. Key Club was part of Kiwanis International.

The club consisted of 88 members, and each member completed eighty hours of community service. With that much time given the community was helped greatly.

KEY CLUB OFFICERS Treasurer Sean Hecker, President Jim Shore, Vice-President Eric Manchester, Secretary Justin Goodman.

Justin Goodman and Jim Shore lead Willy Wonka's chocolate float.

KEY CLUB Front row — Sean Hecker, Rachel Silverman, Andrew Firtel, Justin Goodman, Eric Manchester, Jim Shore, James Hoch, Alison Damoose, Michael McCormick, Jill Newman, Mark Hutchin Second row — Stacy Steineckert, Holly Schaefer, Tara Walsh, Michael Nassir, Mark Nassir, Veronica McNitt, Richard Sudar, Ed Barbat, Jessica Statsky, Jennifer Corbo, Darron Segall, Gordon Froeb Third row — Nancy Allan, Jeanne Montal, Michelle Miller, Francine Svarda, Andrea Vann, Sara Richmond, Aimee Taylor, Margaret Foster, Elisa Shen, Maaren Boucher, Donne Segall, Kathy Denison, Jennifer Rudolph, Aliza Lyons, Andrew Malk Fourth row — Paul Darnow, Anne Kobayashi, Mark Samson, Vida Homayoun, Heather Holliday Melissa Urdaneta, Goli Maleki, Gary Frank, Dean Rostovsky, Kenneth Park, Dara Akbarian, Steven Mayer, Ali Jalili, Mike Adams, Jennifer See, Tara Ankarra, Kenneth Firtel, Kyle Kraus, Christopher Ganci Fifth row — Simon Malk, Mark Skirgaudas, Bryn Sakagawa, John Chier.

Beth Pickard is forced to buy candy from a pushy Key Club member, Angela Demos.

INTERACT

"Interact was composed of diverse, positive and enthusiastic individuals, who worked hard at service and enjoyment," according to senior Elisabeth Thurlow. Sponsored by Rotary International, the group was La Jolla High School's largest service organization.

This year Interact was led by John Nemeth, president; Rebecca Groves, vice-president; Drew Dean, treasurer and Jennifer Sahn, secretary. Among the club's most popular activities during the year were tutoring at S.O.F.A., fund-raising car washes, collecting cans for St. Vincent de Paul, and working at the Special Olympics.

"During all of these activities members exhibited an intense loyalty to the club and a devotion to service", explained Tari Smith. "I never wanted to be in another service club because Interact had a special spirit, that I think can incorporate any type of person and personality." This same opinion is voiced by most of the club. According to Thurlow and Smith, the enthusiasm and positive attitude that is prevalent in Interact indeed seems to be infectious to all that join.

Joshua McNally and Dennis Kim sign up for an Interact activity.

INTERACT OFFICERS — Drew Dean, Jennifer Sahn, John Nemeth and Rebecca Groves take time out.

Interact members strut their stuff on their winning Homecoming float.

INTERACT CLUB Front row — Eric Dudl, Jennifer Alexander, Michaela Manning, Lisa Cajander, Daria Fleige, Erin Casey, Vivianne Nacif, Catherine Golden, Jacqui Slavin Second row — Tania Smith, Grace Hu, Lakshmi Lewis, Ann Preisman, Noel Eckert Third row — Debbie Levy, Sunshine Sharpe, Deborah Appel, Dennis Kim, Jill Johnson, Intercat, Emily Shen, Shannon Maul, Bridgette Lery, Rebecca Griebe, Paula Gordon, Robyn Kimura, Danielle Farr, Tracey Archer, Brad Kirn, Laurel Boline Fourth row — Drew Dean, Jennifer Sahn, John Nemeth, Becky Groves, Jason Clark, Jenny Santelman, Marah Keprowski, Carrie McKnight, Gregory Brett, Damon Griggs, Jennifer Kline, Jay Wung, Karen Goldstein, Shane Ellis, Stephanie Hinton, Melanie Green, Christine Blunt, Elisabeth Thurlow, Paul Shortt, Lillie Ibayan, Nita Wang, Todd Minter, Mark Bua Fifth row — Sunshine Sharpe, Heidi Darby, Laura Mullin, Jessica Rudolf, Kerry Kostman, Heather Allen, Andrew Wang, Anthony Padowitz, Aaron Haberman, Chris Perry, Rachel Nason, Ankist Zadeyan, Mike Dallaird, Jason Kennedy, Joshua McNally, Robert McLachlan and Mark Tadrissi.

S-CLUB

With forty active members S-Club is La Jolla High's smallest service organization. "What we lack in quantity, we make up for in devotion to service," explained Vice President Lorin Gillin.

This year the club was involved in various service and community projects. Members worked at "Make-a-Wish", a foundation that fulfills wishes for terminally ill children with cancer. Other activities included passing out flowers to patients at the Veterans Hospital, car washes, garage sales, walk-a-thons, and bike-a-thons.

Members of S-Club were required to attend meetings and volunteer for projects. Points were awarded and those that did not earn the required points were eliminated from the club.

Other officers besides Gillin were President Kristin Porter, Treasurer Shawn Ellis, and Secretary Jill Heckel. The faculty sponsor was Mrs. Cindy Soriano.

S-CLUB OFFICERS Front row — Lorin Gillin, vice-president; Kristin Porter, president; Second row — Shawn Ellis, treasurer; Shahram Paksima, historian; Jill Heckel, secretary; Caroline Dees, senior representative; Patrick Glynn, junior representative; Andy Pryor, sophomore representative.

S-CLUB — Front row — Andy Prior, Carrie McCarty, Iris Gonzales, Isabelle Lumpkin, Jennifer Pendleton, Aliki Theofilopoulos Second row — Joyce Liu, Amy Feldman, Michael Cutchin, Krista Holst, Kevin Aufmann, Lorin Gillin, Peggy Calhoun, Alexander Schrader, Amanda Dees, Abby Milikowsky, Jessica Bakcht, Caroline Dees, Laura Nagaran, Jill Heckel, Denise Gerth, Kristin Porter, Monica Haines, Byron Coffey, Melissa Gollub, David Kantor, Shahram Paksima, David Back Third row — James Lawrence, Chris Page, Ken Henderson, Patrick Glynn, Dennis Greenhill, Mary Bergstrom, Eric Wells, Leonardo Lopez, Steve Miller, Gary Robinson, Olivier Caudron, Shawn Ellis.

Modern women Jenny Pendleton, Carrie McCarty and Amanda Dees paraded around in their contemporary clothes at Homecoming.

Aliki Theofilopoulos, Alexander Schrader and Peggy Calhoun display their S-Club spirit on the Pre-historic float.

KLJH

KLJH Staff-Front row — Sabrina Moss, Pedro Mosqueda, Lisa Rappaport. Second row — Mr. Paul Jewell, Jennifer Kline, Jason Prohaska, Hunter Heller, Adam Stein, Taj Tedrow, Alberto Sanchez.

Most La Jolla students didn't remember a time when KLJH was not playing at lunch. Even though the sound system is not particularly powerful, KLJH is missed when unable to air. KLJH has definitely been part of La Jolla High School's lunch tradition. Many students like senior Melissa Urdaneta like KLJH, "because we can listen to the kinds of music that we like to hear."

KLJH plays at lunch on both quads, in the cafeteria, and in the morning before school. This student run radio station is directed by senior Hunter Heller.

The song format is compiled from popular song charts. This recent renovation was created so that student DJ's would not play purely for their own enjoyment and that KLJH would appeal to a very large percentage of students. "Besides playing music, the station also reports on important school events."

KLJH has been growing in size and importance during its ten years of existence. New equipment and people are added each year. Program director Heller is entusiastic about KLJH's future, adding that, "I think that there will be a very organized format and better programming in the future."

KLJH is happy with its success and hopes to continue its growth while maintaining a professional attitude. Under advisor Paul Jewell, KLJH expects continued success.

Jerry Walker equalizes the sounds at KLJH.

Hosts of La Jolla Highlights Justin Goodman and Bonnie Bernstein shoot another episode for that fun filled television show.

LJ HIGHLIGHTS

"In the middle of a Thursday when you were a little tired of school, La Jolla Highlights was a good interuption," explained senior Leigh Ann McConnaughey. This student produced television show was aired bi-weekly through out the campus .

The La Jolla Highlights show consisted of information about school sports, academics, interviews, and features on special events. The show was aired during second and fourth periods. "Watching La Jolla Highlights was always an interesting experience and I found the show quite informative," stated junior Jolene Beiser.

This year the co-hosts of the program were Bonnie Bernstein and Justin Goodman. They, along with producer Becky Groves, cameraman and sound technician Alberto Sanchez, cameraman Hunter Heller, director Kristy Johnson, and the advisors Paul Jewell and Martin Escobedo, incorporated new ideas into the brodcast. One of the favorite episodes was "Hi-Lighting", a take off of the popular series, "Moonlighting".

Typical of the student body opinion of the show was the response of senior Jim Shore, who remarked, "Wow," when asked about Highlights. Shore went on to say, "Highlights gave us an informative and entertaining program this year."

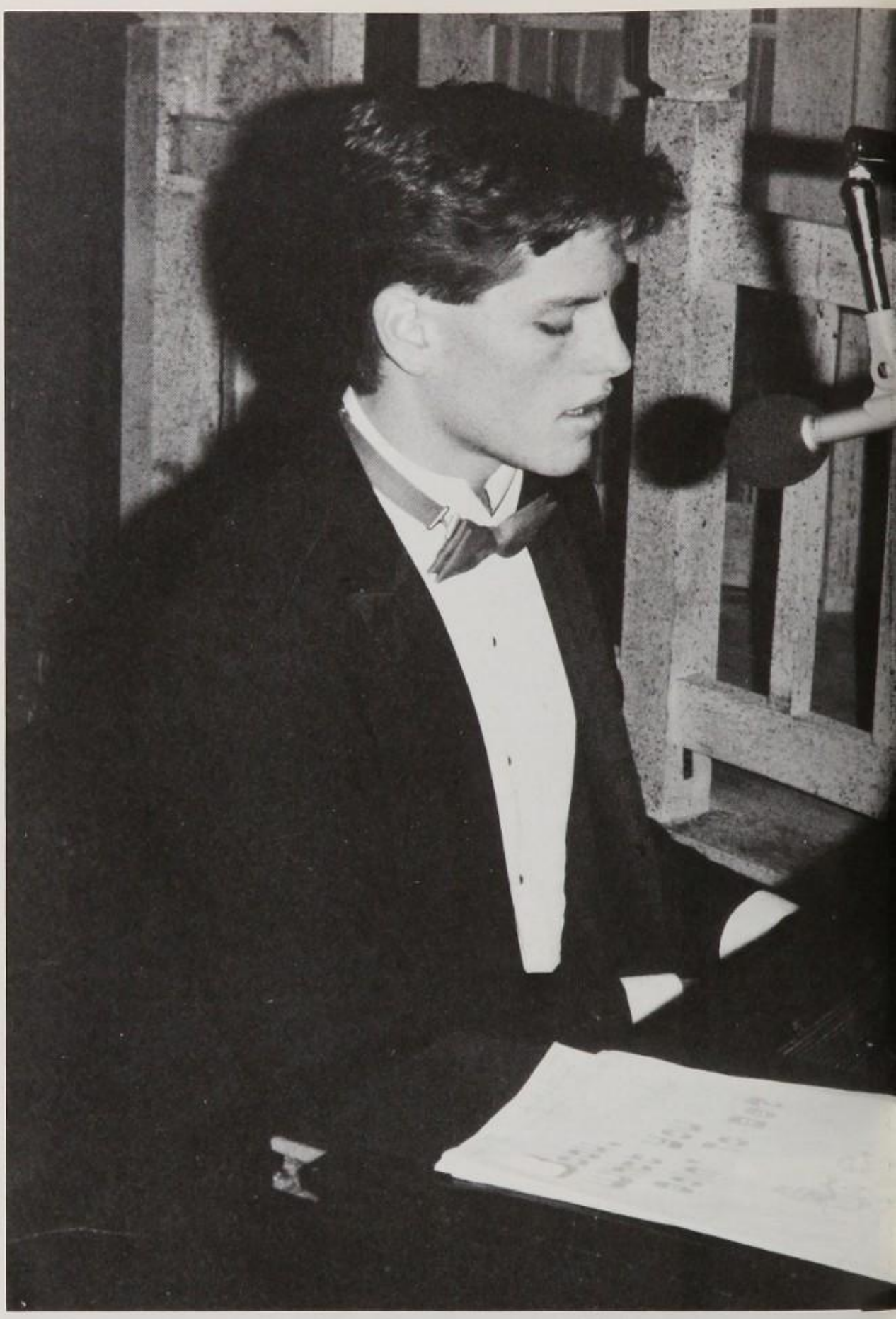
LA JOLLA HIGHLIGHTS STAFF — Front row — Hunter Heller, Alberto Sanchez Second row — Martin Escobedo, Bonnie Bernstein, Justin Goodman, Mr. Paul Jewell Third row — Kristin Johnson, Rebecca Groves.

MADRIGALS

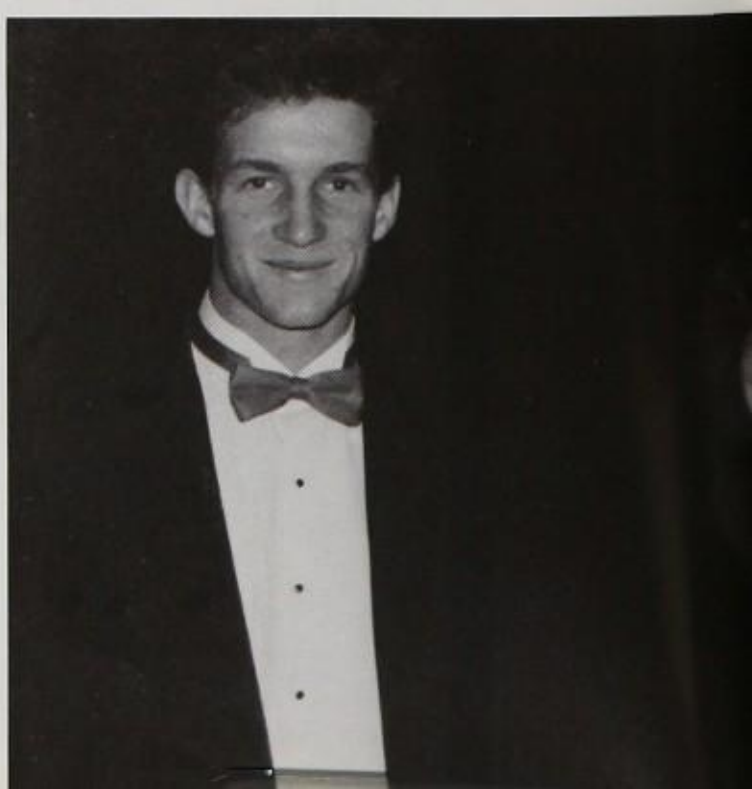
This year, twenty-five enthusiastic singers made up La Jolla High's choral ensemble, the Madrigals. The instructor, Mrs. Carolyn Moulton, molded this group of sophomores, juniors, and seniors into a harmonious choir of sopranos, altos, tenors, and basses. Said Mrs. Moulton, "It is a wonderful feeling when all of the practice pays off and the show goes well!"

Although the Madrigals performed in only two main events this year, the Christmas and Spring concerts, their practices were not neglected. Every third period was dedicated to fine-tuning, harmonizing, and memorizing.

However, the hard work seemed to be worth it. Senior Heather Lazo explained, "I have really enjoyed hearing my voice improve over the year." Stephanie Bradley, also a singer in the Madrigals, added, "Singing in a group was a great way to relax."



Lorin Gillin and Deema Green grin after performing at the Christmas concert.



The voice of Bob Feeney swoons his way into the heart of all women.

MADRIGALS Front row — Micheala Manning, Heather Lazo, Anna Berglund, Victoria King, Peggy Calhoun, Andy Woodworth, Sydney Grant, Micheala Manning, Selina Sahba, Desiree Goreham, Janissha Harrell Second row — Marla Powers, Deema Green, Bob Feeney, Stephanie Bradley, Amy Gott, Kyle Gott, Lorin Gillen, Julie Hippensteel, Margo Stakely, Michelle Westerman, Mrs. C. Moulton.

Heather Lazo, Michaela Manning, Deema Green and Selina Sahba congratulate each other after a super show.

CSF

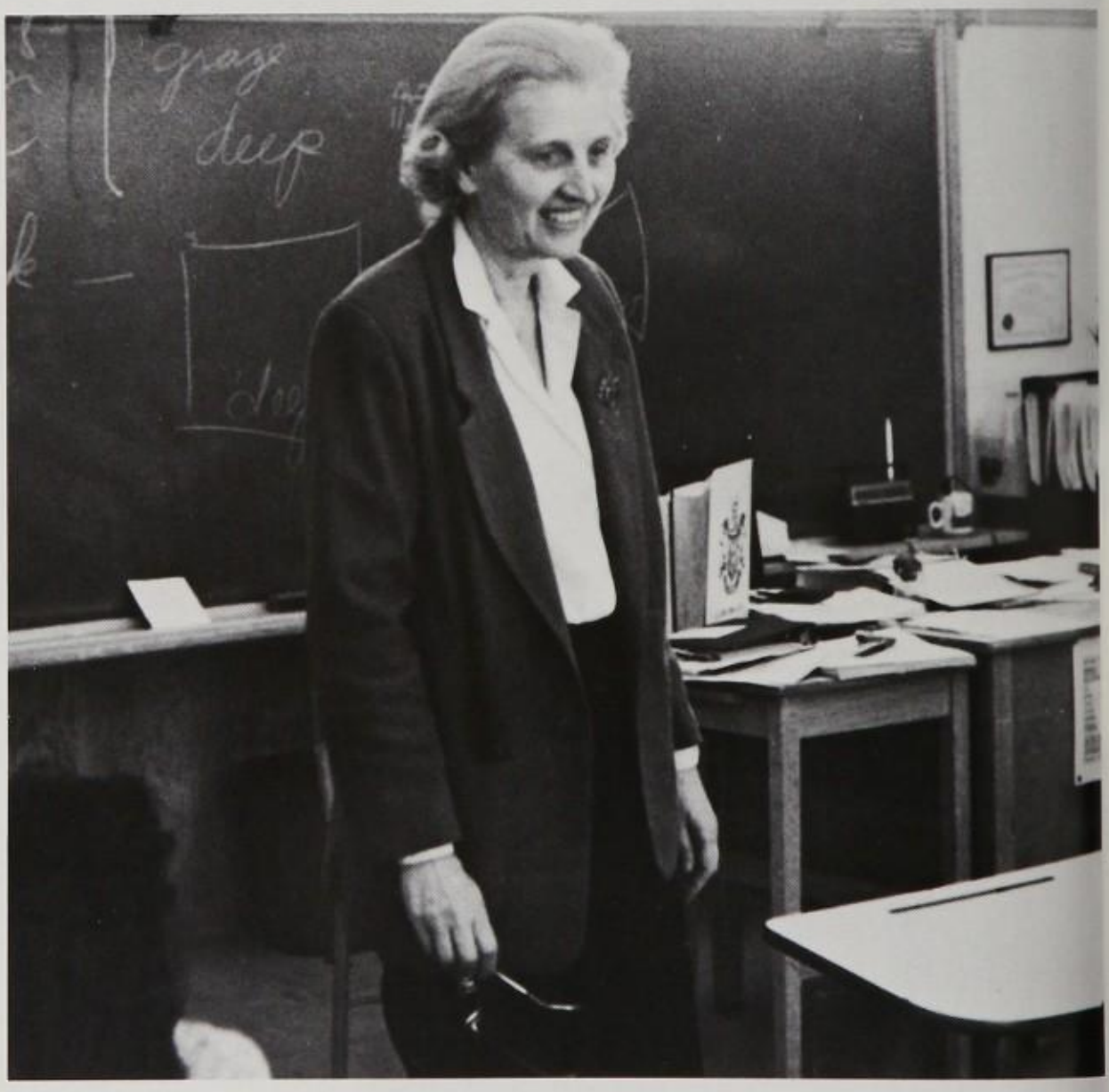
California Scholarship Federation was one of the most prestigious La Jolla High clubs. Qualification for membership to this statewide honor society was a grade point average of 3.5 or higher in academic classes.

In addition to receiving recognition on campus, CSF members benefit by being eligible for special college scholarships. Students who were members for all six semesters graduated with a gold seal on their diplomas.

CSF officers this year were president, Laura Schmitt, vice-president, Karen Hartman, secretary, Monica Smith, and treasurer, Sara Bush. The club's advisor was Mrs. Barbara Groce.

Members took pride in belonging to the organization. "It's really nice that you're recognized for having good grades," commented junior Tiffany Booth.

CSF (top of page) Front row — Tiffany Booth, Robyn Kimura, Karen Hartman, Monica Smith, Laura Schmitt, Anthony Eitnier, Georgina Justice Second row — Leslie Nakashima, Dana Waldman, Hana Ohkawa, Elisa Shen, Dena Zyroff, Andrew Wang, Mark Nassir Third row — Anne Kobayashi, Jennifer Sahn, Tracey Archer, Michelle Morphew Jennifer See Mrs. Barbara Groce Laura Preisman, Amanda Dees, Amy Feldman.



CSF advisor Mrs. Barbara Groce discusses the benefits of being a CSF member.

MOCK TRIAL DEFENSE Front row — Greg Davis, Theresa Smith, Karin Lindquist. Second row — Stuart Rothgiesser, Valerie Simms, Karl Schwing.

MOCK TRIAL

Over the years, La Jolla's Mock Trial teams have been extremely successful. The Mock Trial club, led by President Greg Davis and Advisor Maria Lipton, was designed for students wanting to learn about the working of the law and the Constitution.

This team tried a case against twelve different schools. Midway through the competition, Mrs. Lipton commented, "The team has been consistently good and all the kids are strong. Lipton added, "To be successful you need to have panache, presence, the ability to speak, and to think on your feet, but above all, a sense of integrity." The law is supreme. That is what they argue for. That is what they live for.

MOCK TRIAL PROSECUTION Front row — Shana Lazerow, David Brody, Josh Silbelman. Second row — Jason Kennedy, Briana King Mrs.Maria Lipton, Amy Tennyson, Tonya Brinza.

SPACEBRIDGE

SPACEBRIDGE Front row — Andrew Wang, Chris Swan, Holly Schaefer, Jennifer Buffaloe, Jessica Rudolf Second row — Mark Nassir, Robin Kimura, Nita Wang, Kerry Kostman, Tracey Archer, Leslie Nakashima, Dana Waldman Third row — Michelle Morphew, Jennifer See, Dena Zernoff, Elisa Chen, Hana Ohkawa.

Many people in today's world preached peace and understanding between the two superpowers, the United States and the Soviet Union, but few of these people offered solutions. However, here at La Jolla High School, the Spacebridge club was active in establishing understanding between our nations, and in turn hoped to perpetuate peace.

The Spacebridge club was composed of approximately twenty members who all actively participated in the club's programs. These included correspondence with La Jolla High School's sister school in Moscow, working with the school's satellite dish to communicate with other schools and programs around the world, and putting together presentations such as the visit of Soviet teacher Nadia Borova. The club was overseen by president Christopher Swan, vice-president, Andrew Wang, and advisor, Gloria McMillan.

The purpose of Spacebridge, said junior Nita Wang, " . . . is to further establish understanding between the youth of our cultures, which will then help to establish a world peace."

Dr. Gloria McMillan looks on while Dr. Nadia Borova, from the Soviet Union, addresses the student body at an assembly arranged by the Spacebridge club.

Our distinguished guest Nadia Borova and Spacebridge president Christopher Swan join in attempting to establish understanding between his peers and her students.

Mrs. Nadia Borva spoke of the similarities and differences between the cultures of the USSR and the USA to La Jolla High students.

TOASTMASTERS

La Jolla Junior Toastmaster's Club was designed for students interested in improving public speaking skills. This was their second year in existence. The club met weekly from 6:00 — 7:30 p.m. in the I.S. theater.

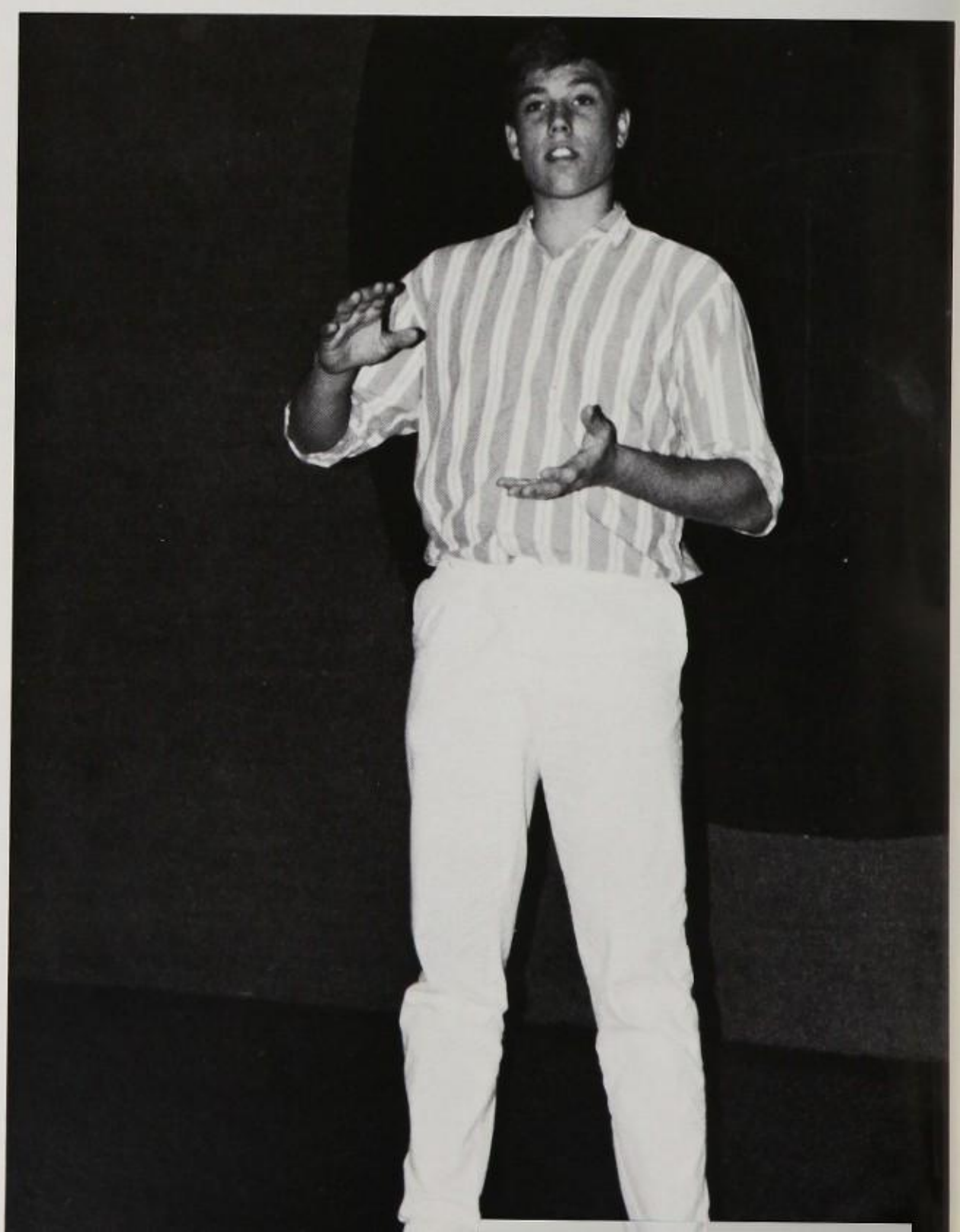
The highlight of the year was a banquet held at Carlos Murphy's during which members carried on a regular meeting; then ate, drank and celebrated.

The club's president was Jennifer Sahn, aided by vice-president Bonnie Bernstein. Linda Martin acted as treasurer, and Noel Eckert served as secretary. Mr. Bob Berg was the group's advisor. The club took pride in its reputation of turning any shy individual into a confident, talented speaker.

Meetings consisted of ten impromptu speeches given by members in response to questions called "table topics". After table topics, Berg, or other adult guests, gave what was called an "educational happening speech", dealing with a general problem. Next came three to five formal speeches made by members. Each speech was evaluated by an assigned evaluator. The meetings closed after the general evaluator judged the entire session.

The meetings never ceased to be entertaining, and drew guests and friends of members weekly. Club president Jennifer Sahn said, "The club has really taken off this year. I hope it continues to grow so that future students can reap the benefits as I have."

TOASTMASTERS Front row — Heather Lazo, Selina Sahba Second row — Michelle Sinnot, Lillie Ibayan, Christine Ma Third row — Jason Kennedy, Talia Wise, Orin Flask, Karen Hartman, Noel Eckert, Eric Medel, Anne Kobayashi, Drew Decker Fourth row — Jennifer Sahn, Ilana Levin, Laurie Cohen.



Jason Kennedy reiterates his point at a Toastmasters' meeting.

During lacrosse practice, Andy Linholm gives it his all.

LACROSSE

"We're on the ground floor of lacrosse in Southern California," claimed senior Andrew Lindhom, captain of the Lacrosse club. This was the second year the club existed at La Jolla High. Yet, despite its youth, the team attracted a strong following and the attention of *Lacrosse* magazine, which predicted the team would have a strong season in 1988.

The club was composed of thirty-five players and was coached by Blake McFeely. As *Lacrosse* magazine predicted, the team improved in all major aspects of its game. "We were very strong," said Lindholm. "We had a lot of depth in key positions." The record of seven wins and five losses reinforced his claim.

LACROSSE Front row — Blake McFeely, Kevin Kleinfield, Mark Moxley, Orin Flask, Matt Rosenberg Second row — John Chier, Michael Cutchin, Samuel Golding, Greg Beers, Eric Henyey, Greg Davis Third row — Marah Koprowski, Ann Preisman Fourth row — Michael Jablecki, Andy Lindholm, Glenn Armstrong, John Buffaloe, Trevor Bridge.

People

" . . . he believes in us
and supports what we do . . . "

Ann Preisman

J.M. TARVIN

PRINCIPAL

When talking with Mr. J.M. Tarvin, it was almost impossible to separate the man from the school he led.

He seemed to skip over details about his own life and shifted the conversation to La Jolla High School. His belief and pride in La Jolla High were not only appreciated by its students, but also served as a source of inspiration and motivation for them. Sophomore Laura Preisman said, "I think he really believes in us and supports what we do."

Mr. Tarvin was first introduced to the La Jolla public education system as the vice-principal of Muirlands Junior High School in 1968. It was then that he realized "that if excellence in education in a community could be achieved, then it would be here." He later served as the principal of Muirlands. In the fall of 1984, Mr. Tarvin assumed the job of principal of La Jolla High or in his words, "the best school on the West Coast."

These were not just words to Mr. Tarvin. To him this was a proven fact.

He realized and pointed out the quality of the school's learning environment.

He stated that his and the school's philosophy could be summed up in the following terms: "Those that do the work make the decisions, and those decisions are rewarded by the successes of the students, staff and community."

Mr. Tarvin enjoyed his job and realized its value and prominence. "All one needs to do," he stated, "is attend local, state, and national meetings to realize that my job is the best job in education."

C. COUNTRYMAN

VICE-PRINCIPAL

Mrs. Cassandra Countryman is La Jolla High School's newest member of the "administrative trio", taking over as girls' vice-principal from Dr. Joy McAllister.

After being the vice-principal at Taft Junior High School for two years, Mrs. Countryman felt the need to work with older kids. She explained, "I find it to be a great challenge. I'm very comfortable working at La Jolla High School."

Describing herself as "a motivator, a very high energy person who moves at a fast pace," she finds that the achievement-minded students at La Jolla High provide her with the incentives to do her best.

"It is very positive to be in such a strong academic school. It keeps me going, and it gets me thinking at a higher level.", she stated.

Mrs. Countryman is extremely happy to be at La Jolla High School, "It feels good to be back on a high school campus!" was her final note.

B. SALCIDO

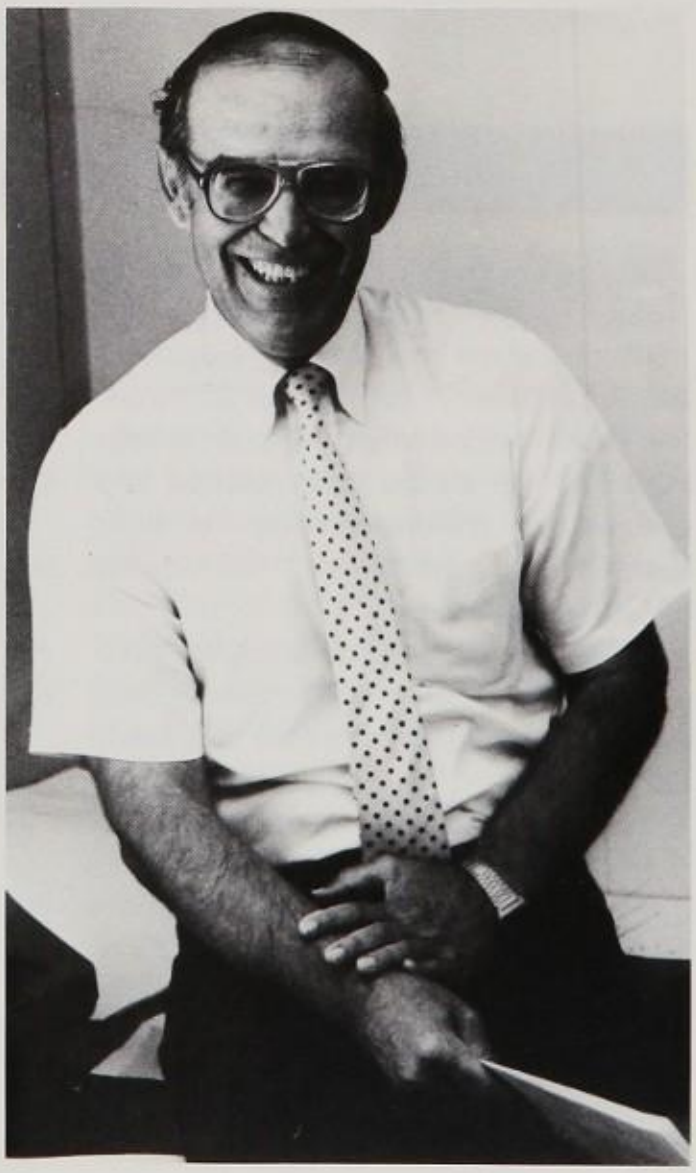
VICE-PRINCIPAL

When Mr. Salcido, the boys' vice-principal, arrived at La Jolla High in 1986, he brought with him 22 years of experience in the school district.

Some of his many responsiblities included supervising school security, the athletic program, and the gifted program, as well as making up the master schedule. In addition to these responsibilities, Mr. Salcido spent much of his free time refereeing football games.

Mr. Salcido would like to improve the school in several ways. Most importantly, he would like to see a new science building because the one currently in use is almost 40 years old and not on a par with the new buildings in the district.

Mr. Salcido said that it was the students who made La Jolla High so special. "The attitude of the kids is what makes it fantastic. They act like adults and when they are given responsibility, they follow through with it. They are always willing to go the extra mile."



D. ADAMS

COUNSELOR

"This article better be nice", joked Mr. Adams, "or else we may conveniently lose your transcript."

There was no danger of a misplaced transcript because it was impossible to find anything negative to say about this personable counselor.

Mr. Dennis Adams has been at La Jolla for 21 years. He began as a United States History teacher, then moved into a split assignment where he taught half day and counseled the rest. Later he became a full time counselor.

Although he unquestionably has experience in the field, it seems that his success stems from his warm and positive attitude towards everyone and everything. As registrar Carol Headington, who has worked with Mr. Adams since 1971 said, "I've never known him to be negative . . . or even dificult to deal with." Other staff members voiced similar views. "He always reacts in a cool, calm, and collected way," stated counseling secretary Mrs. Dee Engelken.

Students also felt Mr. Adams was an effective counselor. "I've always thought of him as an equal," explained senior Karen Abbo. "He makes it easy to talk to him, besause he makes you feel comfortable."

So it seemed to be unanimous that Mr. Adams possessed a positive outlook which made him approachable, helpful and most importantly, a good counselor.

M. PORTER

COUNSELOR

"I have no idea how many students I've worked with, but I'm sure the number is in the thousands," responded Ms. Mary Porter. For the past 25 years, Ms. Porter has been working at La Jolla High and she credits "the relaxed and cooperative attitude among the staff, students and community" for making her job enjoyable.

Ms. Porter began at La Jolla as a physical education teacher. She moved inside as a counselor about 15 years ago. As a counselor, she is responsible for scheduling her students into appropriate classes, aiding with college and carrer guidance, and occasionally helping iron out conflicts and problems students may have in a particular class.

For relaxation, Ms. Porter raises and shows quarter horses. "It's a real escape for me," she explained, "it gets my mind off my daily routine, and I enjoy being outdoors."

B. HARRIS

HEAD COUNSELOR

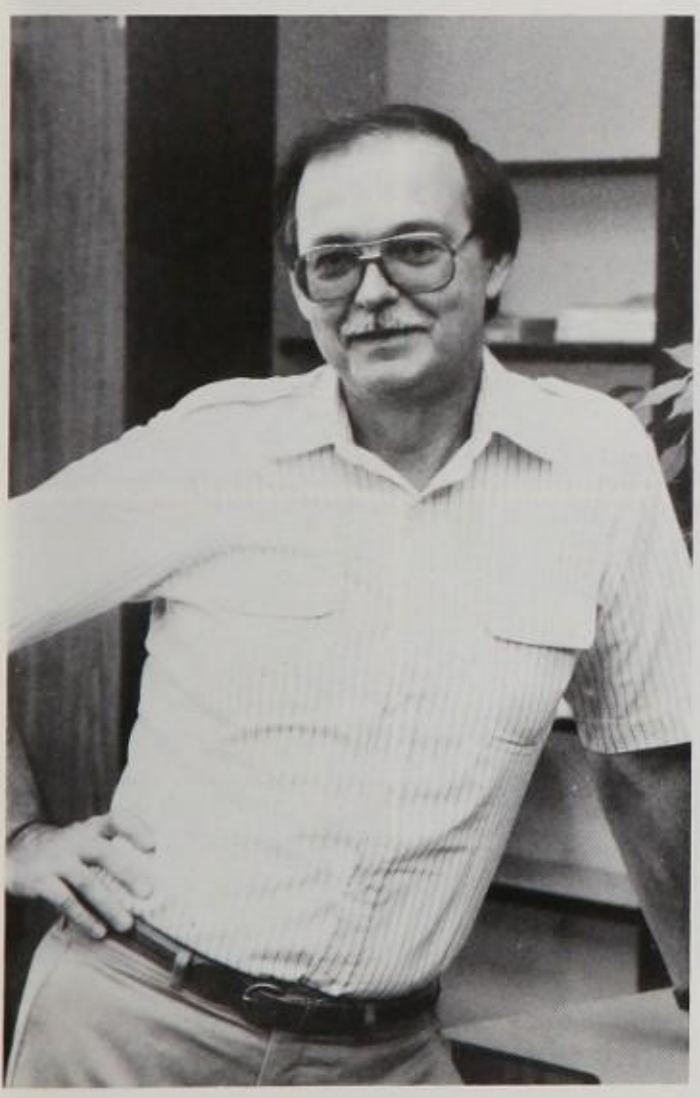
Whom did you see when you were frustrated with college applications, or felt bogged down with schoolwork? The answer was, of course, our friendly head counselor and college advisor, Mr. Bill Harris.

After 21 years of counseling at La Jolla High, Mr. Harris was an expert in his field and still thoroughly enjoyed his job. "I enjoy the relationships I establish with the young people the most", he explained.

Mr. Harris was recognized throughout San Diego county as an expert on college admissions. Principal J.M. Tarvin explained, "We are indeed lucky to have a person of Mr. Harris' caliber at La Jolla. He knows the ins and outs of admissions' procedures at colleges and universities throughout the nation."

In addition to counseling, which took up much of Mr. Harris' time, he also had another passion. Upon entering Mr. Harris' office, you may have been struck by the numerous sailing pictures covering the walls.

Mr. Harris, an avid sailor and the owner of a cruiser, enthusiastically explained, "Much of my free time — weekends and holidays — is spent on my boat."



A. NORTHROP

COUNSELOR

High school dropouts are not usually strong candidates to become school teachers. Nonetheless, Mr. Art Northrop made the strange transition, dropping out of high school after his junior year and later joining the staff at La Jolla High.

After leaving school, Mr. Northrop joined the Navy and traveled the world, visiting the Orient and the Arctic.

Upon finishing his active duty, Mr. Northrop completed college and went on to join the staff at La Jolla, where he has been a teacher and a counselor for 23 years.

Since coming to La Jolla, Mr. Northrop has worked diligently with the students.

Several years ago he started the La Jolla Antique Show. "This has been my biggest contribution to the school," he said. "Over the years it has raised thousands of dollars for scholarships."

Mr. Northrop's job involved counseling students with any academic, social, or family problems. He enjoyed working at La Jolla, and took pride in the excellence the school achieved. "The students commitment to their future is what makes La Jolla such a special place," he said. "The kids value their education and this creates a positive atmosphere for work."

La Jolla Faculty Has Its Own

Dynamic Duos

Cupid must spend much time hovering about the La Jolla High faculty. Three couples who taught this year all met while teaching at La Jolla High.

Prior to 1971, the school district had a rule prohibiting couples from working at the same school. "They were afraid that couples might bring their squabbles to work," explained Mr. Tarvin.

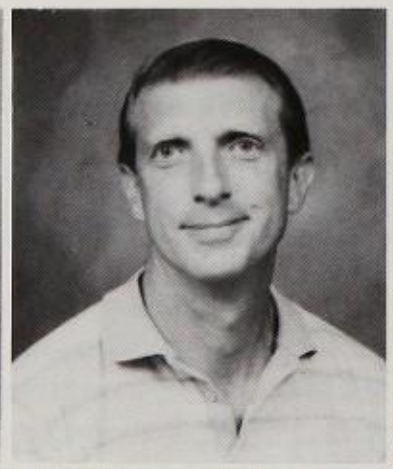
The reality for the La Jolla High teachers has been that the advantages of working together outweigh the disadvantages. As Mrs. Eveleth explained, "In addition to the obvious advantages of coming to work and leaving together, there is an additional feeling of togetherness at home because you can understand and share the other's feelings during stressful times."

Also meeting at work were the Sorianos and the Ecklars. Mrs. Soriano felt working at the same school with her husband might have placed some students at a disadvantage. She explained, "It might make it difficult for students who have both of us as teachers, because when we get home we might discuss their behavior in our classes."

Besides sharing La Jolla High School as their work place, the Ecklars have other common interests. "We both enjoy camping and sports," acknowledged Mrs. Ecklar.

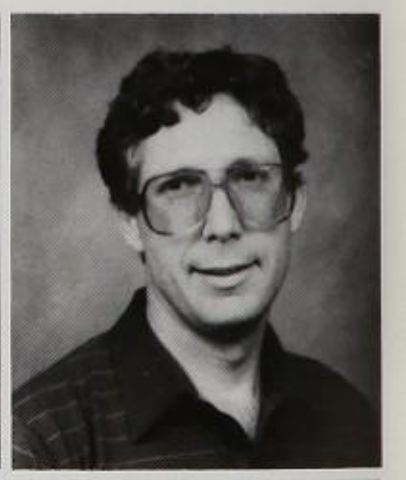
One of La Jolla's three teaching couples are the Sorianos. Mr. Soriano teaches Spanish and auto shop, while Mrs. Soriano teaches history.

Freeda Abbott
Mathematics

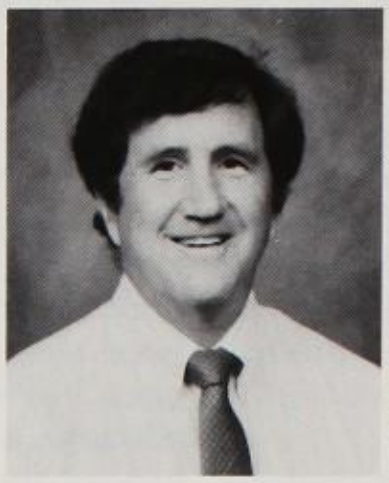


Bill Ames
Graphic Arts

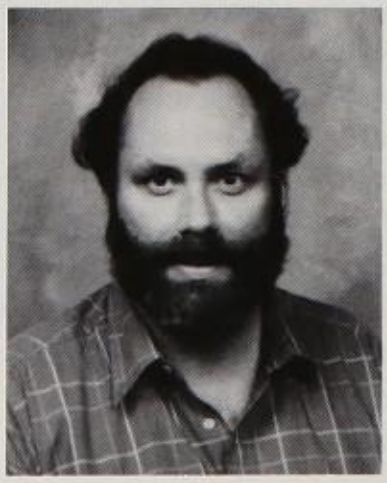
Kathy Atassi
Math



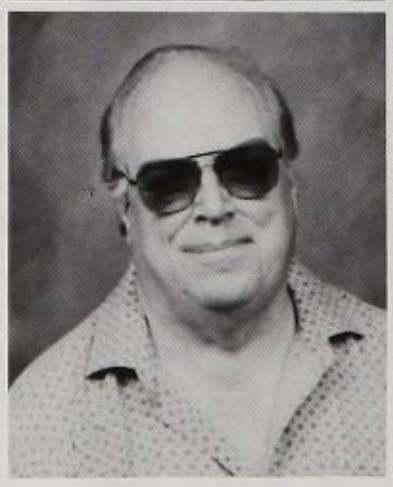
Joe Baron
Chemistry



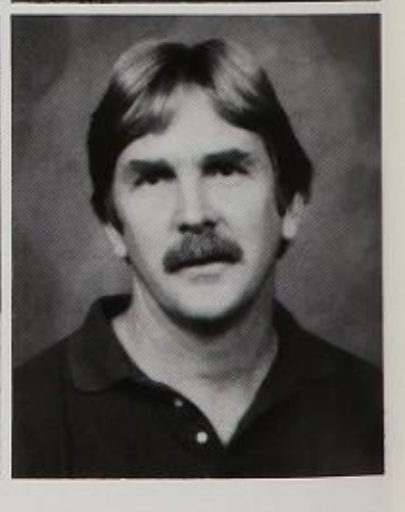
Charles Boyer
Math, Computers



Stephen Brown
Biology



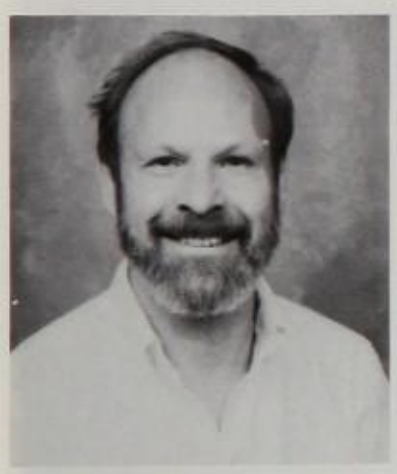
John Carey
English

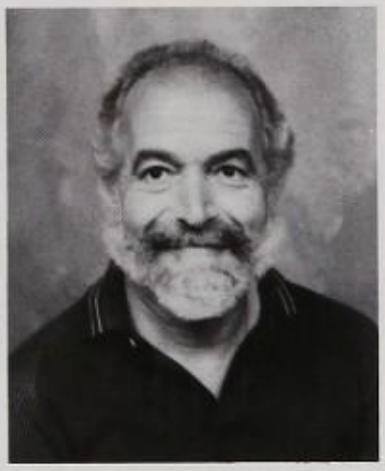


Richard Christensen
Art

Both Eveleths have coached CIFSDS winning teams. In addition to their coaching duties, they teach in the classroom.

Both Ecklars enjoy camping and sports. Mrs. Ecklar relaxes by reading, while Mr. Ecklar enjoys wood carving.



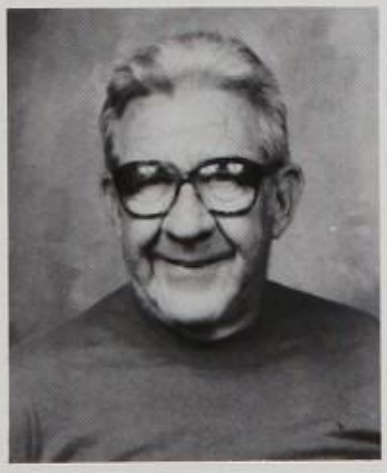


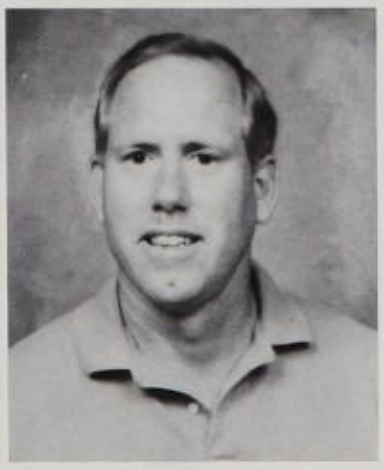
William Cowperthwaite
Mathematics

Harry Cromer
Mathematics

Patricia Crowder
English

Louis Demetre
Crafts



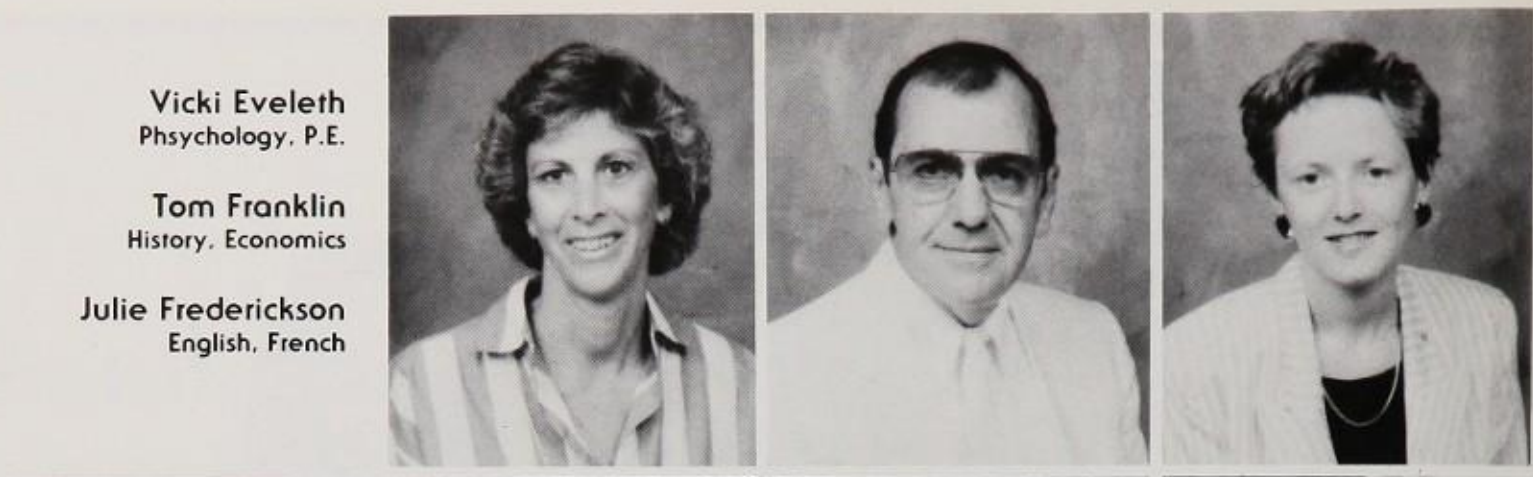


Jim Ecklar
Woodshop

Marianne Ecklar
English

Gene Edwards
Physical Education

Rick-Eveleth
History, P.E.



Vicki Eveleth
Phsychology, P.E.

Tom Franklin
History, Economics

Julie Frederickson
English, French

Bill Gookin
Biology

Barbara Groce
English

Pierre Guittard
French

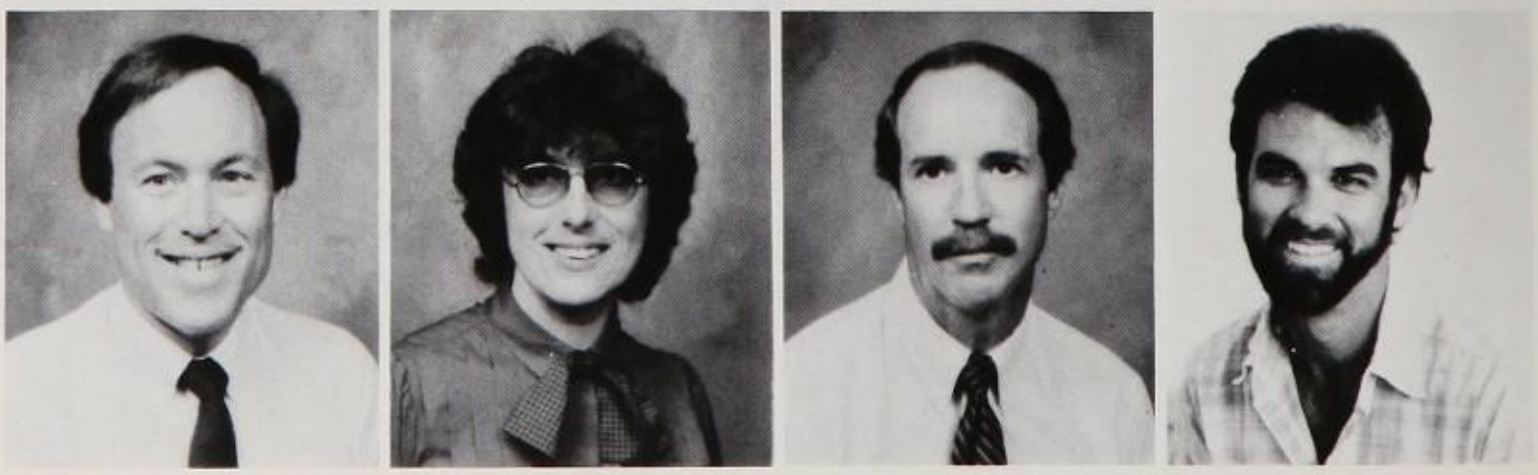
Marcia Head
Math

Jim Henderson
Business Education

Richard Huddleston
Physical Education

Maria Hynum
Spanish

Donald Jackson
Computers, Math



Vel Landi
Librarian

Vickie Lindblade
English

Maria Lipton
Philosophy, English

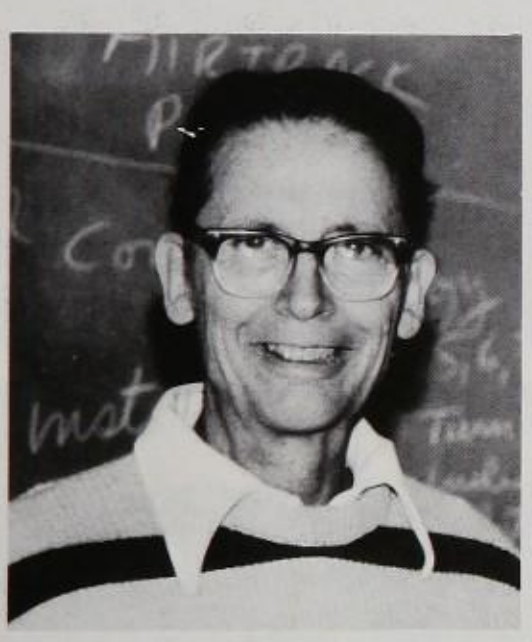
Mary McBride
History

Bob McKenzie
History

Gloria McMillan
English, Humanties

Terry McPherson
Drama, Drivers Ed.

Richard Menze
Math, Biology



La Jolla has five mentor teachers on staff this year. Pictured above are Ms. Vickie Lindblade (above), Mr. Everette Tompkins, and Mrs. Patricia Crowder.

Mentors are

Teachers Of Teachers

In Greek mythology, Mentor was the companion of Odysseus. By today's standards, a mentor is a wise and loyal advisor. In the San Diego School District, a mentor is a teacher of teachers.

A mentor teacher is basically a more experienced teacher who advises a less experienced teacher how to approach a specific subject. The school district pays mentor teachers four thousand dollars extra, for the one hundred additional hours they are required to work.

To become a mentor teacher , one must have first applied. Each filled out a written application and later was interviewed by the "Mentor Teacher" acceptance committee, which consists of a principal, a parent, and three teachers.

According to Mr. J.M. Tarvin, La Jolla High Principal, any teacher could apply for the positions. It was assumed, however, that only those who were willing to put in the extra work, and who were considered exceptional teachers by their peers, would be awarded the position.

This year at La Jolla High, Mr. Baron, Mrs. Crowder, Ms. Linblade, Mrs. Sherf and Mr. Tompkins were mentor teachers. They helped out new teachers from other schools with their respective subjects.

"Although the job only lasts for two years, and a teacher may not apply again, the job is challenging and fun," Lindblade commented.

Mrs. Sandra Scherf came to La Jolla High in 1985. In addition to spending extra time as a mentor teacher, she sponsors the Spanish Club.

Besides teaching chemistry, Mr. Joe Baron attends San Diego State and still finds time to work with the school districts new teachers.

Jan Moore
English

Carolyn Moulton
English

Joyce O'Neil
Special Education

Ken Payne
Political Science

Jim Poirier
Chemistry

Dave Ponsford
History, P.E.

Eric Preibisius
Mathematics

Maggie Quita
Physical Education

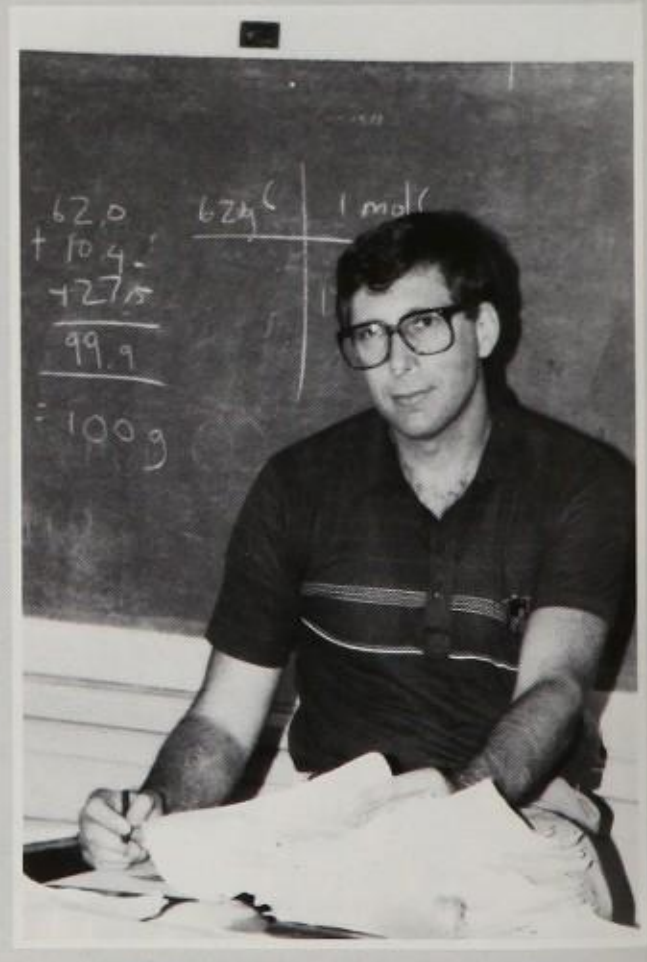
Loren Rindal
Physiolgy

Sandra Scherf
Spanish

Lori Schwalbach
Science, P.E.

Ora Sharpe
Consumer Studies

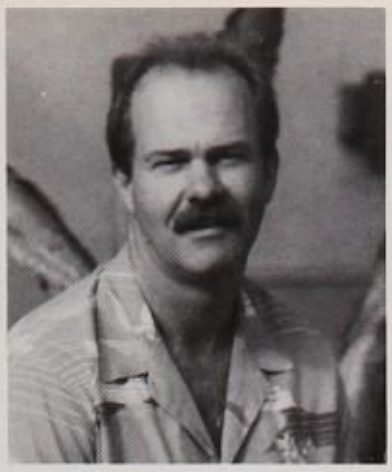
In addition to teaching at La Jolla High, Mr. Priebisius attends San Diego State University, where he is working on a M.A. degree in mathematics.



Mr. Baron takes chemistry classes at San Diego State University.

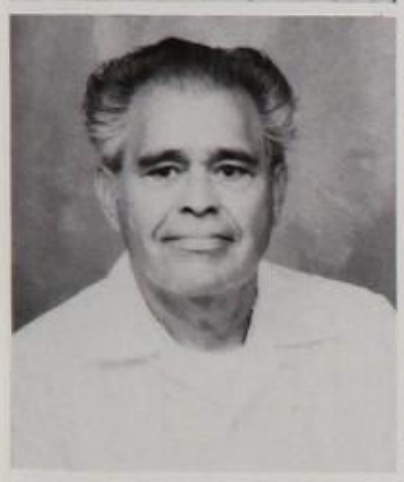
Jim Skelley
Mathematics

Nancy Skolnik
Spanish



Rick Smith
Industral Arts

Cindy Soriano
History



Jesus Soriano
Auto Shop, Spanish

Walter Stewart
Drama, ASB

Jerry Stukenberg
History

Martha Thum
Nurse

Everette Tompkins
Physics

Doris Townsend
Mathematics

Ian Ulen
English

Katherine Yost
Special Education

Mrs. Frederickson takes computer classes during her spare time.

Double Homework Means Being Both A

Teacher and Student

What did Mr. Priebisius, Mr. Baron and Miss. Fredrickson have in common with you? Right, they were also students. Simultaneously with their jobs as full-time teachers at La Jolla High, they pursued advanced degrees at local universities. While they studied different subjects — Mr. Baron, chemistry; Mr. Preibisius, mathematics; and Miss Fredrickson computers and education — they all felt the same pressures on their time.

The average day for these "teacher/students" was hectic. Imagine having not only to combine eight hours of work with a couple of hours of attending class each day, but also include having time for your homework, correcting students' papers, and spending time with your family. Where would you find the time? Miss Fredrickson said, "I sleep less than I would like." According to Mr. Baron, "You really have to manage your time very carefully."

However, the stress and pressure they coped with during the year in no way defeated them. Mr. Priebisuis explained, "It meant setting priorties, doing the best one could and making some sacrifices."

Remnants of the Past Linger In Our

Underground Bomb Shelter

Images of secret passages, cob webs, sealed vaults, and furturistic radiation suits floated through my mind.

I had received the assignment the day before and wasn't sure what to expect when I learned I would be given a tour of La Jolla's tunnel and bomb shelter.

While I had known there was a bomb shelter beneath the 400 building, I never thought about it. I recalled a **HI-TIDE** parody article a few years before about under-ground tunnels at school that served as an operations base for some secret colony (or something along those lines), but I never took it seriously.

I arrived at the office of Mr. Greg Taylor, head custodian, at the beginning of period two on a late October day.

He proceeded to give me some information about the tunnel and shelter.

The tunnel originally connected the shelter to the old administration building which was torn down in the 70's.

When we arrived, there were a few surprises. The shelter looked like any other room, and the tunnel only reached from under room 401 to below the Independent Studies room. It was blocked when the old administration building was demolished.

The shelter stood as a remnant from the past, when such events as the Cuban missle crisis and the Bay of Pigs brought the threat of nuclear war to the world's awareness.

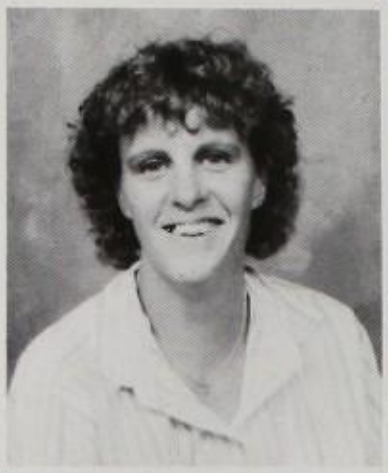
Although the subjects are serious and important, we were able to find humor, especially in the 25 year-old crackers issued by the Department of Civil Defense that were still stored there. I convinced Mr. Taylor to open a tin of them. All 1246 were thoroughly stale. Mr. Taylor joked about how he was "going to serve them in the cafeteria," that day, but on a more serious note, he added that in the event of a nuclear war, having the crackers "would be better than going up and eating contaminated food." — By Ann Preisman

Francisca Albanil
Attendance Clerk

Graciela Aquiori
Cafeteria Staff

Grace Barrow
Cafeteria Staff

Mary Clark
Cafeteria Staff



Sally Connelly
Cafeteria Staff

Adie Covalt
Teacher's Assistant

Cathy Cruz
School Clerk

Jean Daenzer
Cafeteria Staff

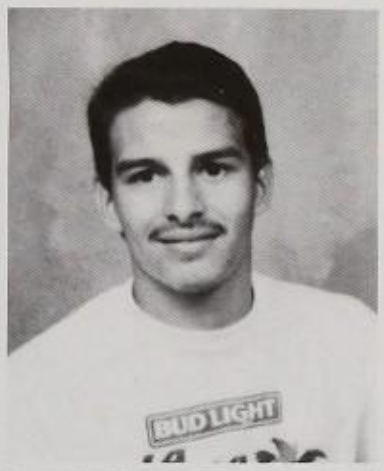
Judy De Cavalcante
Clerk

Senior Ann Preisman considers tasting one of the crackers stored in the school bomb shelter. These crackers, which are sealed in tin cans, were placed in the shelter 25 years ago.

The underground tunnel runs from below room 401 to below the Independent Studies classroom.

Elston Eisner
Cafeteria Staff

Dee Engelken
Counseling Secretary



Martin Escobido
Media Center Assistant

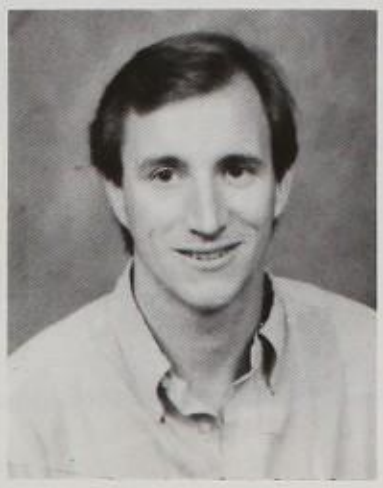
Sue Garcia
Gardener

Michelle Gerald
Attendance Clerk

Belle Grubbs
Teacher's Assistant

Mary Havrilla
Cafeteria Staff

Carol Headington
Registrar



Paul Jewell
Media Center Director

Moly Jones
Cafeteria

Lynn Kleitsch
Librarian's Assistant

Jaime Mendez
Teacher's Assistant

Olga Mendoza
Guidance Aide

Peter Morceri
Cafeteria

Barbara Morales
Attendance

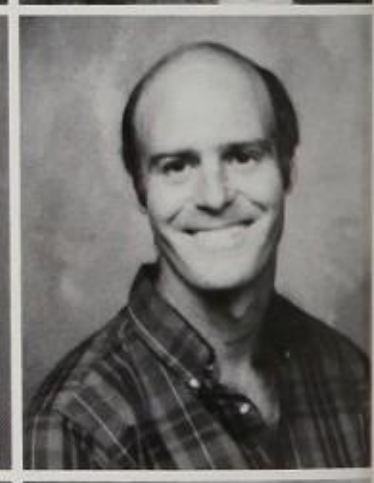
Elizabeth Nemeth
Financial Secretary

Phyllis Roeder
Administrative Assistant

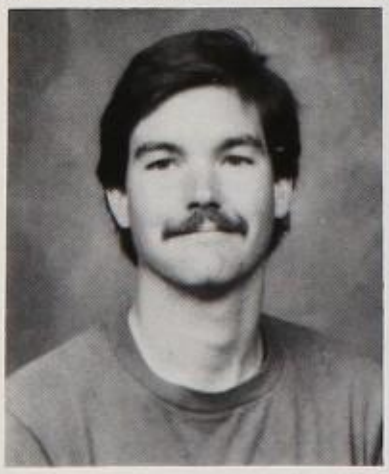
Monteen Solberg
Data Clerk

Gerie Stalle
Principal's Secretary

Barbara Thomson
Receptionist

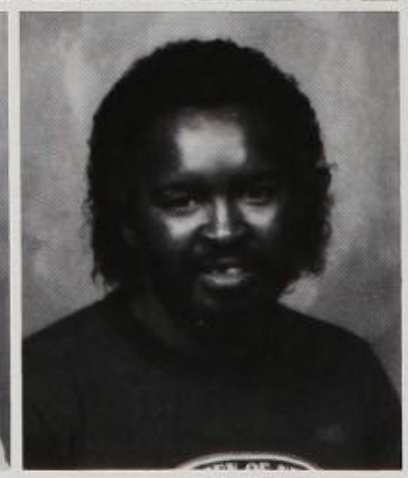


Greg Taylor
Head Custodian

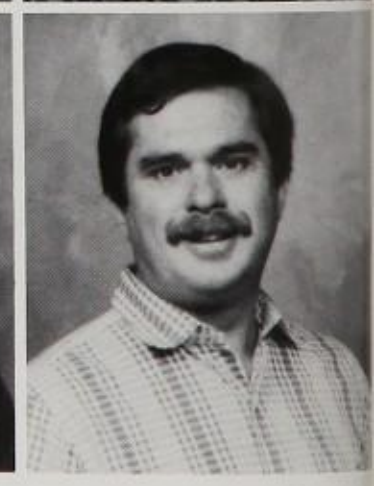


Troy Tyler
Custodian

Carolyn Walsh-Decker
Cafeteria



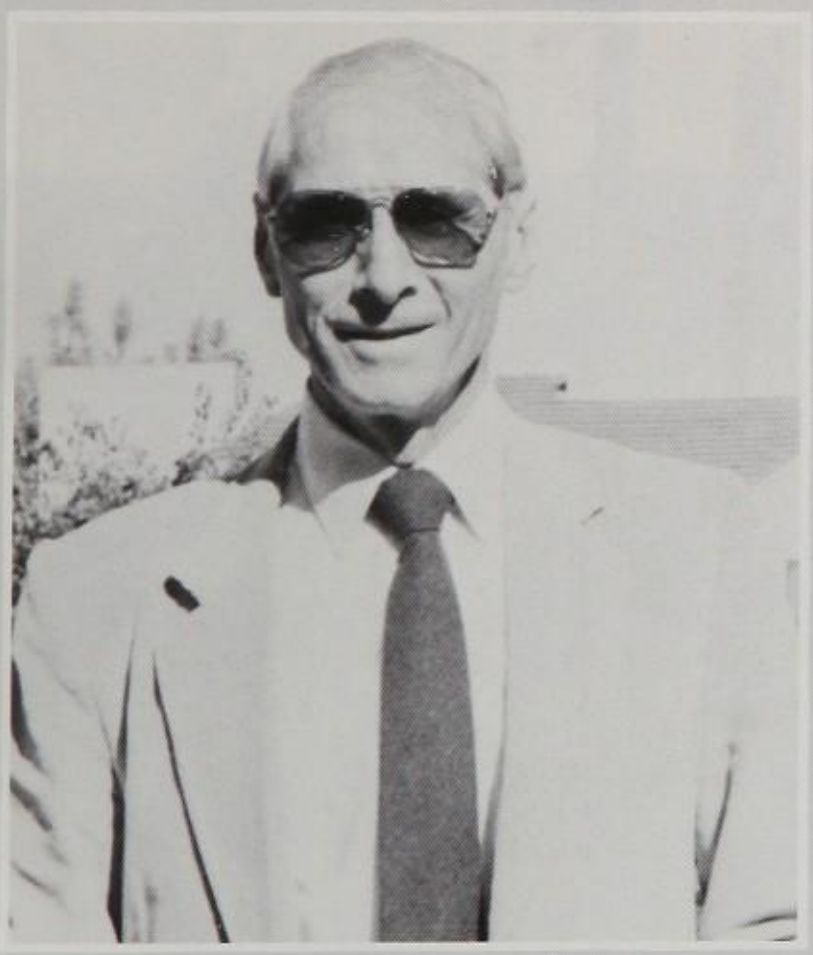
Ernest Watson
Custodian



Gary Worsham
Custodian

Some Staff Members Move And

Popular Teacher Retires



Mr. James Ecklar (above) puts the finishing touch on one of his projects. Posing outside the classroom he occupied at LJHS is Mr. Tony Morales.

Mr. James Ecklar retired from teaching in June. Leaving La Jolla High last year, too late for mention in the yearbook, was Mr. Tony Morales. Mrs. Carol Headington and Mrs. Barbara Morales also left the staff during the school year.

Mr. Ecklar had been an industrial arts teacher for 30 years. Commenting on Mr. Ecklar's retirement, senior Trevor Braizer said, "He taught me and other students so much. It will be sad to see him go." Junior Albert Sanchez added, "The school will be losing a creative mind when he leaves." Looking to his retirement, Mr. Ecklar said, "I'm looking forward to spending more time on my own hobbies, especially woodcarving."

Mr. Tony Morales retired from the teaching staff in June of 1987. He began his teaching carrer in Arizona. While coaching there, his basketball team won the State Championship twice. Mr. Morales joined the La Jolla High teaching staff in 1971 as a social studies teacher. In addition to being well-liked, Mr. Morales was an avid fan of the school's athletic teams.

Mrs. Headington, school registrar for more than 13 years, moved to Cedar City, Utah, in December after remarrying. Commenting on Mrs. Headington, principal's secretary Mrs. Gerie Stalle remarked, "Regardless of the amount of job pressure, Carol remained unflappable, cheerful and young at heart."

Mrs. Morales, school attendance secretary, left at the end of November to join the staff at Curie Elementary School, for a job which dealt with younger children and required fewer hours. Remembering Mrs. Morales, senior Danny Mendoza commented, "Even though she never let us get away with missing any school, you could always tell she cared about us."

The yearbook staff and the students of La Jolla High wish Mr. Ecklar, Mr. & Mrs. Morales and Mrs. Headington the very best of luck in the future. You have touched our lives, and we will not forget you.

Registrar Mrs. Carol Headington left LJHS in December.

Mrs. Barbara Morales joined the staff at Curie Elementry School in November.

Sophomores Get Acquainted

Sophomores were at the beginning of their high school careers. Their first few days at La Jolla High were spent untangling registration procedures, searching for classrooms and trying to fit into an unfamiliar world. In addition to the academic rigors of the school, new social and athletic opportunities were available to them.

To most, it was apparent that academic perfomance had taken on a new importance. Counselors and teachers stressed that grades and credits were necessary to meet graduation requirements. Coaches explained that a 2.0 GPA was the minimum requirement for eligibility on athletic teams. Some felt like Donne Segal who said, "The classes are just as boring as junior high school, but with ten times as much homework."

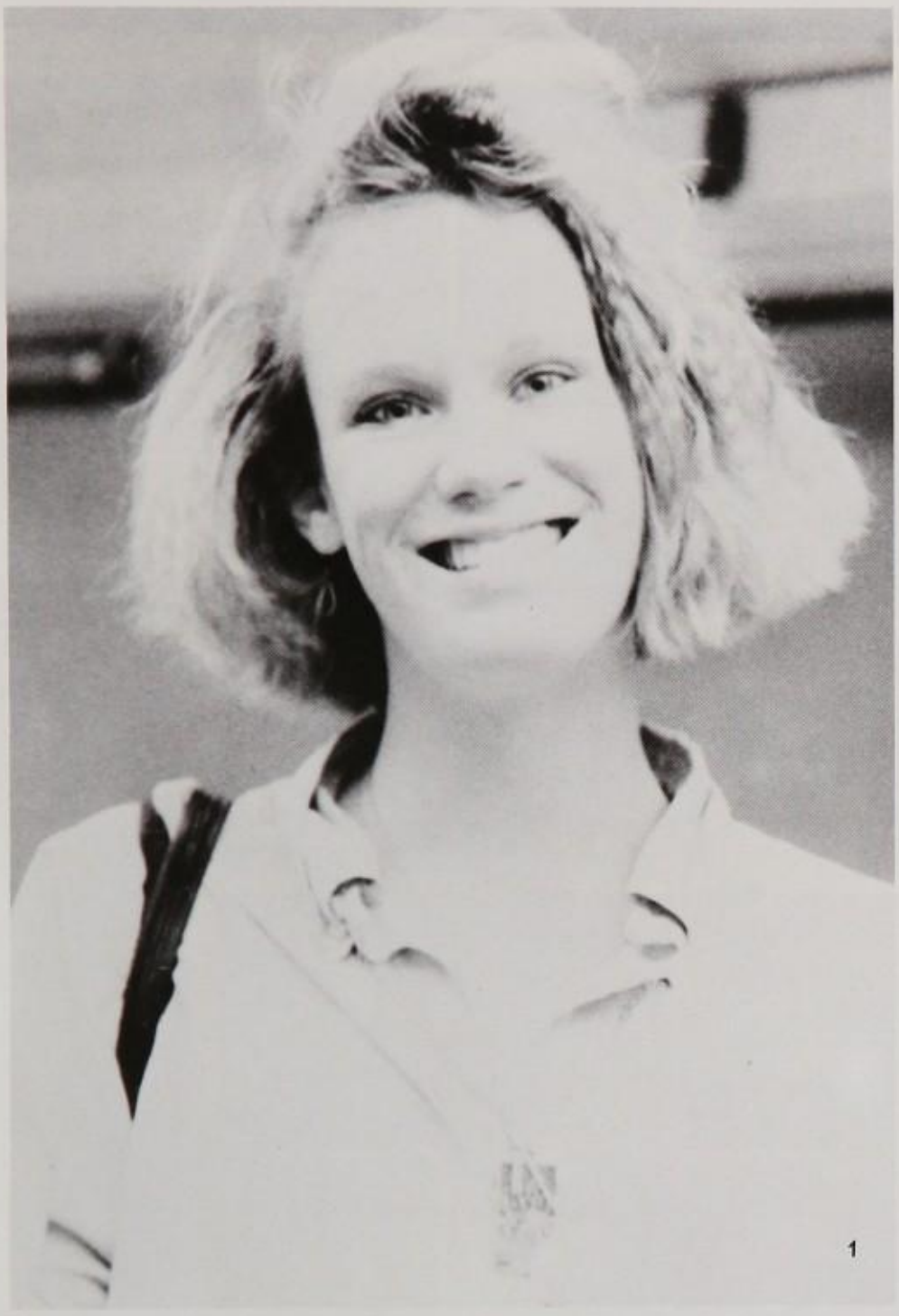
High school provided new dimensions to the social life of many sophomores. Julie Anthony stated, "You can meet lots of different people and do different things. There is a lot more freedom here."

The opportunity to participate in interscholastic athletics was important to many sophomores. "Being on the track team is the best part of high school," said David Smedly. One of the few sophomores making a varsity team was Mike Wollaeger, who commented, "Being on Varsity really made me work hard. I've received a lot of benefit from being on a team with more experienced juniors and seniors."

For most sophomores, the year was one of discoveries and growing-up, as they were thrust into an atmosphere of divergent goals, attitudes and interests. By the end of the year as they looked back over "Days Gone By", most realized that they formed the nucleus of what La Jolla High would become.

Looking over a list of available classes, Marinella Giarratana contemplates what subjects to take.

Chris Page, Megan Forrester, and Sabrina Moss check the daily bulletin to find out what is happening around La Jolla High School.



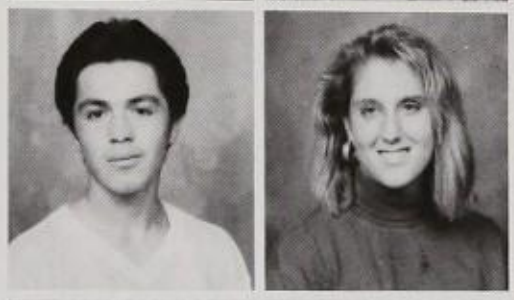
1

Adams, Michael
Afjei, Jasmin

Aftandelian, Serge
Aguilar, Sandra

Aguirre, Carmen
Aliangan, Moises

Allen, Leisa
Almassizadeh, Farshad



Alonso, Mario
Alspach, Juile

Altman, Yoav
Alvarez, Juan
Alvarez, Monica
Amarillas, Les
Andersen, Amy
Andrade, Renee

Anthony, Julie
Apkarian, Marc
Arceo, Edgar
Archer, Tracey
Arizmendi, Ben
Arjmand, Tandis

Aufmann, Brian
Azcona, Steve
Baer, Katie
Bahena, Freddy
Baker, Amy
Baker, Shaunna

1.Karen Davis

S O P H O

Balderas, Olivia
Barber, Alex
Bauer, Amy
Beers, Greg
Berglund, Anna

Biber, Liz
Birman, Roberto
Blunt, Christine
Boline, Laurel
Bonner, Trent

Booth, Robert
Boucher, Maaren
Brady, Madeleine
Brewer, Laurie
Broderick, Kathy

Brophy, Rebecca
Brown, Jeremy
Brown, Meegan
Burgos, Thomas
Busby, Bruce

Calhoun, Peggy
Callahan, Theresa
Cammer, Robin
Castillo, Bobby
Castillo, Luis

Cesarz, Matt
Cesena, Demetrio
Chaitin, Justin
Chang, Steven
Cheatum, Chris

Ciancimino, Scott
Cioanca, Dara
Cleary, Justin
Cookley, Charles
Collins, Jennifer

M O R E S

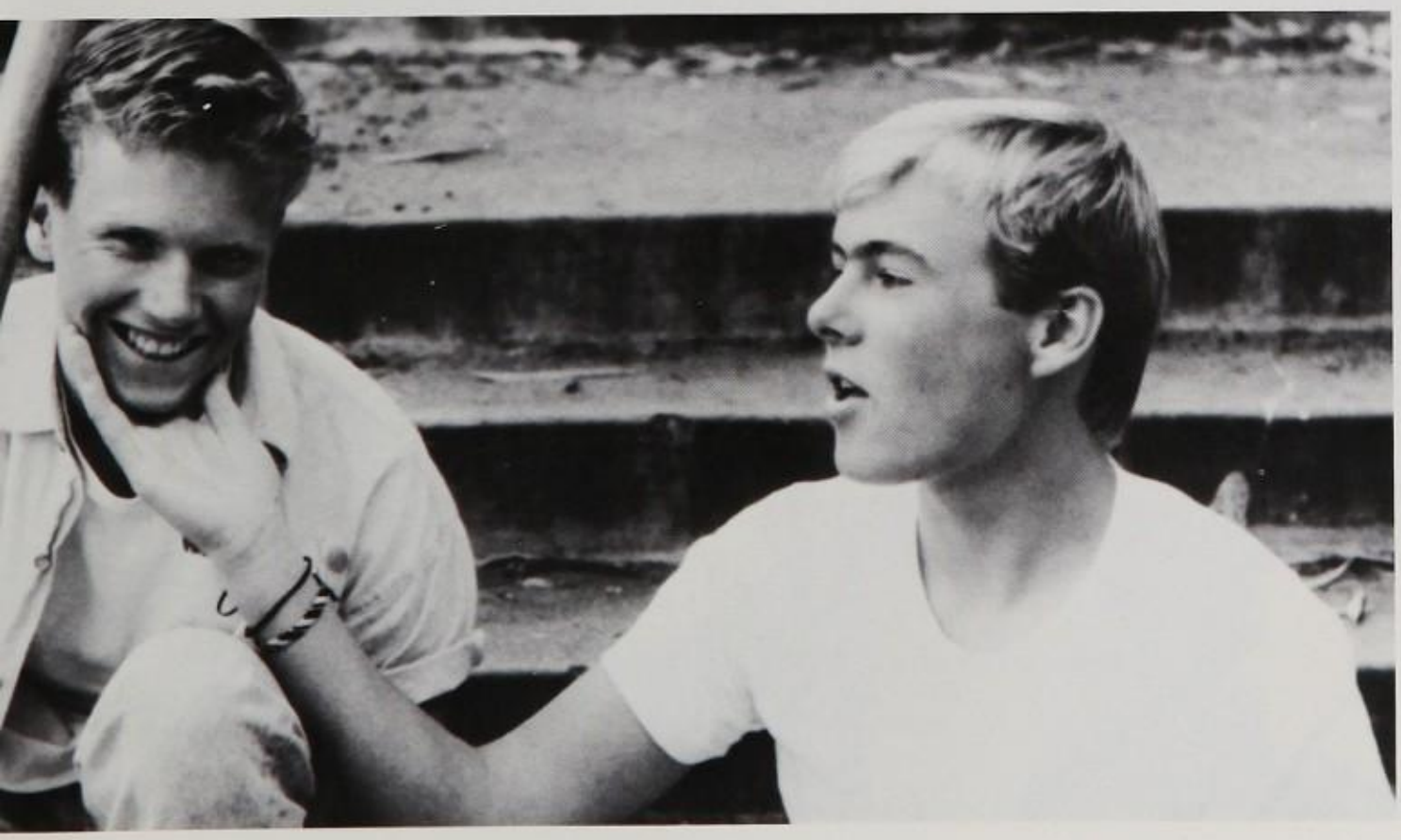
Colwell, Connie
Cooper, Kit

Couturier, Mauricio
Crowder, Jeff

Cumming, Sherrie
D'Allaird, Mike

Daniel, Keri
Darby, Heidi

Davidson, Marc
Davis, Karen



1. Lisa Rappaport
2. Chris Cheatum, Cannon Kristofferson

S O P H O

Dees, Amanda
Degenaro, Natalie
Delacruz, Jose
Deleau, Scott
Denison, Kathy

Dennis, Trishc
Doerring, Tara
Doljanin, John
Dudl, Eric
Duncan, Kent

Dunn, Lisa
Dye, Maureen
Eckert, Noel
Eleuterio, Brenda
Escamilla, Aida

Escobedo, Martha
Esparza, Guadalupe
Estrada, Antonio
Fahey, Kevin
Fairfield, Greg

M O R E S

Fairley, Michael
Farr, Danielle
Favier, Alvaro

Feldman, Amy
Fereidouni, Babak
Fiol, Roberto

Fipp, Nicole
Firtel, Kenny
Flores, Luis

Forrester, Megan
Frank, Gary
Frigon, Chris

1. Justin Pawl, Randall Lind
2. Nadine Hyde, Karen Goldstein, and Nicole Fipp
3. Marc Kellogg

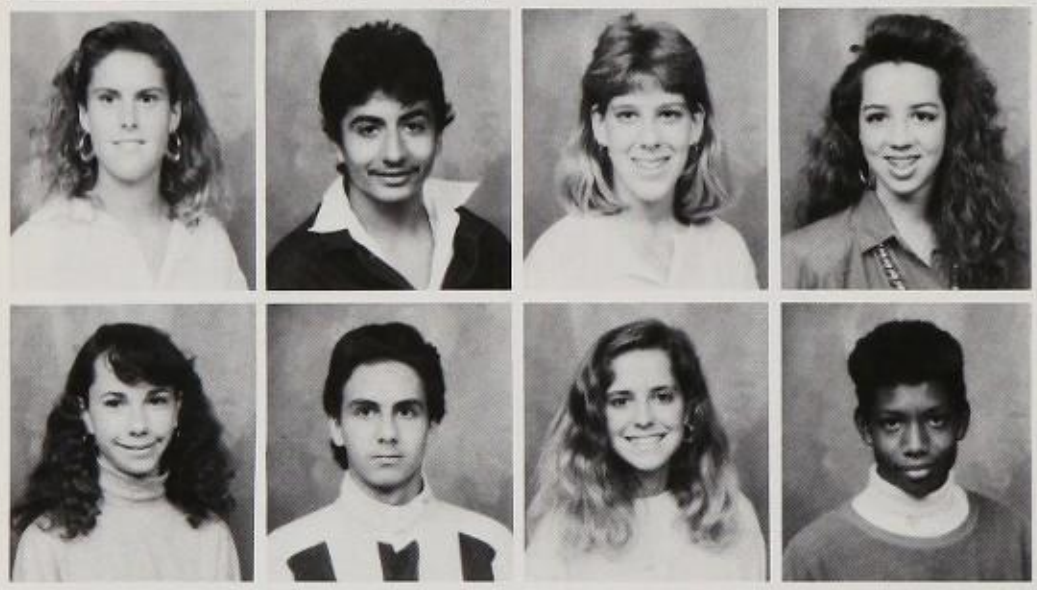
S O P H O

Fritzges, Christina
Gaffney, Errick
Galindo, Octavio
Galvan, Sofia

Ganci, Christopher
Gandarilla, Lucia
Gerle, Nikki
Giarratana, Marinella

Gilbert, Jennifer
Goble, Gretchen
Gold, Jennifer
Golding, Catherine

Goldstein, Karen
Gomez, David
Goreham, Desiree
Gott, Amy



Gratt, Alexis
Green, Baron
Green, Melanie
Greene, Patrick

What are the ups and downs of being a sophomore?

Aly Ware : It is better than being a freshman.
Josh McCarter : La Jolla High is much better than Muirlands.
Jennifer Gold : My worst experience this year was when a bird left some droppings on my head while going to class.
Tania Smith : Teachers treat you on their own level and trust you more.
Leslie Nakishima : The worst is shar — ing a locker and the best is seeing how much the seniors have improved.
Trevor Kelly : The best part about being a sophomore is being able to play varsity sports.
Megan Forrester : The worst part is feeling like a baby because you are at the bottom of the school.
Chantal Innis : There are a lot more people here to associate with.
Mele Isaacs: It's the year we get to drive.
Kim Lessard : Off campus lunch is the best part. The worst part is no more talent shows.
Maaren Boucher : Not having to take the SAT's.
Chris Perry : I like being a sophomore because I hate juniors.
Nesbit Cooper : The worst part about being a sophomore is just being a sophomore.

M O R E S

Grote, Chris

Guilak, Shieda

Gutierrez, Jason

Haberman, Aaron

Hall, Scott

Haller, Jori

Hanes, Candi

Hansen, Iana

Harrell, Tanissha

Harrison, Ari

1. Justin Pawl, Antonio Estrada
2. Aliki Theofilopoulos, Kathryn Werwage, and Christine Blunt
3. Sabrina Moss, Lisa Rappaport

S O P H O

Heinemann, Quentin
Herritt, Mark
Hian, Nancy

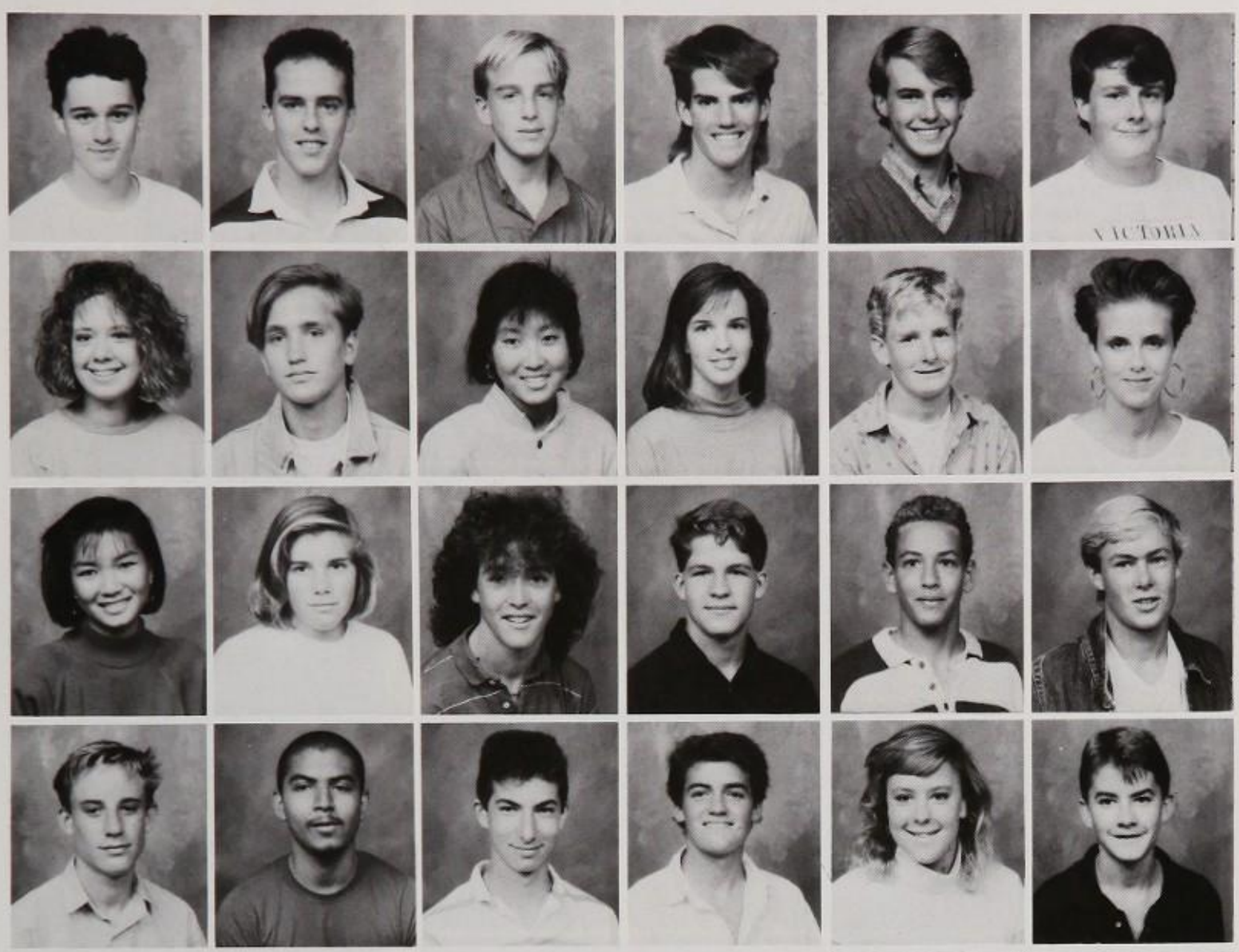
Hinton, Stephanie
Hippensteel, Julie
Hjalmarson, Petra

Holst, Krista
Homayoun, Vida
Horsley, Tamara

Hu, Grace
Hull, Brandy
Hyde, Nadine

Innis, Chantal
Isaacs, Mele
Iverson, Andi

M O R E S



Jarmon, Dave
Johnson, Brian
Kantor, David
Kelly, Trevor
Kellogg, Marc
Kerwin, Andy

Kester, Tracy
Kevorkian, Sevan
Kimura, Robyn
King, Victoria
Kirn, Brad
Klein, Carrie

Kobayashi, Caroline
Koopman, Katrina
Kornberg, Michael
Kriebel, Norbert
Krimm, Michael
Kristofferson, Cannon

Lamont, Mark
Ledesma, Raul
Leffert, Mike
Lemons, Shawn
Lery, Bridgette
Leslie, William

Lessard, Kim
Levy, Debbie

Lewis, Matt
Ley Marcella

Lind, Randall
Lopez, Francisca

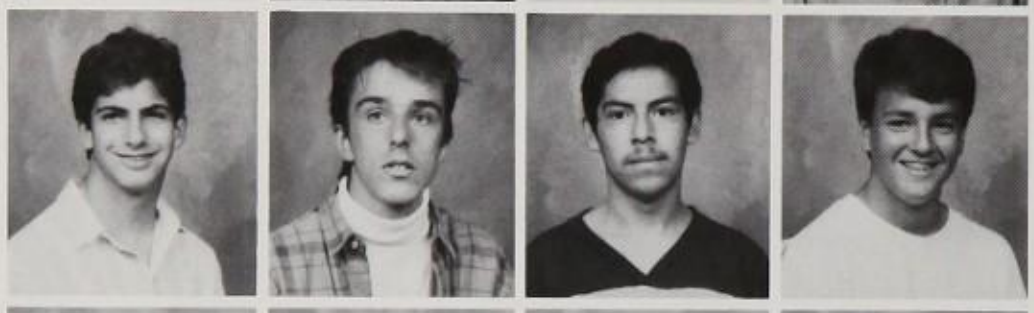
1.Cindy Newman, Jasmin Afjei
2.Lisa Luglan
3.Brian Walsh

S O P H O

Ludden, Andrea
Luglan, Lisa
Luo, Rui Ru
Lynn, Brian

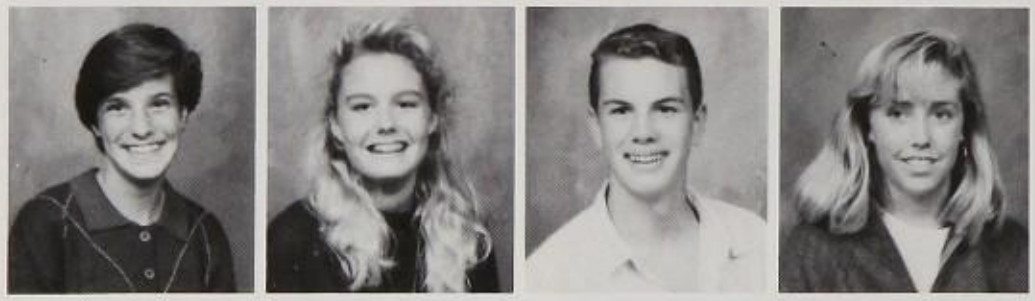
Lyons, Aliza
Macedo, Arturo
Magee, Thane
Malk, Andrew

Malk, Anthony
Marchetti, Brian
Marin, Edgar
Marin, John

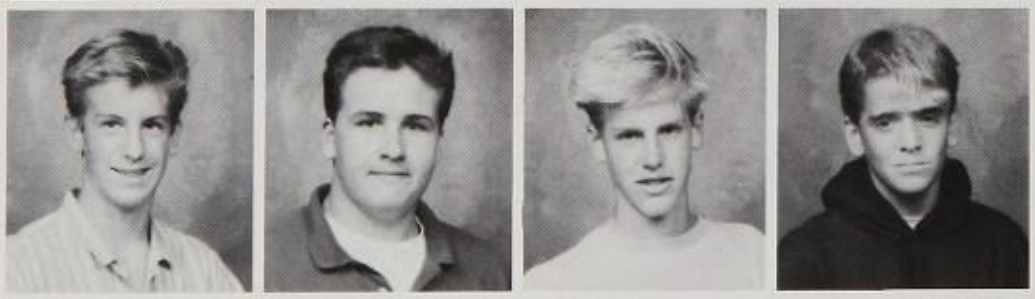


Martin, Maria
Martinez, Yolanda
Maul, Shannon
Mayer, Steve

Mayhew, Kristen
McCalmont, Heather
McCarter, Joshua
McCormick, Megan



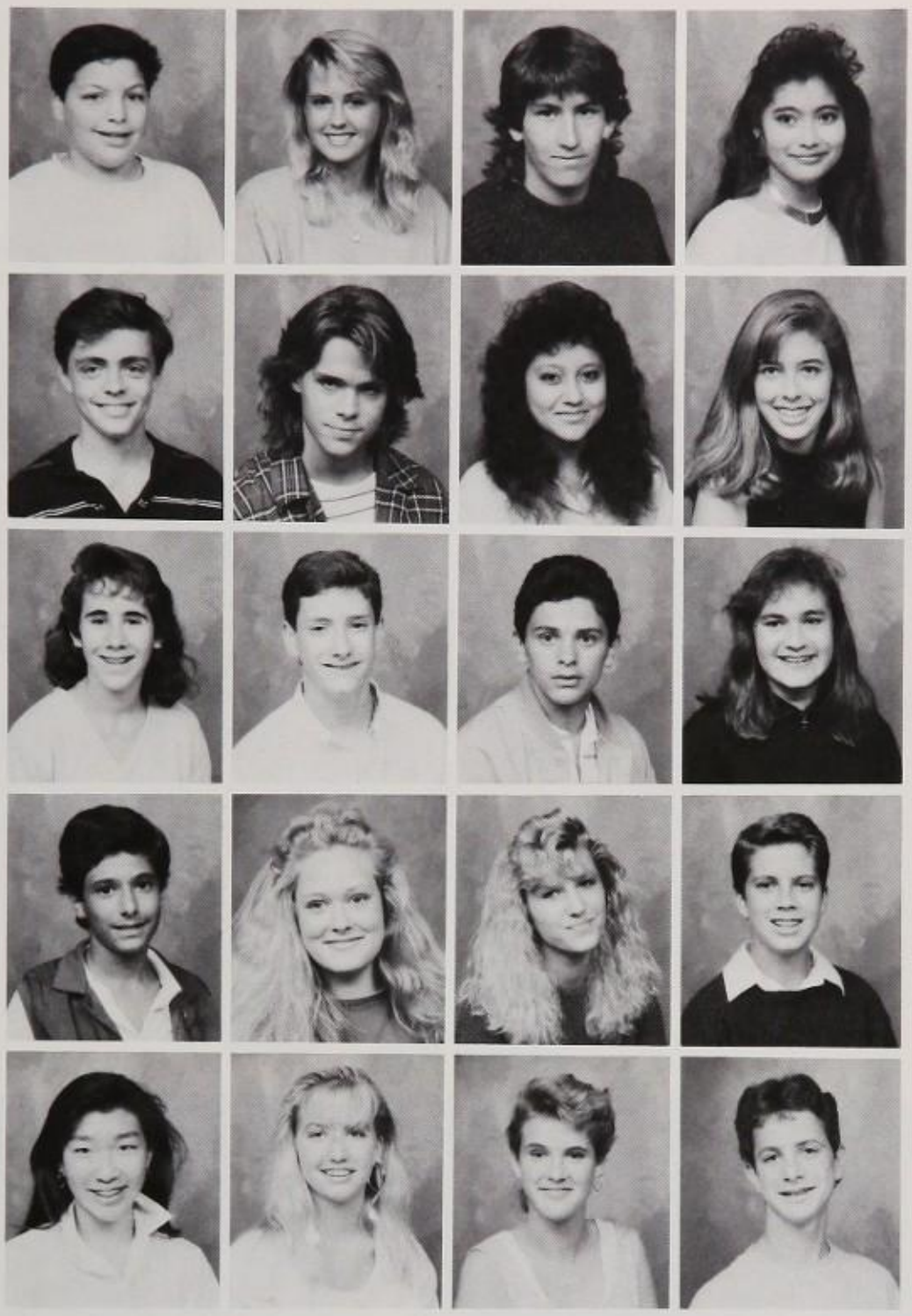
McGowan, Michael
McKenna, Sean
Mehl, Christopher
Melroy, Danny



Mendez, Laura
Mervis, Tana
Michaelsen, Kristina
Mitchell, Amy

1.Trina Woods
2.Randall Lind, Justin Pawl

M O R E S



Moceri, Sal
Mohr, Andrea
Moila, Larry
Montano, Maria

Montgomery, Cromwell
Moody, John
Morales, Peggy
Morphew, Michelle

Morris, Sara
Morrison, Seth
Mosqueda, Pedro
Moss, Sabrina

Motadel, Arta
Moyers, Melissa
Mros, Tara
Murphy, Christopher

Nakashima, Leslie
Newman, Cindy
Nichols, Laura
Nissenberg, Brett

Lind and Pawl Rip Up the Waves

Surfing interview with Randy Lind and Justin Pawl.

How many years have you been surfing?
J+R: 3 to 4 year.

Who are your sponsors?
R: Bessel surfboards, Billabong clothing, and O'Neil wetsuits.
J: Wind n' Sea Beach and Surf, Island Scene surf — boards, Rip Curl wetsuits, and Platts clothing

What triggered your interest in surfing?
R: Boogie boarding was lame, so I decided to turn to surfing. J: My friends were surfing.

How much time do you put into surfing?
R+J: About four hours a day.

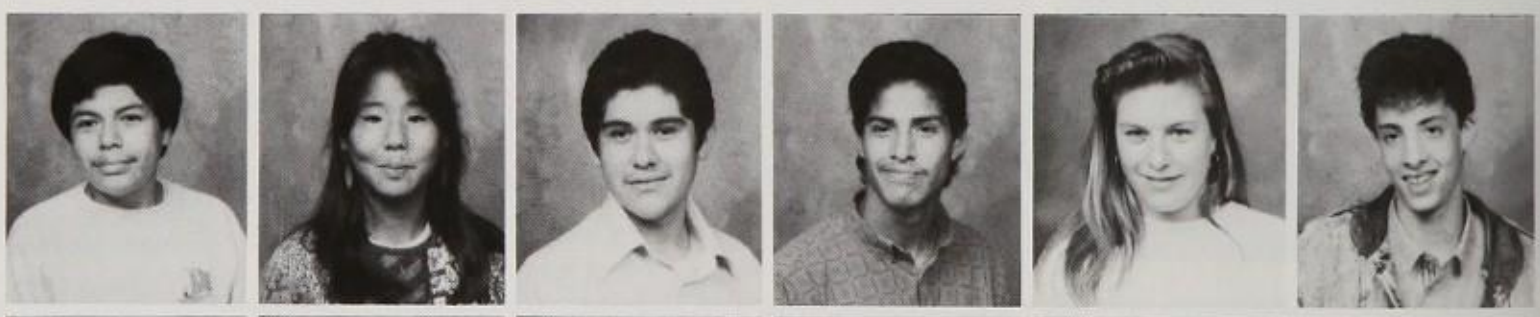
What's your favorite spot to surf?
R: Big Rock
J: Tressels

What surfers do you admire?
R: David Eggers, Tom Carroll, Occy.
J: Brad Gerlach, Tom Curren, Occy.

How does surfing influence your life?
R: If I'm having a bad day, I just look forward to going surfing.
J: It takes precedence over everything else.

S O P H O

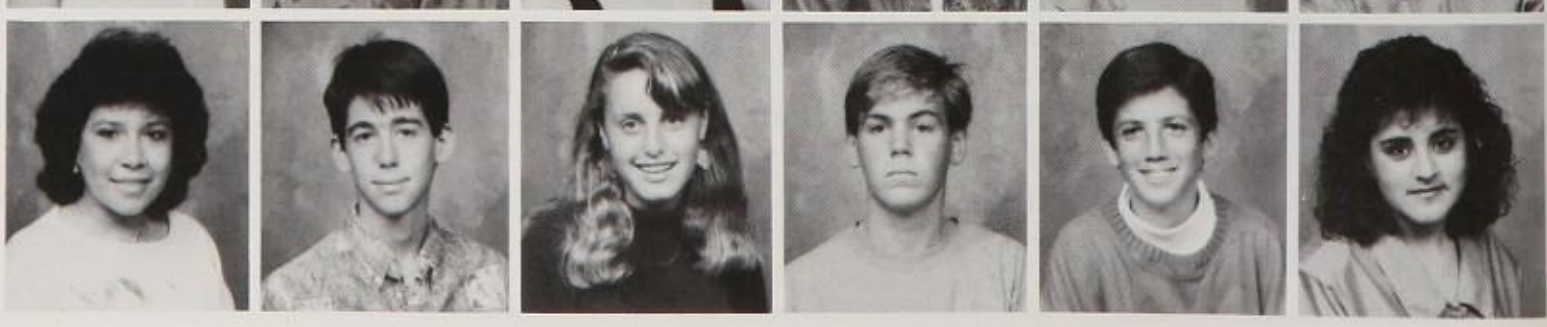
Ocampo, Carlos
Ohkawa, Hana
Olivia, Manuel
Ortiz, Miguel
Owen, Carrie
Padowitz, Anthony



Page, Chris
Pahlavi, Jeff
Park, Kenneth
Pawl, Justin
Pelc, Natalie
Pendleton, Jennifer

Peralta, Claudia
Perry, Chris
Petrovic, Alex
Phillips, Naomi
Picone, Lynda
Pitcairn, Justin

Ponce, Monica
Pratt, Brian
Preisman, Laura
Prescott, Christopher
Pryor, Andrew
Quezada, Evangelina



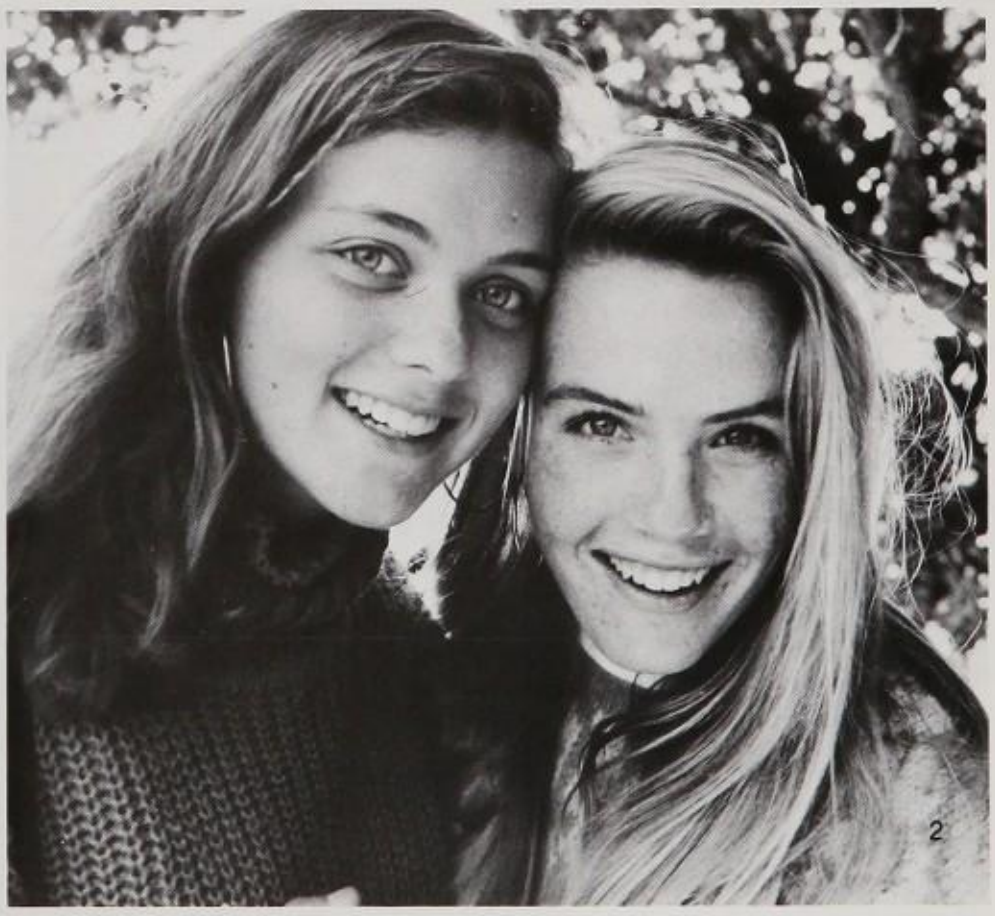
M O R E S

Quinn, Mussett
Ramierez, Celia
Ramos, Maria
Rappaport, Lisa
Rich, Ellie
Richman, Sara

Richmond, Brian
Rico, Elsie
Robles, Lorena
Rodriquez, Ramon
Rojas, Miguel
Romero, Gustavo

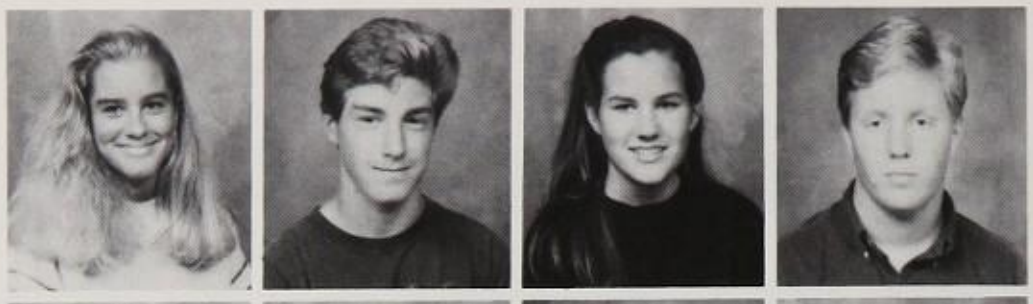
Rosa, Antonio
Rosenberg, Matt
Ross, Brandon
Rudolph, Jennifer
Ruiz, Luis
Rushde, Naja

Sadegian, Lili
Sahratian, Jonas
Salgado, Veronica
Sanchez, Sofia
Santana, Lorena
Sarkin, David

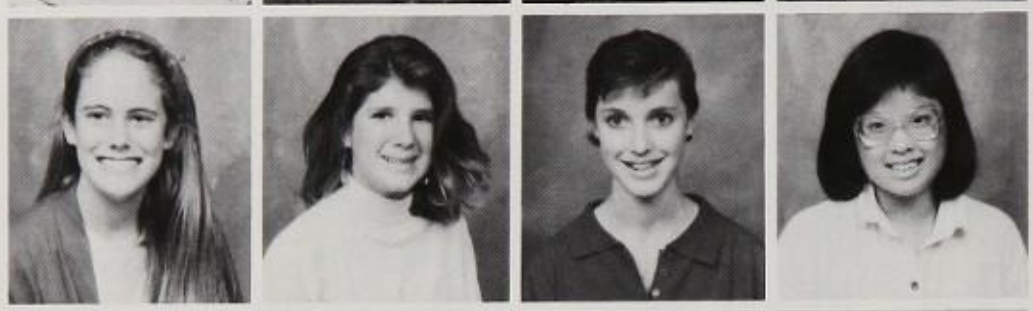


1. Virgina Vanos, Madeleine Brady.
2. Jennifer Gilbert, Jennifer Rudolph
3. Iana Hansen

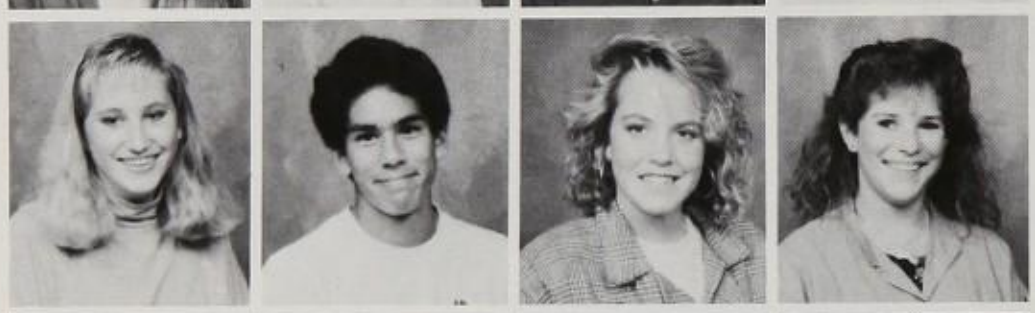
Schmidt, Tami
Schubert, Bruno
Schwartz, Kristina
Schweikert, Jim



See, Jennifer
Segall, Donne
Sharpe, Sunshine
Shen, Elisa



Shirley, Corina
Show, Aaron
Sickman, Susannah
Slavin, Jacqui



Smallwood, Ivan
Smith, Nathan
Smith, Stephen
Smith, Tania

Learning To Drive

Driving, to teenagers, is one of the first major steps to responsibility, but unfortunately, it entails more than just turning a key. It involves the three following phases:

1. DRIVING SCHOOL — This place is the purgatory where teenagers spend thirty-two hours as punishment for all the evils they committed during the first of their teenage years.

During this time, students found themselves reverting to strange, primitive forms of entertainment such as aiming and shooting orthodontic rubber-bands at various targets and translating Whitney Houston songs into Morse code.

2. THE PERMIT — The student has survived driving school, but is now face to face with the driving instructor. It is likely that, while driving with one's instructor during this phase, a kind and courteous individual cruising by will feel the need to dispense some driving tips to the teenager. One of the more common phrases used is "You're gonna crash!" How these people know that the student is learning to drive remains a mystery. It could never be those inconspicuous driving school signs attached to the front, back and sides the vehicle.

3. THE LICENSE — The student has survived all the muck of learning to drive and somehow has acquired a license. But alas, he still has much more to learn. New and exciting challenges are waiting, such as parallel parking without detaching the bumpers of the imports parked in fromt and behind, and avoiding the wrath of that huge senior football player, into whoe B.M.W. you just crashed. Finally, however, the student must master the art of convincing his parents that he deserves a new car despite the fact that he has managed to convert their Volvo into a look-alike Rabbit convertible.

We wish them all good luck and safe driving.

— By Ann Preisman

M O R E S

1

Smith, Trista
Somerville, Sara

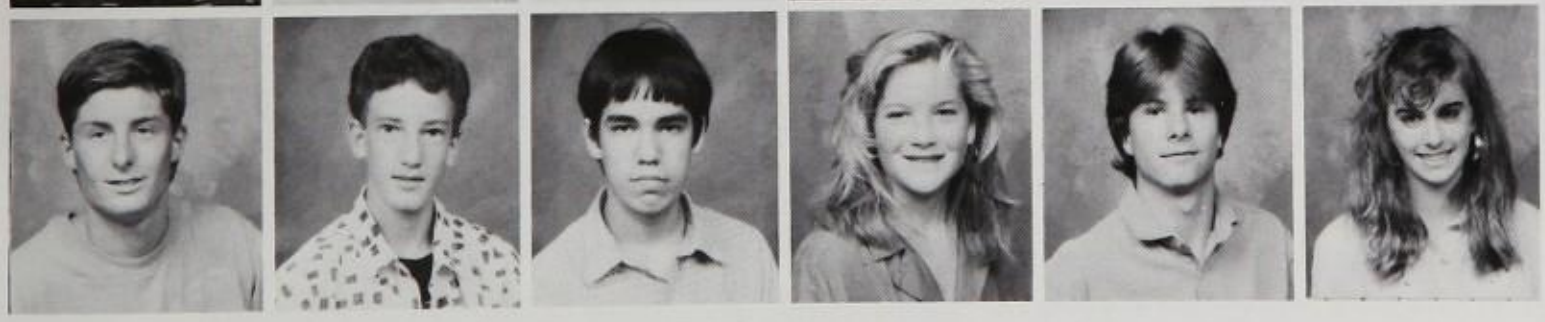
Souriyama, Knonesavanh
Sprague, Evan

Stephan, Audrey
Stewart, Teri

Strauss, Randy
Sudar, Richard

Sutherland, Mark
Sutherland, Mike
Svarda, Francine
Svedlund, Jonas
Swensrud, Kimberly
Tager, Adam

Tager, Kyle
Tamsky, Marc
Tarrance, Lisa
Tello, Roberto
Teran, Maribel
Theofilopoulos, Aliki



Thomas, Josh
Thygerson, Keith
Tomlinson, John
Tribolet, Katie
Tripi, Mike
Ulrich, Karla

1. Justino Gomez, Osbaldo Villalobas and Pedro Mosqueda
2. Mike D'Allaird, Brad Raulston, Andy Pryor, Sean Laing, Brent Woodall, and Brad Tecca

Juniors Make it Through

The juniors have one more year ahead of them at La Jolla High School. They have had the experience of being a sophomore and have finally reached a higher standing as students, athletes, and participants at La Jolla. The juniors formed the framework of the high school.

The students started to worry more and more about the future as it loomed up ahead of them. Many were concerned about how important grades received in the junior year were for many universities. Junior Michael McCormick was nervous about junior grades, "I realized that I had to really get good grades this year because thay are looked at closely by colleges."

Besides becoming more involved in academics, the juniors became more involved in athletics. Juniors formed a large portion of varsity teams. A high degree of performance was demanded. Junior Fred de la Vega commented, "It was harder to play on the Varsity because the coaches had very high expectations."

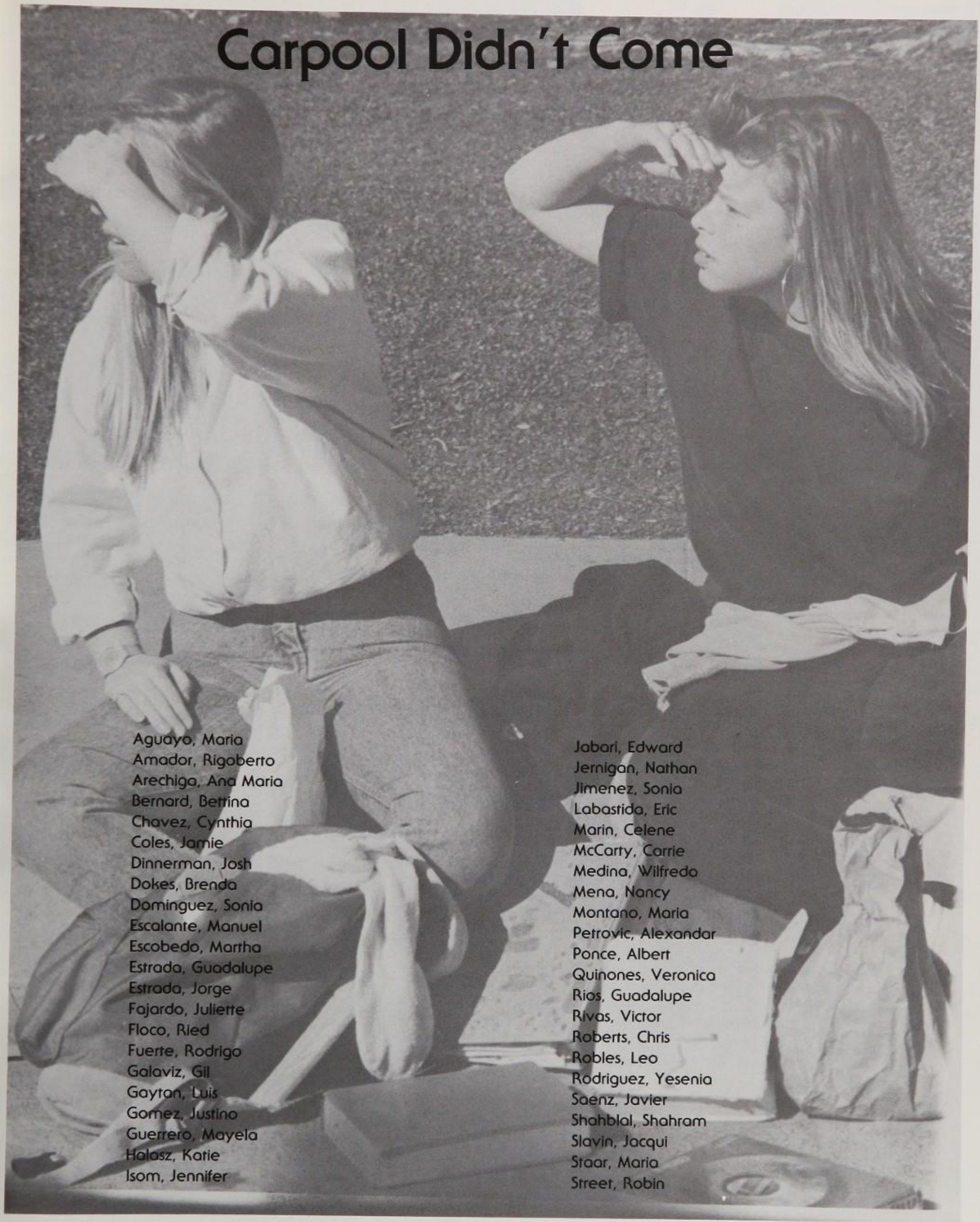
After being in high school for a year, juniors had a larger participation in activities at La Jolla. They played an important role in the clubs and activities that they had participated in the year before. Solid friendships were formed and students felt more experienced. Jill Johnson added, "I feel more comfortable. I made a lot of good friends as a sophomore and I now have a place at La Jolla High School."

As the year came to a close, they faced one last year as upperclassmen at La Jolla High School. The theme of "Days Gone By" became very true when juniors recalled two years of high school memories.

Junior class president Kevin O'Neill makes final arrangements for a class fund raising project.

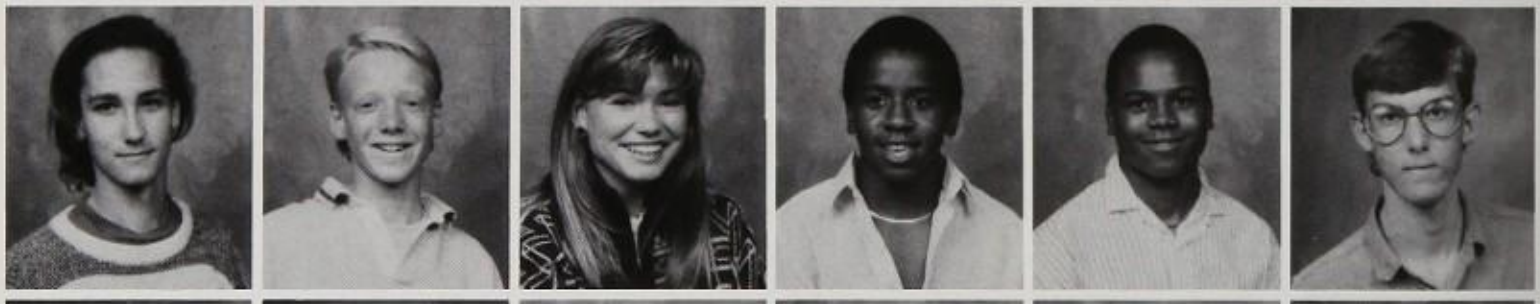
The following school spirited Juniors make a human pyramid during sixth period P.E.: Patrick Dailey, Daniel Skiles, Gregory Brett, Kevin Elion, Chris Lighter and Adrian Kuttel.

Carpool Didn't Come



Aguayo, Maria
Amador, Rigoberto
Arechiga, Ana Maria
Bernard, Bettina
Chavez, Cynthia
Coles, Jamie
Dinnerman, Josh
Dokes, Brenda
Dominguez, Sonia
Escalante, Manuel
Escobedo, Martha
Estrada, Guadalupe
Estrada, Jorge
Fajardo, Juliette
Floco, Ried
Fuerte, Rodrigo
Galaviz, Gil
Gaytan, Luis
Gomez, Justino
Guerrero, Mayela
Halasz, Katie
Isom, Jennifer
Jabari, Edward
Jernigan, Nathan
Jimenez, Sonia
Labastida, Eric
Marin, Celene
McCarty, Carrie
Medina, Wilfredo
Mena, Nancy
Montano, Maria
Petrovic, Alexandar
Ponce, Albert
Quinones, Veronica
Rios, Guadalupe
Rivas, Victor
Roberts, Chris
Robles, Leo
Rodriguez, Yesenia
Saenz, Javier
Shahblal, Shahram
Slavin, Jacqui
Staar, Maria
Street, Robin

Vann, Andrea
Vanos, Virgina
Velsalo, Roberto
Velazquez, Rocio
Villarreal, Patricia
Waldman, Dana



Walsh, Brian
Walshaw, Danny
Warner, Jennifer
Washington, Fredrick
Washington, Robert
Webb, Max

Webster, Aurora
Wegrzyn, William
Weinberg, Mark
Weinbrecht, Greg
Weiss, Craig
Wewage, Kate

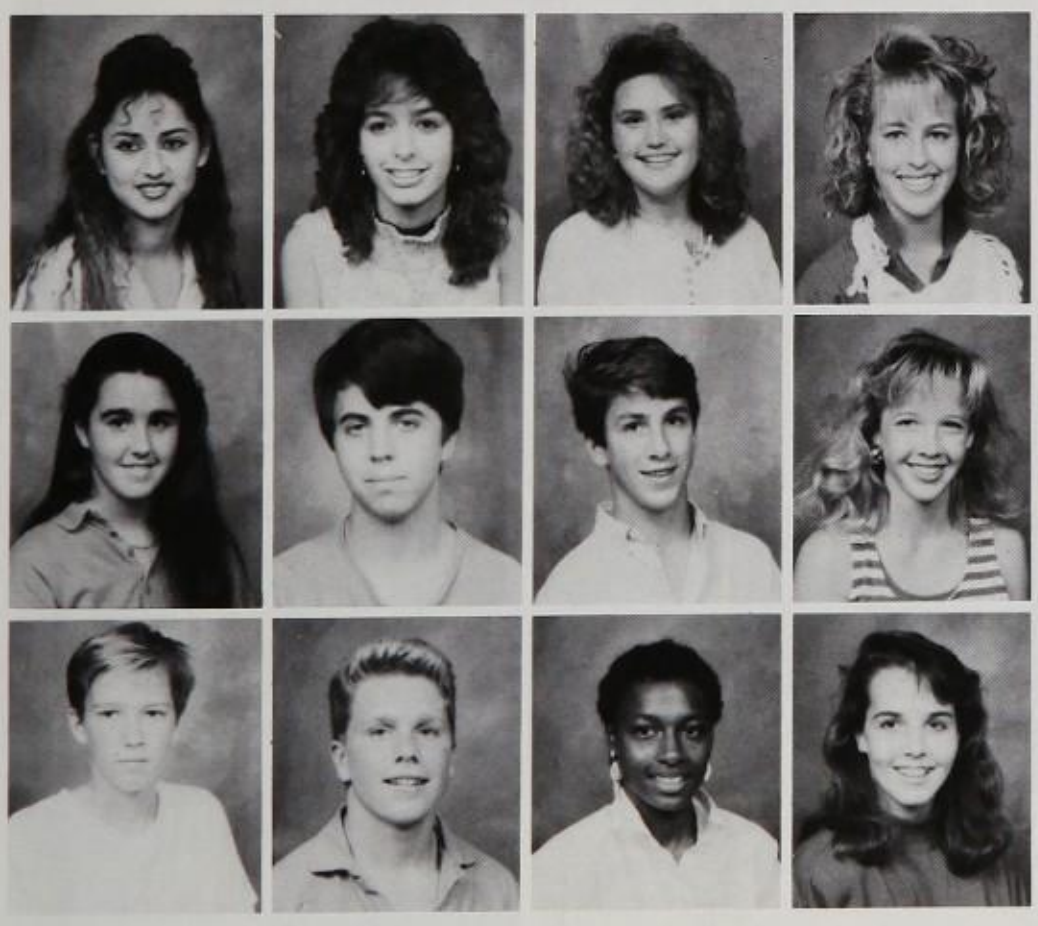
Whiteman, Tanya
Widmer, Ryan
Williams, Kristin
Williams, Larry
Wollaeger, Mike
Yacuta, Evelia

Yu, Jeff
Yu, Tim
Zambrano, Guadalupe
Zepeda, Alejandra
Zyroff, Dena

1. Katrina Koopman, Tania Smith, and Grace Hu.

1

2



Aguirre, Elsa
Aguirre, Lizet
Alessandra, Diana
Alexander, Jennifer

Allen, Heather
Alpinieri, Steven
Amato, Chris
Ames, Tiffany

Anderson, Brian
Anderson, Kevin
Anderson, Nicole
Anthony, Jennifer

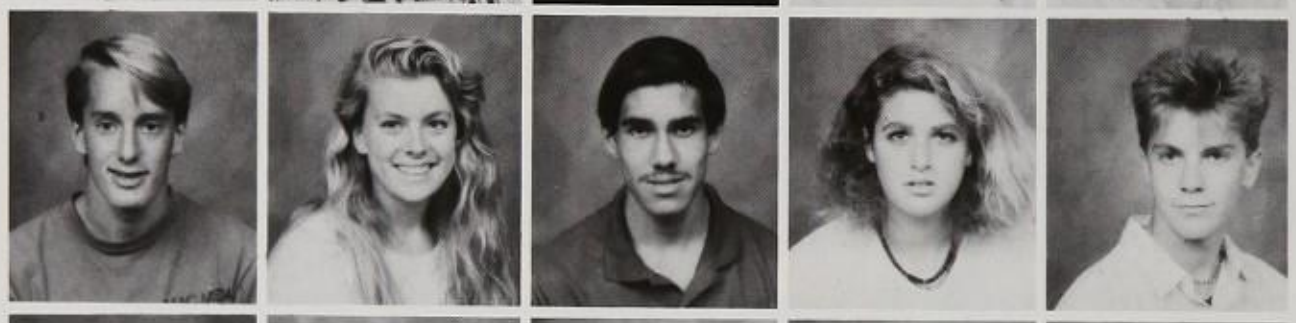
1. Rene Wistrom
2. Olga Villalobos, Amalia Estrada

J U N I

Aparicio, Maria
Appel, Deborah
Araico, Guadalupe
Arce, Marcelo
Aurand, Christian

Banuelos, Juan
Barbat, Ron
Barksdale, Jennifer
Barton, Francoise
Bauer, John

Beaver, David
Beiser, Jolene
Benavides, Jose
Bensussen, Becky
Berk, Kevin



Berteaux, David
Biddulph, Brenda
Blunt, Kenneth
Boccaloni, Miguel
Boghos, Rima

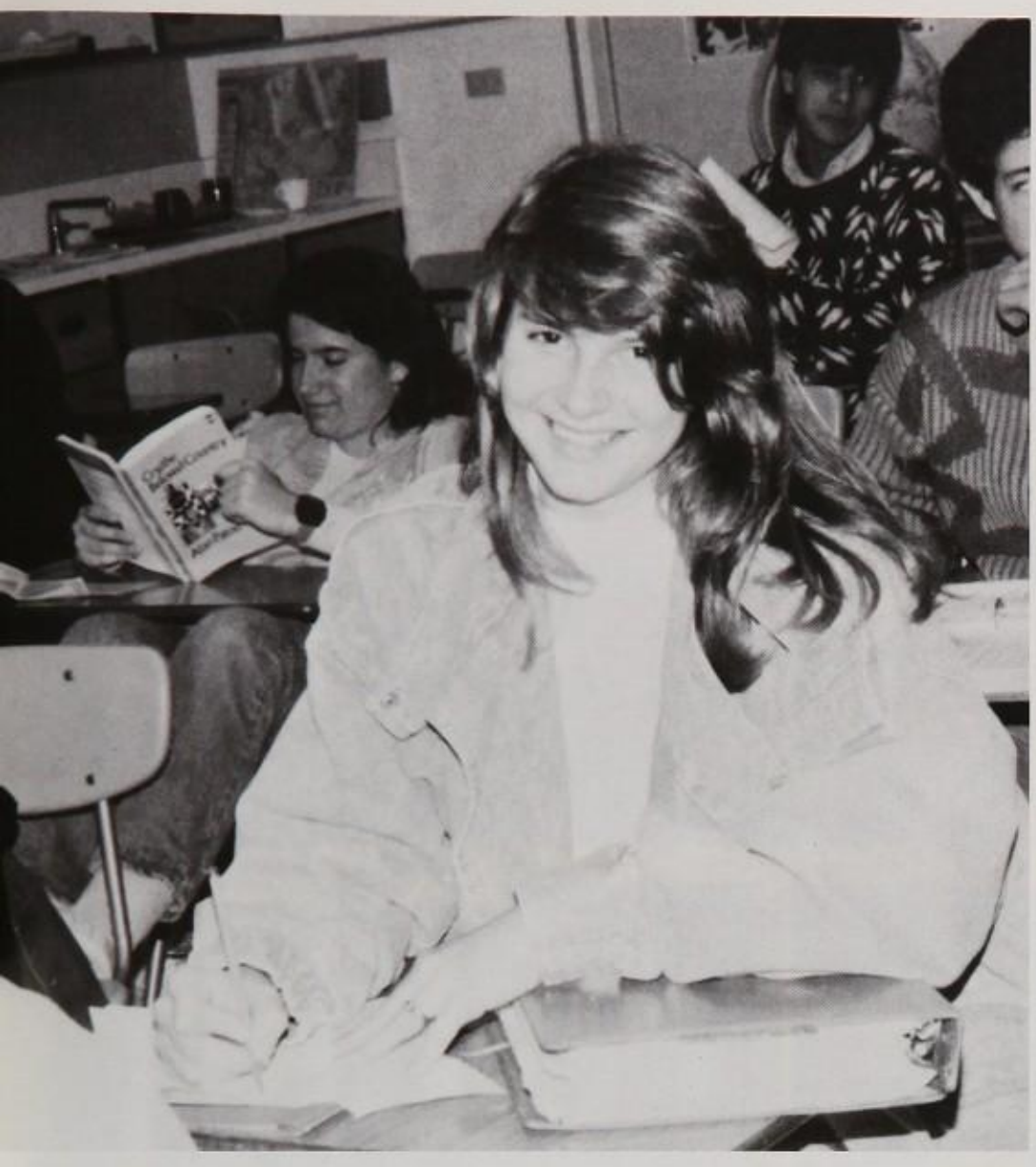
Bond, Cynthia
Booth, Tiffany
Bradley, Stephanie
Brady, Clifton
Brazier, Trevor

Brett, Gregory
Brinza, Tonya
Brown, Erik
Brown, Randall
Bua, Mark

Bucko, Sarah
Buffaloe, Jennifer
Bush, Sara
Cajander, Lisa
Camacho, Javier

1. Tonya Brinza
2. Bill Kelly

O R S



Canzone, Michael

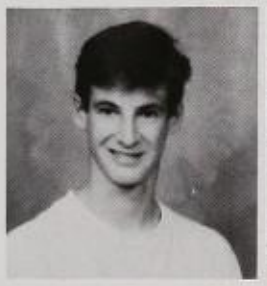
Carpenter, Shawnee

Carrillo, Edna

Casey, Megan

Cash, Mary Ann

Castillo, Ilka



Castro, Jesse

Cavanaugh, Richard

What are you looking forward to in in your senior year?

Kyle Kraus — Not being a junior.
Lee Vann — Taking it easy.
Philip Kholos — Graduating.
Stuart Rothgiesser — Happiness.
Aaron Dew — Ronald Reagan leaving office
Andre James — Turning 18 and all the things that come along with it.
John Tolerico — Meeting all the new tenth graders.
Alison Damoose — Second semester.
Theresa Cesarz — Having the worst school year behind me.
Dan McKenzie — Accepcion a mesa.
Mark Hutchin — Turning 18, getting an apartment, and excusing myself from class.
Mike McCormick — Welfare.
Barbara Ferris — Having all my applications done, and knowing where I would like to go, so I can have FUN.
Brian Teifer — The weekend after it's over.
Richard Lin — Trying to decide whether to go to Stanford or Harvard once I get in.
Creigh Ford — Our football team reaching the CIF championship at Jack Murphy Stadium.
Robert Carrillo — Surviving another gr some year.
Nicole Anderson — Finally being able to say I'm a senior.

J U N I

Ceballos, Jesus
Cesarz, Theresa
Chang, Elisa

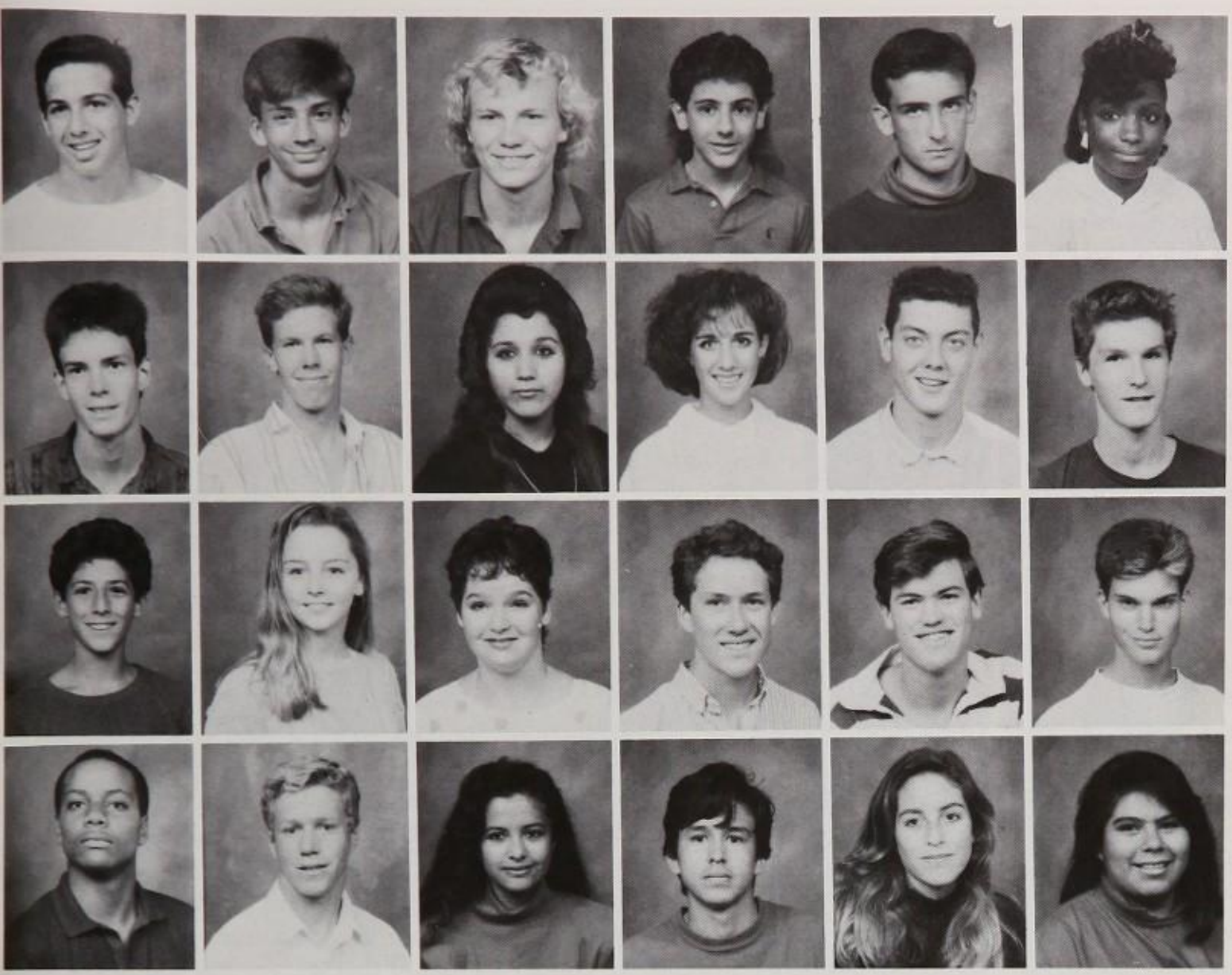
Chavez, Yolanda
Clark, Jason
Cohen, Ethan

Coler, Chadwick
Connor, Steven
Cooper, Chad

Cooperman, Michael
Dailey, Patrick
Damoose, Alison

1. Josh McNally, Donny Marolda, Jason Hughes
2. Jim Settle
3. Katie Luft, Holly Schaefer

O R S



Datnow, Paul
Day, Roby
Decker, Drew
Defazio, Gary
Defrancesca, James
Dehughes, Shareen

Deilke, Ross
Delavega, Frederick
Delgado, Ana
Demos, Angela
Dennis, Chris
Dew, Aaron

Dinenberg, Eric
Dougherty, Nicole
Duggan, Whitney
Dysart, Jay
Dyson, Paul
Eisenberg, Adam

Elion, Kevin
Elliot, Carter
Escobedo, Alma
Escobedo, Arturo
Evans, Lara
Fajardo, Martha

3

A Day in the Life of a Junior

You are entering a new dimension. A dimension of sight, a dimension of sound, a dimension of mind. You are moving into a land of shadow and substance. You've just crossed over into the Twilight Zone.

BUZZZZZ!!! "Hello and a good mornin' to ya. It's 6:42 on this beautiful day in San Diego. You're listening to the cutting edge of rock; 91X. And we've got some brand new R.E.M. for you today right after . . . " The junior lies stagnant in bed. While contemplating the ceiling, he lapses back into unconciousness. When he later awakens the clock reads 7:30. He throws off the covers and dashes off to the bathroom, turns on the shower, grabs the soap, a razor and some shampoo and jumps in. Using all three simultaneously, he lathers, shaves and rinses. Five minutes later he miraculously emerges from the bathroom with all limbs and digits intact.

He reenters his room and coordinates his outfit of the day by choosing the three nearest articles of clothing. He then runs to the kitchen and gulps down his orange juice and Frosted Flakes. He grabs his books and runs to the garage, off he goes, zooming away in his hand-me-down 1974 Oldsmobile tank adorned with "Mom's taxi", "Urban Assault Vehicle" and "Have you hugged your kid today" bumper stickers.

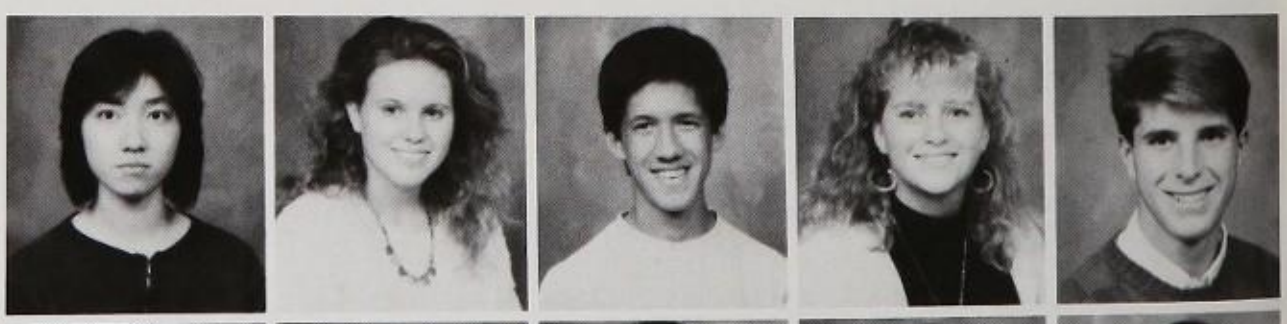
He arrives at La Jolla Senior High School at exactly 7:58 after parking nearly a mile away. He arrives at his first period class, Advanced American Literature, to find his instructor, Mr. Ulen, hanging on the ceiling lamp discussing **The Red Badge of Courage** . After first period he sleeps through half of his second period math class until his teacher demands that he wake up and calculate what 14 factorial equals. During third period, he plays Abraham Lincoln and recites the Gettysburg address for the simulation game he plays in Mrs. Soriano's U.S. History class. Fourth period provides the most embarassing incident of the day. It is during this particular fourth period Psychology class on this particular day that our junior decides to attempt to make romantic overtures towards a certain "Hot Chick". Just as he gathers up the nerve to ask the girl out he hears a familiar voice: It's his mother clad in her maroon leopard print leotard that she bought on sale somewhere. His mother explains her presence with, "You forgot your lunch, Doodles (His mother's nickname for him). I packed your favorite: liverwurst."

While the"Hot babe" shoots the glance of death his way,his mother proceeds to exit the room. His lunch period passes without incident.In his fifth period Spanish class he gives an oral presentation on his personal feelings regarding Santa Claus. All the girls think it's cute. He finally makes it to sixth period chemistry. It's a lab day,and he and his partner combine the wrong chemicals to cause a minor explosion.

After class he heads home to raid the refrigerator. Consuming one half gallon of milk, three pickles and all the Dorito crumbs left in the corner of the bag he watches **Magnum P.I.** . and the **Oprah Winfrey show** . After **Oprah** he goes out for a short jog with his dog and then returns to start some homework. When his parents return home, they eat dinner (Turkey Divine). For the rest of the evening he studies, watches T.V., and talks a bit on the telephone. Finally at 10:36 he lays his body to rest thus concluding yet another day in the life of a junior.

-By Ann Preisman

Fan, Wendy
Ferguson, Kathy
Ferguson, Leland
Ferris, Barbara
Flask, Orin



Flores, Claudia
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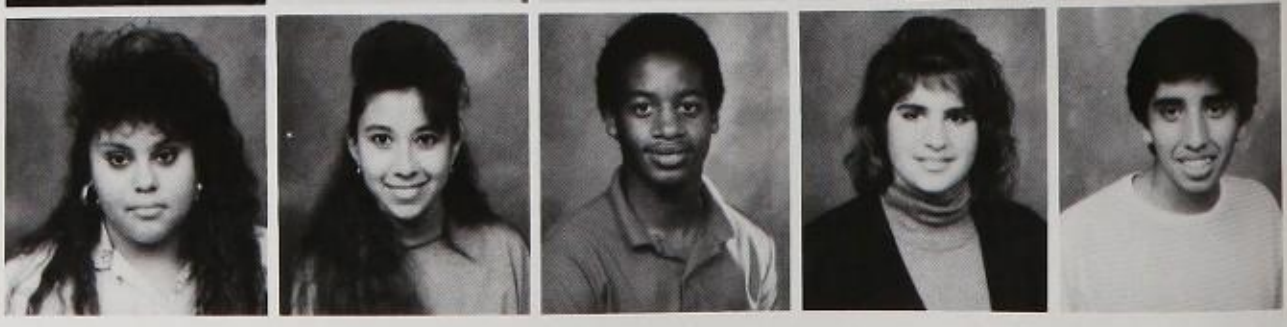
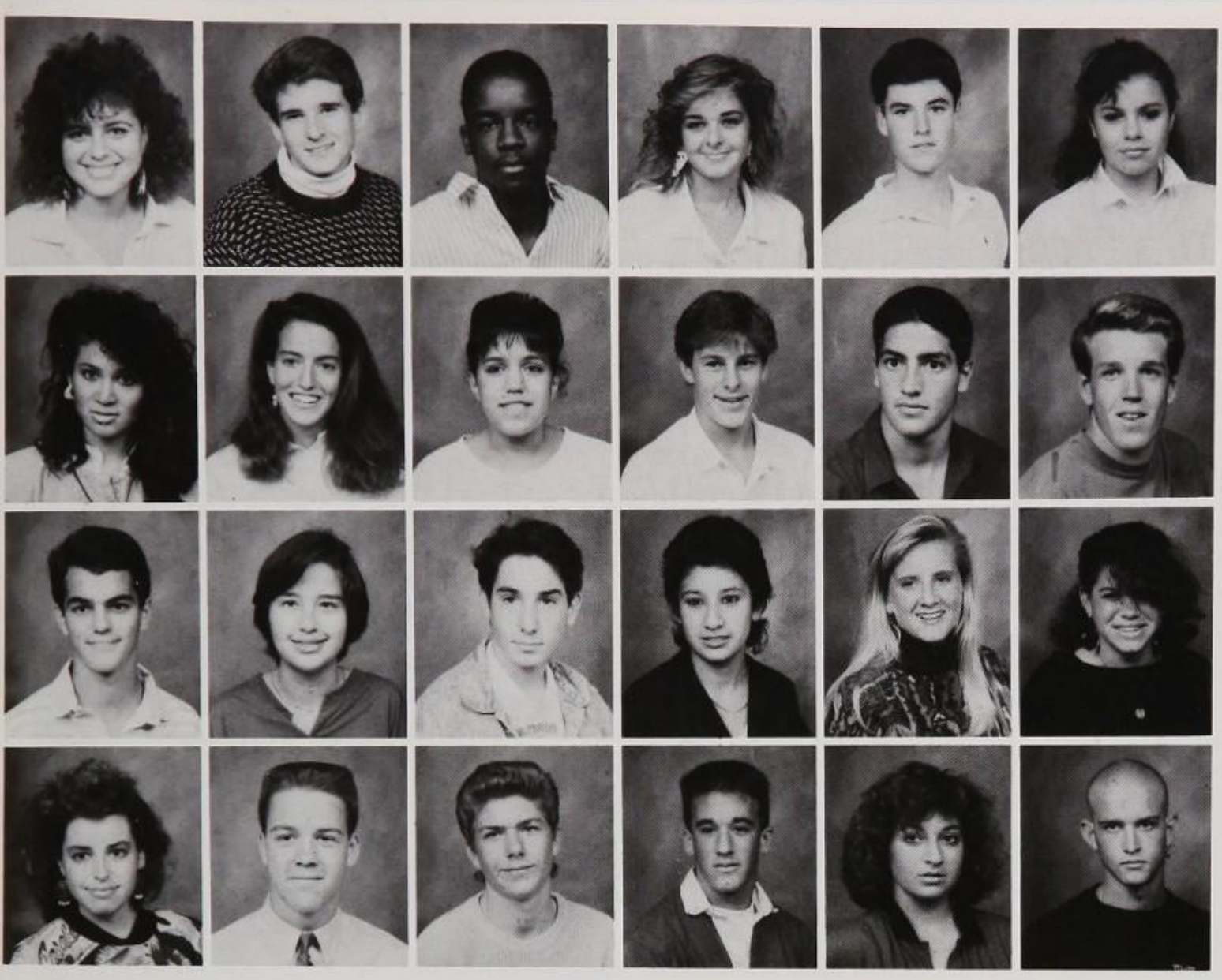
Ford, Creighton
Foster, Margaret
Freire, Jaime



O R S

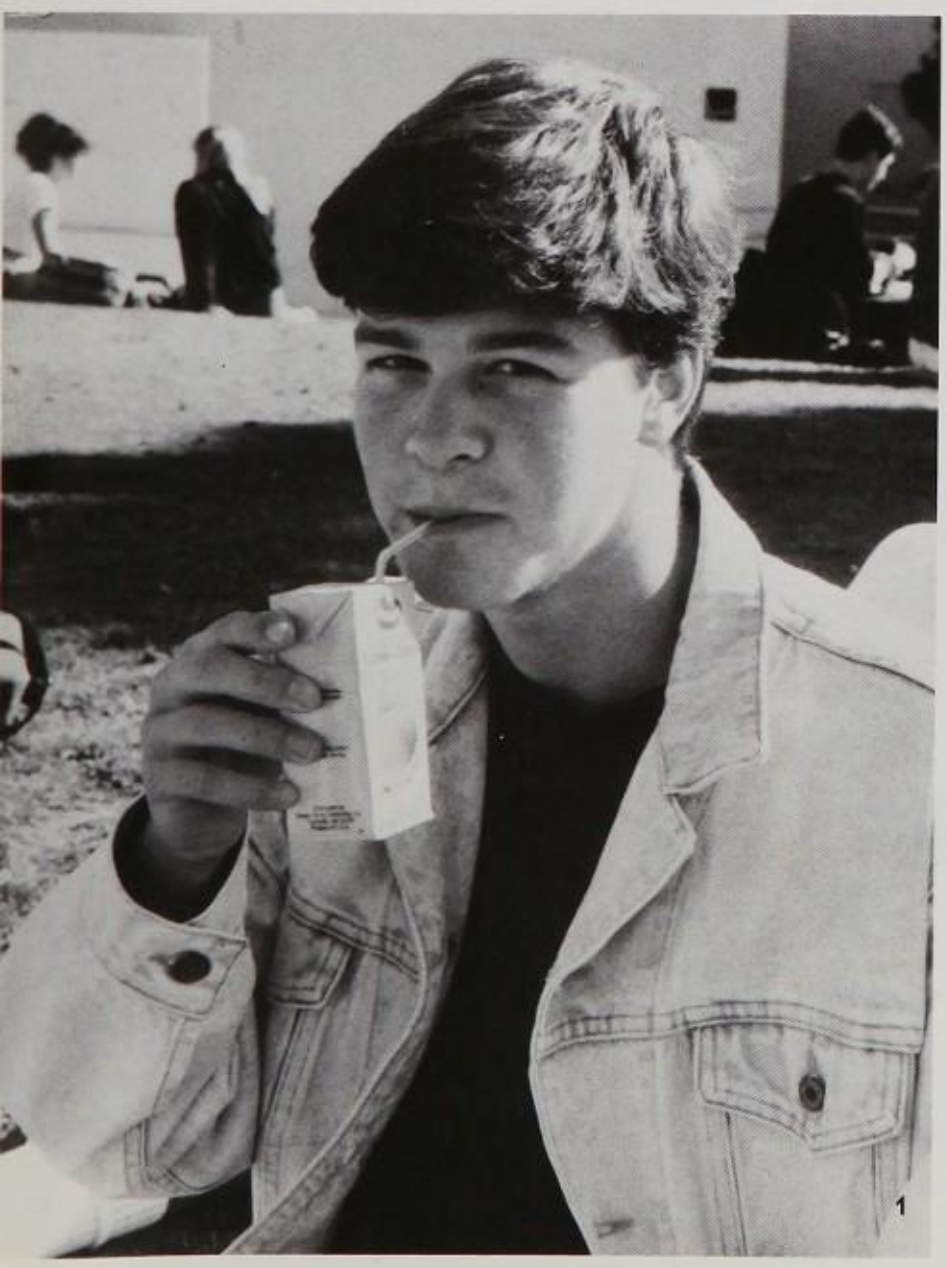


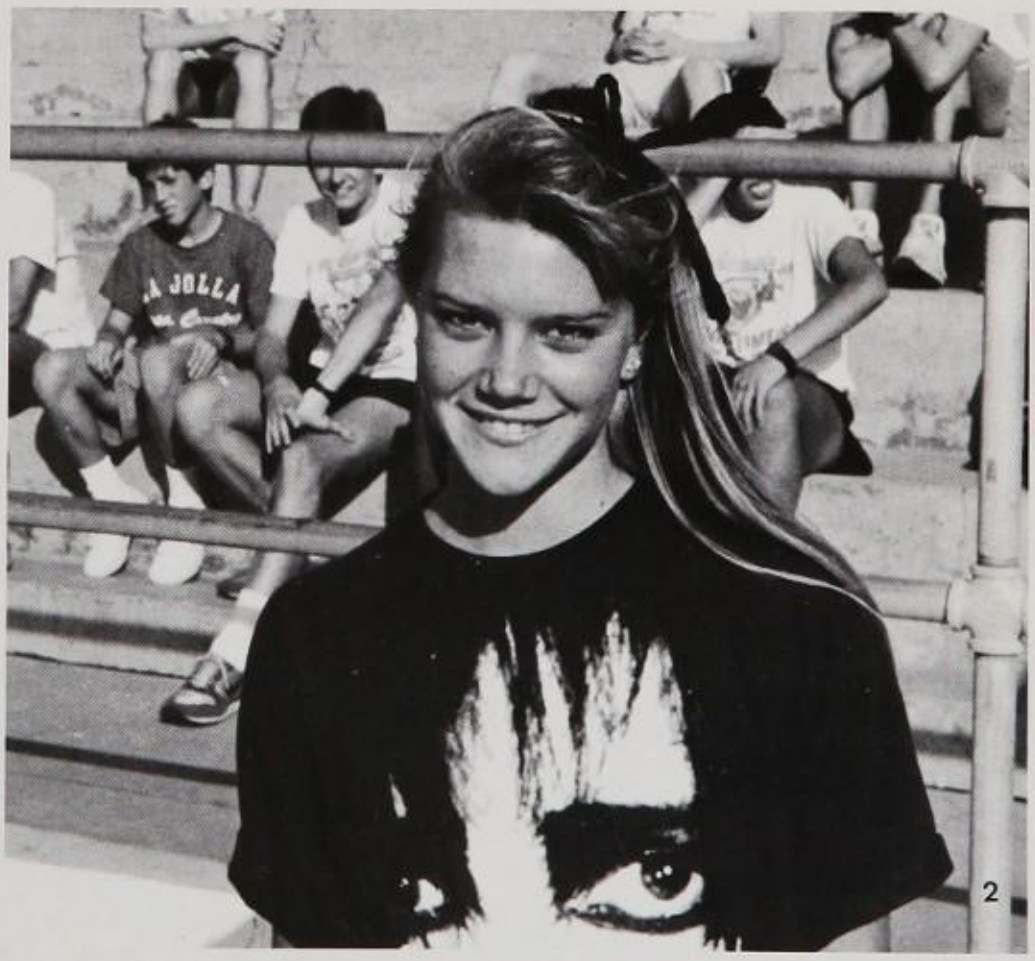
Friedman, Tamara
Froeb, Gordon
Frye, Kenneth
Gallagher, Julie
Galluzzi, Vincent
Garcia, Ayessa

Garibay, Patricia
Gershuni, Romy
Ghafri, Nada
Glessner, John
Glick, Cary
Glynn, Patrick

Golding-Prowse, Samuel
Gollub, Melissa
Gomez-Engler, Hugo
Gonzalez, Olga
Goodhead, Sheryl
Goodman, Tracey

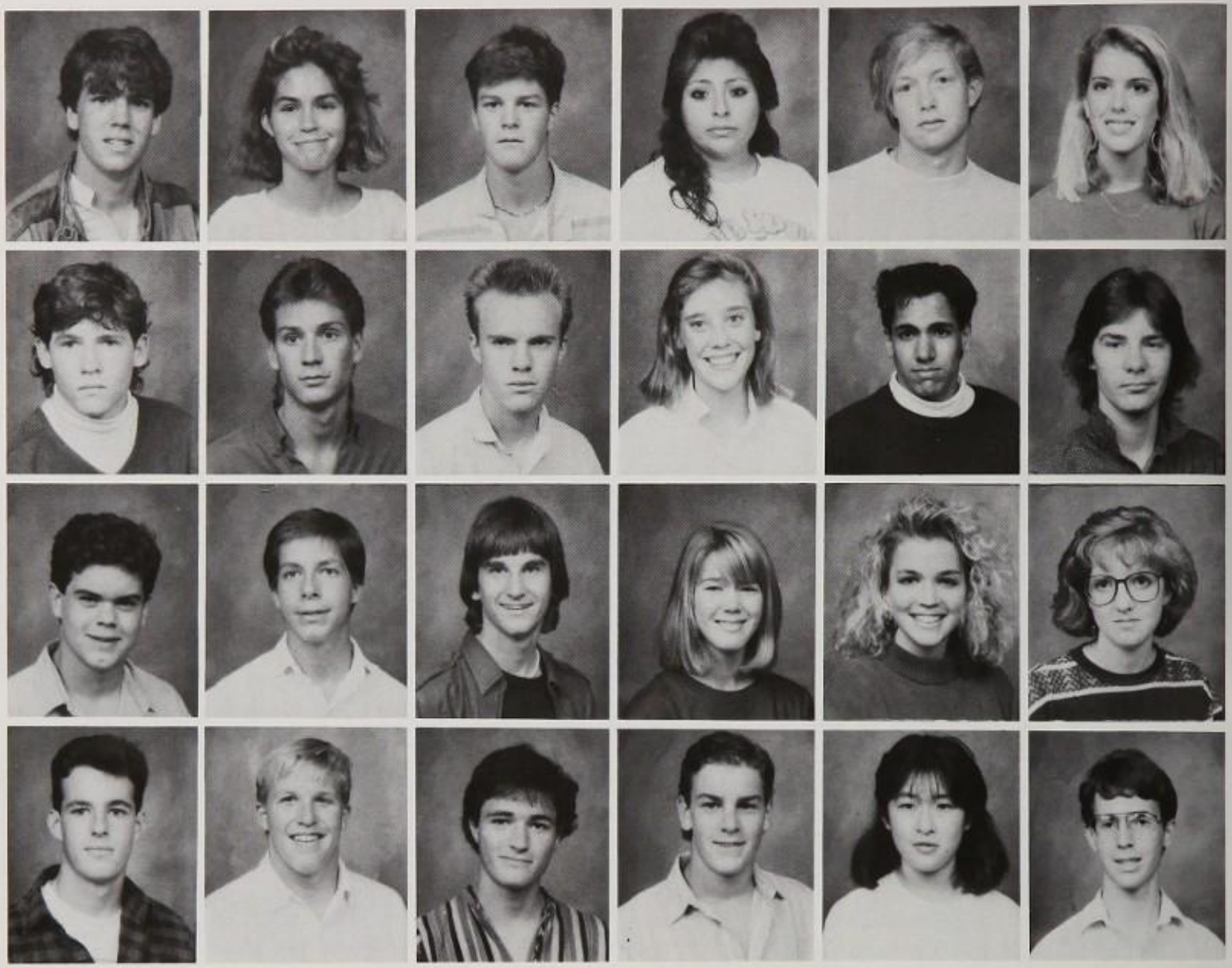
Gordon, Paula
Gott, Christopher
Graham, Robert
Grasso, Robert
Green, Deema
Greene, Matthew



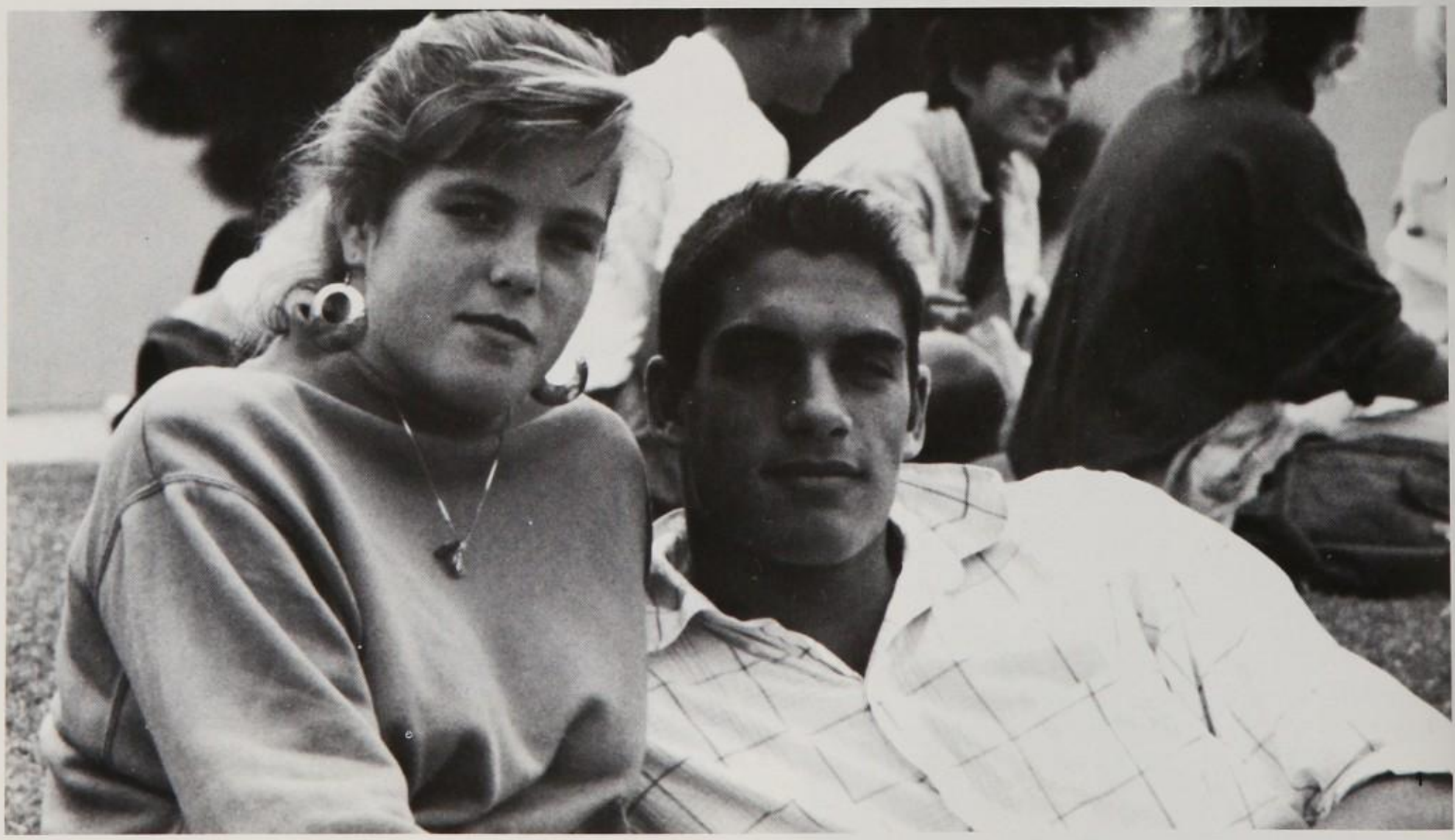


1. Damon Griggs
2. Kerry Kostman

J U N I



Greenhill, Dennis
Griebe, Rebecca
Griggs, Damon
Gutierrez, Linda
Guyader, Henri
Hagin, Carolyn
Hanna, Mark
Hansen, William
Harnden, Eric
Haswell, Michelle
Hathiramani, Rajesh
Henderson, Ken
Heth, Jimmy
Hillyard, Jason
Hinckley, Bill
Hinton, Alisa
Holder, Ahna
Holliday, Heather
Hooberman, John
Huddleston, Mike
Hughes, Jason
Hutchin, Mark
Iizuka, Naoko
Jablecki, Michael



O R S

2

3

Jackson, Gwendolyn

Jacobs, Adi

James, Andre

Jenkins, Eric

Jennings, Gaynell

Joas, Jennifer

Johnson, Jill

Jones, Shawn

Kashani, Kourosh

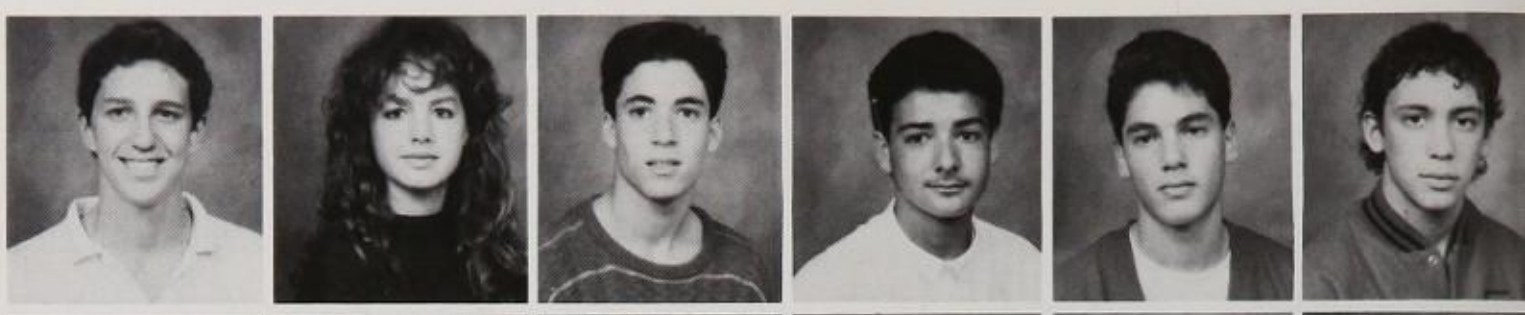
Kaufer, Mitchell

Kehler, Jessica

Keller, Joshua

1. Carrie McKnight, Greg Brett
2. Anna Lundberg, Jenny Santelman, Michelle Haswell, Christina Lundberg
3. Deema Green

Kelly, Bill
Kerr, Katherine
Kholos, Philip
King, Lamarr
Kleid, Adam
Klein, Aaron



Kleinfeld, Kevin
Kline, Jennifer
Knight, Evan
Koehler, Jeffrey
Koprowski, Marah
Kostman, Kerry

Kraus, Kyle
Kucinski, Uri
Kupiec, Kyle
Kuttel, Adrian
Lachoff, Ben
Lancaster, Lynn

Lau, Garrick
Lazerow, Shana
Lee, Lamont
Lerner, Edward
Lighter, Chris
Lim, Jonathan

Some Juniors Find Alternate Forms of Exercise

Exercise! The word conjures up thoughts of sweat, burning calories, and an eighties version of torture. For most students, the most popular forms are sports such as football, soccer, basketball and baseball, along with aerobics, running, tennis, bicycling and swimming. A few students at La Jolla High have discovered alternate ways to maintain healthy bodies. Among them are juniors, Marah Koprowski, a female body builder, and hockey players Chris Aurand and Patrick Dailey.

Marah was looking for a place to exercise when she found **Personalized Weight Training** of La Jolla. Marah's goal was not to become some muscle bound amazon, yet the idea of developing strength appealed to her. She quickly progressed and developed considerable muscle strength. "Some people think lifting weights and body building is sort of funny, but a number of people do it. It's not as if I'm striving to be that woman in the pink bikini with huge arms. I'm just getting exercise in a way that may not be typical. In fact, I really like it when people ask me normal questions like 'How much are you bench pressing?'. I can tell then that they don't think that lifting weights is some huge phenomenom. It's just another way to exercise."

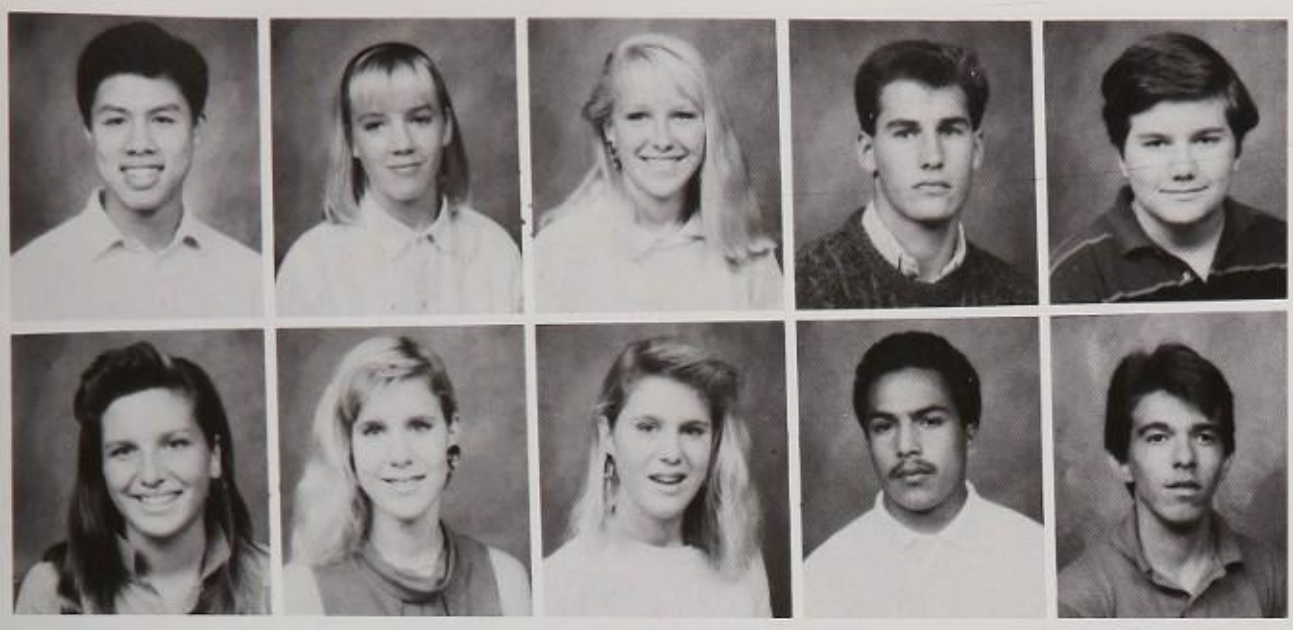
California is not world-reknowned for being the hockey capital of North America, but this does not stop Chris and Patrick from playing the sport. They play hockey mainly for exercise and enjoyment, but Patrick says that he wants to pursue it in college. Both seem to be devoted to their sport, and neither denies the common stereotype depicting hockey as a violent sport. Patrick says that there is at least one fight per game.

Injuries are another frequent occurrence in the sport. Chris and Patrick have each received a healthy share. Said Chris, "I broke my thumb on one guy's face, and I've put a couple of guys in the hospital by giving them cheap shots." It seems that in hockey they have found a way to exercise that is unique and fulfills any needs for aggression one might have.

All three of these individuals have sought out forms of exercise that stray from the mainstream, and have enjoyed it in the process. In doing so they have taken the idea that exercise is a tedious task and replaced it with the idea that exercise can be something different and enjoyable.

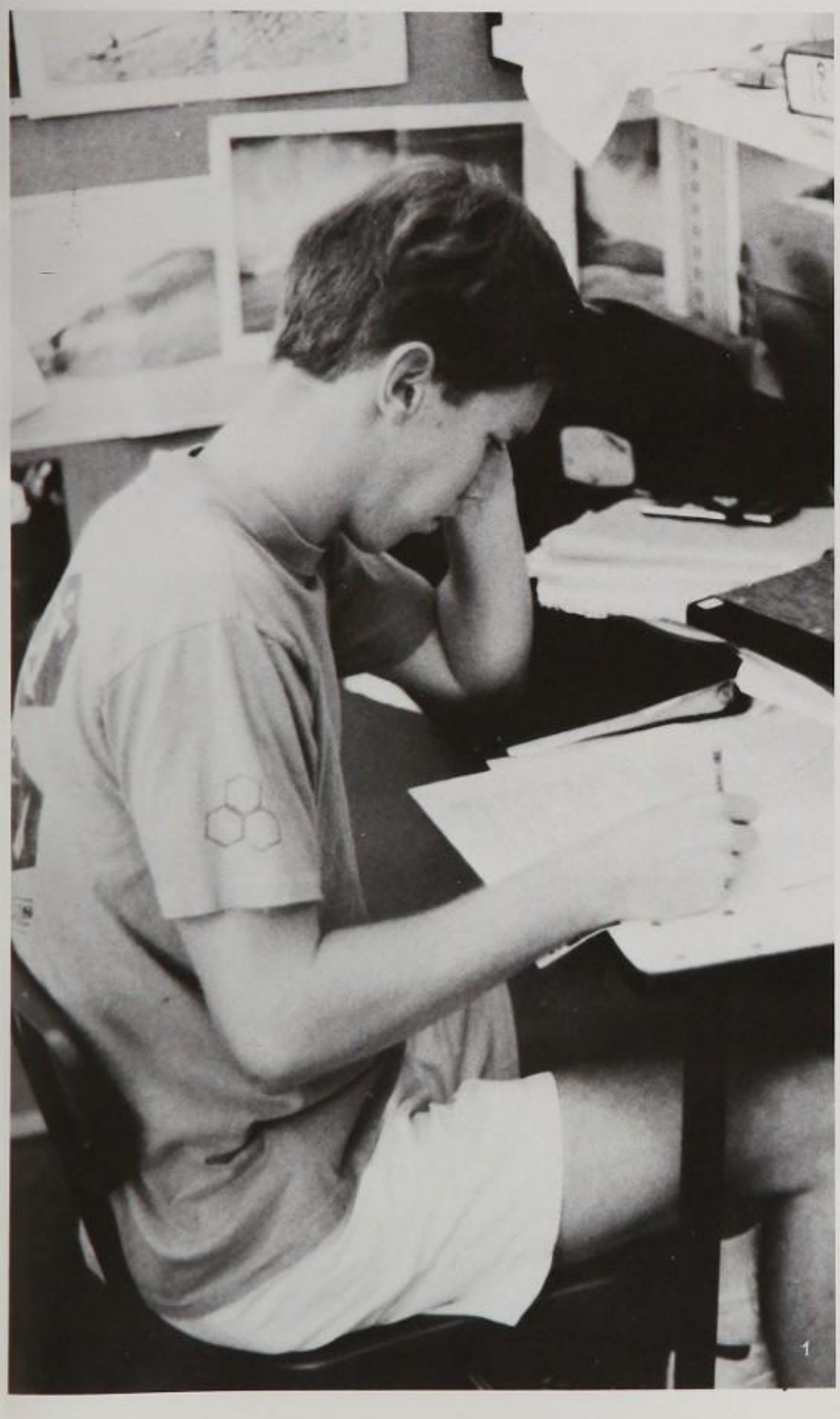
-By Ann Preisman

O R S



Lin, Richard
Lindquist, Hedvig
Lipp, Jaime
Litch, Erich
Lowrey, Larkin

Luft, Catherine
Lundberg, Anna
Lundberg, Christina
Macedo, Jaime
Macias, Jose



1. Fred Delavega
2. Patrick Dailey, Chris Aurand

J U N I

Maes, Michelle
Maggio, Joseph
Maleki, Goli

Manning, Michaela
Marolda, Dominic
Marquez, Mary Lou

Martinez, Arturo
Martinez, Elsita
Matsuda, Naomi

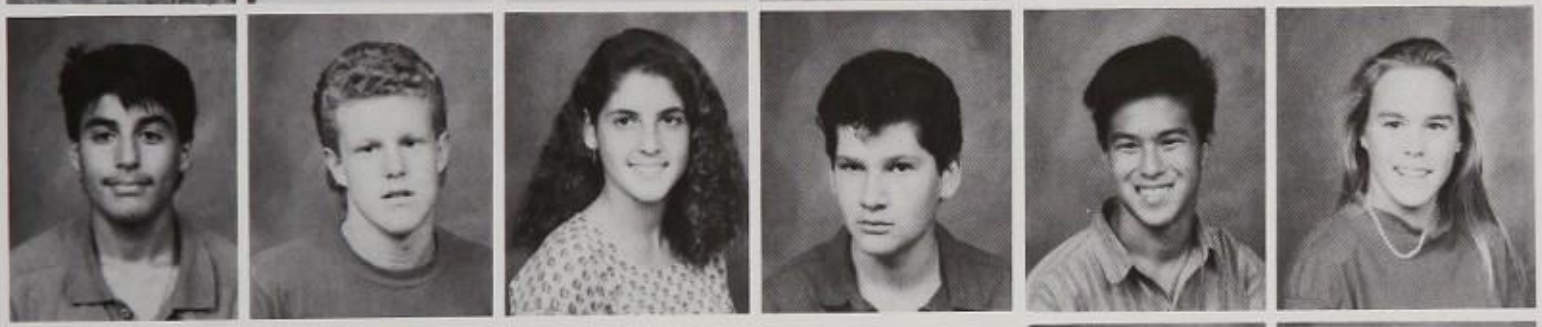
McCavitt, Chandra
McCormick, Michael
McCoy, Jeff

O R S

McCullough, Charlee
McKenzie, Daniel
McKnight, Carrie
McNally, Joshua
McReynolds, Kerry
McSweeney, Matthew

Meade, Jill
Mena, Georgina
Mendel, Aliza
Merino, Bernardo
Merten, Julie
Michels, Lisa

Milbrand, Grant
Milikowsky, Jonathan
Miller, Josh
Miller, Michelle
Milliken, Mike
Minter, Todd



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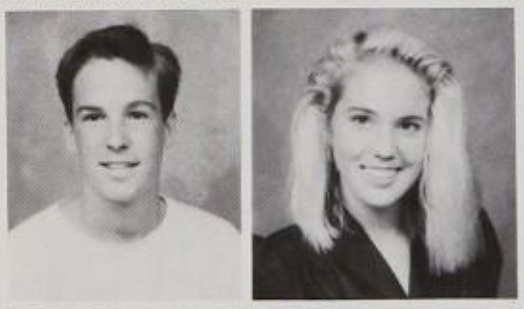
Mitchell, Derek
Montal, Jeanne
Moran, Eduardo
Morita, Andrew
Morris, Helen

Mortier, Ryan
Mulcahy, Robin



Mullin, Charles
Mullin, Laura

Munoz, Blanca
Murray, John

1. Theresa Cesarz
2. Mark Samson
3. Alisa Hinton, Elizabeth Snodgrass

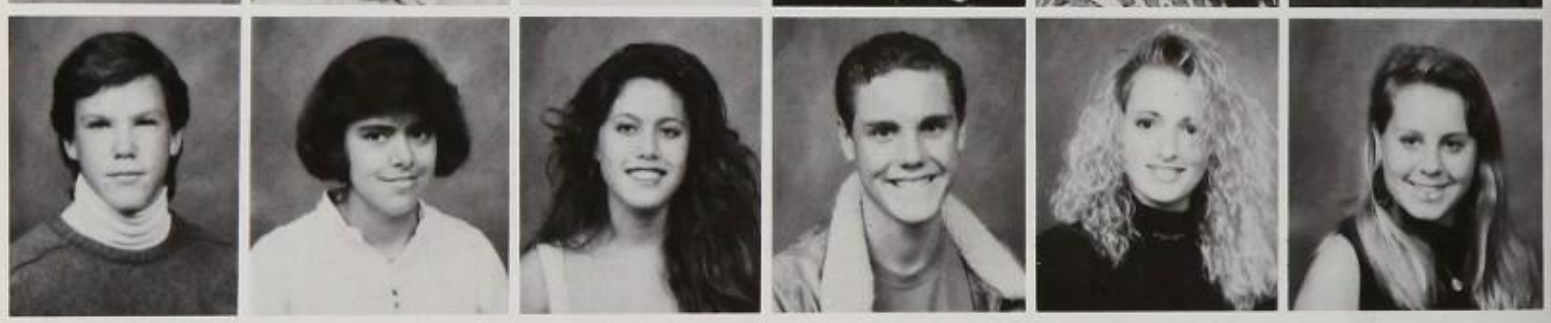
J U N I

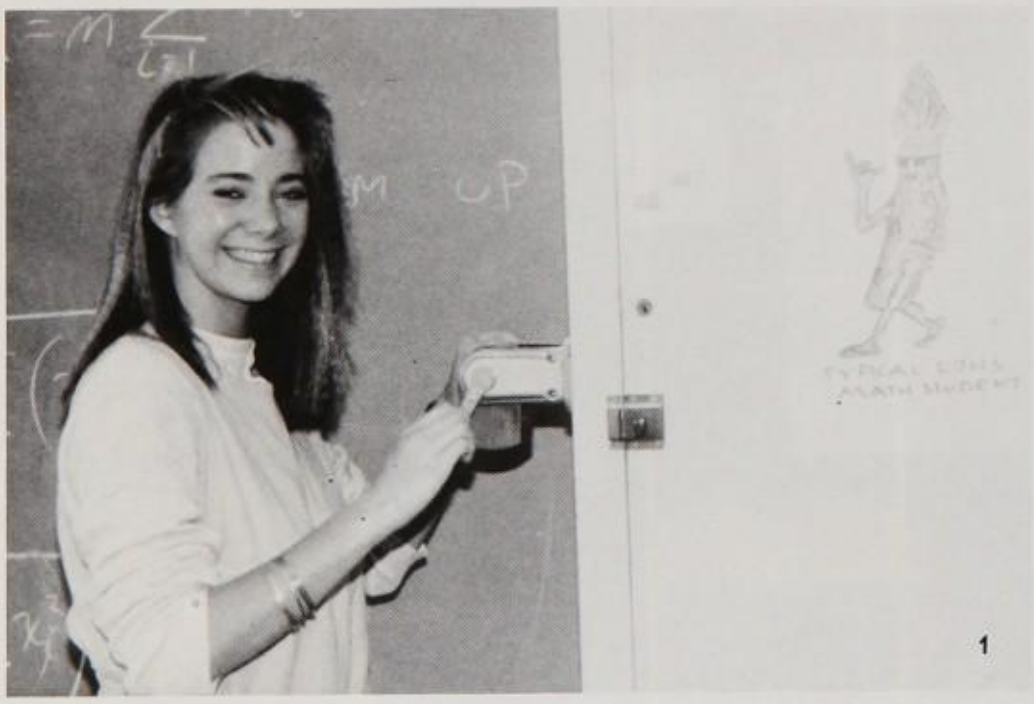
Musial, Lisa
Myers, Angela
Myers, Miriam
Nacif, Vivianne
Nadeau, Brigitte
Nagel, Penny

Name, Gonzalo
Nassir, Mark
Nathan, Kimberlyn
Navale, Marjan
Newman, Jill
Nguyen, Anh

Nissenberg, James
Odell, David
Olivares, Leopoldo
Oliver, Trilce
Olmos, Martha
O'Neill, Kevin

Owens, Christopher
Paksima, Sheila
Pangelinan, Nicole
Park, Patrick
Parziale, Lynne
Patton, Melissa





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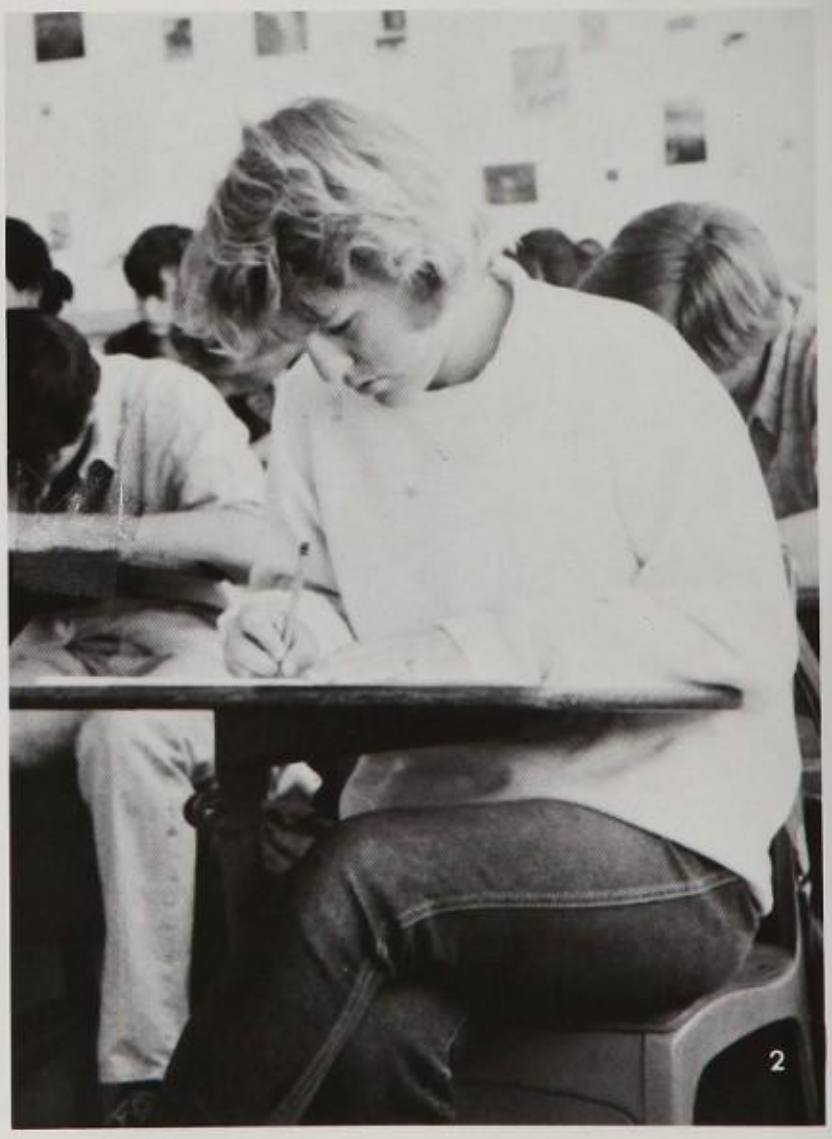


2

O R S

Pena, Lorraine
Peralta, Belen

Perez, Blanca
Phillips, Abraham

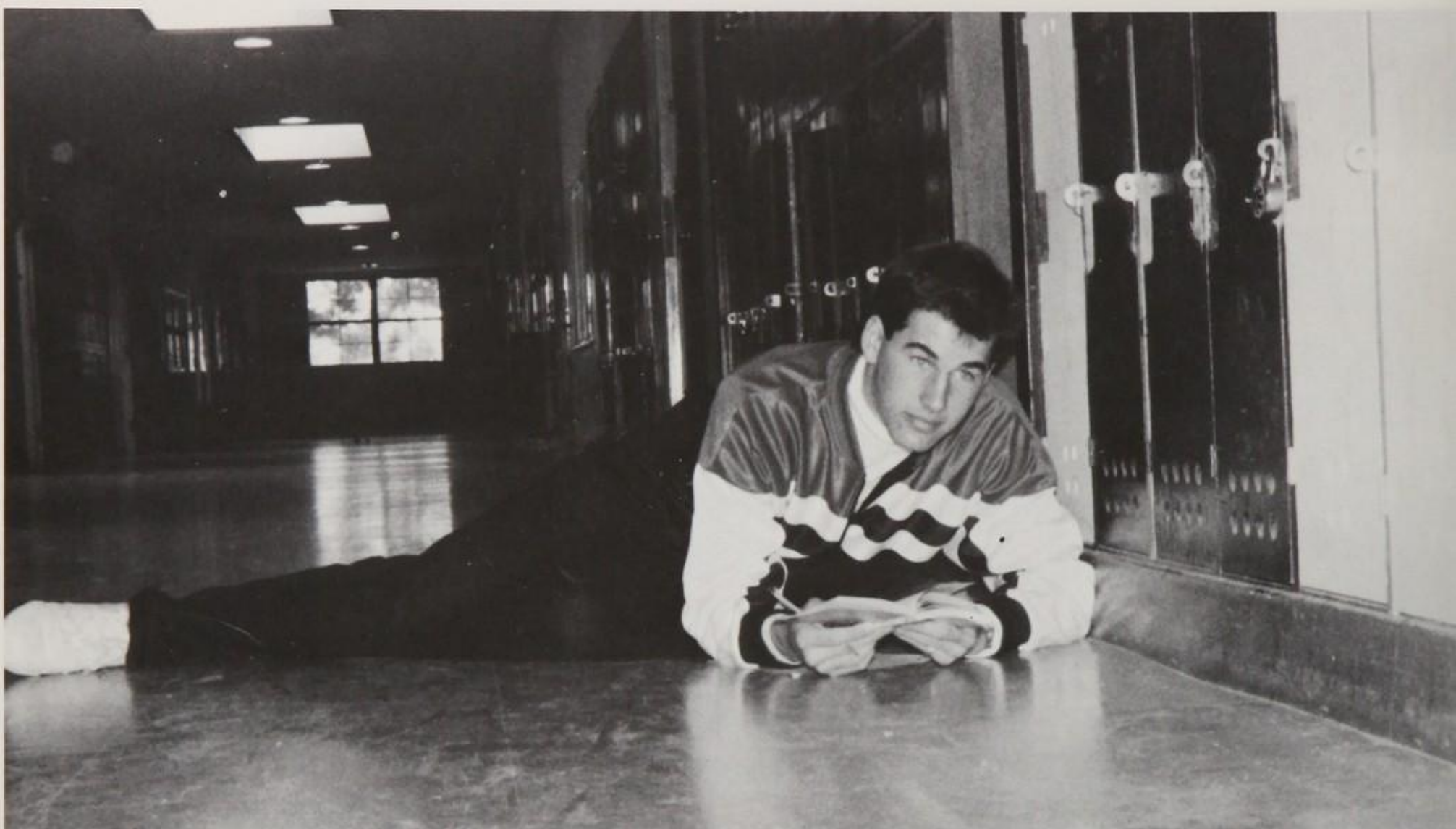
Pickard, Beth
Powers, Marla

Prohaska, April
Quinones, Marco

Ragen, Cari
Ramirez, Ramon

1. Charlee McCullough
2. Rene Wistrom
3. Izells Kirkpatrick
4. Kathy Ferguson, Pauline Woods, Elizabeth Snodgrass
5. Maria Ocampo.

J U N I

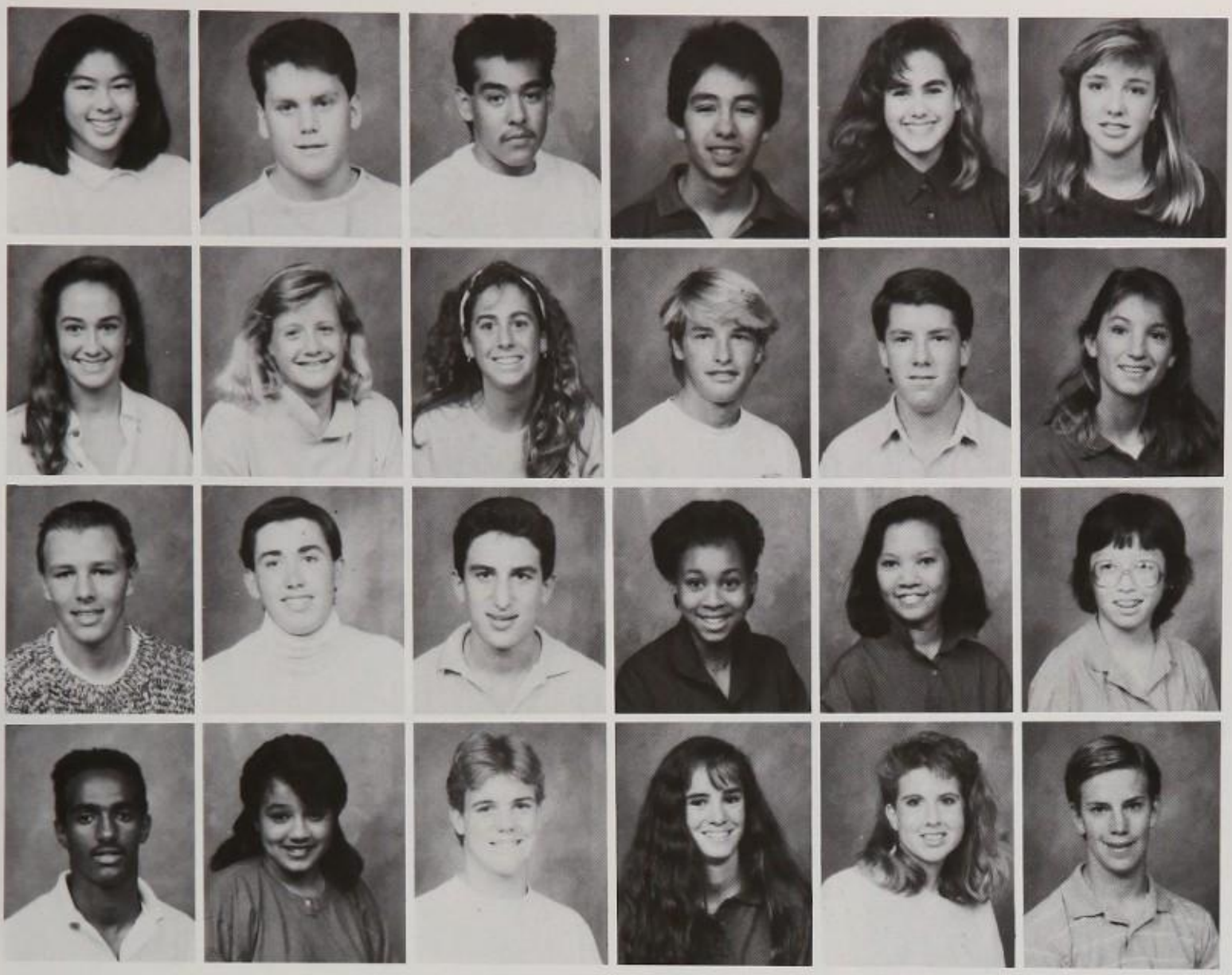


Randel, Claire
Redford, Martin
Reeder, Pamela
Reit, Kristina
Richards, David
Robles, Maria

Rodriguez, Francisco
Rodriguez, Hilda
Rodriguez, Maite
Romanowsky, Jonathan
Romero, Carlos
Ronaghy, Ali

Rothwell, Erin
Roy, Kelly
Rudolf, Jessica
Ruffin, Danielle
Ruiz, Javier
Sacks, LeeAnne

O R S

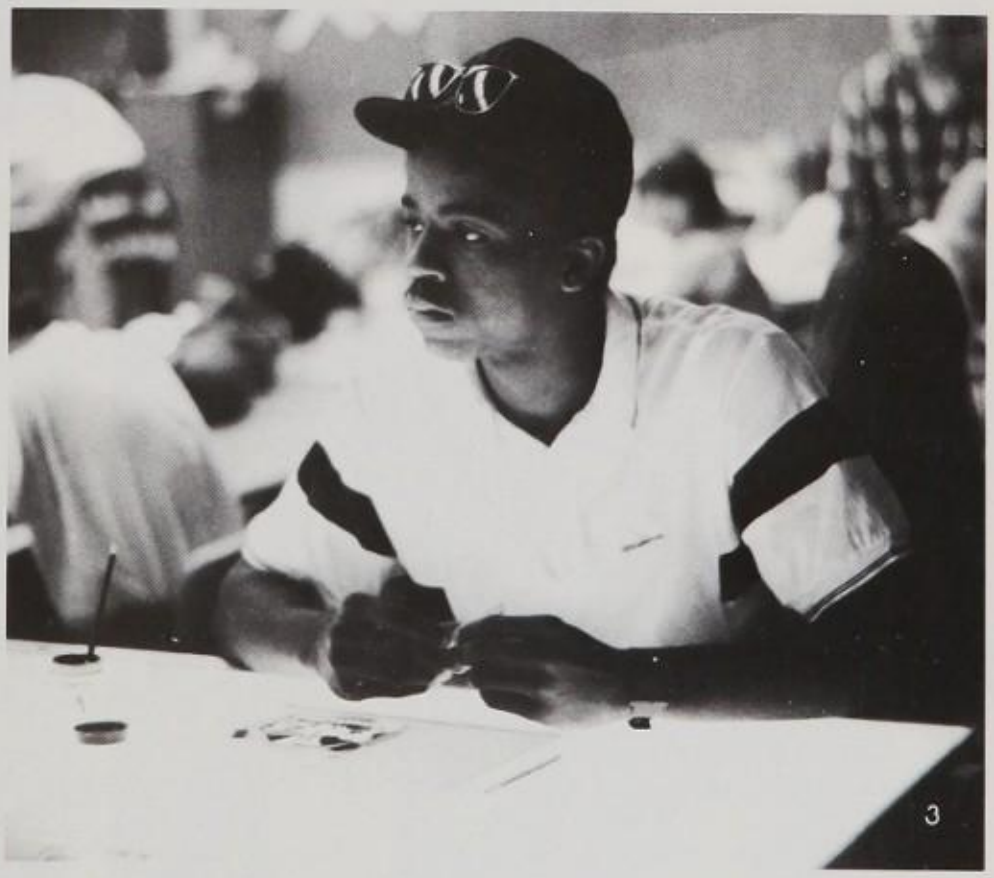


Sakagawa, Bryn
Samson, Mark
Sanchez, Alberto
Sanchez, Mark
Sand, Shauna
Santelman, Jenny

Saris, Joy
Schaefer, Holly
Schaffer, Laurie
Schipa, Brian
Segall, Darron
Serror, Daphna

Settle, James
Shean, Jeffrey
Sheinbein, Jeffrey
Shell, Corrie
Shen, Alisa
Shen, Emily

Sherman, Forrest
Sherman, Kendra
Shirer, Brandt
Silverman, Deborah
Simms, Valerie
Skiles, Daniel



1. Erich Litch
2. Jennifer Anthony
3. Kenneth Frye

J U N I

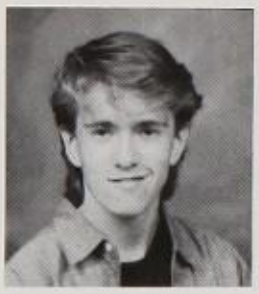
Small, Matthew
Smallwood, Tim

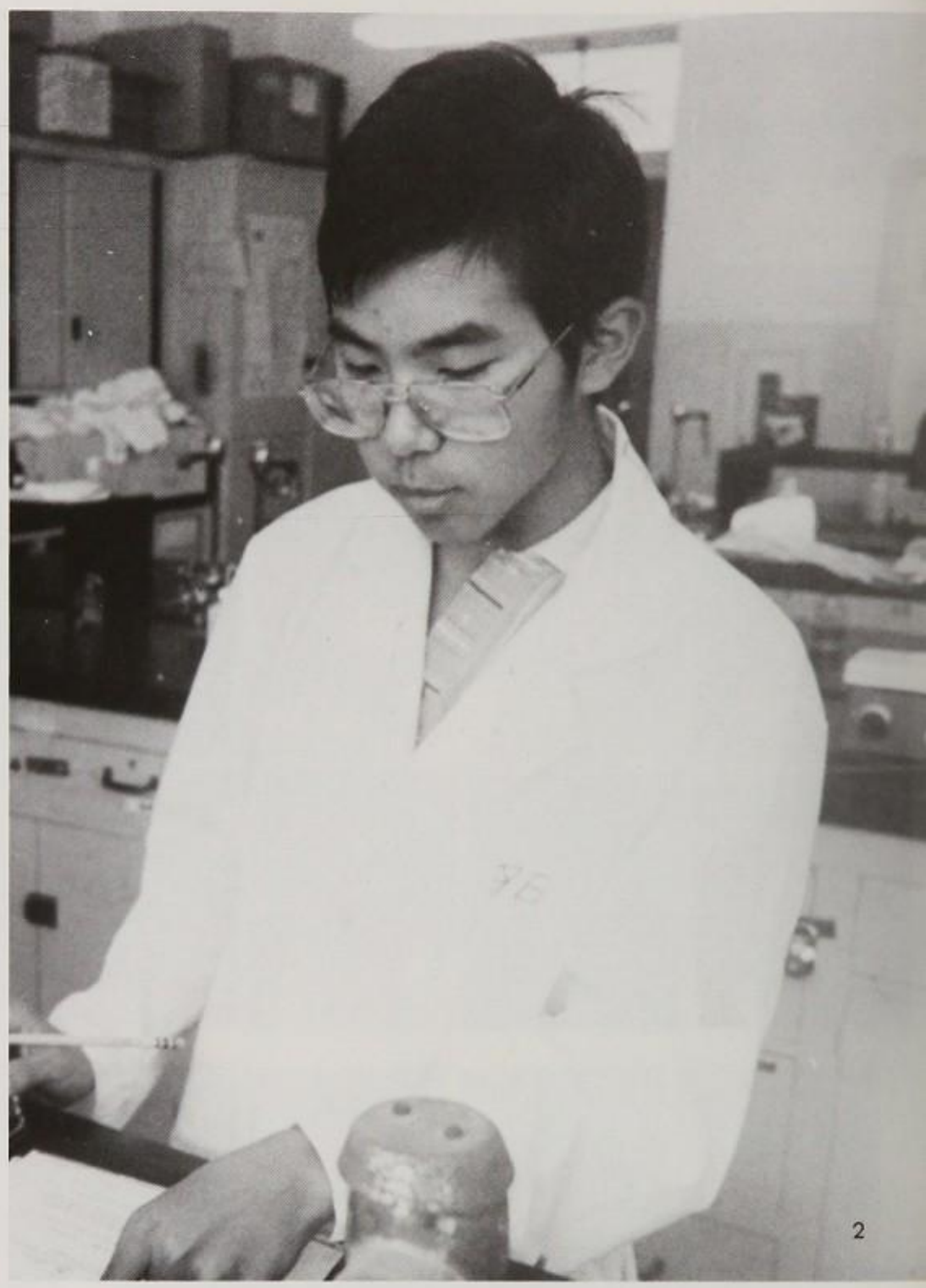
Smith, Carla
Smith, Nadine

Smith, Tonetta
Snodgrass, Elizabeth

Soper, Brandon
Stratsky, Jessica

Stein, Adam
Steineckert, Stacy





2

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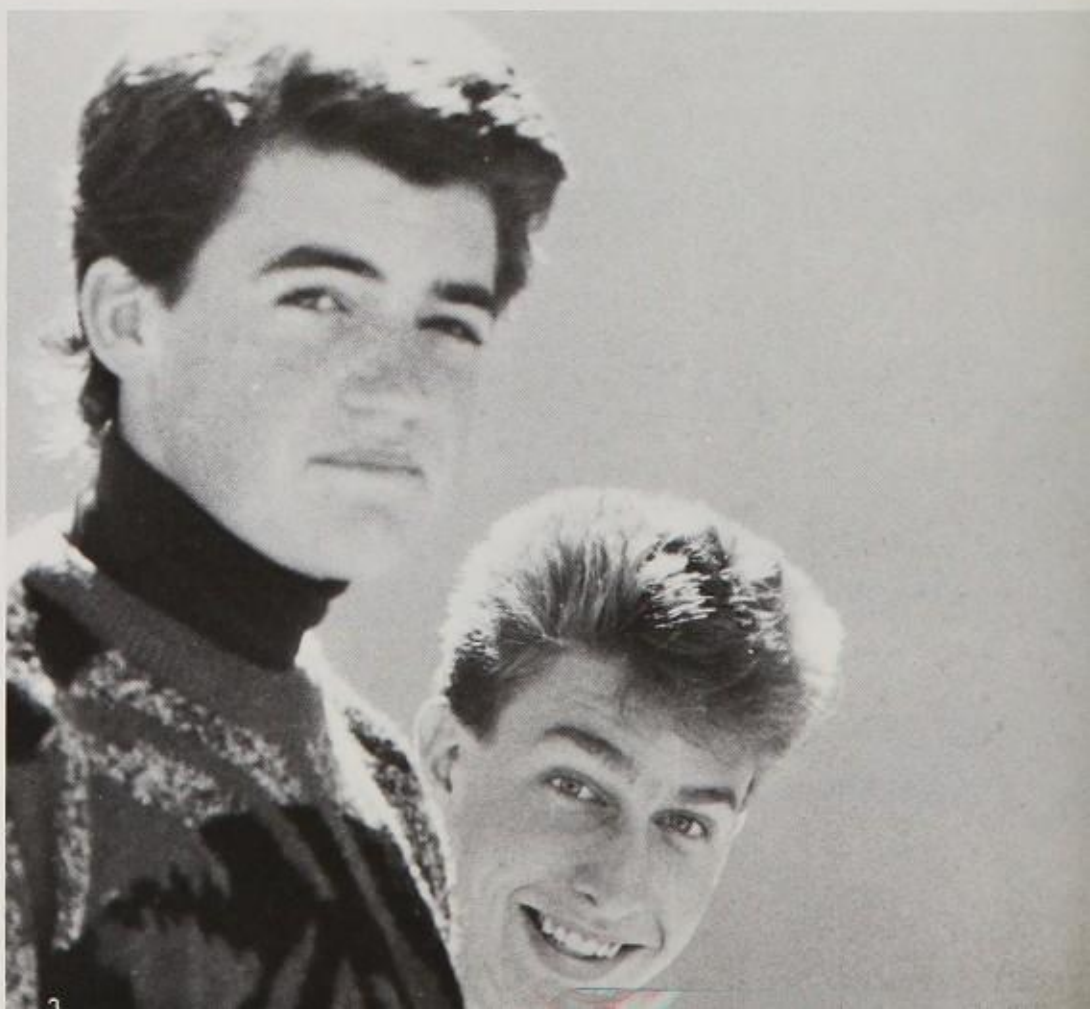
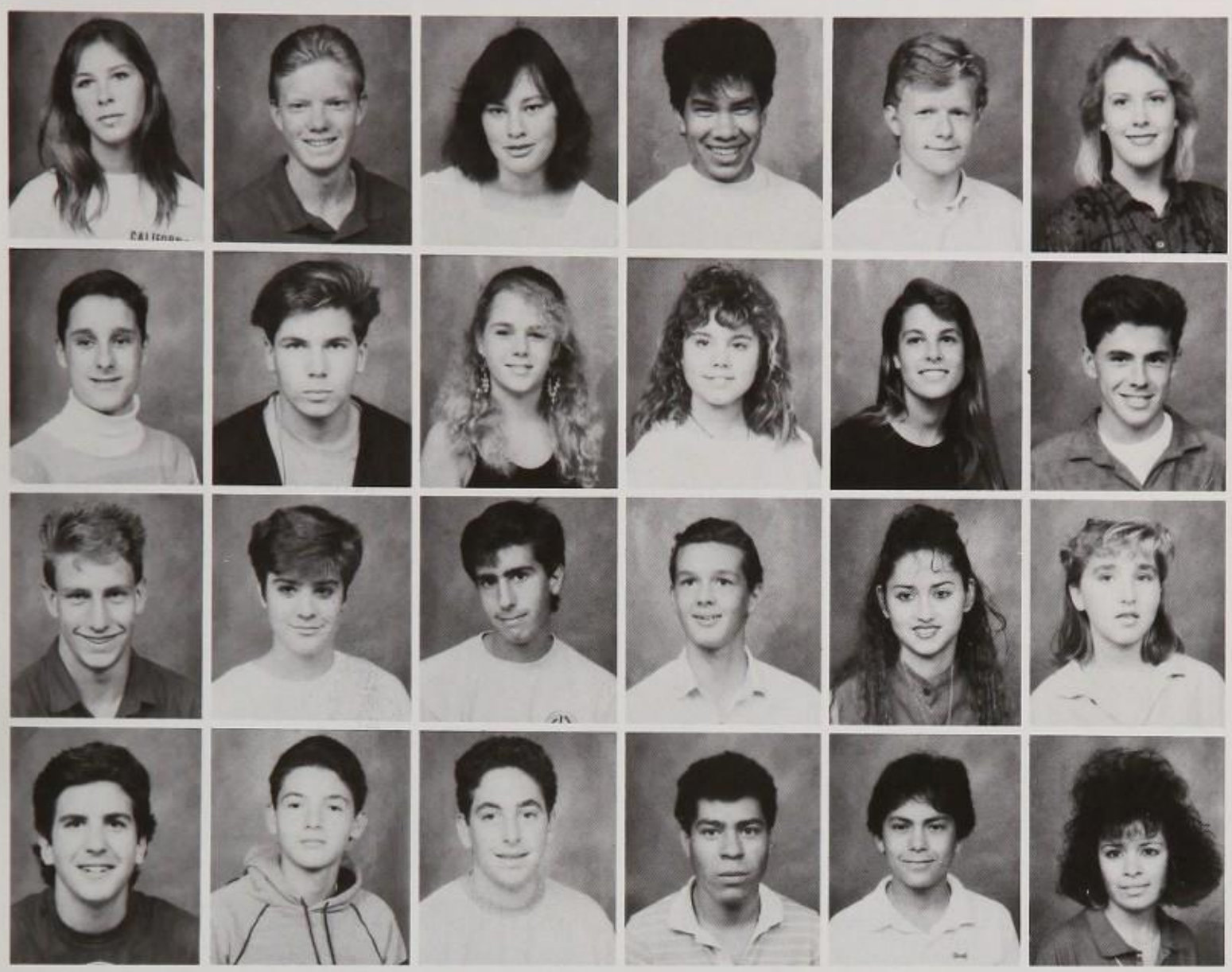


3

1. Goli Maleki
2. Jay Wung
3. William Thomas and friend



Sterling, Sara
Stewart, Ian
Streer, Linhda
Suarez, Luis
Swan, Christopher
Tatum, Michelle

Tedrow, Taj
Teifer, Brian
Tennyson, Amy
Theriot, Jennifer
Thomas, Carolyn
Thomas, Jon

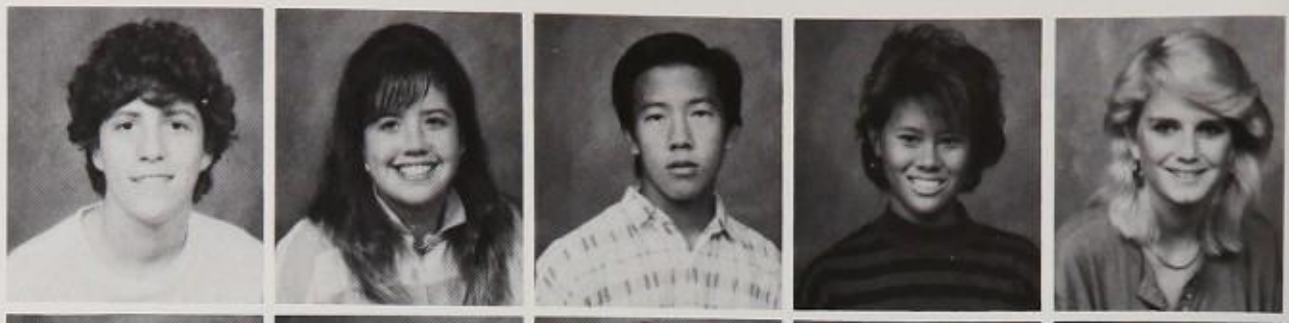
Thomas, William
Thompson, Kelly
Thompson, Michael
Tolerico, John
Torres, Adriana
Toth, Miriam

Trimble, Jason
Valdez, Ismael
Vann, Lee
Vargas, Oliver
Venegas, Adan
Villalobos, Olga

If you could change one thing at La Jolla High, what would it be?

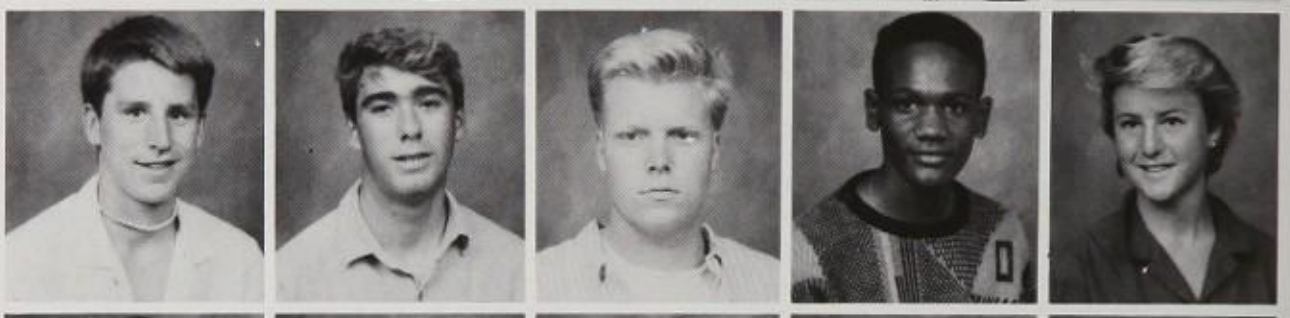
Amalia Estrada — I would make the lunch time longer because the food that is served here is really bad.
Brian Teifer — I would either make daily attendance optional or paint the campus black.
Barbara Ferris — I would make bathrooms off limits for girls that sit in there between every class and apply their make-up.
Jason Hughes — A few selected teachers.
Stuart Rothgiesser — Reggae jams in place of pep rallies.
Alison Damoose — Longer lunches and more half days.
Dan McKenzie — Better food at lunch.
Stephanie Bradley — Field trips to the beach.
Gregg Brett — You would only have to take football, and the season should last all year.
Carrie Hagin — End school at noon every day.
Shana Lazerow — Parking.
Claire Randel — The attitudes.
Josh McNally — School Spirit, better KLJH tunes.
Jenny Kline — Speakers in the halls for KLJH and bigger ones for the upper quad.
Ilka Castillo — There should be more hour lunches and minimum days.
Pamela Reeder — The teachers.
Brigitte Nadeau — The smoking laws.
Rebecca Griebe — There would always be t.p. in all the bathrooms.
Philip Kholos — No more more of these stupid polls.

Viterbi, Alexander
Walsh, Tara
Wang, Andrew
Wang, Nita
Ward, Christy

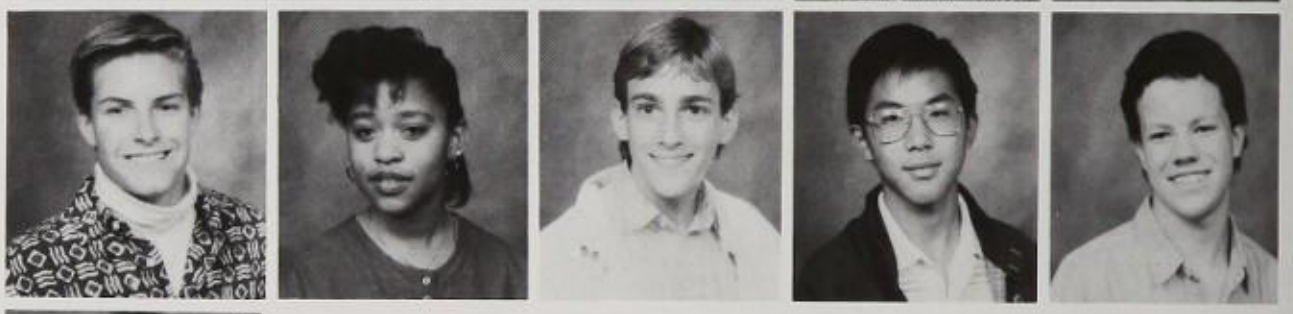


Weaver, Kenneth
Webster, Channing
Wenner, Julie
Westerman, Michelle
Whaley, William

Widmer, Thaddeus
Wiley, Grant
Williams, Luke
Williams, Ronnie
Wistrom, Rene



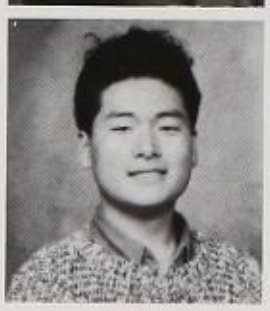
Wood, Christopher
Woods, Pauline
Woodworth, Andy
Wung, Jay
Wyatt, Clark



Yelenosky, Patricia

Yen, Katherine

Yoo, Min



1. Kyle Gott

Lost in Time

Aguayo, Marisela
Albanil, Caty
Allan, Nancy
Alonso, Leticia
Alonso, Pedro
Back, David
Beltran, Juanita
Benson, Juanita
Bermudez, Jorge
Bethard, Jeffrey
Boucher, Shelly
Boyle, Heather
Bregante, Christina
Brown, Kate
Carrillo, Roberto
Cesena, Margarita
Cooper, Michele
Delgado, Fernando
Dokes, Angela
Enoch, Dawn
Estrada, Amalia
Frank, Gaby
Galaviz, Gustavo
Gonzalez, Delia
Gonzalez, Leovardo
Haines, Brenda
Harris, Colby
Haun, Chris
Hrnjak, Shelly
Jensen, Andy
Kass, Darrin
Katz, Aaron
Kirkpatrick, Izells
Kopikis, Alexis
Lindholm, Nancy
Lopez, Jesus
Lopez, Jose
Lumpkin, Isabelle
Macedo, Patricia
Manchester, Eric
Medel, Eric
Meredith, Jessica
Meza, Isabel
Miller, Steve
Miller, Trina
Moran, Maria
Ocampo, Maria
Olkowski, Jamie
Paiz, Claudia
Philipps, James
Quezada, Juan
Quinones, Marco
Rothgiesser, Stuart
Sanchez, Tessa
Smith, Enrique
Sung, Gene
Thomas, Calvin
Thomas, Mariah
Uballe, Guadalupe
Valdez, Dora
Villegas, Norma
Vu, Thao
Walker, Connie
Wright, Jeffrey
Zadeyan, Ankist
Zermeno, Martha

Seniors Bid Farewell

For seniors it was a year of achievement, recognition and special activities. It was also a year of anxieties about college applications and leaving behind a familiar world.

To be sure, the class of '88 was filled with talented and spirited students. Nine of them finished high school with 4.0 GPAs. Nineteen seniors earned recognition as National Merit Scholarship semi-finalists. Thirty-seven seniors earned at least a 3.7 GPA and were recognized by the Cum Laude Society. La Jolla High was the only public school west of the Mississippi recognized by this prestigious group.

Talented seniors made their mark on all areas of school life. There was Gregory Davis, who was a semi-finalist in the 47th Westinghouse Science Talent search. Karen Hartman won first place in the state for her original one-act play. Michael Nassir moderated a satellite conference featuring astronaut Wally Schirra. Elizabeth Thurlow was picked as one of the best writers in the nation by the National Counsel of Teachers of English.

Seniors also excelled in sports. Harry Rudolph was named to golf's High School All-American first team. Charles Huff was one of the country's leading high school triple jumpers. He was recruited by most Big Ten and Pac Ten schools. Many other seniors were selected to ALL-CIFSDS and All-League teams.

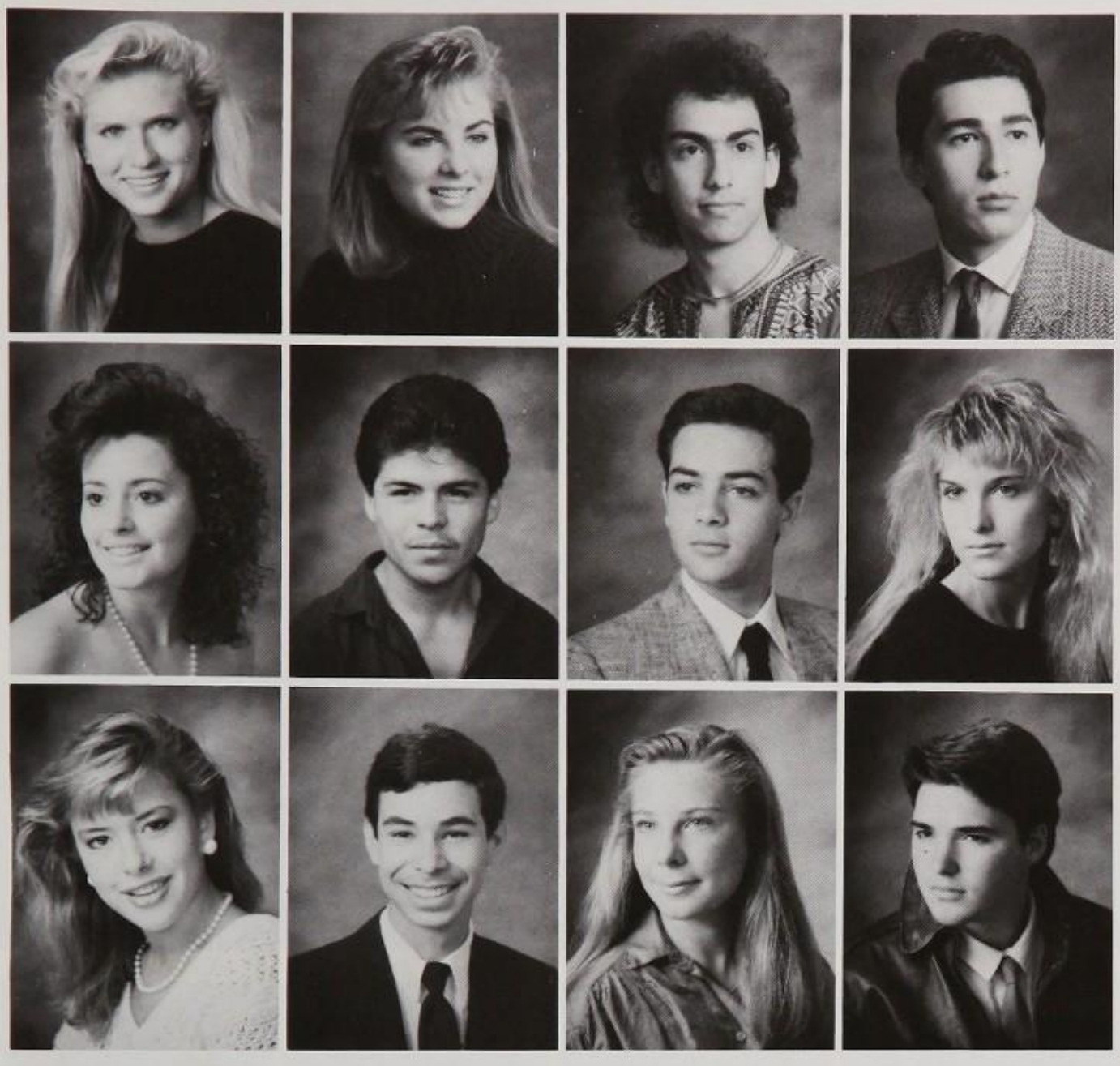
While not all seniors earned the status of "super-star," all contributed to the uniqueness and special feelings which connected students in the class of "88." Senior class president, Charles Huff, stated, "This class had a special closeness that made events like prom and grad night something which will always be remembered."

Things did not always go smoothly for the seniors. "January was a tough month because both term papers and college applications were due," explained Jessicca Bakcht. "I was anxious while waiting to hear from colleges, but after being accepted I decided to relax and enjoy my last semester," stated Byron Coffey. "It didn't dawn on me until the third quarter that I would probably never see all these people at one place again," said Lynn Homeyer.

The Class of '88 was a combination of individuals who joined together for learning. Their good times, sad times, triumphs and defeats have turned to memories of "days gone by."

Mrs. Dee Engelken measures Jeff Fairfield's head for his mortarboard. Four hundred sixty-seven La Jolla seniors received diplomas on June 21, 1988.

Jeff adjusts Lynn Homeyer's cap as she prepares herself for graduation ceremonies.



Karen Abbo
Marcie Aden
Dmitri Aftandelian
Abraham Aguirre

Aledra Aguirre
Javier Aguirre
Dara Akbarian
Kristin Akins

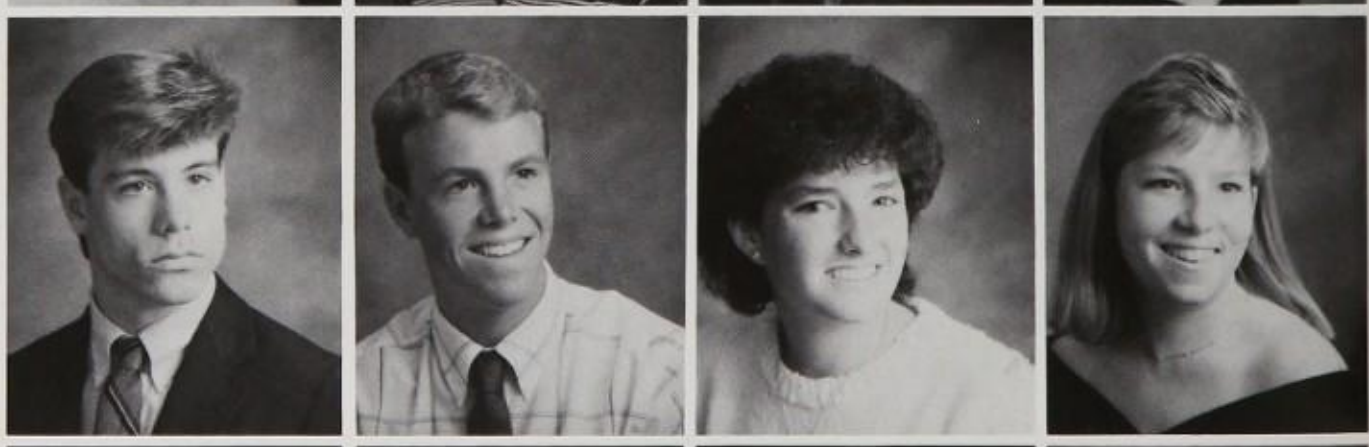
Trisha Alari
Jose Albanil
Michaela Albrecht
Christopher Alcala

1. Monica Smith

S E N

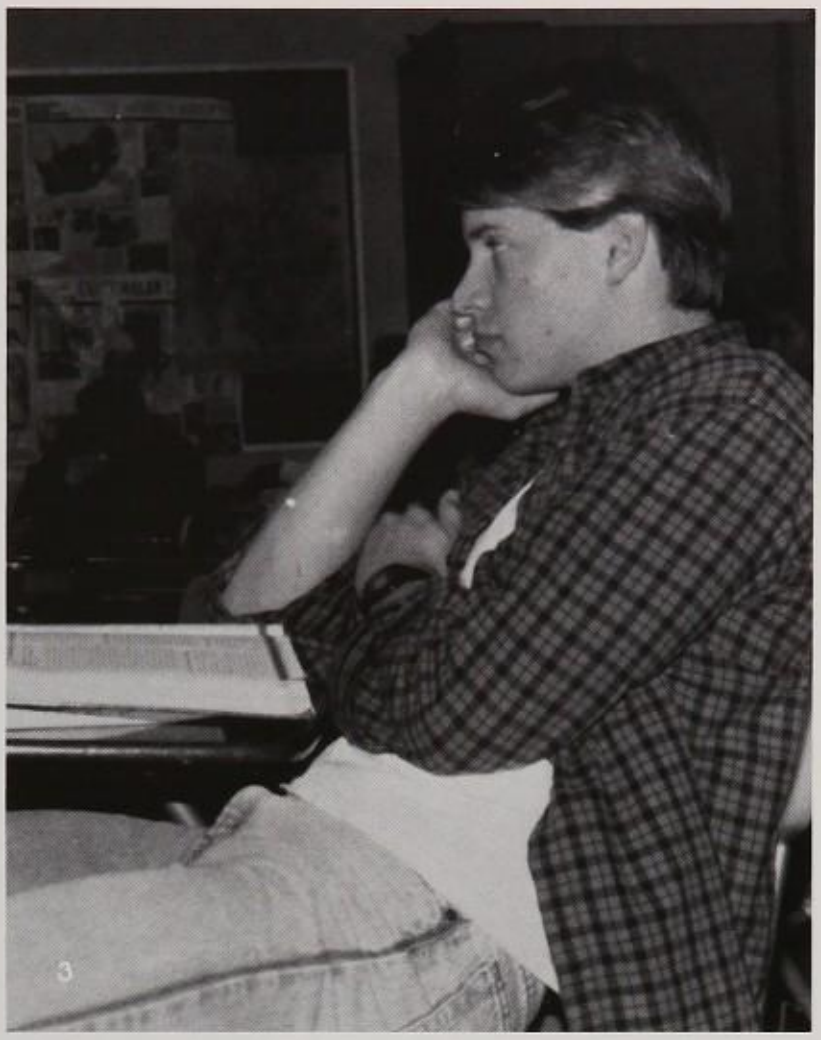
Evangely Aliangan
Daniel Allen
Farshid Almassizadeh
Ivonne Amador
Paul Anderson
Sara Andrade
Benjamin Arbib
Glenn Armstrong
Rene Arroyo

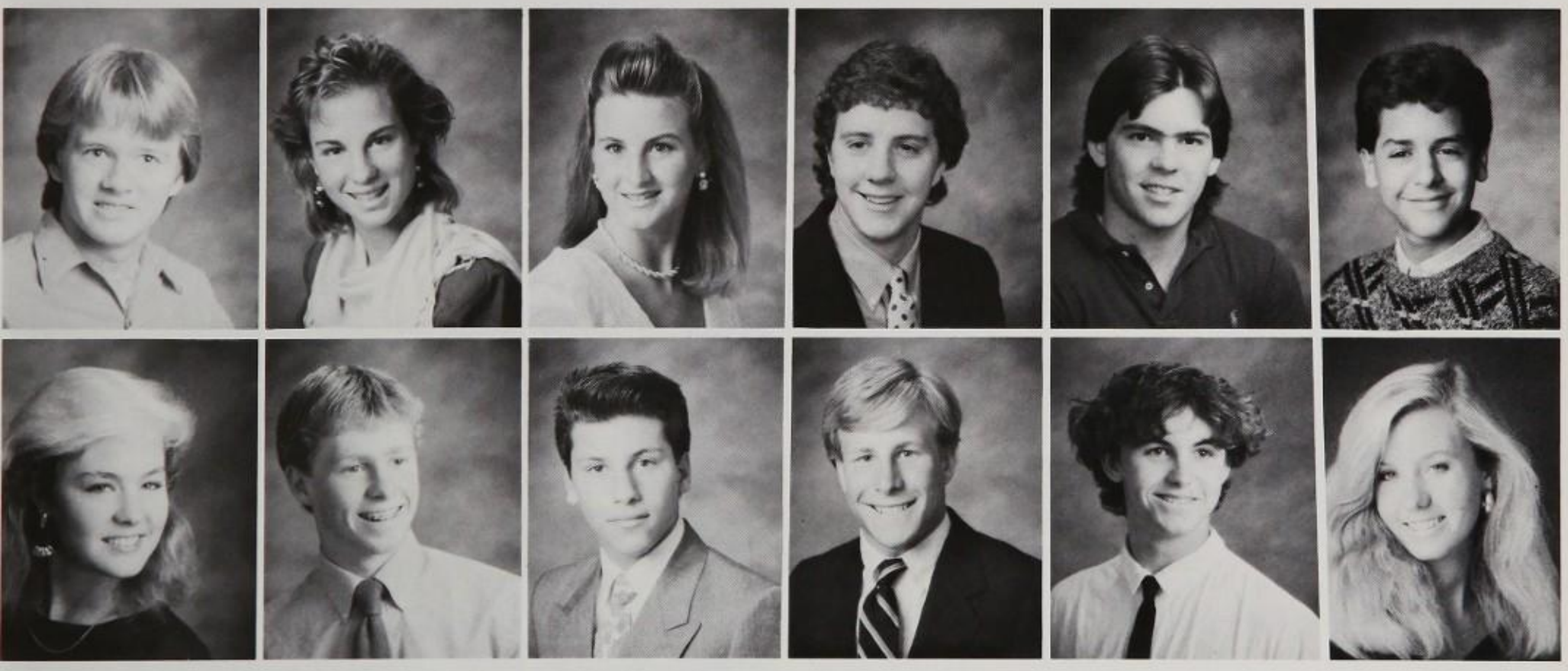
Kevin Aufman
Christopher Baer
Jessica Bakcht
Paige Baker
Tiffany Balint
John Bannon
Edward Barbat
William Barnett
Marc Barrington
Diane Bay



Tricia Bays
Thomasina Beagle
Kathryn Bennett
Russell Benton

I O R S

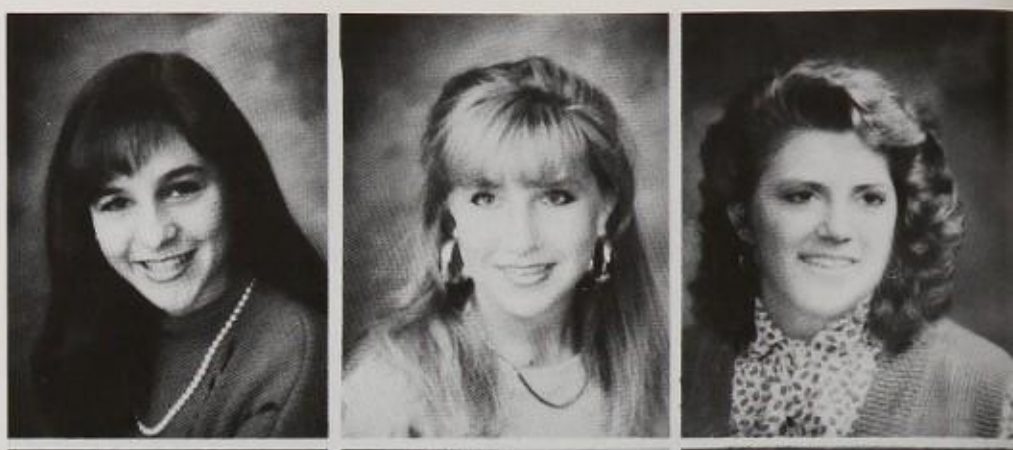




1.Sydney Whittemore, Paul Anderson, Shamus Paksima, Arianne Goldberg
2. Susan Fisher
3. John Orellano

S E N I

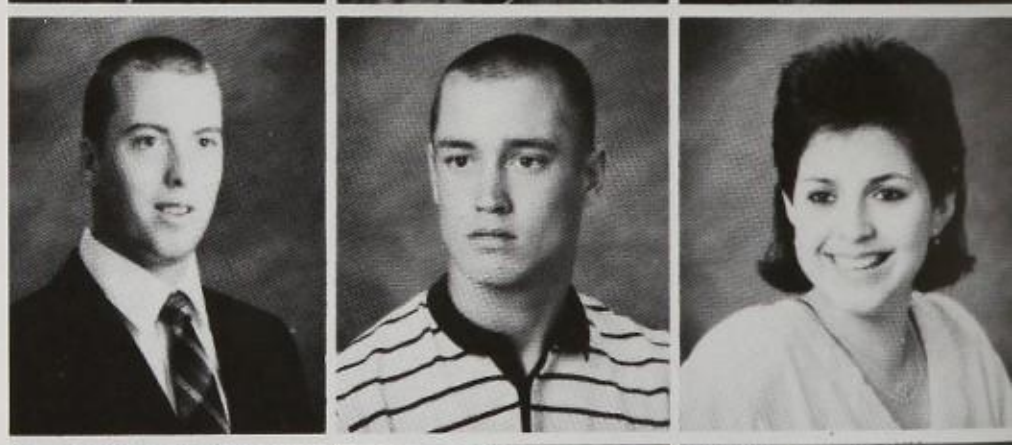
Elizabeth Berger
Beth Bergman
Mary Bergstrom
Bonnie Bernstein
Jason Blantz
Dan Bluestein



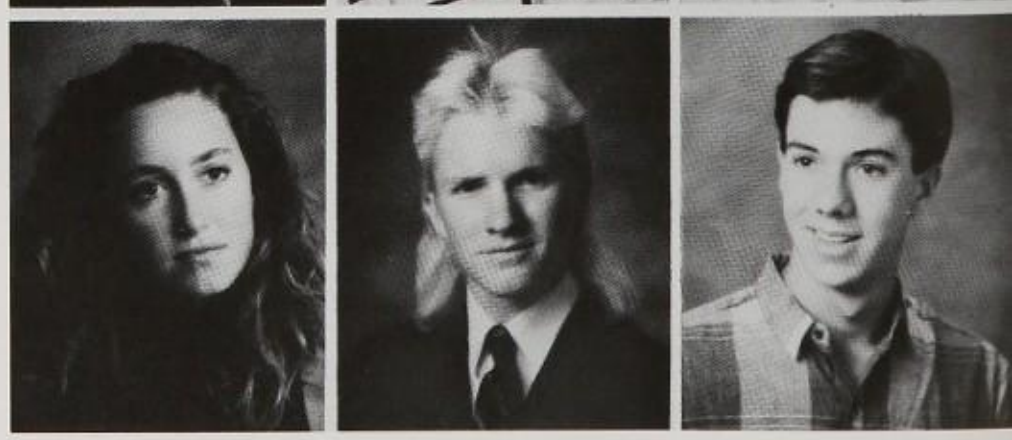
Sidney Bolivar
Alyson Boner
Danielle Bonner
Trevor Bridge
David Brody
Erin Brody

Carol Broussi
Eric Brown
Steven Brown
Maryann Burke
Melanie Buser
Todd Butler

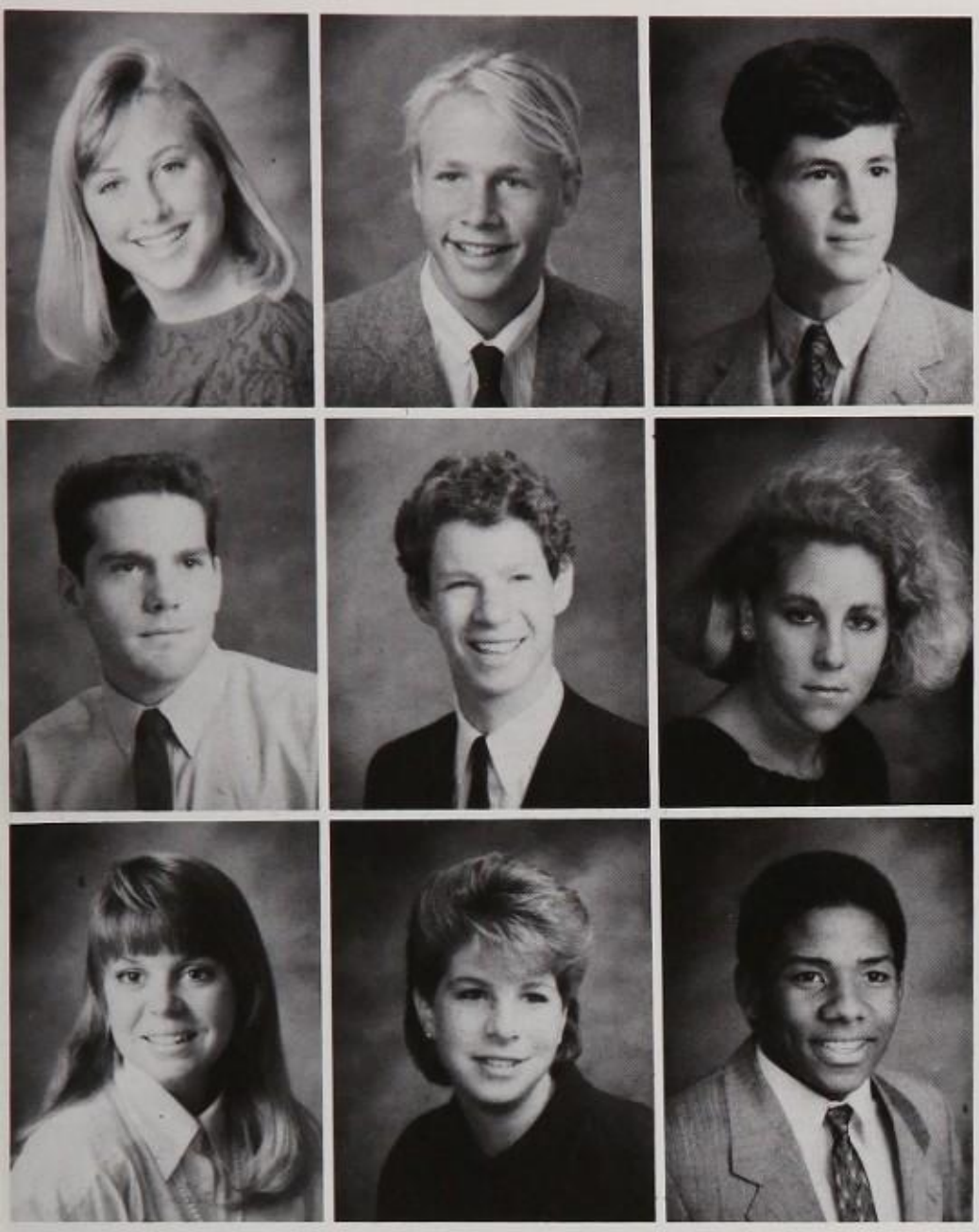
Christopher Caffee
Christopher Callahan
Norma Cardenas

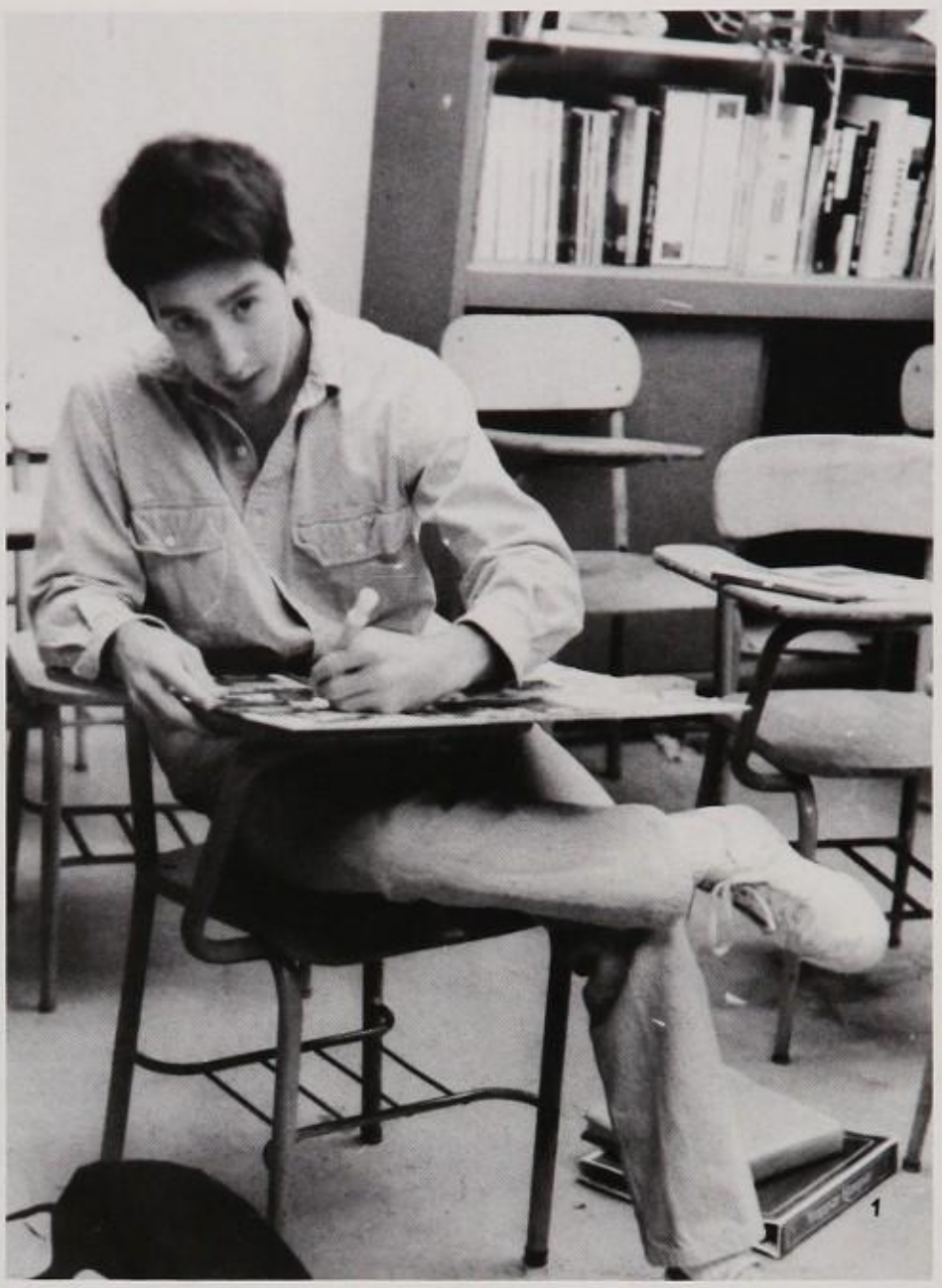


Erin Casey
Patrick Cassidy
Emilio Castellanos



O R S





1. Gary Robinson

Name one thing you learned that you know you'll never use again.

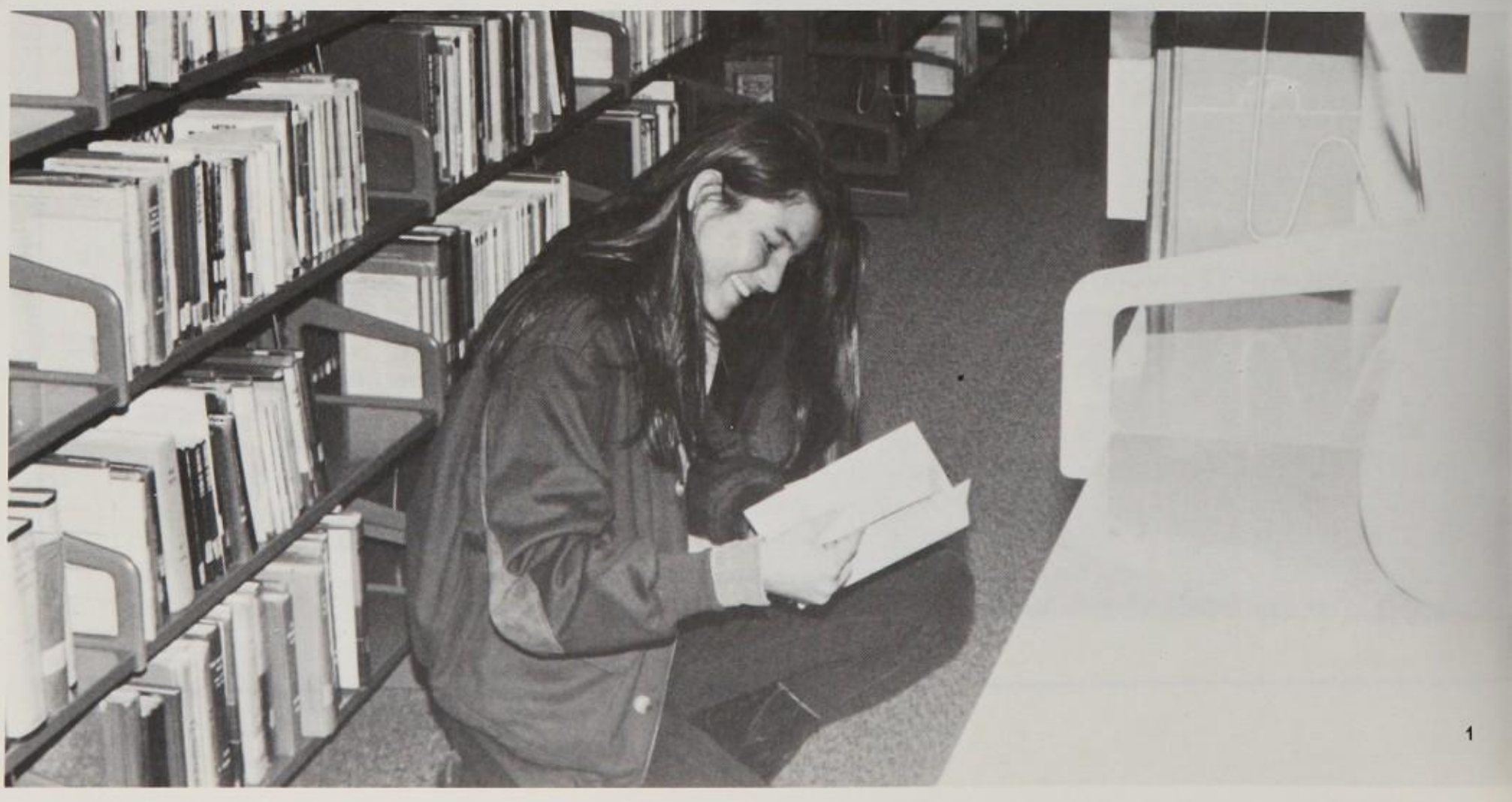
Mike Layon: The periodic table.
Elisabeth Thurlow: That if you are given an ace and have seven cards, what is the probability of choosing a diamond two of spades.
Sara Andrade: What T.S. Eliot thought of Shakespeare's "Hamlet".
Selina Sahba: That your parentheses are your best friends.
Chris Baer: Having to read and understand **Heart of Darkness** .
Jason Prohaska: Learning the anatomy of a Blowfish.
Arianne Goldberg: Sine and Cosine.
Marcie Aden: MATH!!!!!
Pat Cassidy: Gerunds and parts of speech.
John Bannon: Home Economics.
Denise Gerth: Raising my hand.
Stephanie Curran: How many points each ring is worth in archery.
Paul Shortt: Hydrogen Ionization.
Tari Smith: Rise over run, average height times the base.
Alex Schrader: Mostly everything except for Geometric proof and Newton's laws.
Bob Feeney: Punctuality.
Leo Lopez: Talk to me! Almost everything except the gravitational force between two bodies.
Dennis Kavanagh: All of science.
Adam Lenain: Calculus.
Heather Lazo: Dot Matrix.

S E N I

Olivier Caudron
William Chatham
John Chier
Arno Chrispeels
Todd Christian
Kim Circuit
Joshua Clark
Byron Coffey
Alicia Cohen
Laurie Cohen

Roslyn Cole
Daryle Coleman
Michael Coleman
Spencer Combs
Rocio Contreras
Jennifer Corbo
Monica Coronado
Julian Corrales
Nicolas Correa
Rorie Cox

Stefanie Crone
William Cunningham
Stephanie Curran
Michael Cutchin



1

O R S

1. Johanna Serror
2. Jessica Marin, Monica Coronado, Elizabeth Ocampo.
3. Theresa Smith.

S E N I

Mehmed Dapcevic

Leslie Darling

Lisa Darling
Melissa Dashen
Gregory Davis
Kory Dayani

Katherine Delos Santos

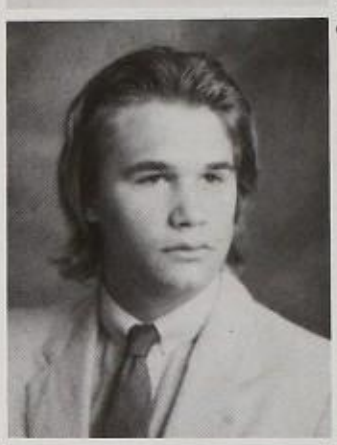
Drew Dean

Caroline Dees
Maria Delacruz
Donald Denson
Dominique Desanto

Rita Diez

Jill Dixon

Christina Doljanin
Manuel Dorado
Michelle Duncan
Jennifer Dunn

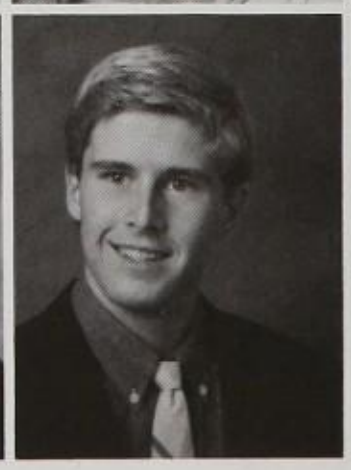


Alex Dutler

Susan Eckstein

Christine Eddy

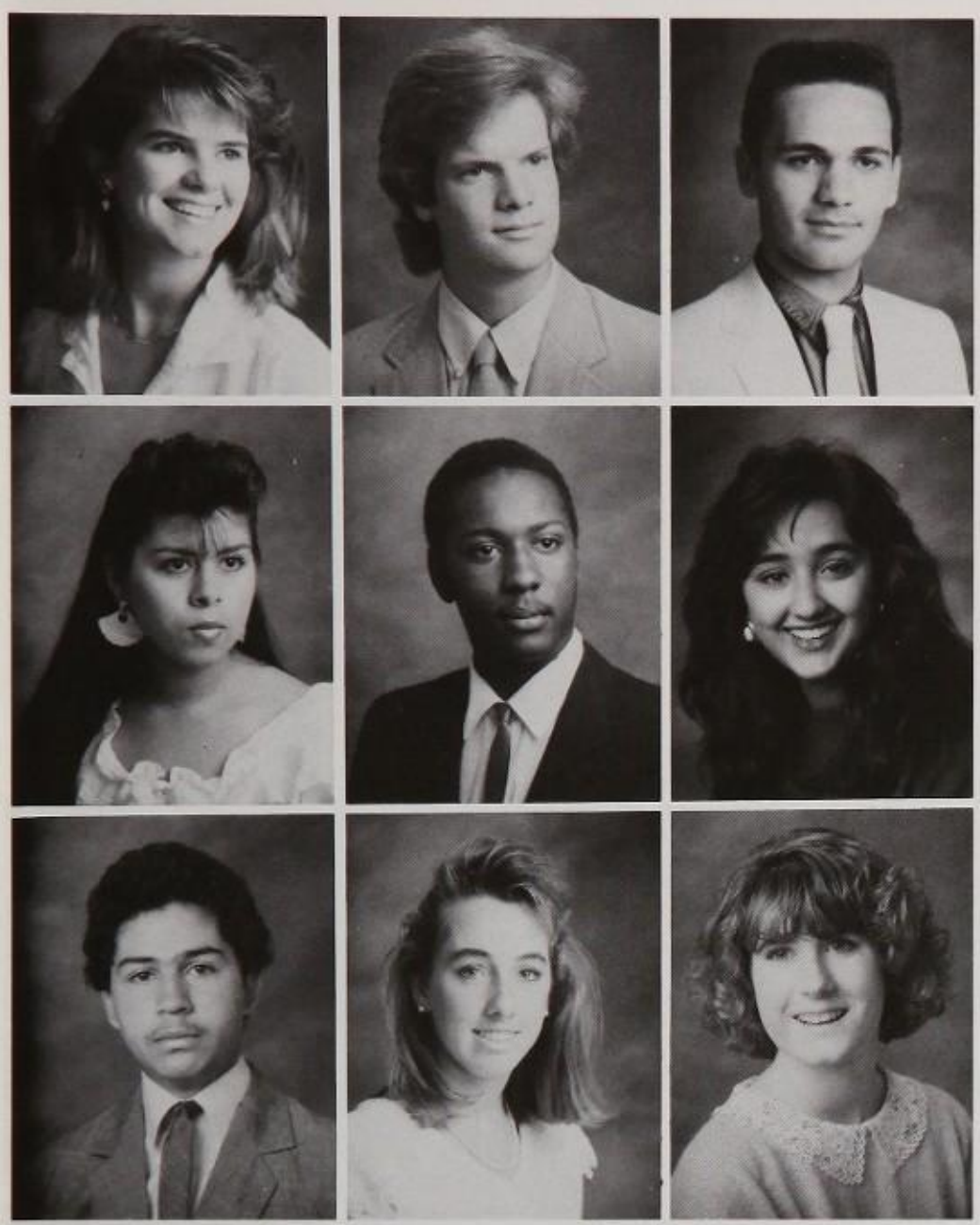
Sherry Edwards

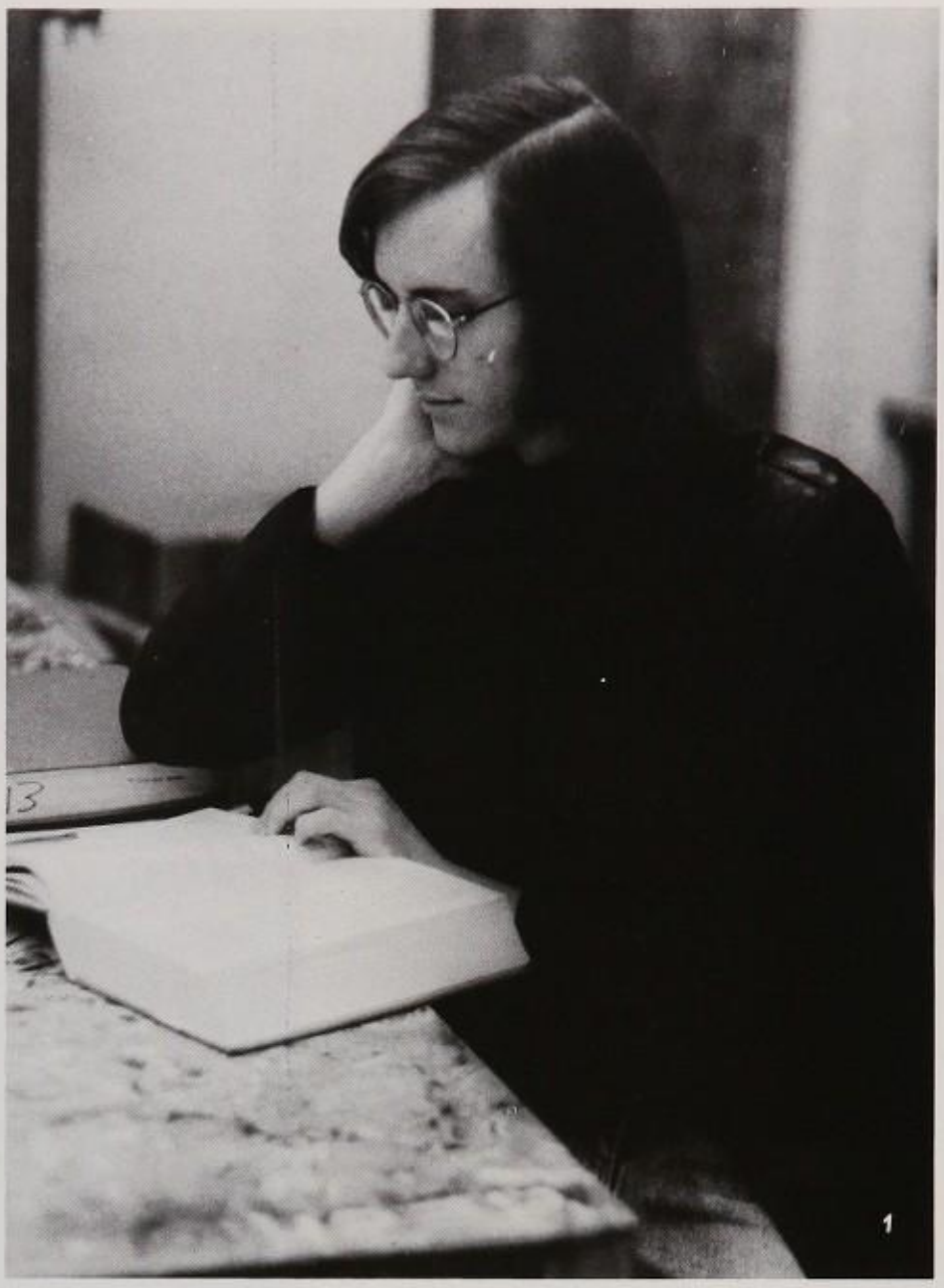


Sean Edwards

Anthony Eitnier

O R S

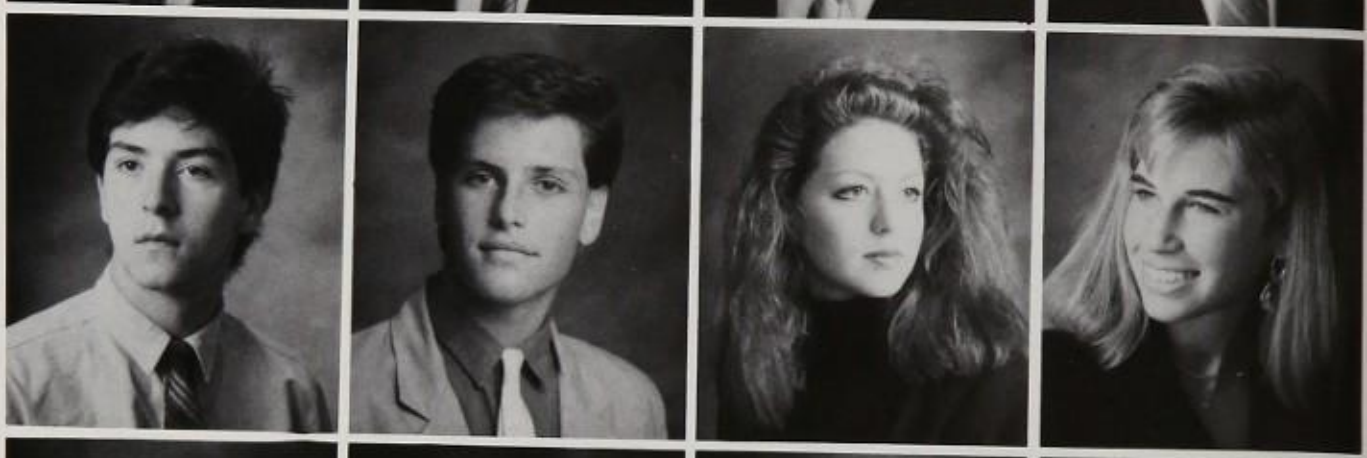




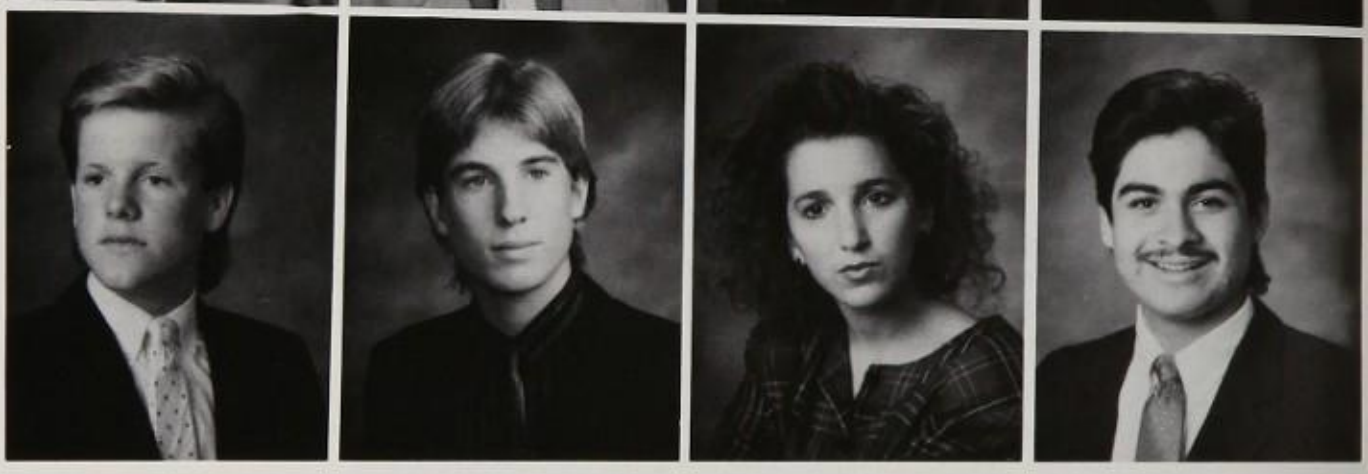
1. Sam Hughes.
2. Claus Lugmair, Steve Fox.

Shane Ellis
Shawn Ellis
Jeremy Elster
Michael Epstein
Rolando Escalante
Luis Esparza
Chad Estabrook
Kristen Estell
Martha Estrada
Jeff Fairfield

Jorge Favier
Robert Feeney
Lisa Fegarsky
April Feltheimer
Andrew Firtel
Susan Fisher
Daria Fleige
Cecilio Flores
Oscar Flores
Stephen Fox



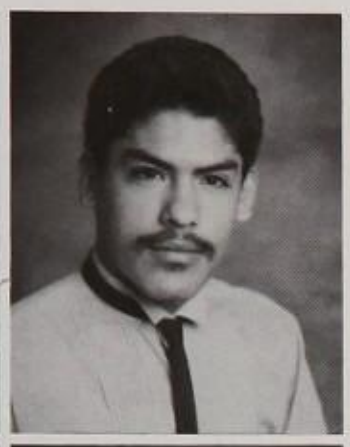
Todd Francis
Joshua Freifelder
Amanda Friedland
Alfredo Fuentes

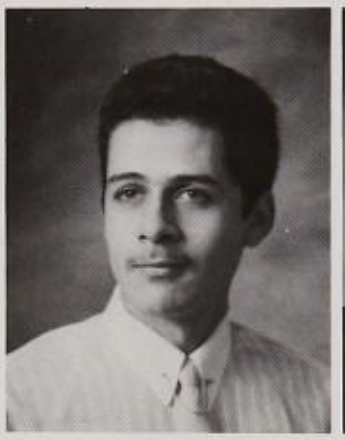


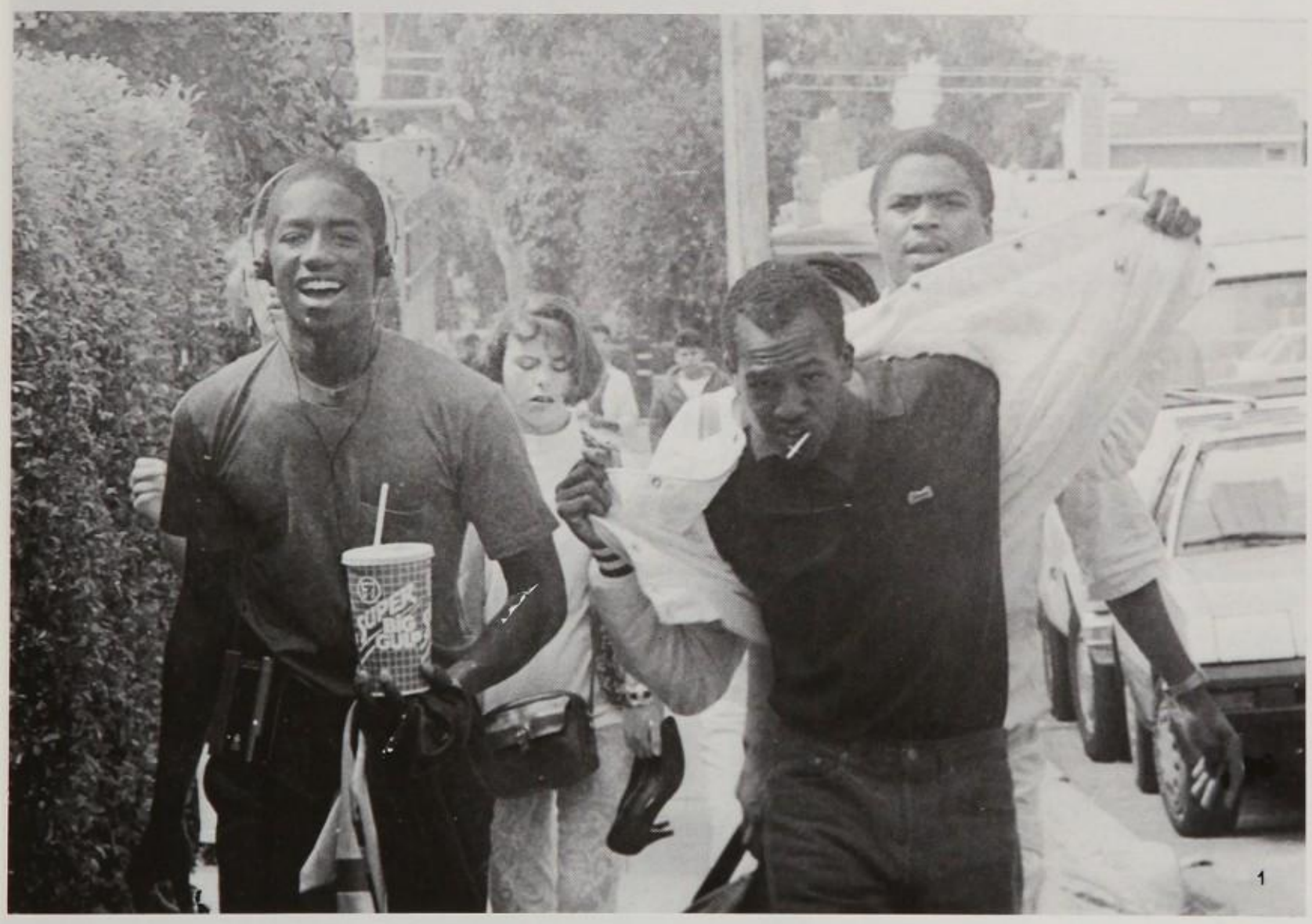
If you had the chance, what would you do differently in high school?

Jenny Dunn: Kiss up more!!
Susan Fisher: Not take physics.
John Bannon: Not learn the alphabet.
Scott Presti: Throw more parties.
Steve Fox: I would have been more conscience of how stupid I really am.
Sara Andrade: I would have spent less time stressing over school.
Mike Epstein: Study.
Franchesca Prantil: Try harder in my classes and extra curricular activities.
Chris Riley: Gone to class.
Josh Wyte: Study less and written all of Mr. Ulen's term papers a week before they were due.
Alissa Hecker: I would take all A.P. classes.
Feather Winsett: I would have been more aware of the fact that grades were important, and that partying wasn't everything.
Karen Hartman: I think I've achieved a pretty good balance.
Jason Prohaska: I would have stuccoed the walls purple.
Monica Smith: Make everything pass or fail.
Georgina Justice: Make high school a year long.
Michael Coleman: I'd arrange my schedule so I would not have a first, second, or third period.
Chad Morse: If I would have known that it mattered, I would have studied harder, but, considering it didn't matter, I didn't study.

O R S

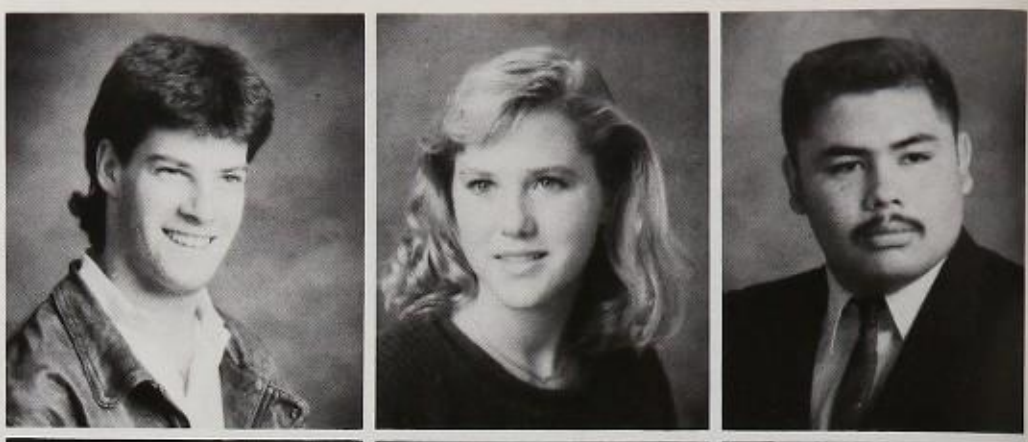






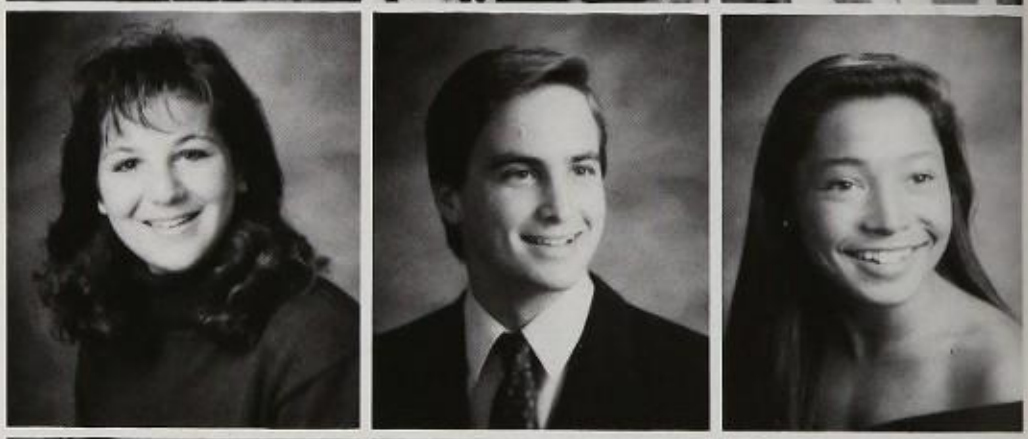
1. Dominic Fowler, Curtis Washington

Trevor Funk
Erika Funseth
Juan Furlong
Gregory Garcia
Marco Garcia
Mario Garcia

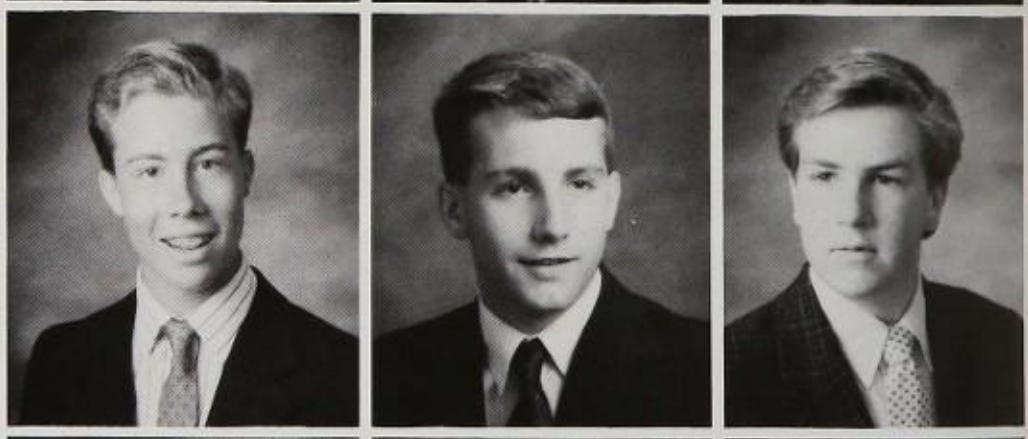


Denise Gerth
Souha Ghafri
Ali Ghalebi
Frank Gigliotti
John Gillin
Lourdes Godinez

Arianne Goldberg
Darren Goldberg
Iris Gonzales
Olga Gonzalez
Deborah Goodhead
Justin Goodman



Sydney Grant
Edward Greenawald
David Grewe



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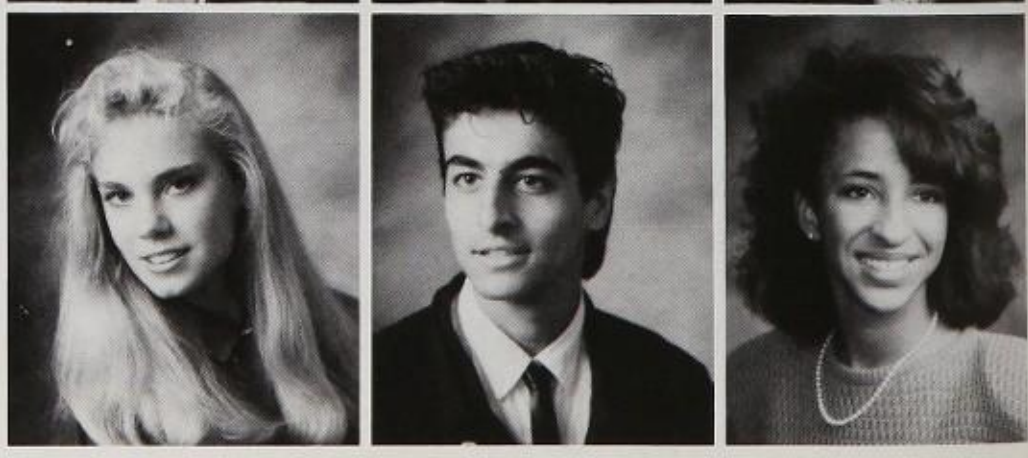
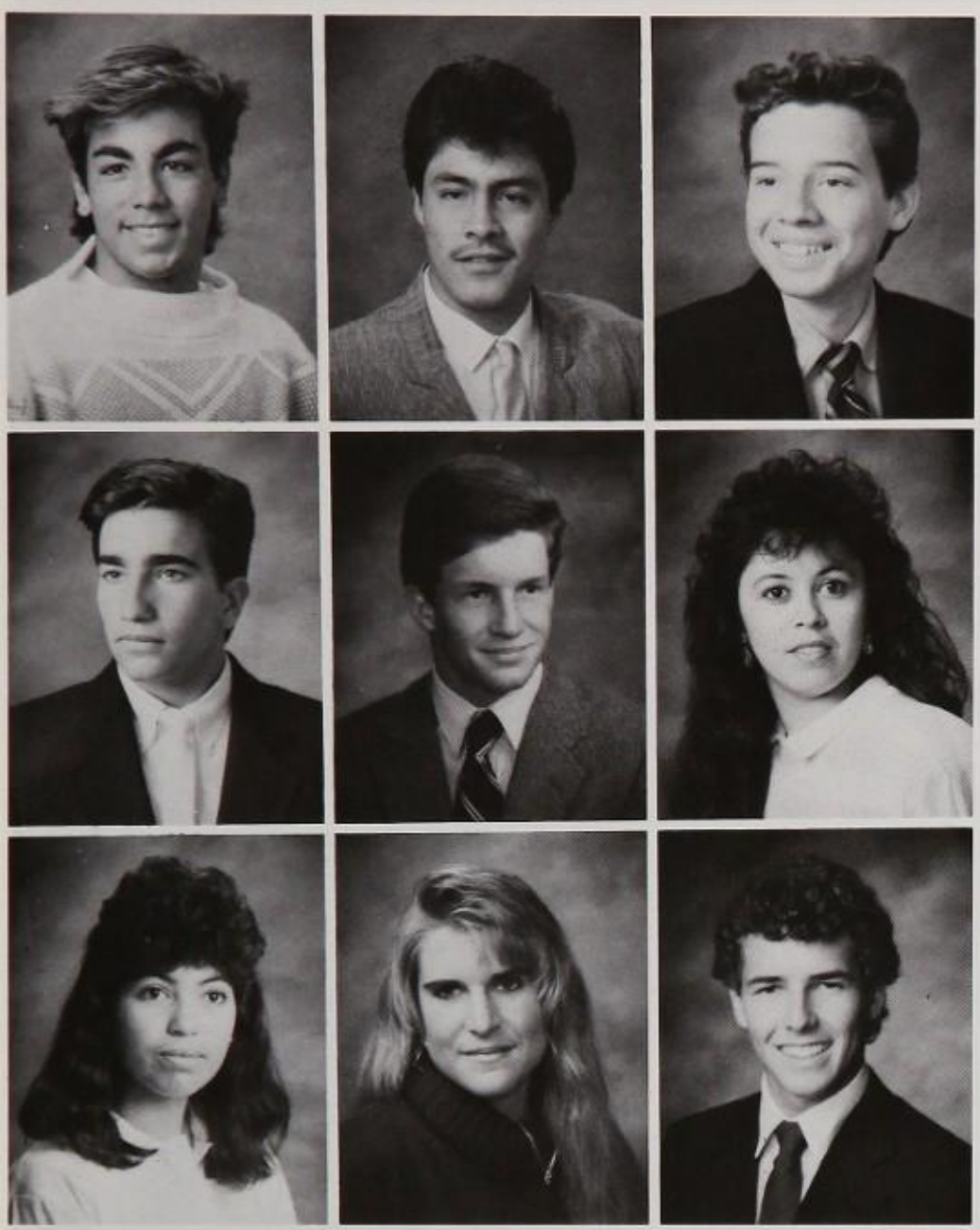
Karla Guinn



1. Scott Presti



Young Writer Makes Stage Success

La Jolla High's Karen Hartman is far from a mediocre writer. She has been ranked two years in the statewide Young Playwrights' program. Said Hartman, "One of the things that makes playwriting unique is that a play is open to interpretation." **In My Mother's House** , her first play, was produced at the Gaslamp Theatre in 1987. After this success, Hartman decided to try again. She saw her next chance when assigned a term paper analyzing an author. She chose Sylvia Plath, a poet for whom Hartman had a great fascination. "The more research I did," she said, "the more intrigued I became."

When Hartman asked her teacher, Dr. Gloria McMillan, if she could write a play instead of a paper, Dr. McMillan agreed.

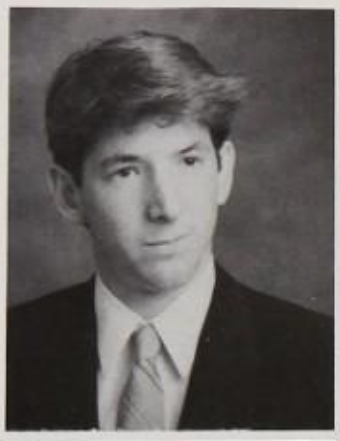
Hartman's newest work, **And One Bell Shattered** , is about a young writer whose obsession with the poetry of Plath led her to deify the poet. This play was another success.

When asked why she was intrigued with Plath, Hartman explained, "To me, Plath exemplifies a conflict between wanting to be brilliant and wanting to fit in; this is what my play is about."

Although she claimed, "I don't think I have a God-given ability to write plays," Karen was an outstanding talent at La Jolla. Her fondness for playwriting may lead to more plays in the future. For, as Hartman said, "A play isn't just words on a page; it comes alive."

-By Elisabeth Thurlow

S E N I



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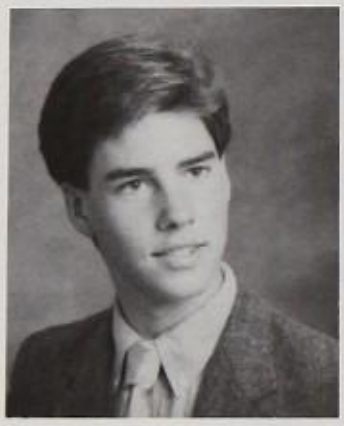
Monica Haines
Sherrill Halkin
Lindsay Hallett
Karen Hartman
Jason Hasson
Jill Heckel
Alissa Hecker
Sean Hecker



Darrin Hegemier
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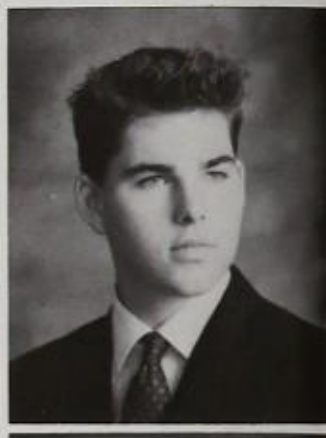
Hunter Heller
Patrick Hennessy
Eric Henyey
Jennifer Herring
Lani Hines
James Hoch
Claes Hodnett
Kristin Holt



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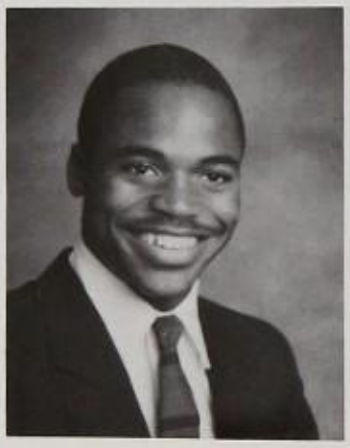
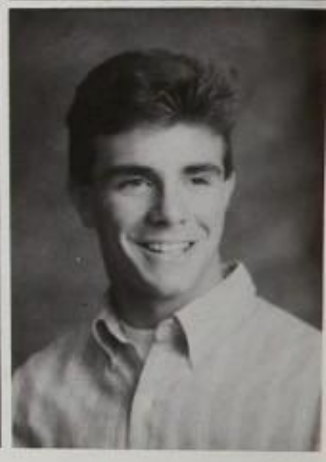
Charles Huff
Lesley Hughes
Michael Hughes





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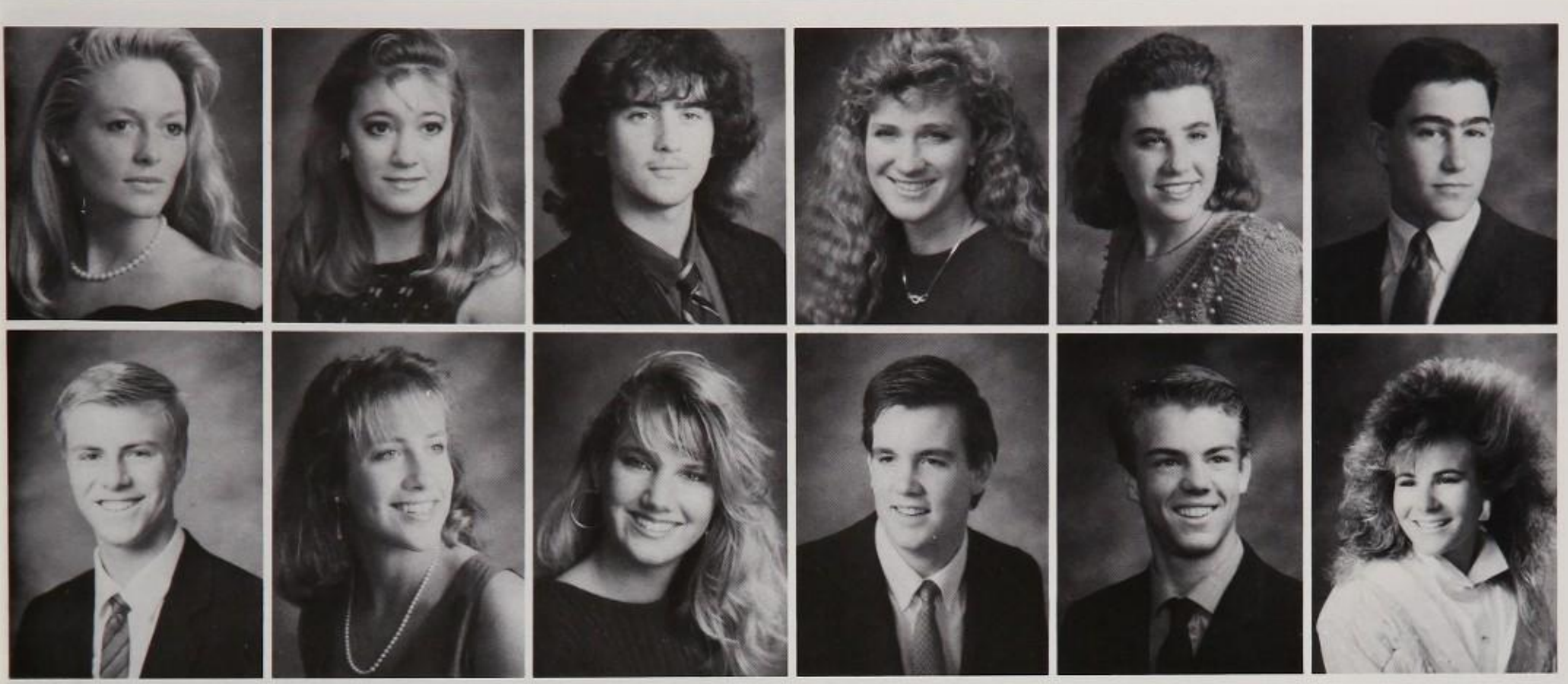


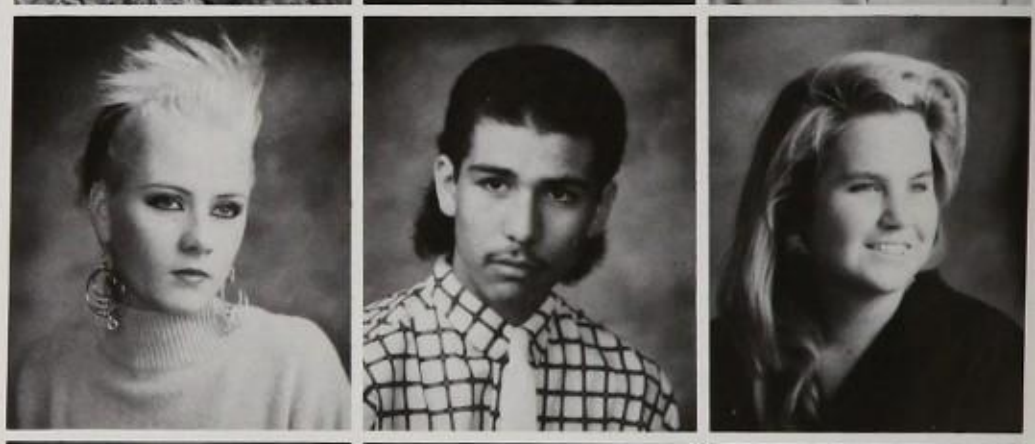
1. Julie Segal, Elizabeth Berger
2. Maria Delacruz
3. Aaron Radelow, Lorin Gillin, Michael Cutchin, Joe Werwage

S E N I

Samuel Hughes
Keith Hunter
Julie Hutchinson
Lillie Ibayan
Akiko Iizuka
Rebecca Isenberg

Julie Jackson
Regina Jackson
Dalia Jacobs
Greg Jacobson
Rebecca Jagger
Ali Jalili

Lori Jensen
Oscar Jimenez
Kristin Johnson
Lisa Johnson
Georgina Justice
Darren Kaffka



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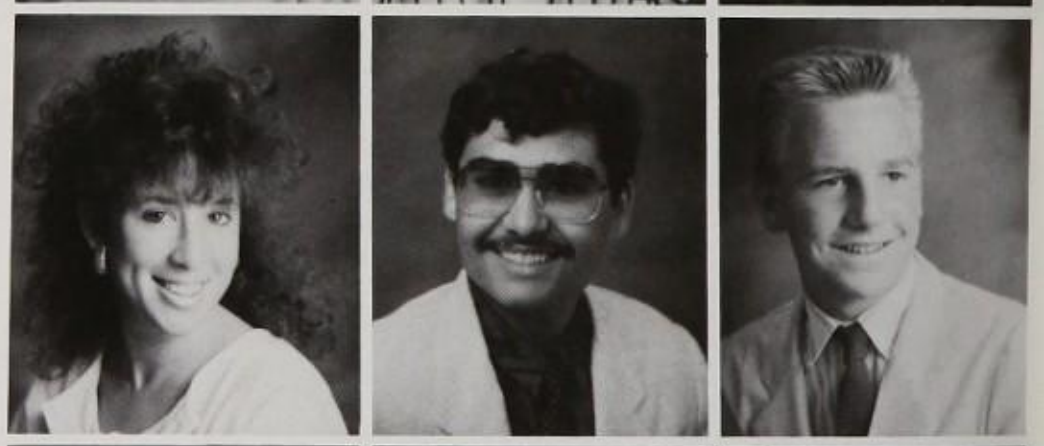
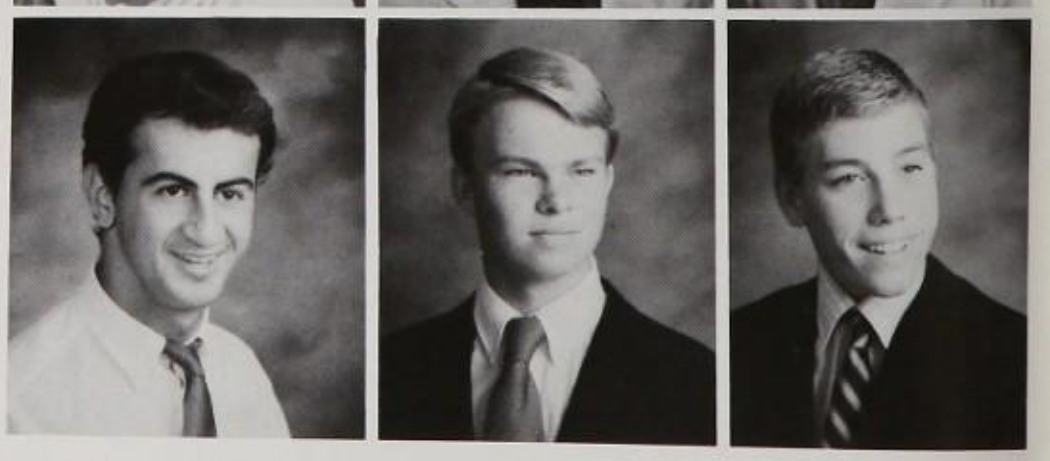
Kamdar Kiyanosh
William Kane



Mehran Kazemaini
Brian Keefe
Jason Kennedy



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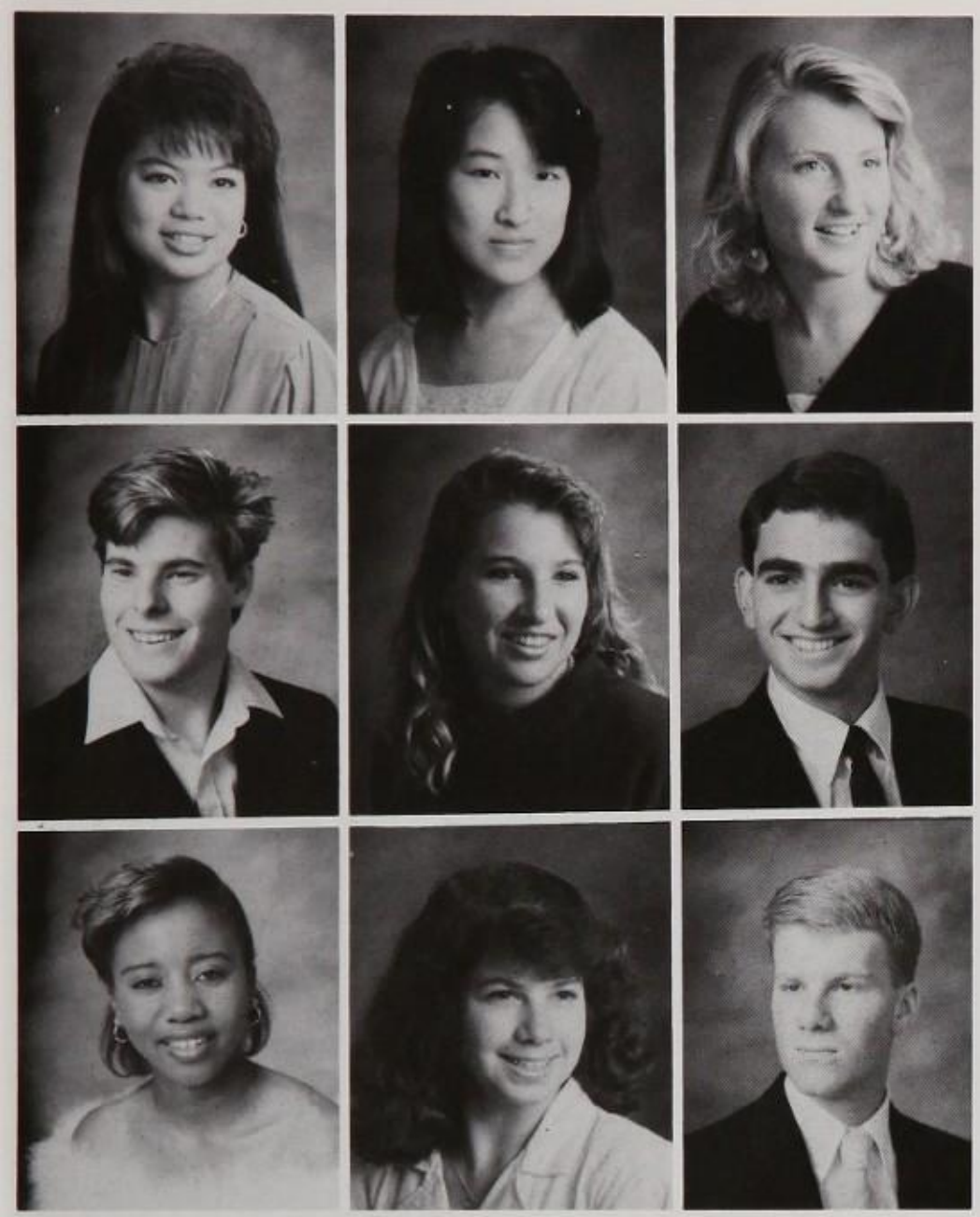


1.

2

1. Trevor Funk
2. Carolyn Patton, Susan Fisher, Marcie Aden

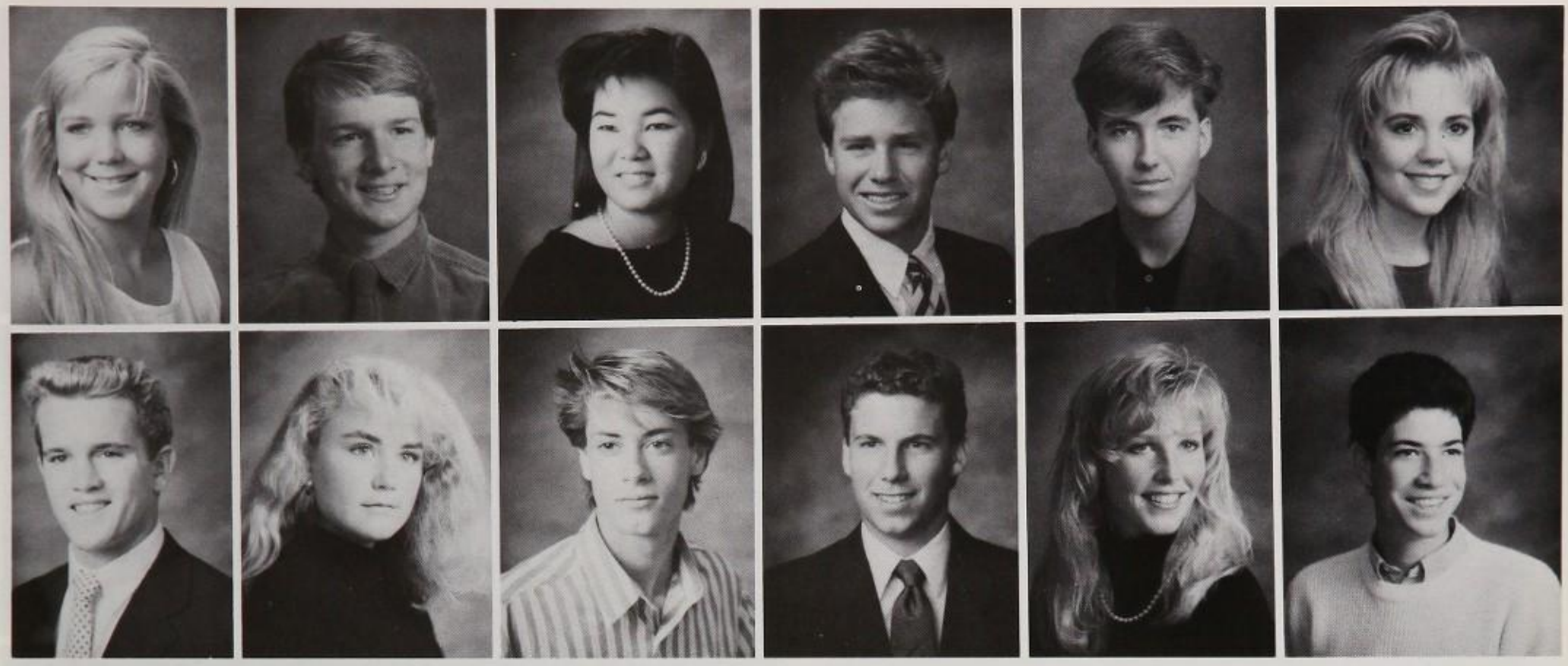
S E N I

Kimberly Khoury
Dennis Kim
Dixie King
Monique King
Trisha Kinslow
Jason Kirsch
Anne Kobayashi
Cyril Kobey
Greydon Koellmann
Michelle Kopp

Lisa Kovacs
Beth Kushner
Janine Ladki
Anna Lagerstedt
Sean Laing
Lisa Lamoureaux
Michael Larsen
James Lawrence
Alisa Laws
Michael Layon

Heather Lazo
Adam Lenain
Ilana Levin
Todd Levin

O R S



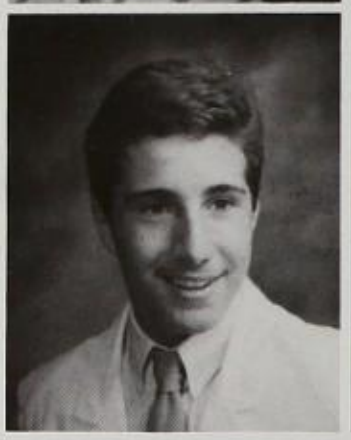
1. Eric Wells, Mary Bergstrom, Souha Ghafri
2. Paul Shortt, Elisabeth Thurlow

Lakshmi Lewis
Eric Lind
John Lindholm
Karin Lindquist
Karl Lindquist
Anne Lloyd

Lori Lombardi
Travis Long
Isela Lopez
Leonardo Lopez
Michelle Luglan

Claus Lugmair
Christine Ma
Simon Malk
Jenny Maltz
Sally Manchester
Linda Martin

Patricia Martinez
Gerald Massimei Jr.
Cynthia Mathison



Jeni May
Paola Mazzoni
Leigh Mc Connaughey

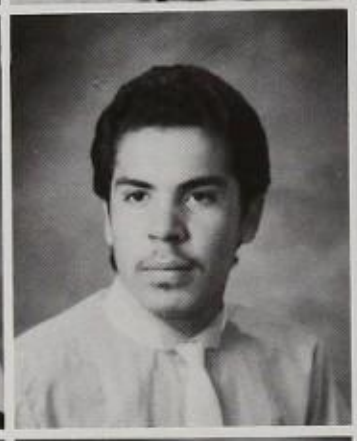
O R S

1. Robert Guralnick
2. Adam Lenain

S. E N I

Kristine Mc Intyre
Kristin Mc Kenzie
Robert Mc Lachlan
Angela Mc Morris
Veronica Mc Nitt
Eric Meech
Ronald Mehl
Maria Mejia
Daniel Mendoza
Joseph Mendoza

Raquel Mendoza
Yesenia Merchant
Alberto Meza
Abby Milikowsky
La Tonia Miller
David Monk
Irma Montero
Francisco Morales
John Moreno
Chad Morse



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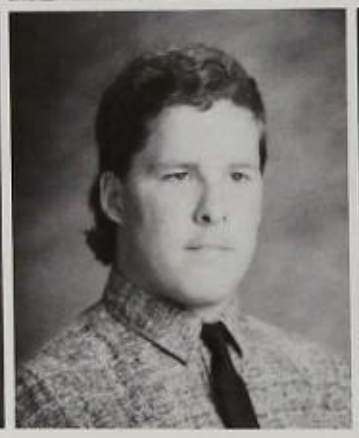
Mark Moxley
Manuel Munoz



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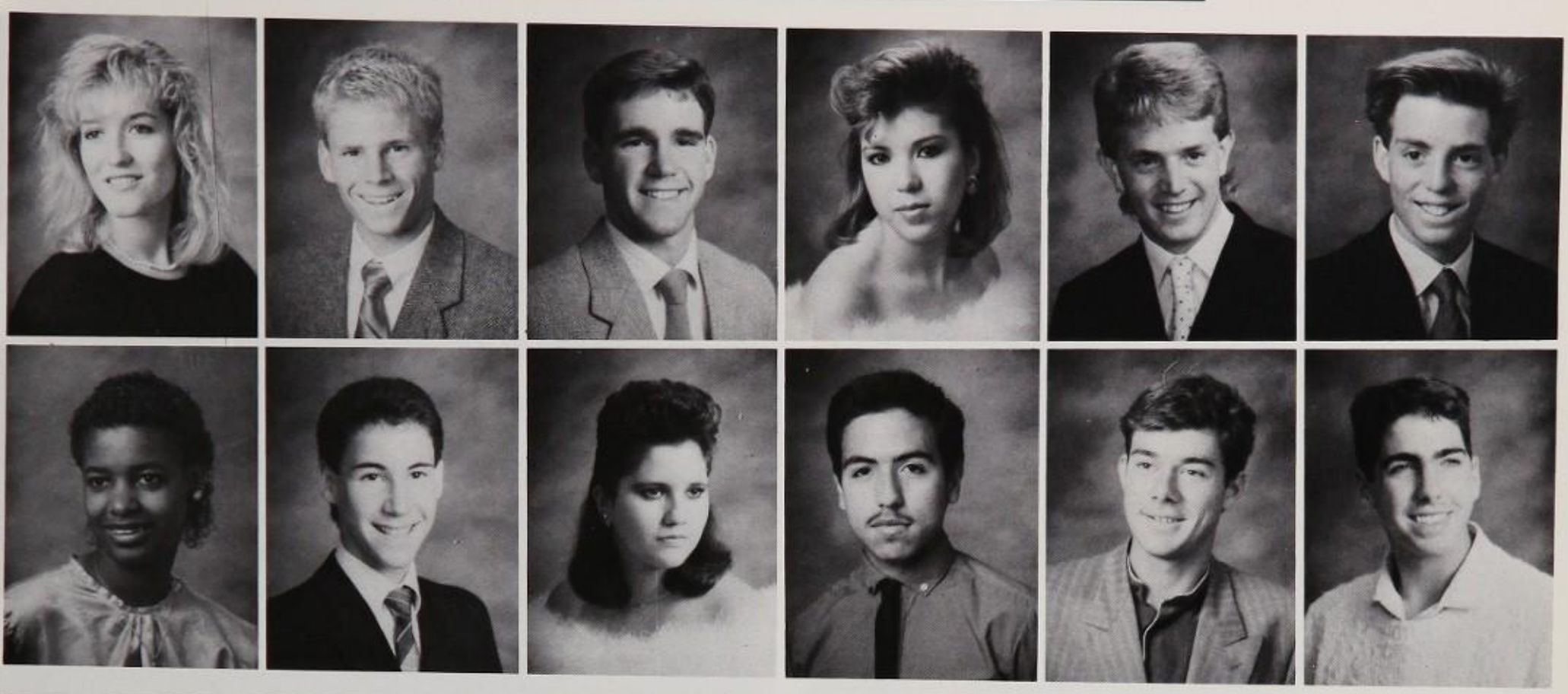
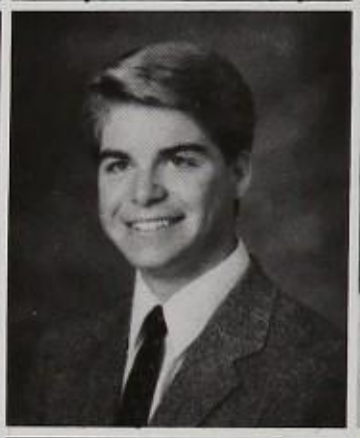


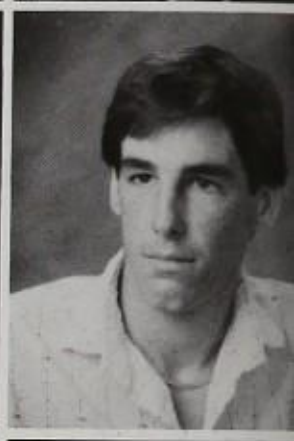
1. Georgina Justice
2. Erin Casey

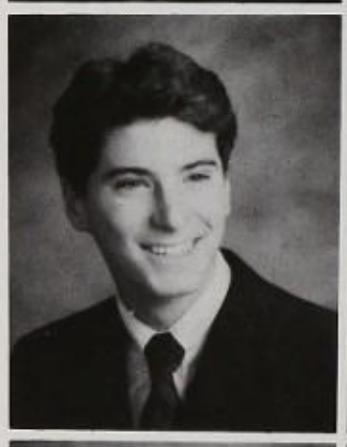
S E N I

Laura Nagaran
Rachel Nason
Michael Nassir
Alan Nathan
Danny Nay
Brett Nelson

Randall Nelson
John Nemeth
Gary Novak
Elizabeth O'Campo
Adrian Oldham
Filberto Olea







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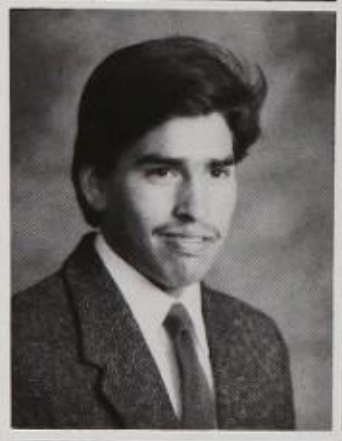
Melissa Orr



Arturo Ortiz
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Adam Pappelbaum

Paige Patridge
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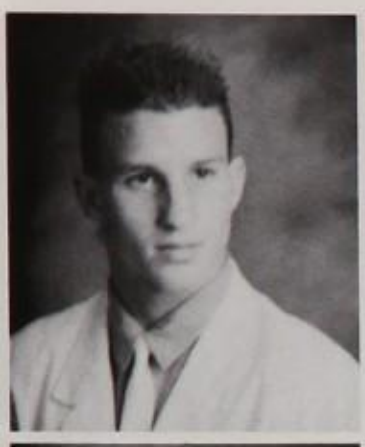
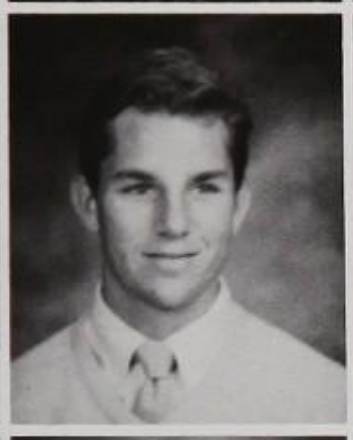
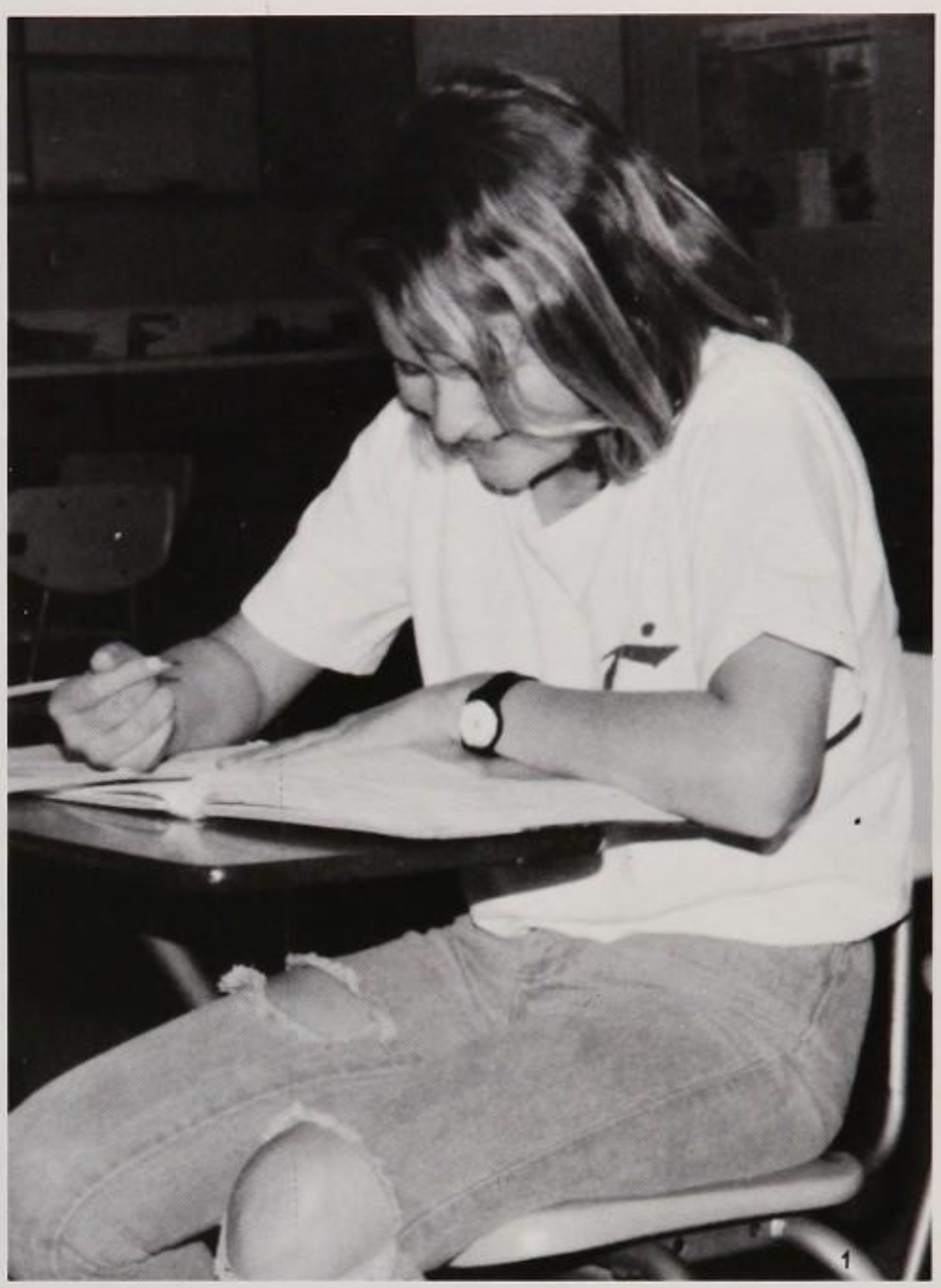
Laurie Pendleton

O R S







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2. Todd Butler, Robyn Taylor, Dominic Fowler

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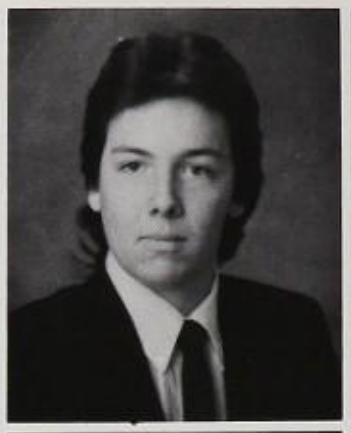
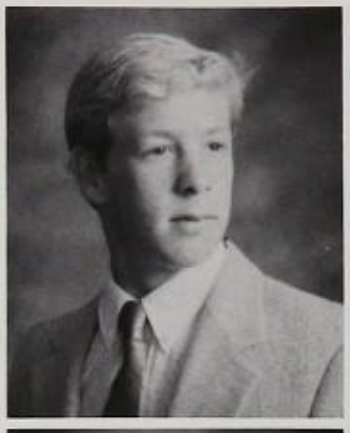
Scott Perry
Roger Pettigrew
William Poovey
Mitchell Porche
Kristin Porter
Ari Potash
Sheiva Pousti
Jeffrey Powers





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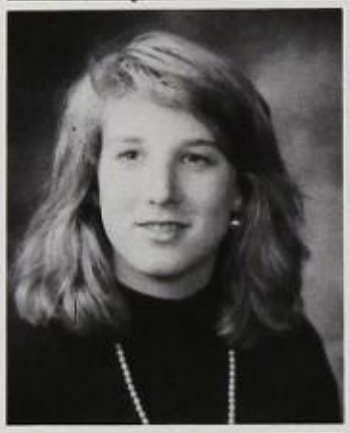
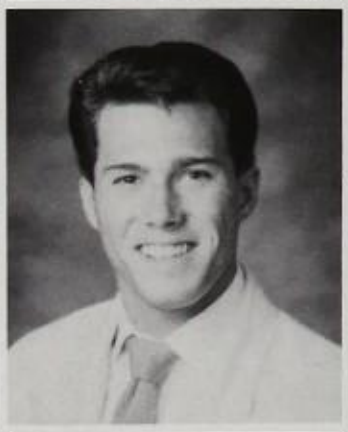
Aaron Radelow
Margo Rady
Connie Ramirez
Rosendo Ramos
Bradford Raulston





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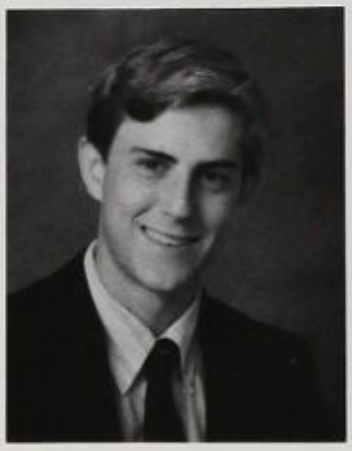
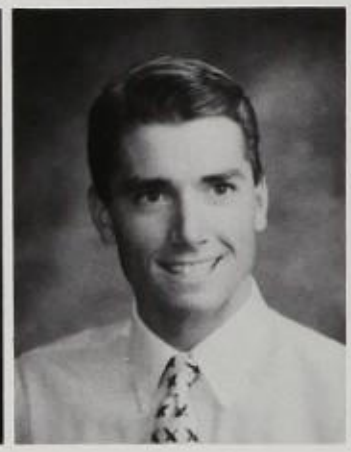
Christopher Riley
Gary Robinson





McCormick and Skirgaudas Row Their Way to Title

For some of our students at La Jolla High School, the days began very early. Senior, Mark Skirgaudas and Junior, Michael McCormick, members of the San Diego Rowing Club junior team, woke up at 4:30 a.m. for practice five days a week. Rowing took up about 15 hours of their week. In addition, they trained with weights four days a week. This seemingly insane dedication to a sport paid off for them. Skirgaudas and McCormick both captured State championship gold and silver medals in San Francisco in 1987. Mark went on with three other San Diego high school rowers to win the United States National Junior Championships for the four man event.

"Rowing is an incredible sport. I sacrifice most of my free time to practice, but when people ask me why, I just tell them about the National Championships last year," commented Skirgaudas.

Both have been rowing for two years. They started practice in the fall and continued training until mid-June. As they became more experienced, their practices became even more strenuous. "When I woke up for one of those freezing winter workouts at 4:30, one of the strongest things that pushed me was the desire to be the best. My coach has taught me that we should have the highest goals," added McCormick.

As a senior, Skirgaudas was scouted by top college crews, "My goals for the 1988 season were to continue undefeated in the four man event, to defend our State and National Championships in the Lightweight category, and to win the Heavyweight event at the Nationals this summer," concluded Skirgaudas.

O R S

l. John Bannon

S E N I

Lucia Robles
Sean Rodgers
Tamera Rodr
David Rodriguez
Jennifer Roe
Erik Rogers

Suzanne Rohrbach
Stephen Roland
Jorge Romero
Allison Rorah
Noah Rosenkrantz
Dean Rostovsky

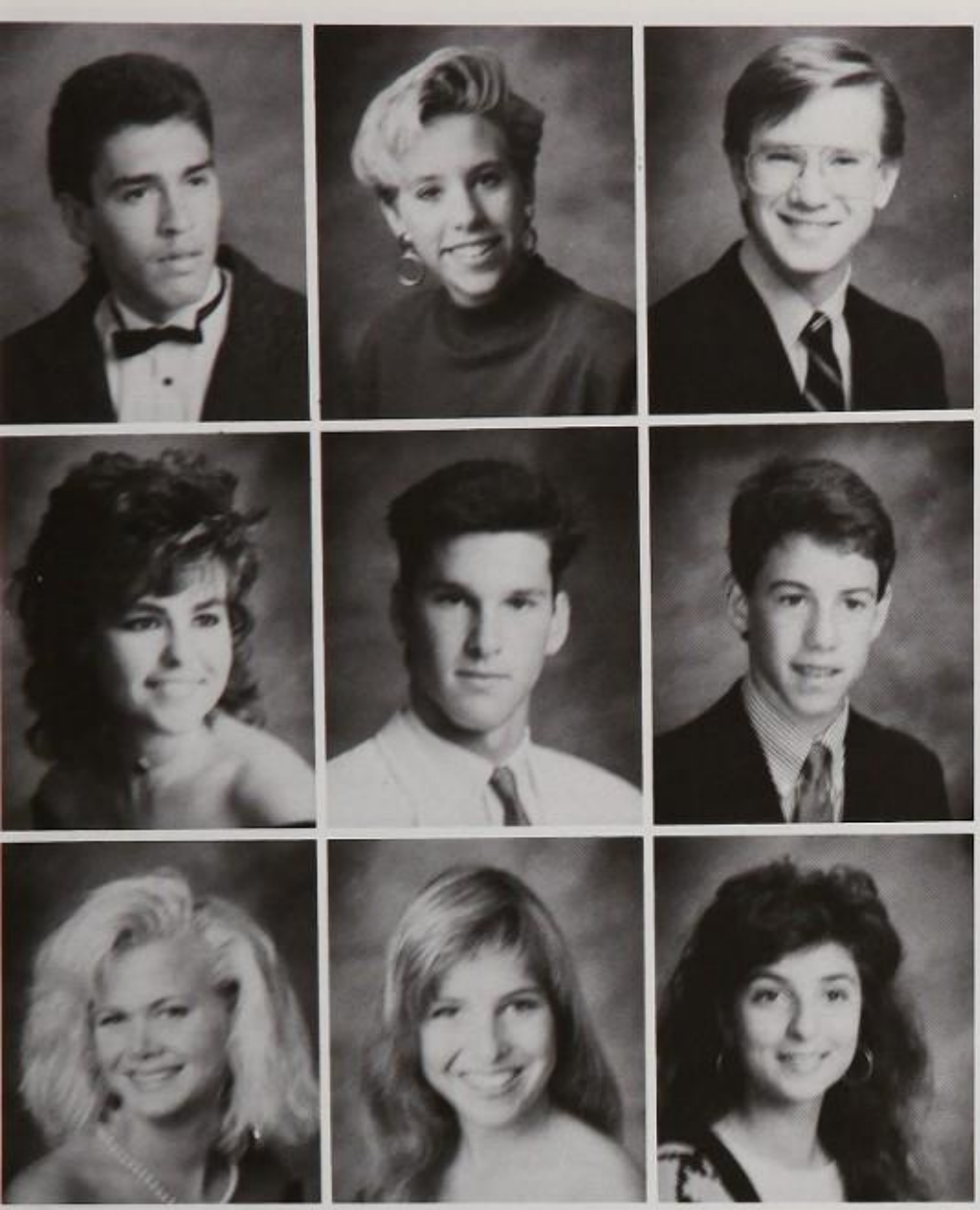
Allison Rott
Harry Rudolph
Dan Rush
Megan Ryan
Nicole Sacks
Elham Sadegholuad

Selina Sahba
Jennifer Sahn
Carolina Salas

Eddie Salinas
Marco Salinas
Shirin Samimi

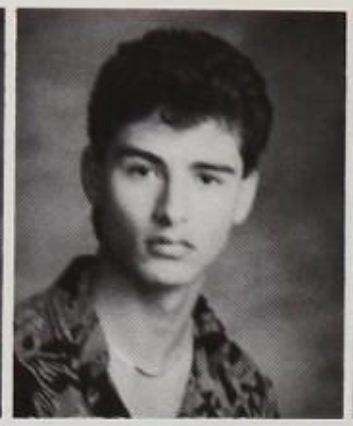
1. Carolina Salas
2. Sally Manchester, Alisa Laws

O R S



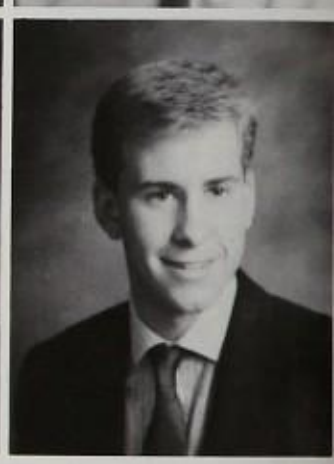
S E N I

Rosanna Santana
Jose Saucedo
Cody Schaaf
Laura Schmitt
Alexander Schrader
Julie Schroeder
Jeffrey Schultz
Glenn Schurmer
Karl Schwing
Gordon Seay



Julie Segal
Johanna Serror
Kevin Shen
Jerome Sherman
Brooke Sherrill
Chris Shetskie
Karen Shively
Jim Shore
Paul Shortt
Joshua Sibelman

Damon Silverman
Rachel Silverman
Michelle Sinnott
Mark Skirgaudas



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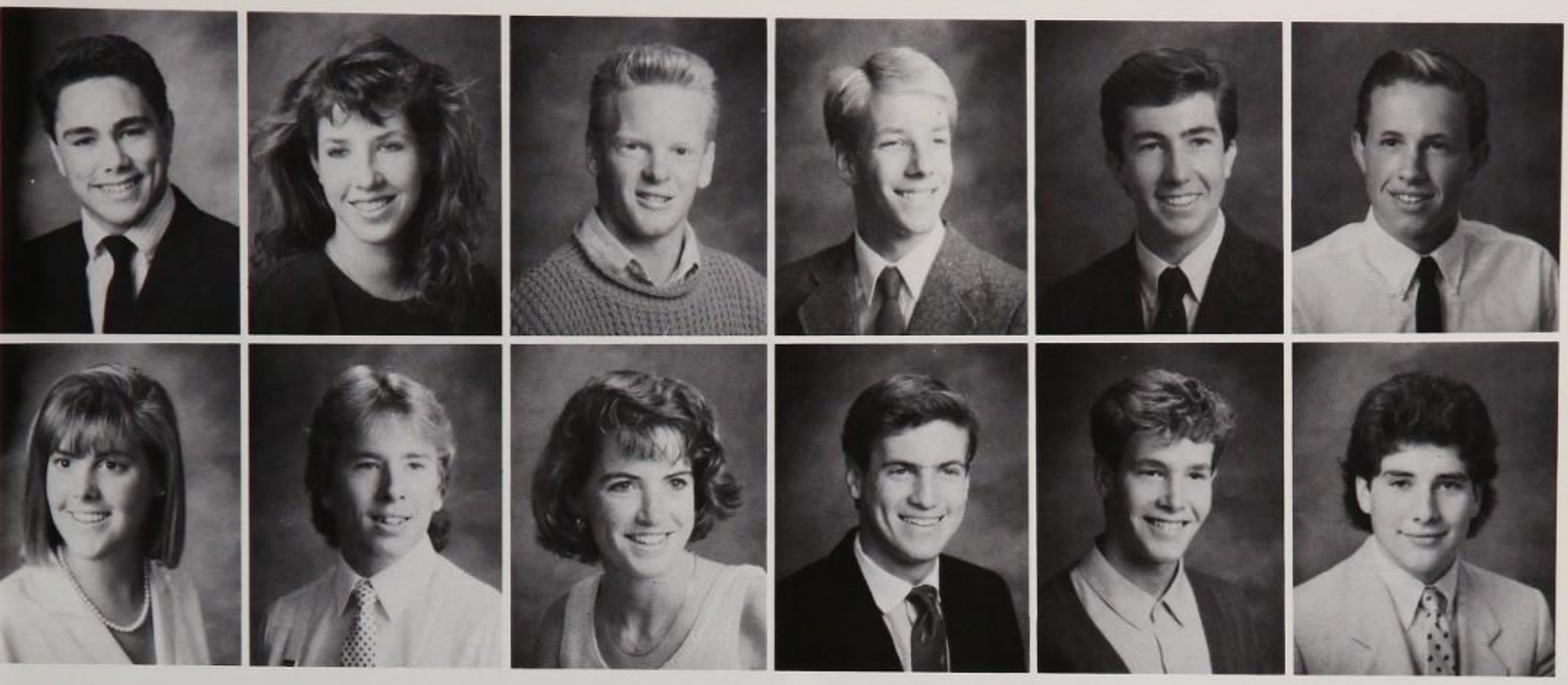
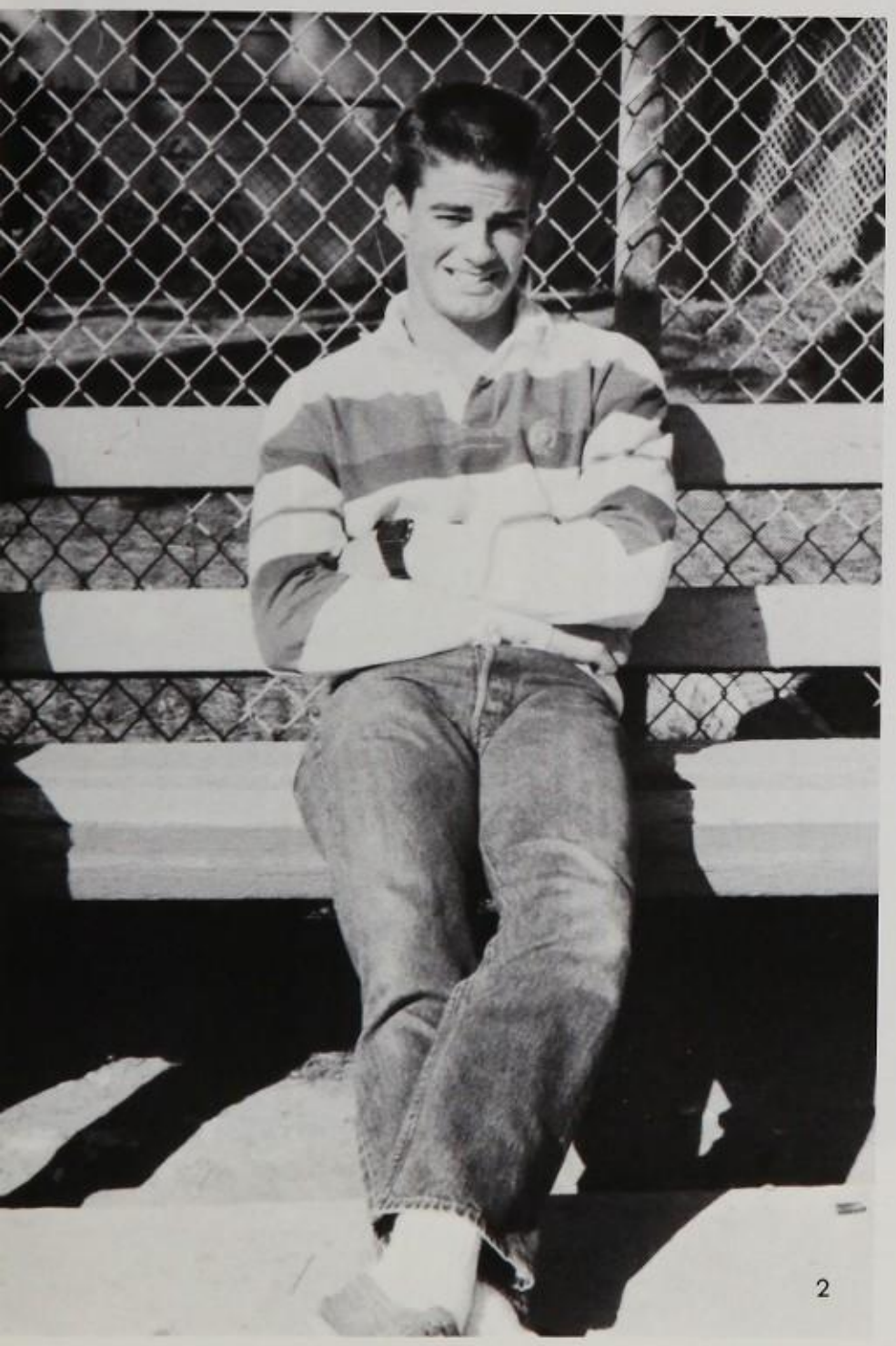
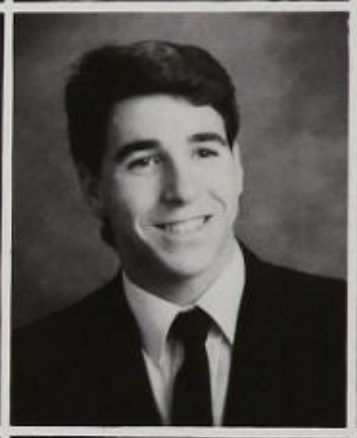




1. Tiffany Balint, Rita Diez
2. Kevin Mosher
3. Michael Layon

Katy Smallwood
Alicia Smiley
Monica Smith
Susan Smith
Theresa Smith
Erica Spain

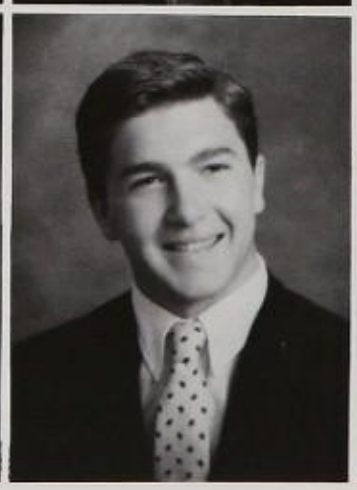
David Spitzer
Arthur Sprecher
Margo Stakely
Jennifer Steibel
Evie Straumfjord
Michael Struve

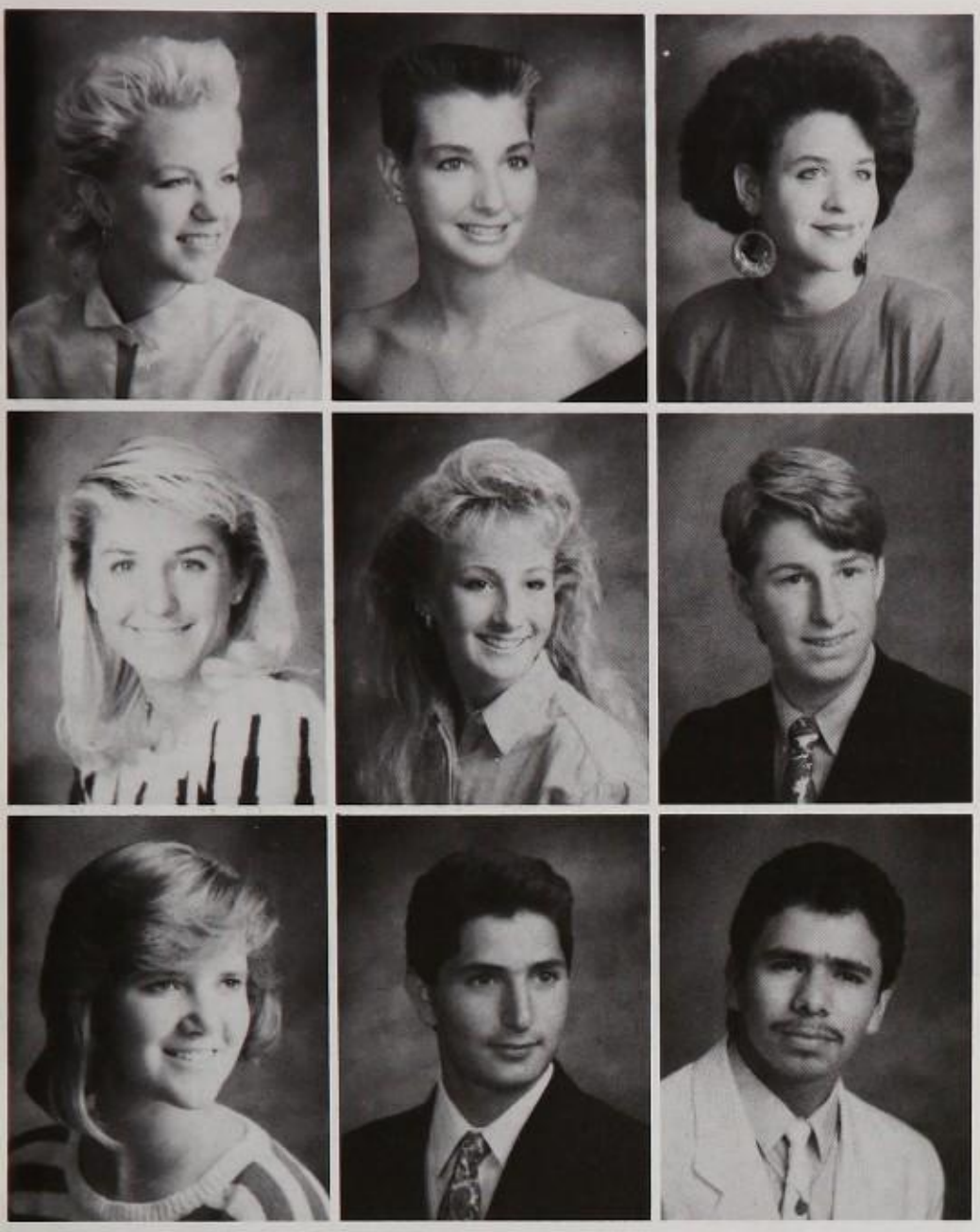


Kenneth Sullivan
Lena Sumal
John Sutherland
Kathy Sylvester
Mark Tadrissi
Lupe Talamantes

Marisa Tan
Behnam Tashakorian
Aimee Taylor

Robyn Taylor
Brad Tecca
William Thompson





1. Rachel Silverman, John Nemeth, Arianne Goldberg.

Harry Rudolph Swings to Success

Harry Rudolph began playing golf ten years ago, and has been winning tournaments ever since. He became interested in golf when his father introduced him to the game. His father also plays in tournaments. Harry plans to attend Oklahoma State University with an athletic scholorship because of its "coach, #1 standing, campus, and atmosphere."

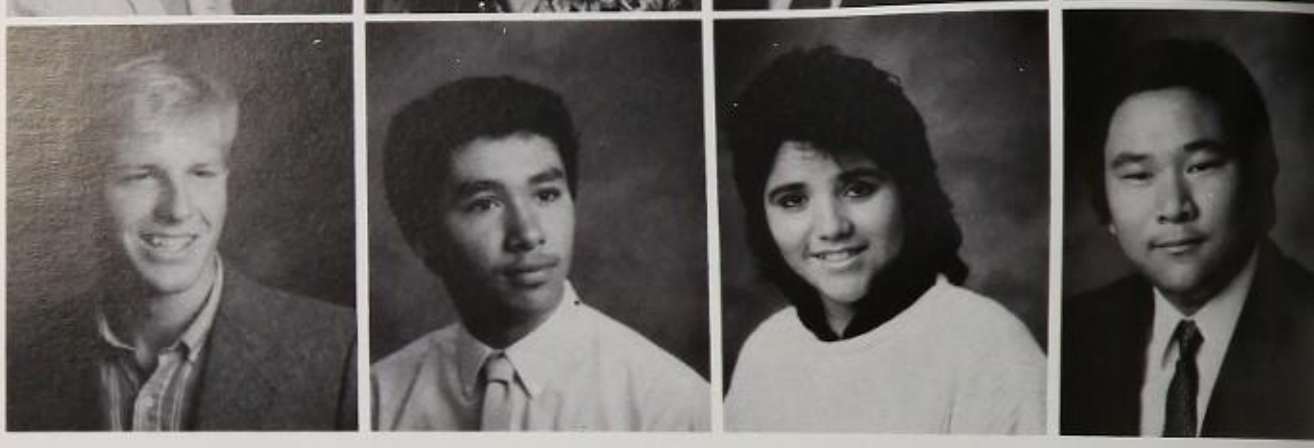
Rudolph has played in the U.S. Junior, U.S. Amateurs, and the American Junior Golf Association National Tournaments. He has been on the All American team for three years and has won two CIFSDS individual championships. In addition to this, he has also competed in the final sixteen of the U.S. Amateurs and has medaled in the U.S. Junior Championships. Harry's coach, Gene Edwards, said, "The secret of Harry's success is his amazing control over his emotions, even in the most stressful situations."

When asked what his favorite tournament was, Harry replied "Playing in the U.S. Amateurs was the best and most competitive tournament I ever played in." He has put many hours of practice and has persevered to become one of the best junior athletes in his sport.

In summarizing his years as a high school golfer, Rudolph added, "I've received success in competition, as well as received scholarships for my work. However, there is still a lot more for me to accomplish!"

Elisabeth Thurlow
Lupe Tom
John Triboler
Olga Ulloa
Melissa Urdaneta
Aaron Valdes
Magdalena Valle
Josef Vann

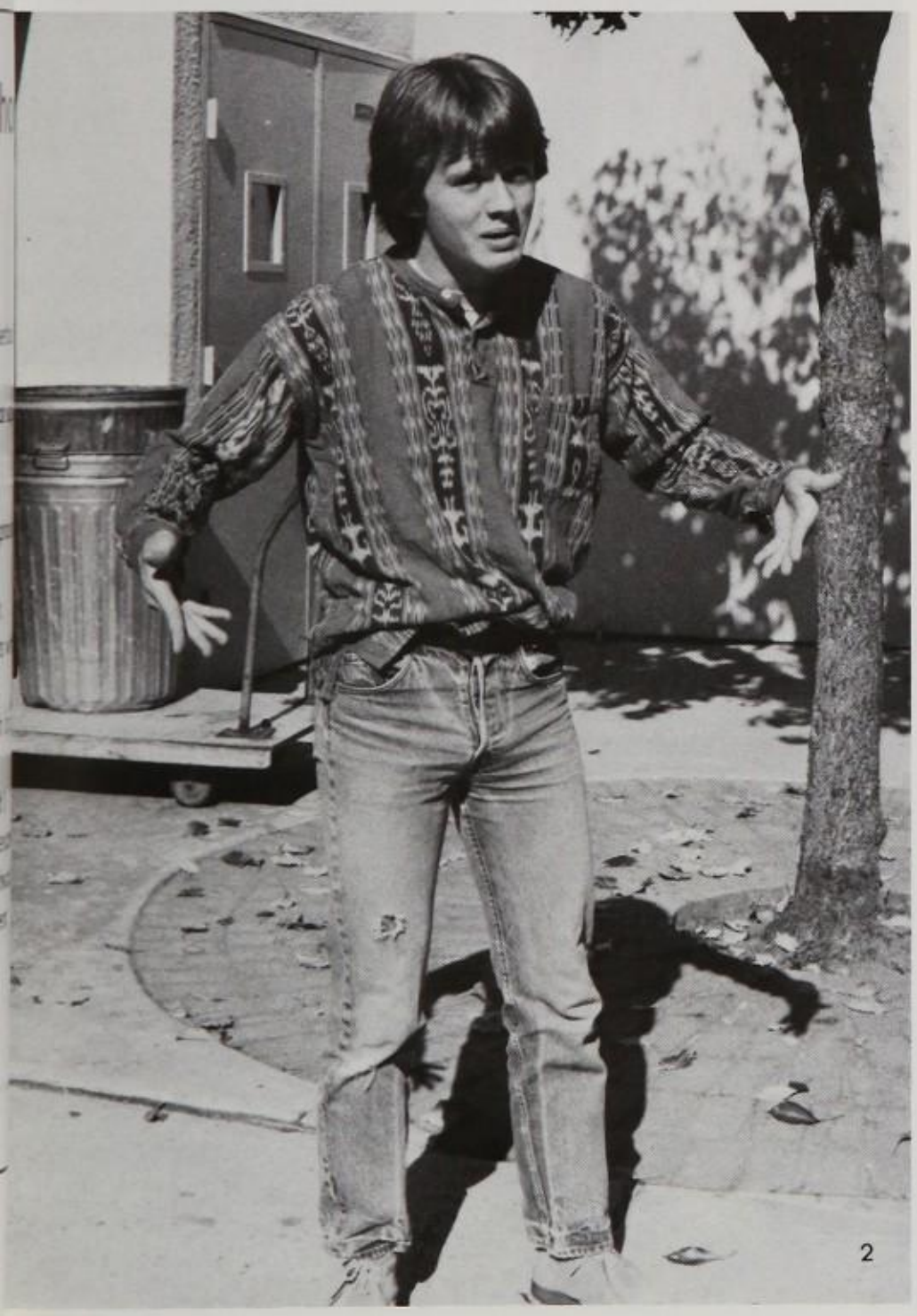
Steven Verbinski
Marco Verduzco
Suzanne Vidana
Joseph Villanueva
Elsa Villegas
Ernesto Villegas
Jodi Waid
Jerry Walker



If you could take one thing with you from high school, what would it be?

Laura Nagaran: The Rats.
Suzanne Rohrbach: Dr. Abbott.
Darrin Hegemier: The attendance lady.
Jeff Powers: Mr. Ulen's car.
Glenn Armstrong: The goal posts.
Marcie Aden: John Bannon's skateboard.
Byron Coffey: All the grade books.
Steve Fox: Mr. Salcido's trenchcoat, Mr. Northrop's shades, Mr. Tarvin's saddleback shoes, and go to college as a yuppie flasher.
Claes Hodnett: Mr. Skelley's asparagus fertilizer.
Sophie Duprel: Mr. Christensen.
Carolyn Patton: The senior bench.
Jennifer Sahn: My favorite tree on the upper quad.
Shawn Ellis: My uniform and some soccer balls.
Erin Casey: The helicopter pad.
Sara Andrade: The smell of the girls' bathroom. YUK!!!
Jason Kennedy: My diploma.
Dominique DeSanto: My physiology cat.
Noah Rosenkrantz: Haganah, Haganah, Haganah.
Maria Quezada: The weight room and the cafeteria.
William Hansen: A 4.0 average.
Lisa Fergarsky: Bonair.
Heather Lazo: Sean Hecker.
Aledra Aguirre: The Coke machine.
William Chatham: Lisa Fergarsky.
Brad Raulston: Coach Hud's weight room terminology.
Jill Heckel: All my friends.
Rachel Mendoza: Alberto.
Jerome Sherman: The basketball hoop in the big gym.
Joe Werwage: A poster that says "Time will pass, will you?"
Rodrigo Fuerte: The girls.
Ted Greenwald: Easy acceptance to any and every college.
Jennifer Herring: Mr. Poirier.
Evie Straumfjord: Arguments with Mrs. Townsend.
Ari Potash: My $28.00 math book.
Dan Bluestein: I wouldn't.
Rhett Barnes: Neither would I.
Christine Ma: My autoshop experience.
Tali Wise: The yearbook darkroom.
Kristin McKenzie: No comment.
Sean Laing: Melissa Orr.
Melissa Orr: Sean Laing.

O R S



1. Margo Rady, Stefanie Crone
2. Paul Anderson
3. Shawn Ellis, Shane Ellis

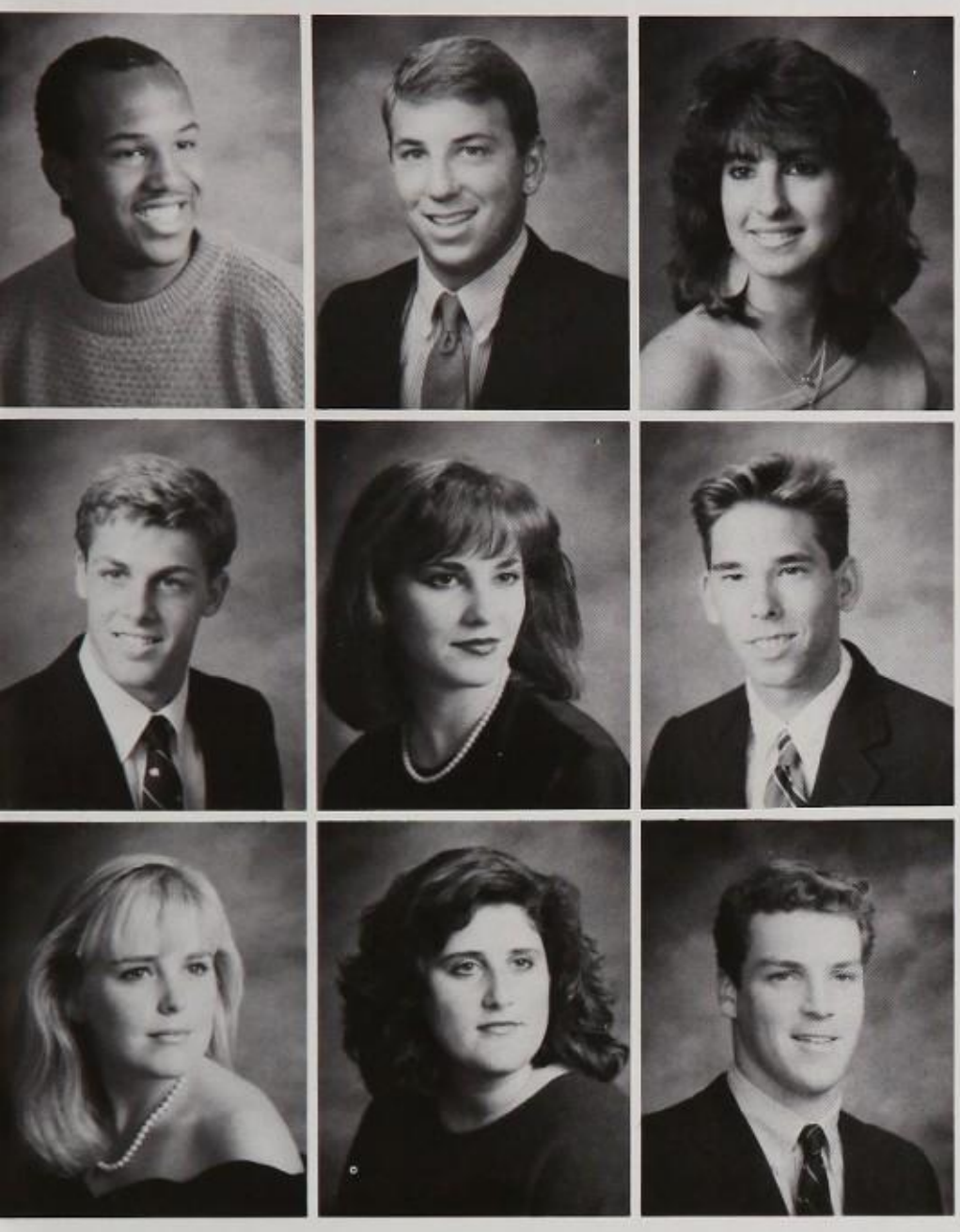
S E N I

Lisa Wallace
Miracle Waller
Crystal Walsh
Curtis Washington
Matthew Wasserman
Elisa Weinberg

Eric Wells
Scott Wenhe
Joseph Werwage
Woods Wheatcroft
Megan Whitney-Hosang
Frederick Willert

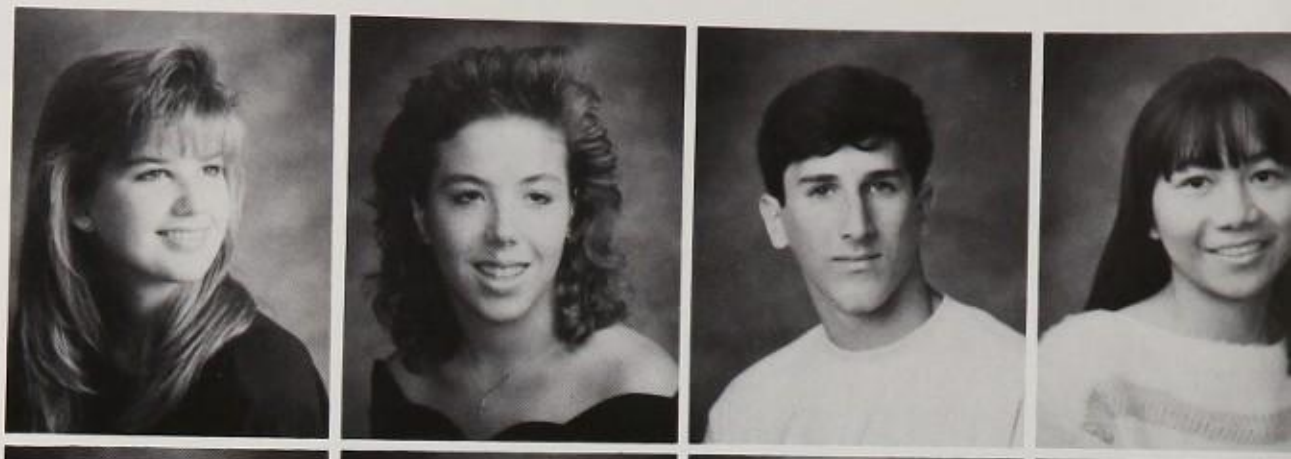
Carrie Williams
Dane Willis
Johanna Wilson
Feather Winsett
Tali Wise
Brent Woodall

O R S

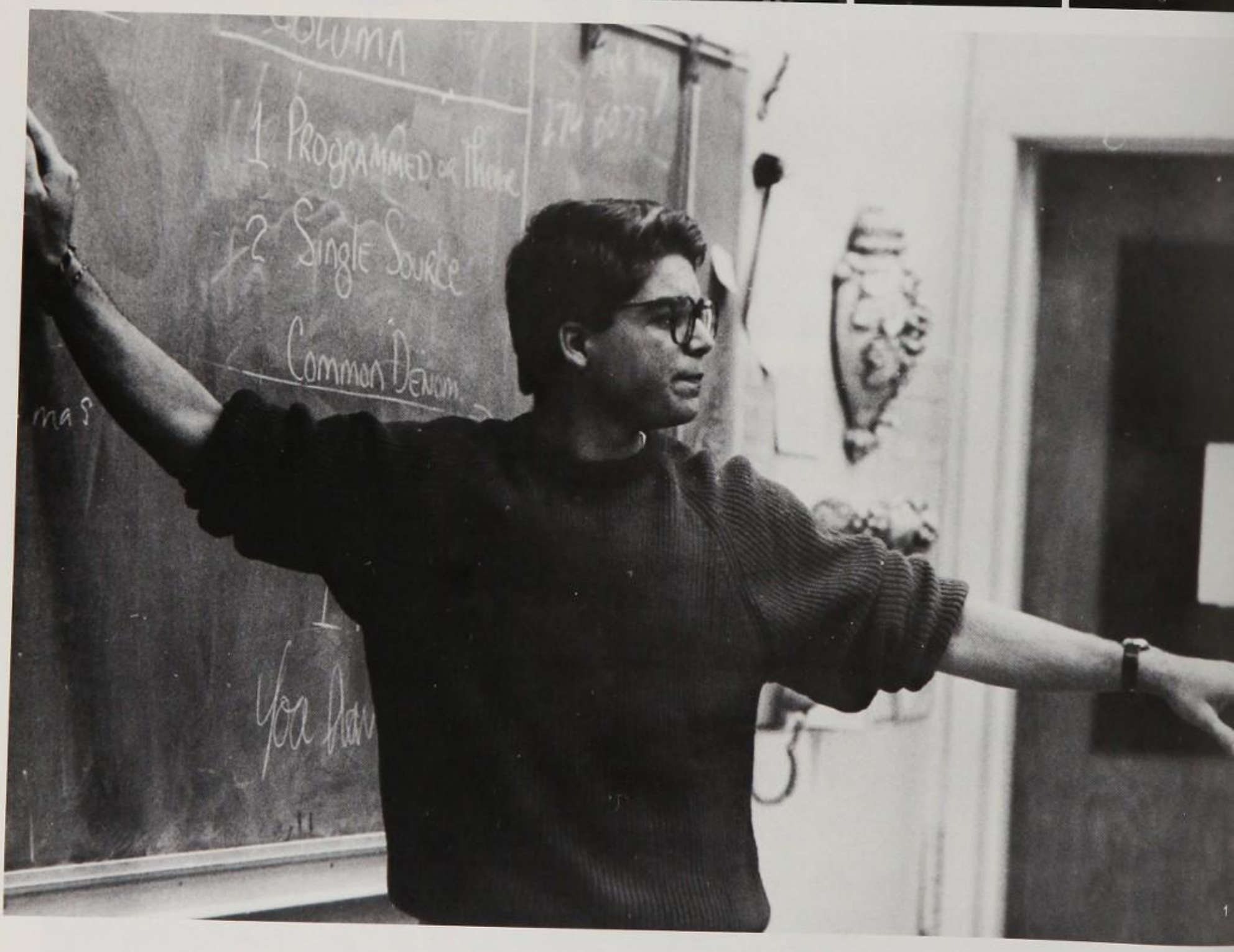


1. Greydon Koellmann, Melanie Buser
2. Mike Larsen, Rosendo Ramos
3. Jerome Sherman

Andrea Woodburn
Kathryn Woodwards
Joshua Wyte
Leilani Yu

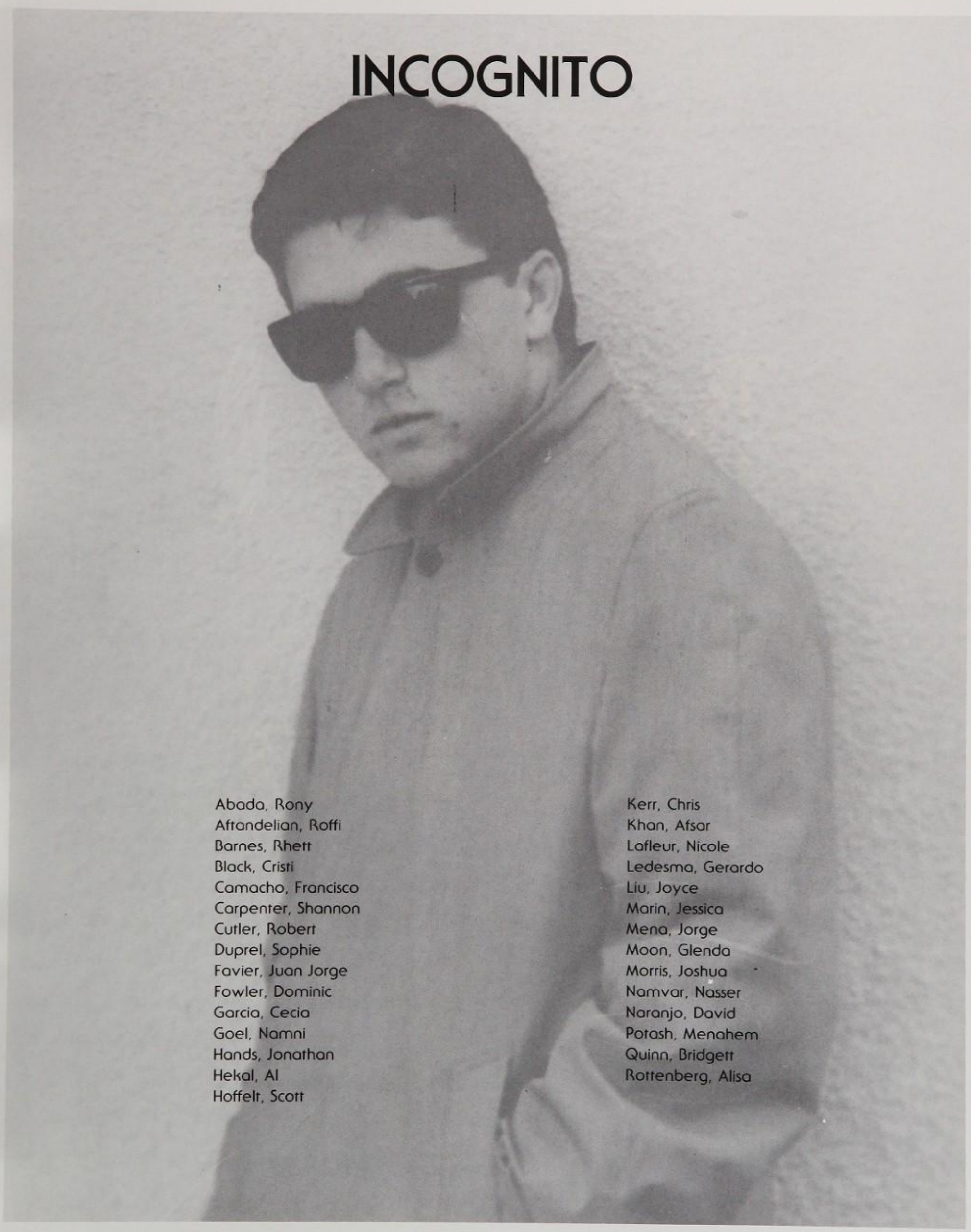


Andrea Zalpis
Azita Zarrabi
Siobhan Zetumer
Michael Zucchet



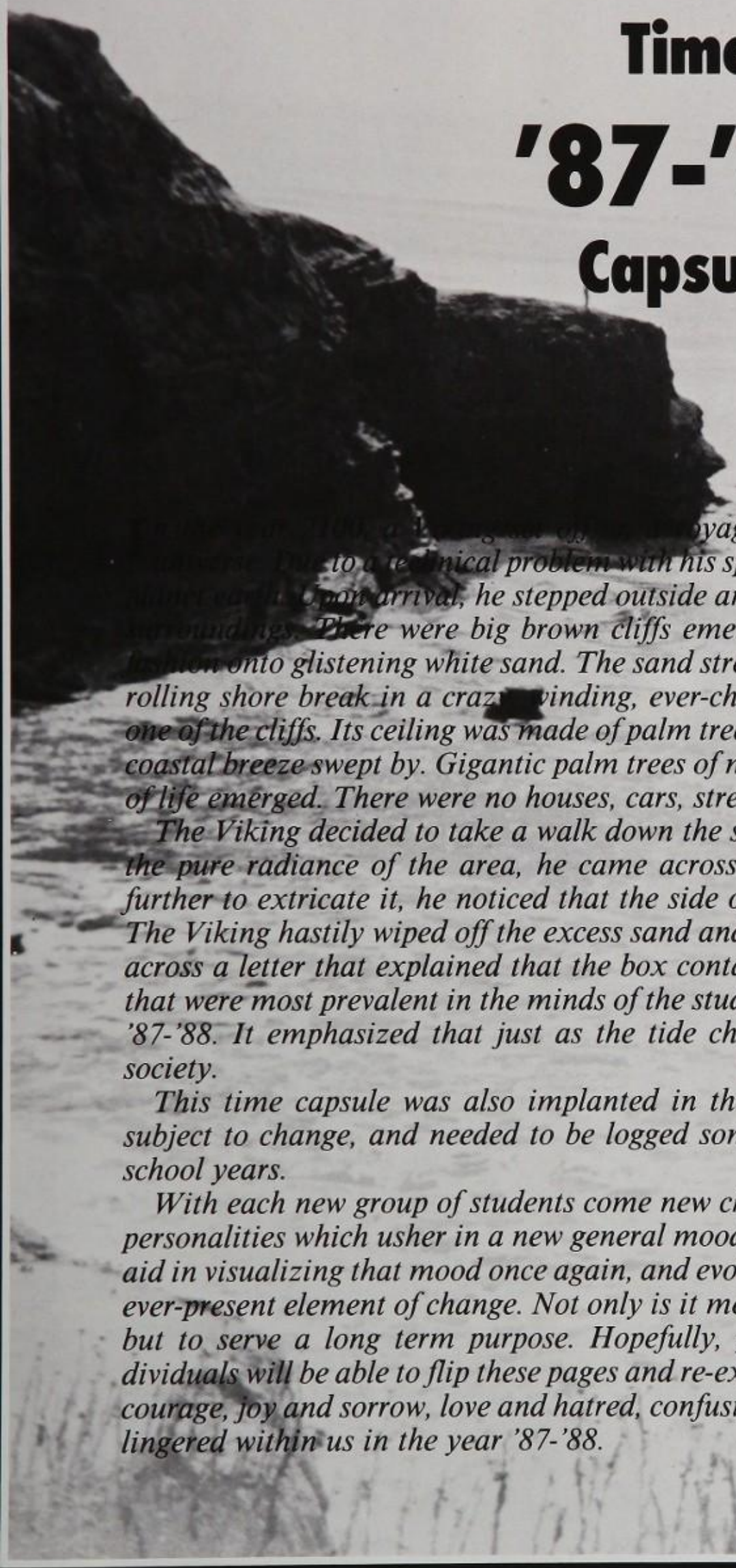
1. John Neme

INCOGNITO



Abada, Rony
Aftandelian, Roffi
Barnes, Rhett
Black, Cristi
Camacho, Francisco
Carpenter, Shannon
Cutler, Robert
Duprel, Sophie
Favier, Juan Jorge
Fowler, Dominic
Garcia, Cecia
Goel, Namni
Hands, Jonathan
Hekal, Al
Hoffelt, Scott
Kerr, Chris
Khan, Afsar
Lafleur, Nicole
Ledesma, Gerardo
Liu, Joyce
Marin, Jessica
Mena, Jorge
Moon, Glenda
Morris, Joshua
Namvar, Nasser
Naranjo, David
Potash, Menahem
Quinn, Bridgett
Rottenberg, Alisa

MINI MAG



Time
'87-'88
Capsule

[illegible] voyage which took him to all corners of the [illegible] Due to a technical problem with his space capsule, he was forced to land on the [illegible] earth. Upon arrival, he stepped outside and found himself in the most beautiful of surroundings. There were big brown cliffs emerging in the most aesthetically pleasing fashion onto glistening white sand. The sand stretched west until it intermingled with the rolling shore break in a craz[illegible]winding, ever-changing tide line. A shack stood erect on one of the cliffs. Its ceiling was made of palm tree branches that whistled peacefully as the coastal breeze swept by. Gigantic palm trees of marvelous stature grew about, yet no sign of life emerged. There were no houses, cars, streets or people.

The Viking decided to take a walk down the sun-streaked shoreline. While soaking in the pure radiance of the area, he came across a partially exposed steel box. Digging further to extricate it, he noticed that the side of the box read "Time Capsule '87-'88." The Viking hastily wiped off the excess sand and opened up the container. First he came across a letter that explained that the box contained memories of the ideas and objects that were most prevalent in the minds of the students at La Jolla High School in the year '87-'88. It emphasized that just as the tide changes, so do the styles and customs of society.

This time capsule was also implanted in the yearbook, for all its information was subject to change, and needed to be logged somewhere to leave evidence of those high school years.

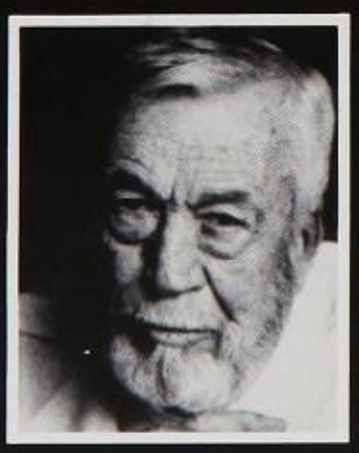
With each new group of students come new characteristics, unique faces, and original personalities which usher in a new general mood about campus. This section is meant to aid in visualizing that mood once again, and evoke emotions that had been lost due to the ever-present element of change. Not only is it meant to bring back immediate memories, but to serve a long term purpose. Hopefully, years after high school graduation, individuals will be able to flip these pages and re-experience those precious years of fear and courage, joy and sorrow, love and hatred, confusion and discovery: the elements that truly lingered within us in the year '87-'88.

Time '87-'88 Capsule

Oliver North

Fred Astaire
who epitomized Hollywood's elegance dancing in top hat and tails, died of pneumonia at the age of 88.

Jackie Gleason
who got laughs and riches as a blustering bus driver in the television series "The Honeymooners," died at the age of 72.

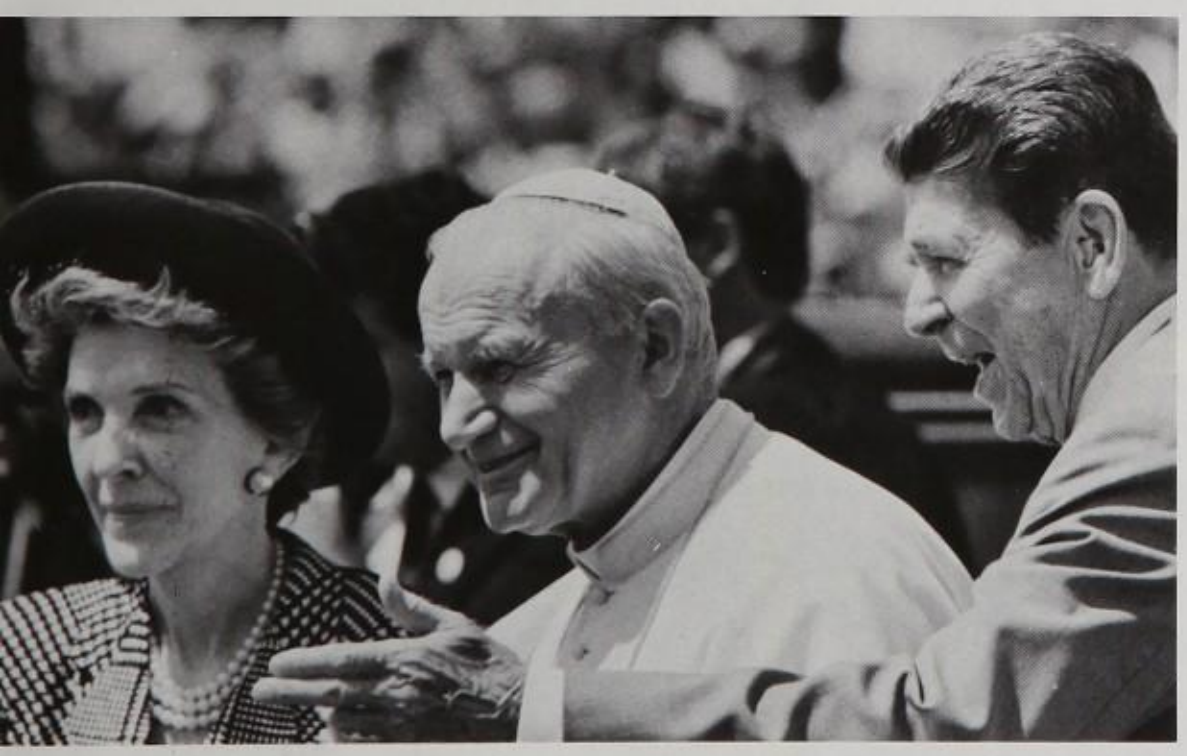


John Huston
who directed films such as "The Maltese Falcon," died in his sleep at the age of 81.

Jessica McClure

Faces

Mikhail Gorbachev



Jim and Tammy Bakker

Pope John Paul II

Numerous faces made their way into our homes daily during the year '87-'88. Whether they flickered on our television sets during the news hour, or sat folded up on our doorsteps on the front page of the newspaper, each of these faces shared a special part of our lives.

The vision of Lt. Col. Oliver North, with his somber, emotive expressions will stand for the confusion that the country felt during the Iran-Contra hearings. Pope John Paul II brought his aura of hope and joy to nine cities on his tour of the United States this year. And who could forget the innumerable jokes about Tammy Faye Bakker's eyelashes when the PTL ministry dissolved in scandal?

Mikhail Gorbachev moved further towards the westernizing of Russia than any previous Soviet leader, while stepping across the globe to participate in a three-day summit meeting at the White House. There was the face of 18 month old Jessica McClure, who spent 58 hours trapped at the bottom of a 22 foot deep abandoned well shaft, while the world watched and waited with anxiety.

It is these visions which hold the hallmark of the year '87-'88. They will live on indefinitely in our minds as the faces of the brave and the dignified, the saviors and the sinners.

— By Jennifer Sahn

Headlines

All year, as always, the streets bustled daily with various headlines, affecting each individual in a certain way. Multitudes of unforgettable tragedies and celebrations were significant because they captivated people by seizing their interest and concern.

Every national and local paper ran bold face type headlines on October 19th, "Black Monday," when the Dow Jones industrial average dropped 508 points, its largest drop in history. Faces showed fear and apprehension when the United States expanded its involvement in escorting vessels through the Persian Gulf. On a more jovial note, 250,000 people jammed onto the Golden Gate Bridge in order to celebrate its 50th birthday. The public despairingly followed the coverage of the immunity-robbing disease AIDS, as it enveloped more and more facets of society. Americans joined forces to fight the disease by donating funds to find a cure as rapidly as possible, while they legalized condom advertisements on radio, television, and billboards in a giant safe-sex campaign.

On a more local note, the 6 mile downtown San Diego road renamed Martin Luther King Way was voted back to its original name of Market Street by a 60 to 40 voting majority. Fellow San Diegans rallied to keep the America's Cup races in San Diego after Dennis Conner won back the cup in a 4-0 sweep over the Australians. There was a whole lot of shakin' goin' on this year as three major earthquakes registering over six on the Richter scale hit Southern California. Daily the news brought these headlines into our lives, for us to ponder.

— By Jennifer Sahn

NY Stock Exchange

Market Street

The Persian Gulf

The Golden Gate Bridge

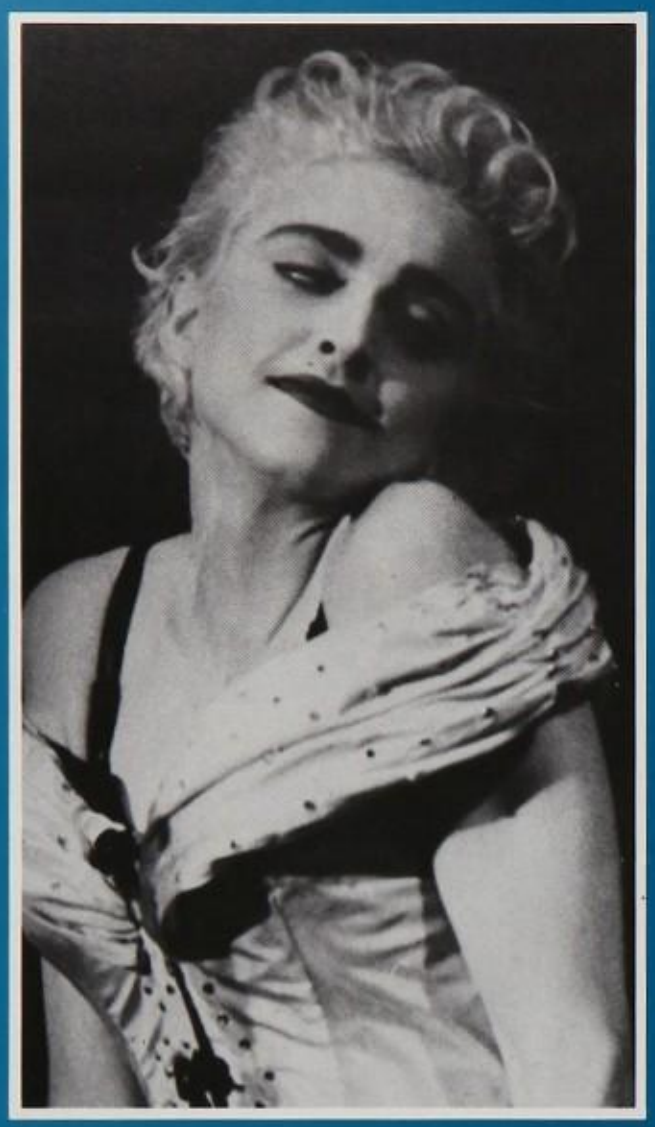
Time

'87-'88

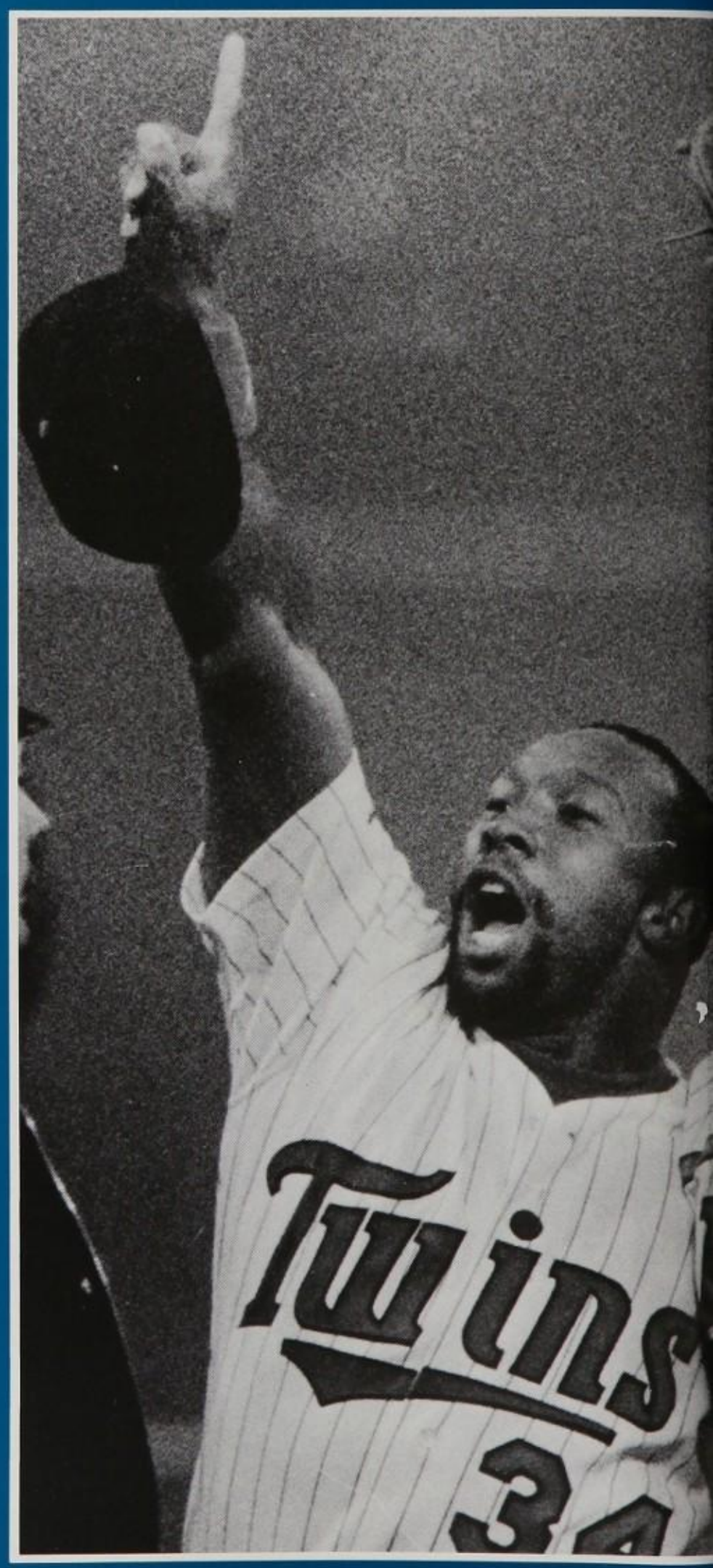
Capsule

AIDS and Safe-Sex

America's Cup

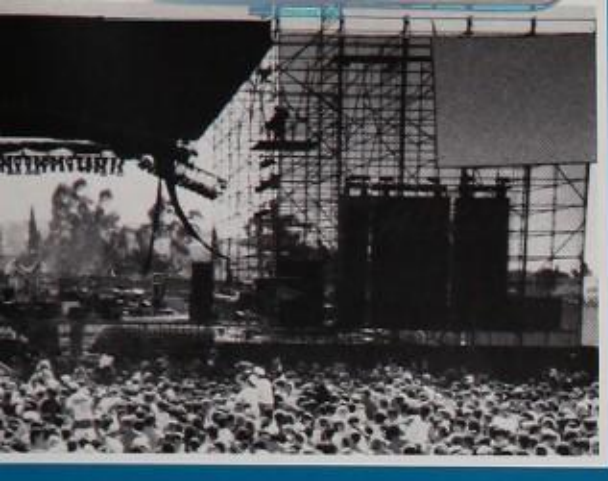


Madonna



Basi and Yuan Yuan

Time Capsule '87-'88



Entertainment

Entertainment was not hard to come by in the year '87-'88; many groups released record breaking albums, while the usual sports' rivalries took place. As far as sports went, many football fans grew aggravated as the NFL strike lagged on for a full 24 days. Most baseball fans sat on the edges of their seats as the Minnesota Twins won the seventh and final game of the World Series with a score of 4 to 2. Our home town of San Diego hosted the exciting occurrence of Super Bowl XXII, in which the Washington Redskins beat the Denver Broncos. Early in 1988, television sets tuned in nightly as the Winter Olympics took place in Calgary.

San Diegans also delighted in observing the playfulness of Basi and Yuan Yuan, the two giant pandas on loan to the San Diego Zoo from China.

Madonna kept in the spotlight with her numerous musical hits, while the Irish band U2 sold 11.1 million copies of their album "The Joshua Tree." International barriers were broken once again when a concert featuring Oingo Boingo, Squeeze, The Fixx, and assorted others dubbed with the name Mexfest took place at Tijuana's Caliente racetrack. Many deadheads met the Grateful Dead's first top 40 hit "Touch of Grey" with mixed feelings while the band's seventeenth album, "In the Dark," went platinum.

Some people went home and tossed and turned in bed, lacking a full night's sleep after seeing the motion picture "Fatal Attraction," starring Michael Douglas and Glenn Close. It was these events which entertained us, bringing out thrills and apprehensions in the year '87-'88.

— By Jennifer Sahn

Minnesota Twins

NFL Strike

Time '87-'88 Capsule

Prices

Movie ticket	$5.50
Pack of gum	$.35
Record album	$9.99
Can of Coke	$.50
Candy bar	$.50
Gallon of gas	$.87
Shrink to fit Levis	$14.99
Nissan Sentra	$6299.00
Jumbo Jack	$1.05
Ice cream cone	$1.25
Video Rental	$2.99

Superior Quality
Nestlé
Alpine White with Almonds

Hangouts

No morning would be complete without a cup of mocha java from the Pannikin, or a donut run to Yum Yum's during second period. Out of habit, students flocked to certain hangouts day after day, eating and socializing with each other until their tongues fell out, either from eating or talking too much.

Once the bell sounded, releasing the educated masses for lunch, the students raced to be first in line to get a foot long sandwich at Subway or a big gulp slurpee at 7-11. They continually bought smoothies from Nectar Juice Bar and cheeseburgers from Jack-in-the-Box.

On weekend evenings, students could be found congregating at AM/PM mini-market, or joining in secret rituals at any one of the freezing night spots named viewpoint, northpoint, pony field, or horseshoe. Often they could be found at the movies, Clairemont Bowl, Family Fun Center, or various dance clubs on those evenings that lacked alternate activities.

The two most popular early-early morning spots were Don Carlos, where students could find a carne asada burrito waiting at any hour, or Denny's, known for its exceptionally nauseating, but occasionally necessary, cups of coffee. At other times, some students could be found gallivanting down a certain well-known street in Tijuana 'till all hours of the morning.

Whatever the time, and whatever the reasons, students found ways to meet in quite often the oddest of places, but the frequency of such visits led these places to be dubbed hangouts.

— By Jennifer Sahn

SENIOR POLL

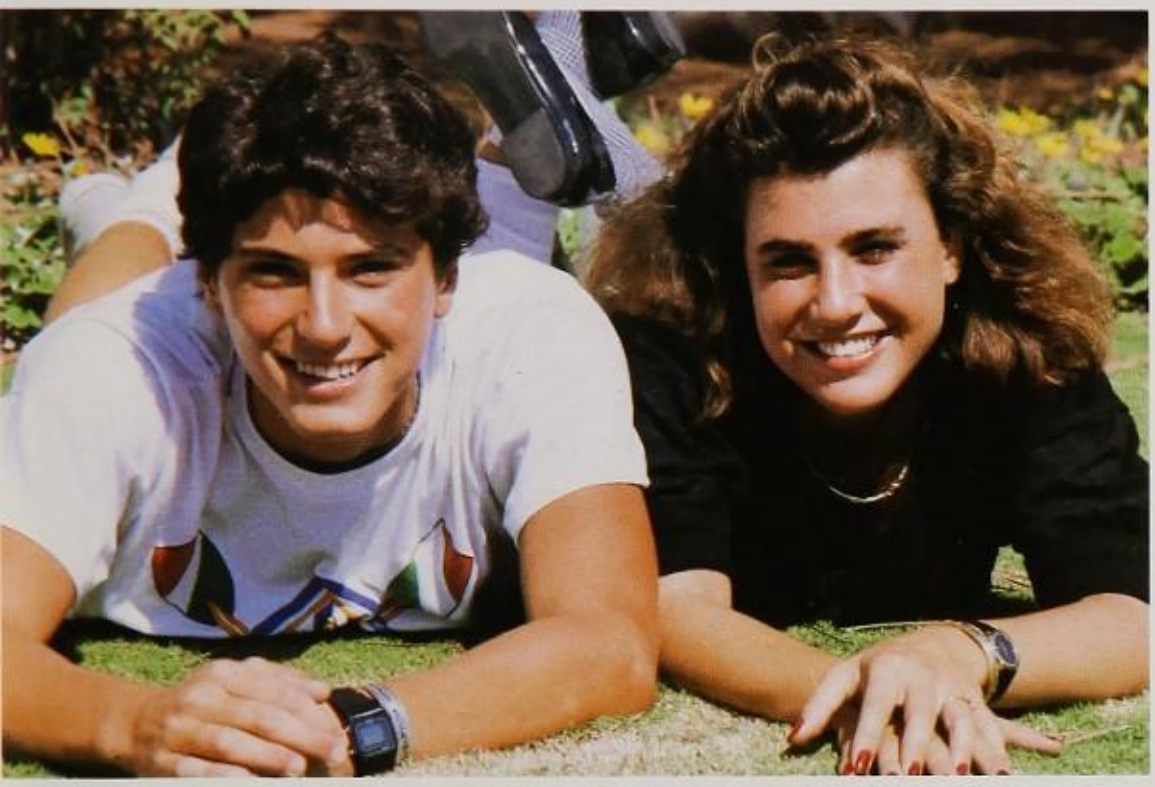
Favorite Movie: Abou
Last Night.

Favorite T.V. Show:
Cosby.

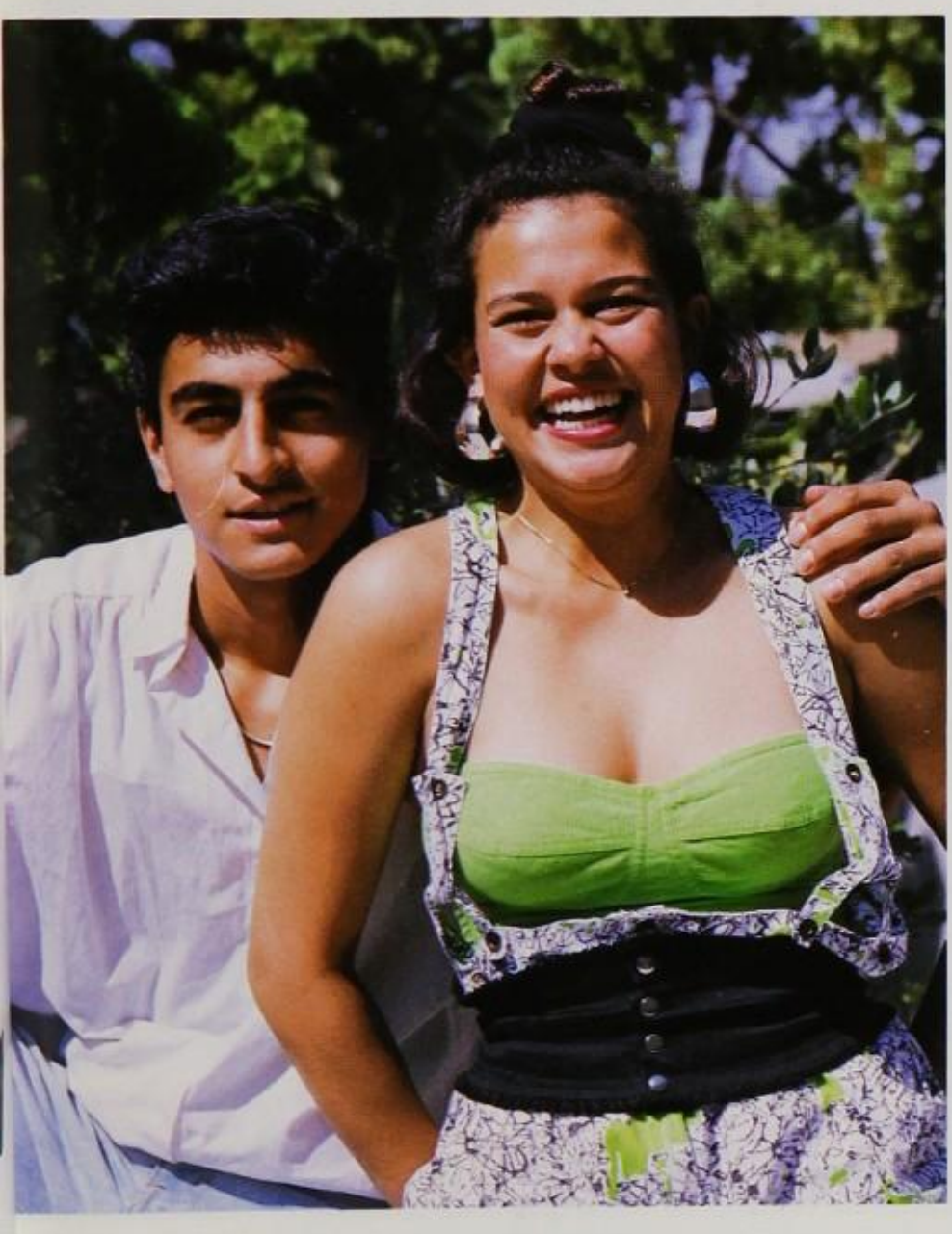
Favorite Teacher:
Maria Lipton.

Favorite Band: U2.

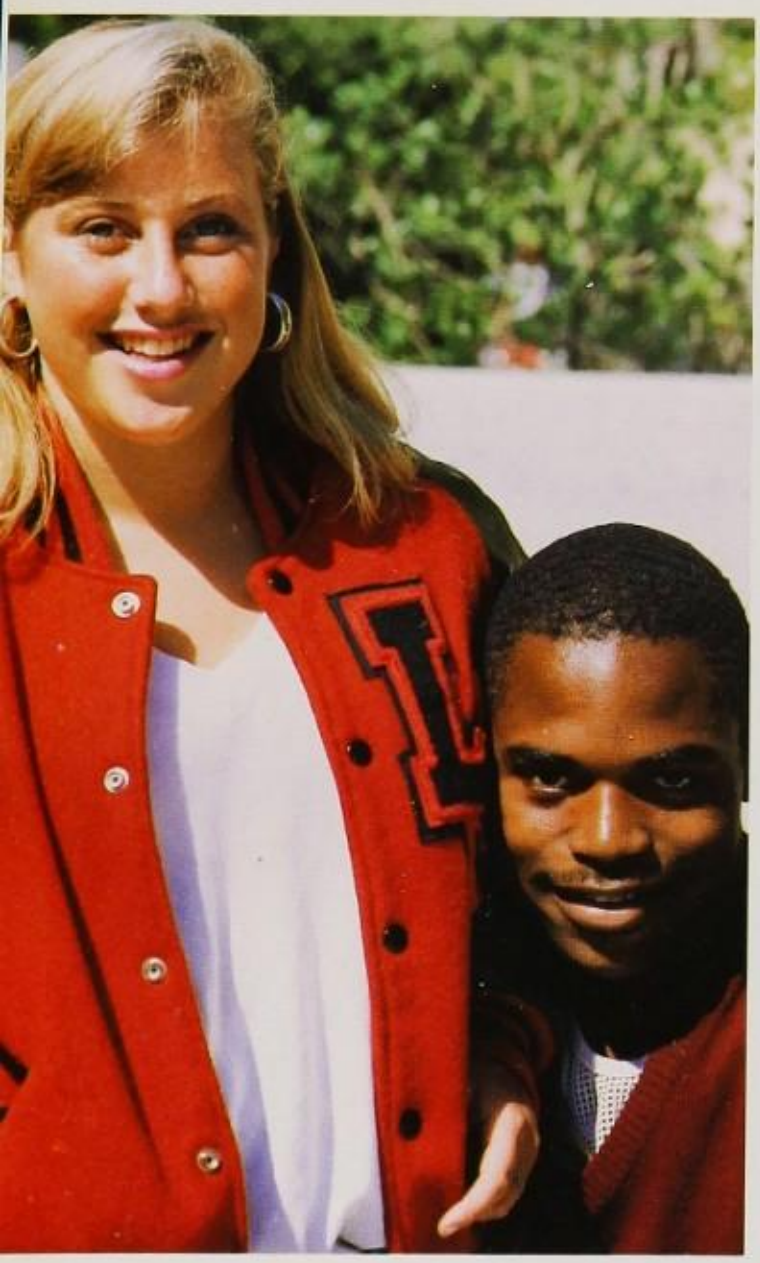
POLLS

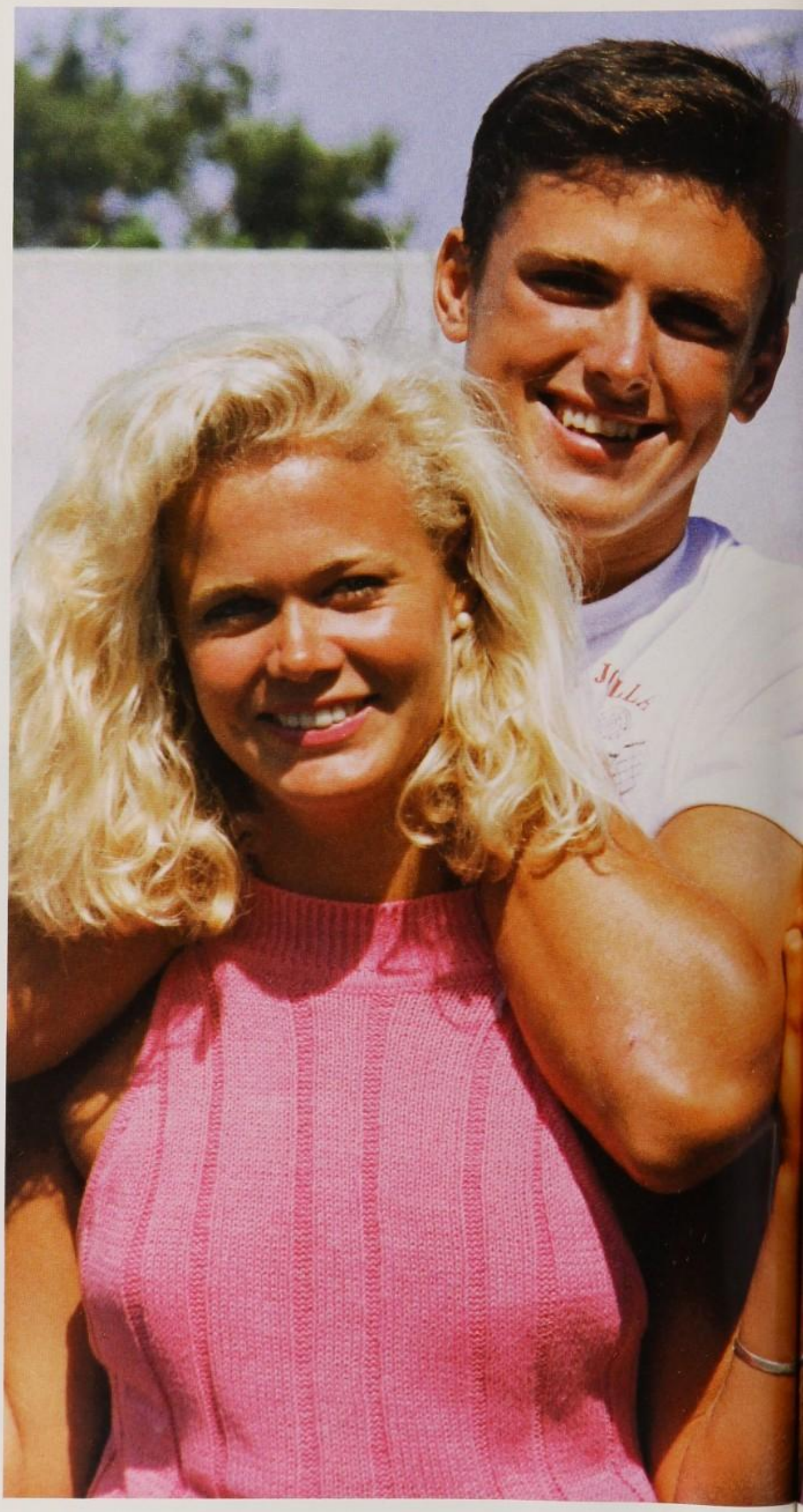


Nicest Smile:
Chris Oleata and
Alissa Hecker

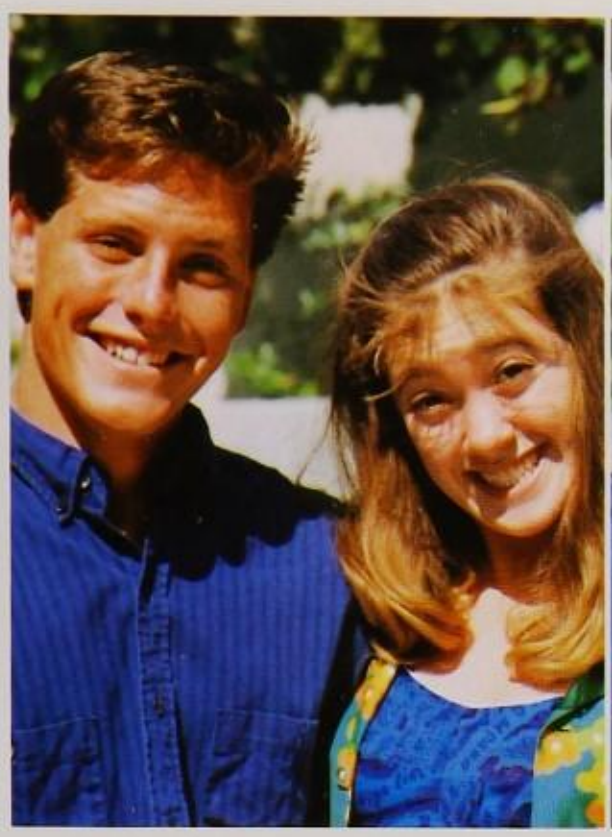


Nicest Eyes: (above)
Cindy Mathison and
Woods Wheatcroft
Most Likely to be Remembered:
(left) Arash Guilak and
Heather Lazo





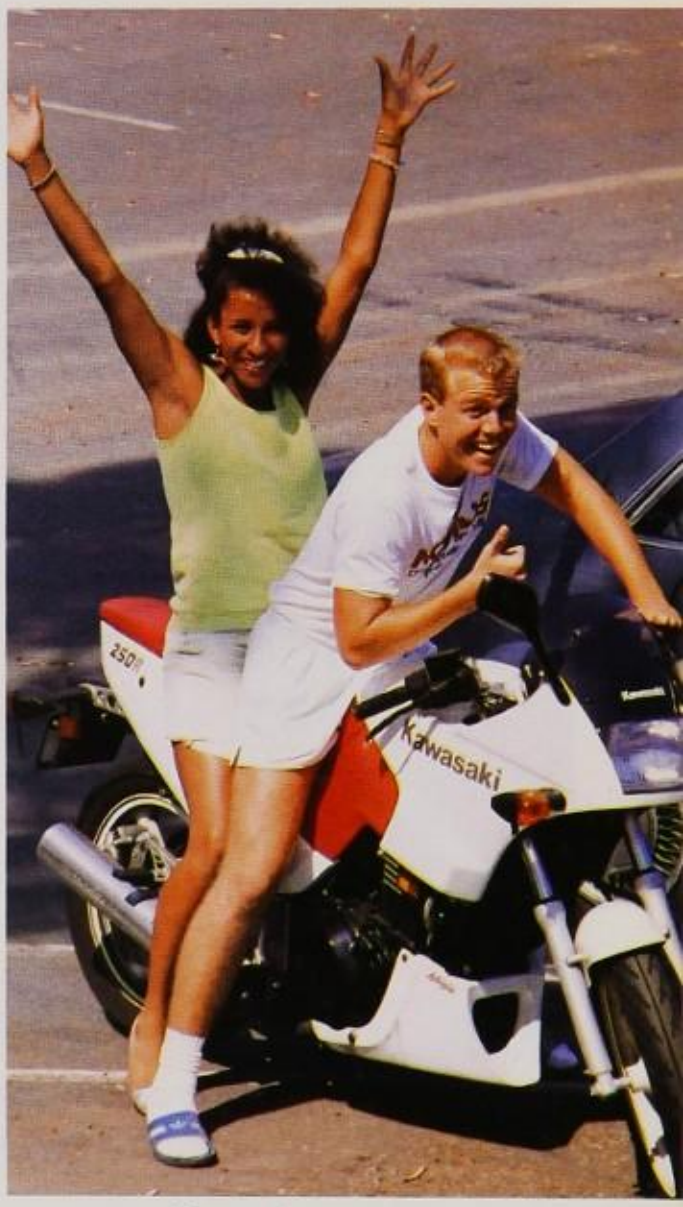
Best Dressed: (top)
Mark Tadrissi and
Jennifer Rue
Most Spirited: (above)
Bonnie Bernstein and
Charles Huff



Most Talented:
Bob Feeney and
Karen Hartman

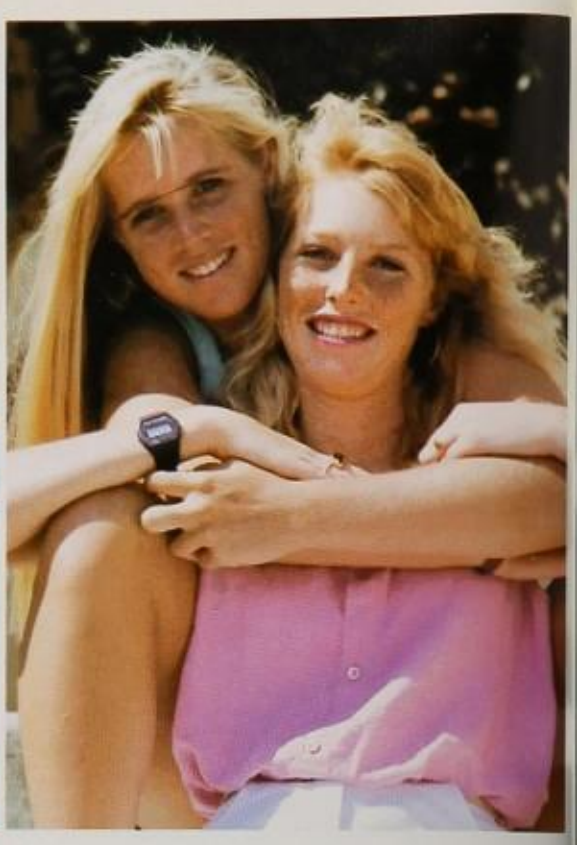
Class Flirts: (above)
David Monk and
Jennifer Herring
Best Looking: (left)
Brad Raulston and
Megan Ryan

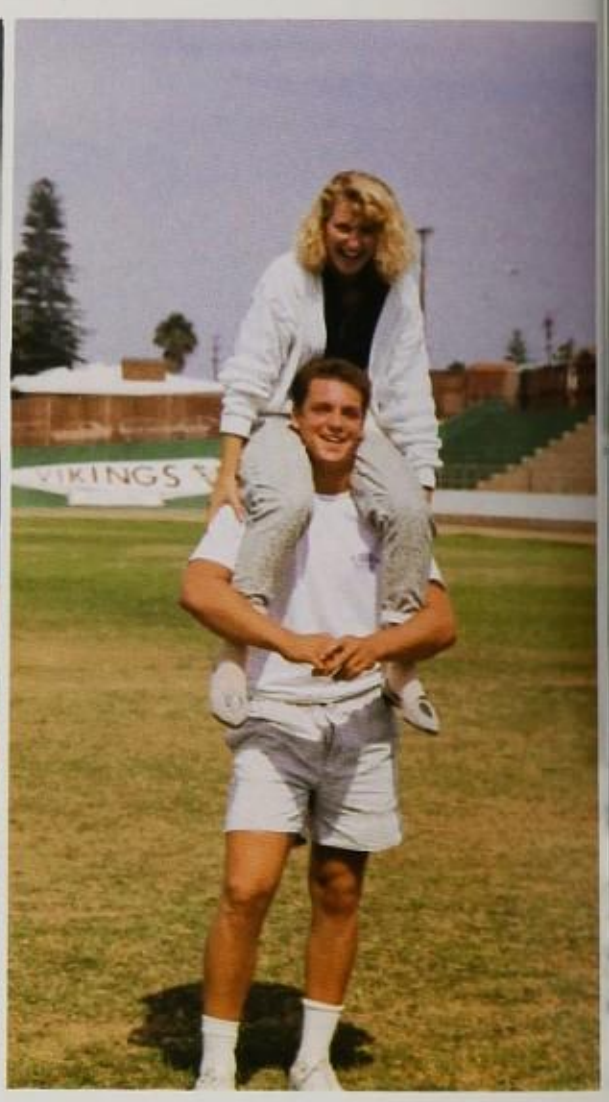
Most Likely to have a
Party: William Poovey
and Becky Jagger



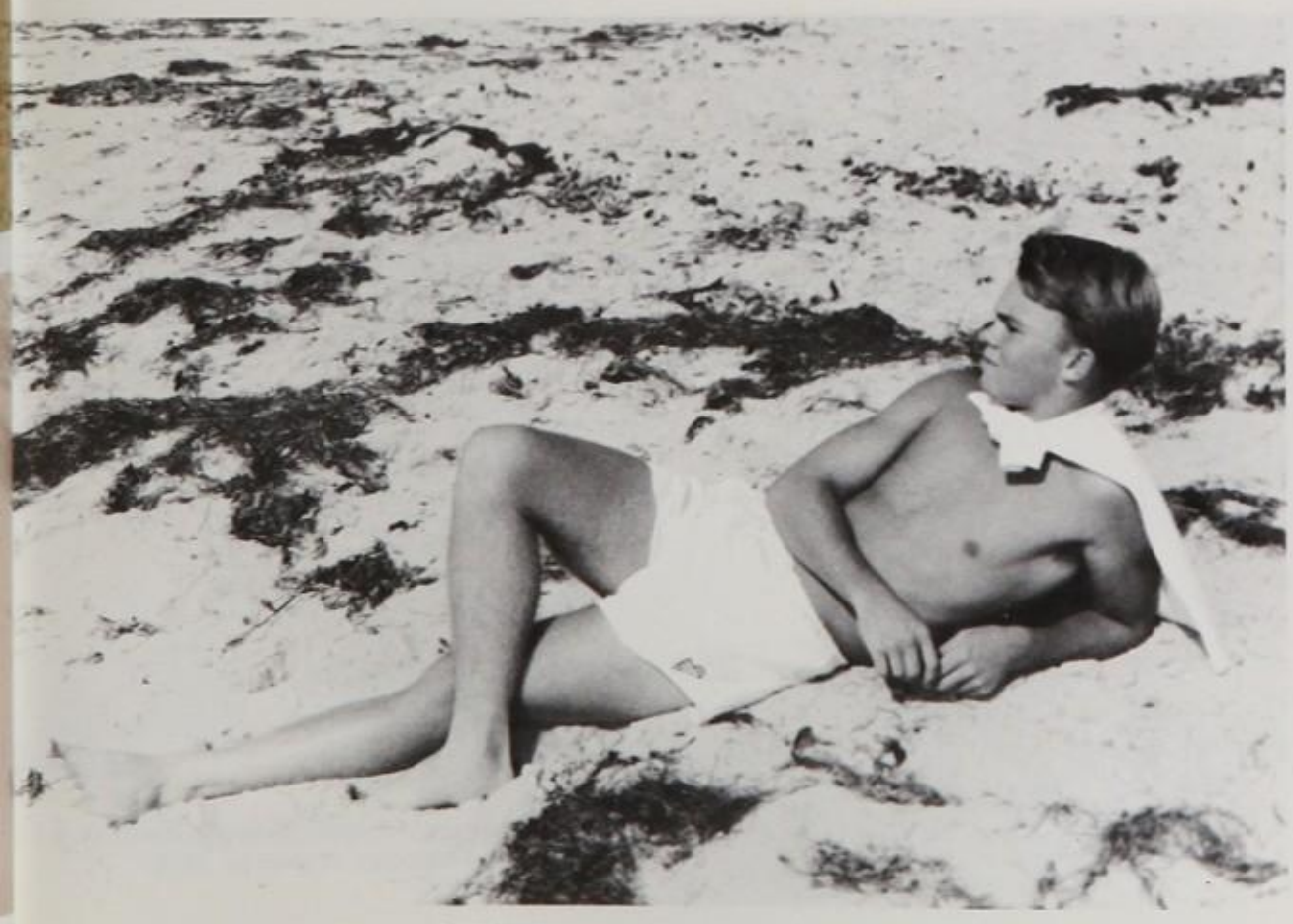
Class Comics:
Karla Guinn and
Chris Baer

Inseparable Friends: (right)
Jason Blantz and Damon
Silverman, Paige Patridge
and Lisa Laws.
Sexiest: (below)
Siobhan Zetumer and
Mitchell Porshe





Best Personality: (center)
Maryann Burke and
David Monk
Most Athletic: (right middle)
Becca Isenberg and
Brent Woodall
Most Likely to Succeed: (right)
Becky Groves and
Sean Hecker



Favorite Snack: Frozen Yogurt.

Favortie Hang-out: Don Juan's (left).

Favorite Pastime: "Beaching It" (left).

Favorite Song: I Want Your Sex, by George Micheal.

Mark Hutchin flies through the air.

Brian Schipa takes off for flight (above). Karen Shively and Andy Firtel take a breather from a hard day on the slopes (right).

Jason Blantz indulges in **Crunch Berries** at the end of a long day of aerobic skiing.

Tahoe and Mammoth Site of Tradition As Seniors Invade Slopes

Conforming with the yearly tradition, seniors invaded the slopes over President's Day weekend, February 12-15. Some went to Lake Tahoe, while others set off for Mammoth. Whichever place, they still experienced the same sunny spring conditions and the same lack of sleep. This trip has traditionally been one that brought the senior class closer together, and this year was no exception.

As usual, some juniors and sophomores managed to make their way to the slopes and share in the unofficial senior ski trip. The year did not bring tons of snow, but skiers managed to tear up the mountains pretty well anyhow, not to mention what they did to the condos and lodges! The vacation was looked upon as a chance to get away from the monotony of weekends in La Jolla, ski some of the greatest slopes in California, and simply have a good time — and that they did! This was detectable through numerous clues: the lack of senior attendance on Tuesday, February 16, the constant yawning that continued through the week following the trip, and the usual peeling noses, chapped lips, and raccoon eyes.

Whether in Mammoth or Tahoe, seniors once again spent their President's Day weekend leaving a trail of carved-out moguls, flustered condo owners and places that may never be the same again. These places will forever harbor memories of yet another page in the book of memorabilia of the senior.

— By Jennifer Sahn

vid Moss executes perfect form at Mammoth.

David Moss, Shawn Ellis, Robert McLachlan and Shane Ellis locate some cute snow bunnies.

Prom Was Seniors' Big Night

ON THE TOWN!

When 250 guys from the senior class showed up at the bank, the tellers knew it was prom time. "A night in one's life where money was no object," according to senior Scott Presti. "It was an expensive evening but well worth it, because it will always live on in our memories," he added.

This year's prom was held at the Hotel del Coronado on June 18. In addition to renting tux's, some fellows hired limos, and most took their dates to lavish restaurants prior to arriving at the hotel.

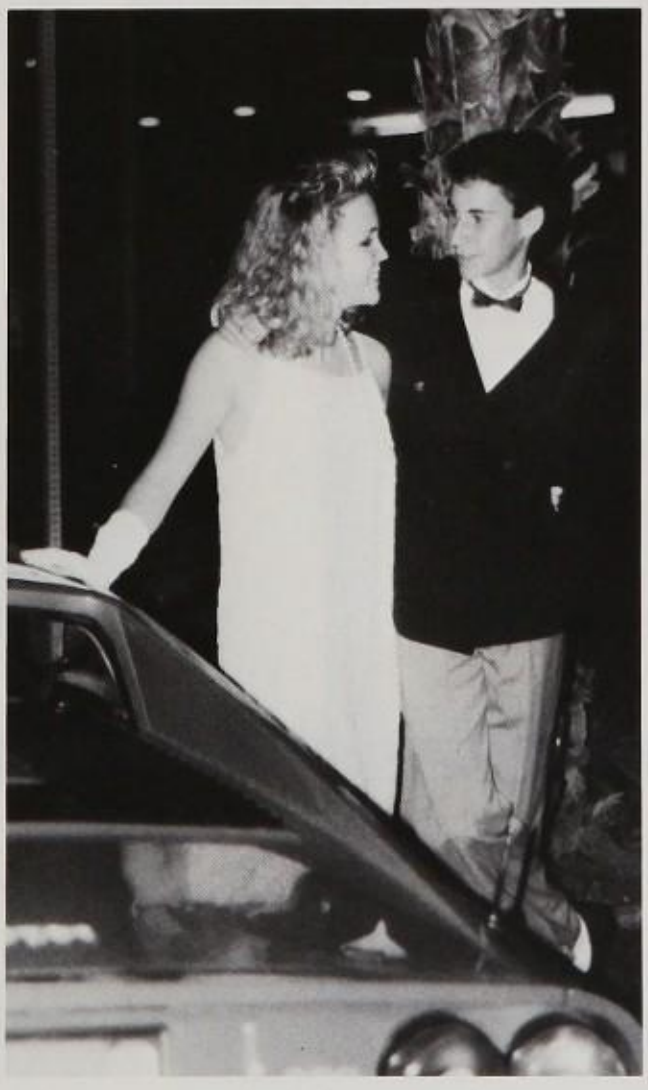
The girls were by no means free from pre-prom expenses. Besides buying prom dresses, some tailored to make them look like the "belle of the ball," there was also the cost of hair styling and manicures.

The prom was organized by senior class vice-president David Monk, who with the help of "senior class mother," Mrs. Tracy Ellis, spent months preparing for the gala. Senior class president, Charles Huff, explained, "The prom was partly financed by class fund raisers held throughout the past three years."

Summing up the evening, senior Carolyn Patton commented, "Everything was beautifully set. Cararax (the band) livened up the night, and the ambiance of the hotel made this an evening to remember."

Cindy Mathison fixes her hair and thinks of the night to come.

David Monk (top) tries to decide which of his bow ties suits the occasion the bes
Scott Presti and David Monk ponder whether to rent this extravagant attire for the
evening at the Del.



At 9:00 the couples began to arrive at the Del. Here Scott Presti, Cindy Mathison, Simon Malk, Jennifer Herring, David Monk and Ahna Holder make their way to the ballroom.

A beautiful means of transportation adds to the excitement of the evening. Ahna Holder and David Monk (left) enjoy the luxury of this Ferrari for their prom date.

Dinner before at a glamorous restaurant is a wonderful way to begin the evening. These two couples (far left) enjoy the **Avanti** experience.

Comm

Our strong band can ne'er be broken,
Formed in days gone by,
Far surpassing wealth unspoken,
Sealed by friendship's tie.
Hail, La Jolla, Alma Mater,
We will never fail,
Forward sails the good ship Viking,
Hail, our high school, hail.

Our strong band can ne'er be broken,
Formed in days gone by,
Far surpassing wealth unspoken,
Se
Hai

Forward sails the good sh p Viking,
Hail, our high schoo' hail.

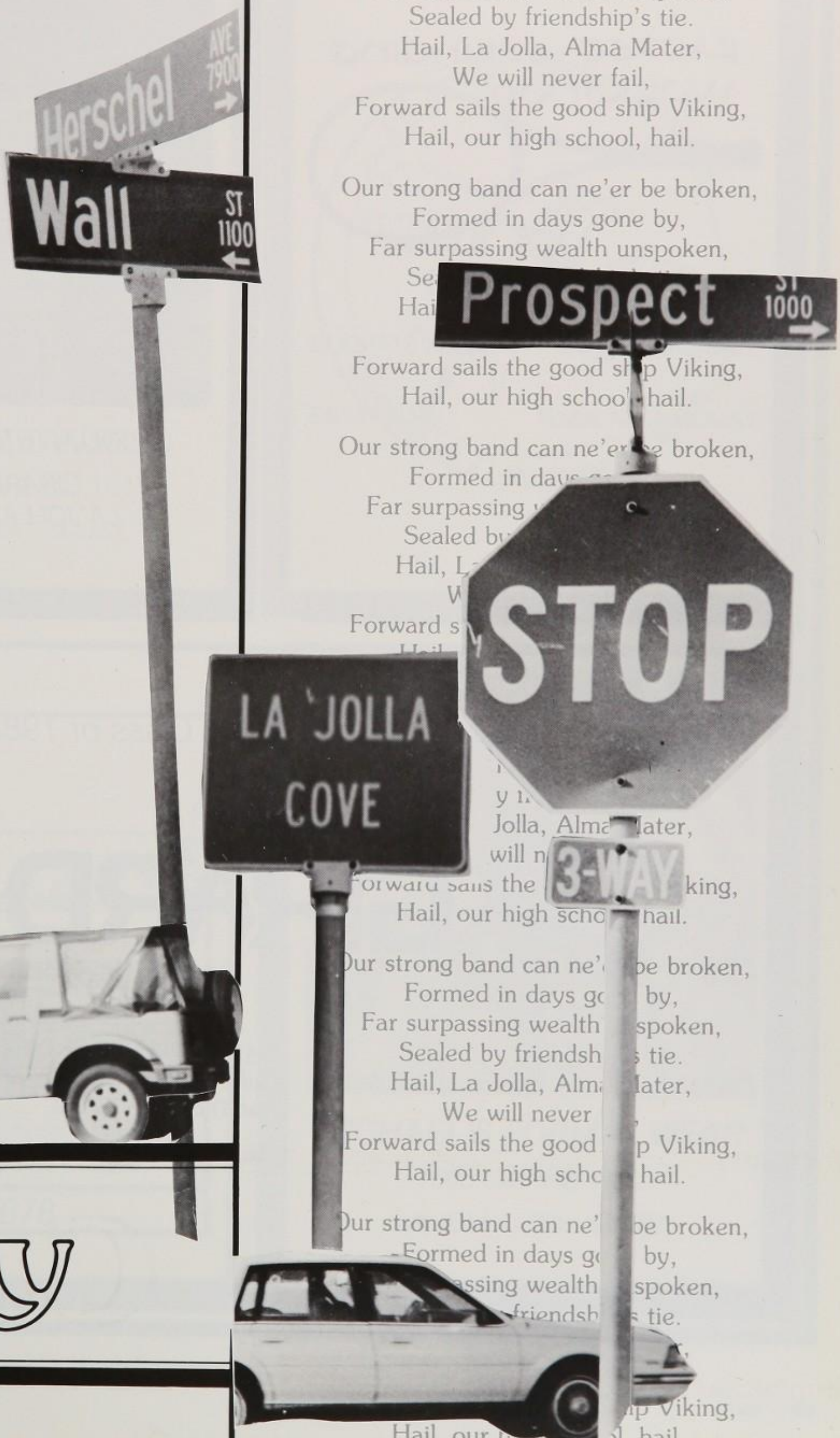
Our strong band can ne'e e broken,
Formed in day
Far surpassing
Sealed b
Hail, L
W
Forward s
H

Jolla, Alma later,
will n
Forward sails the king,
Hail, our high scho hail.

ur strong band can ne' be broken,
Formed in days g by,
Far surpassing wealth spoken,
Sealed by friendsh s tie.
Hail, La Jolla, Alm later,
We will never
Forward sails the good p Viking,
Hail, our high scho hail.

ur strong band can ne' be broken,
Formed in days g by,
assing wealth spoken,
friendsh s tie.

p Viking,
Hail, our h l, hail.



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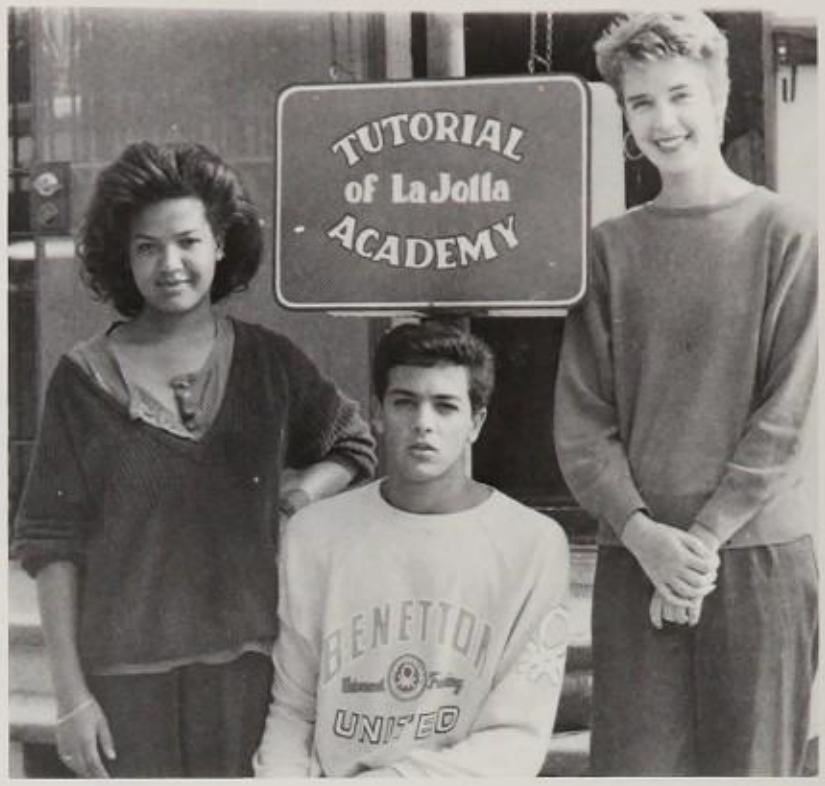

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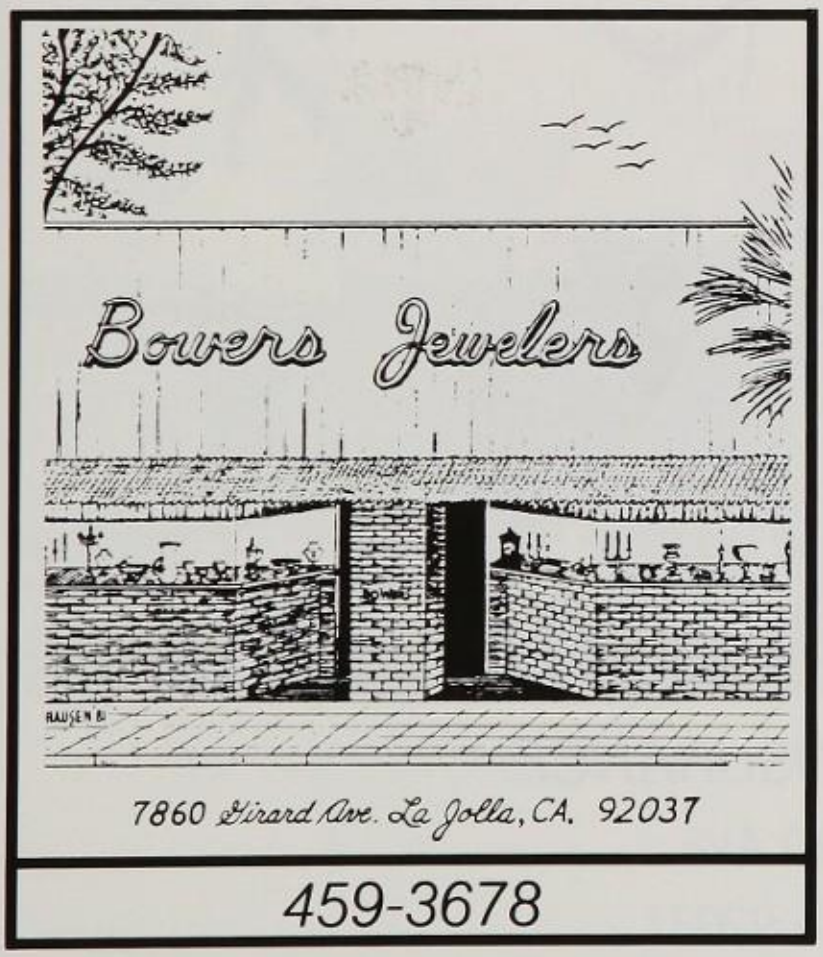

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CONGRATULATIONS
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Congrats to the class of '88. Thanx to all my friends and buddies, esp. the Fab 4, Mia, Alé, Loops, and Alberto for the best sr. year ever. Oh and Danny, Eddy will always love you. P.S. 2 rrrings always.

Love Always,
Rachel Mendoza

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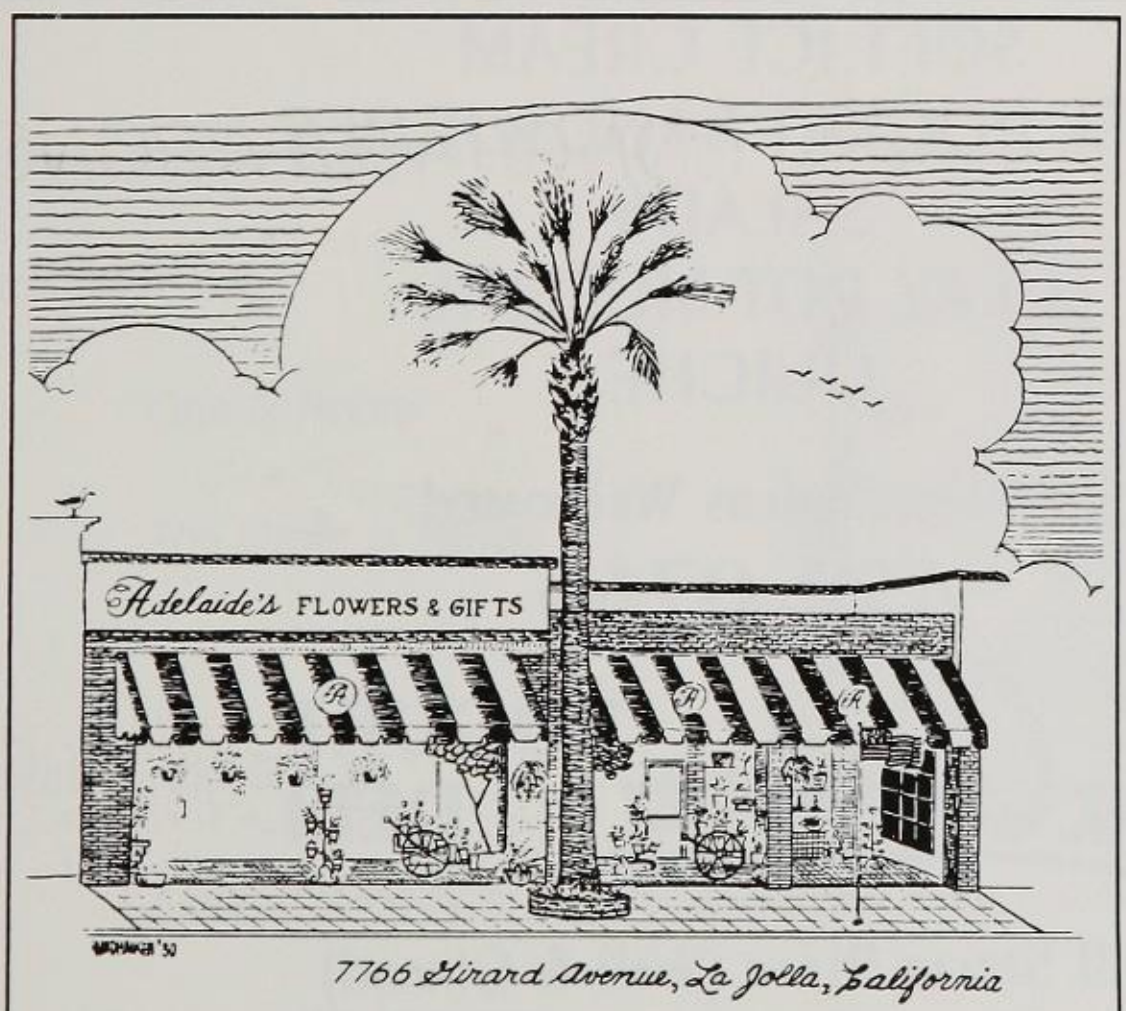

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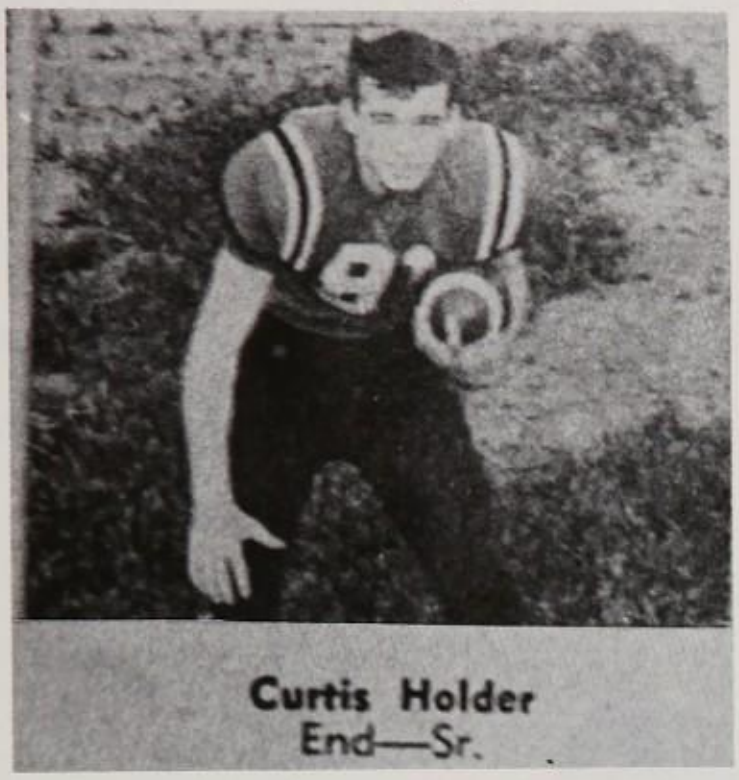

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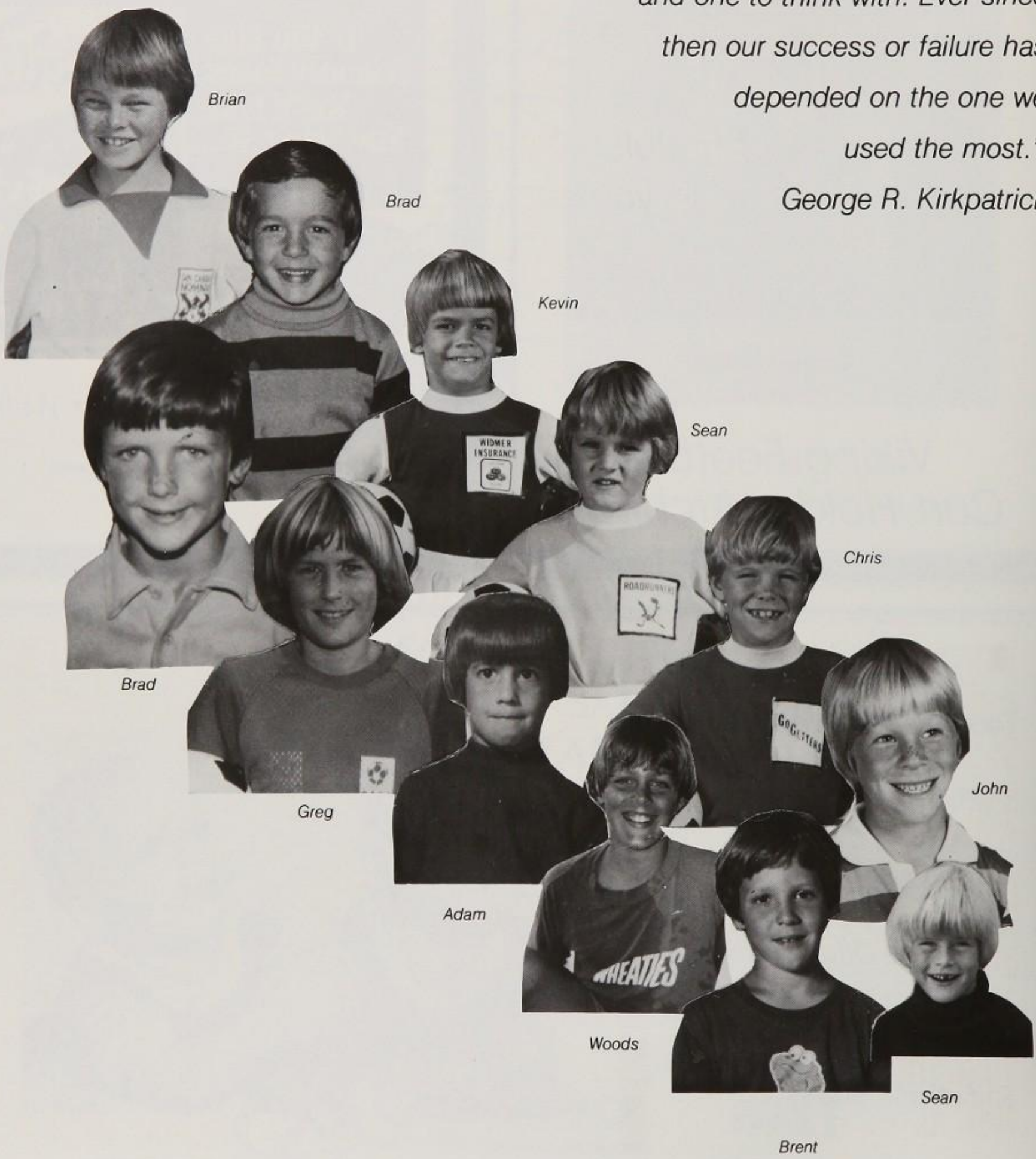
Shawn and Shane

Always remember — The strongest trees are those with twin roots.

We love you — *Mom & Dad*

"Nature gave us two ends . . . one to sit on and one to think with. Ever since then our success or failure has depended on the one we used the most."

George R. Kirkpatrick



Congratulations and best wishes to some guys who didn't just sit around. — Your families

Congratulations to the class of '88!
We wish you success and happiness
in the future.

— The Vince Ricchiutis

7756 GIRARD AVE.
LA JOLLA, CALIFORNIA

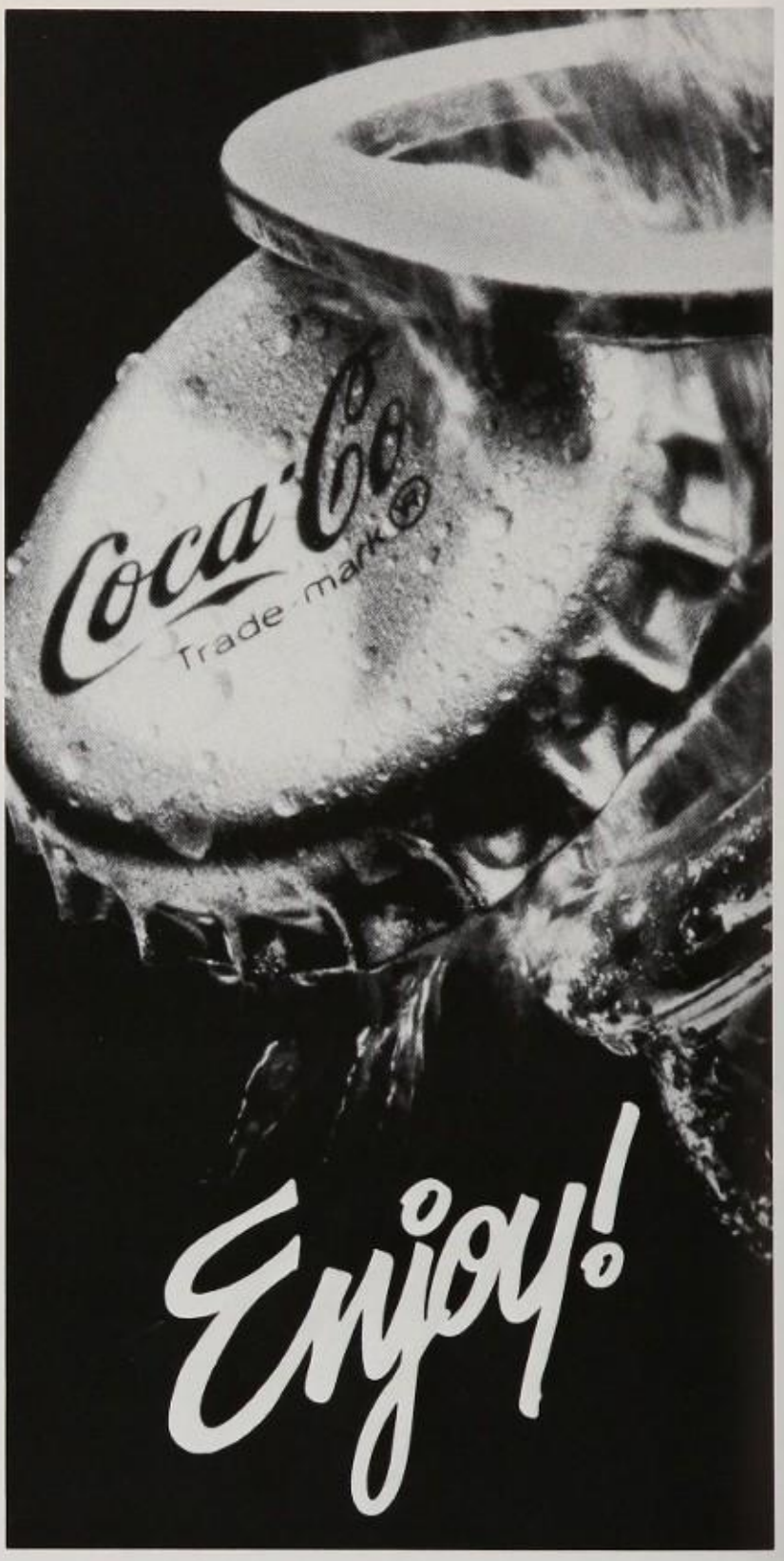
Gordon,

You mean I can finally use
the phone!
Love you forever — Mom

Are there separate surf
conditions for a fiftyish Step Dad!

The mind is like a parachute —
It only works when it's open.
Love, Duncan

My baby brother, college bound!
Best of luck, & you know where I
am if you need me. Love, Rebecca



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Thank you, Jeff G. Doyle
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Congratulations, Andy!
We love you —
Mom, Dad,
Kenny, & Steven

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TO THE
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CLASS OF '88

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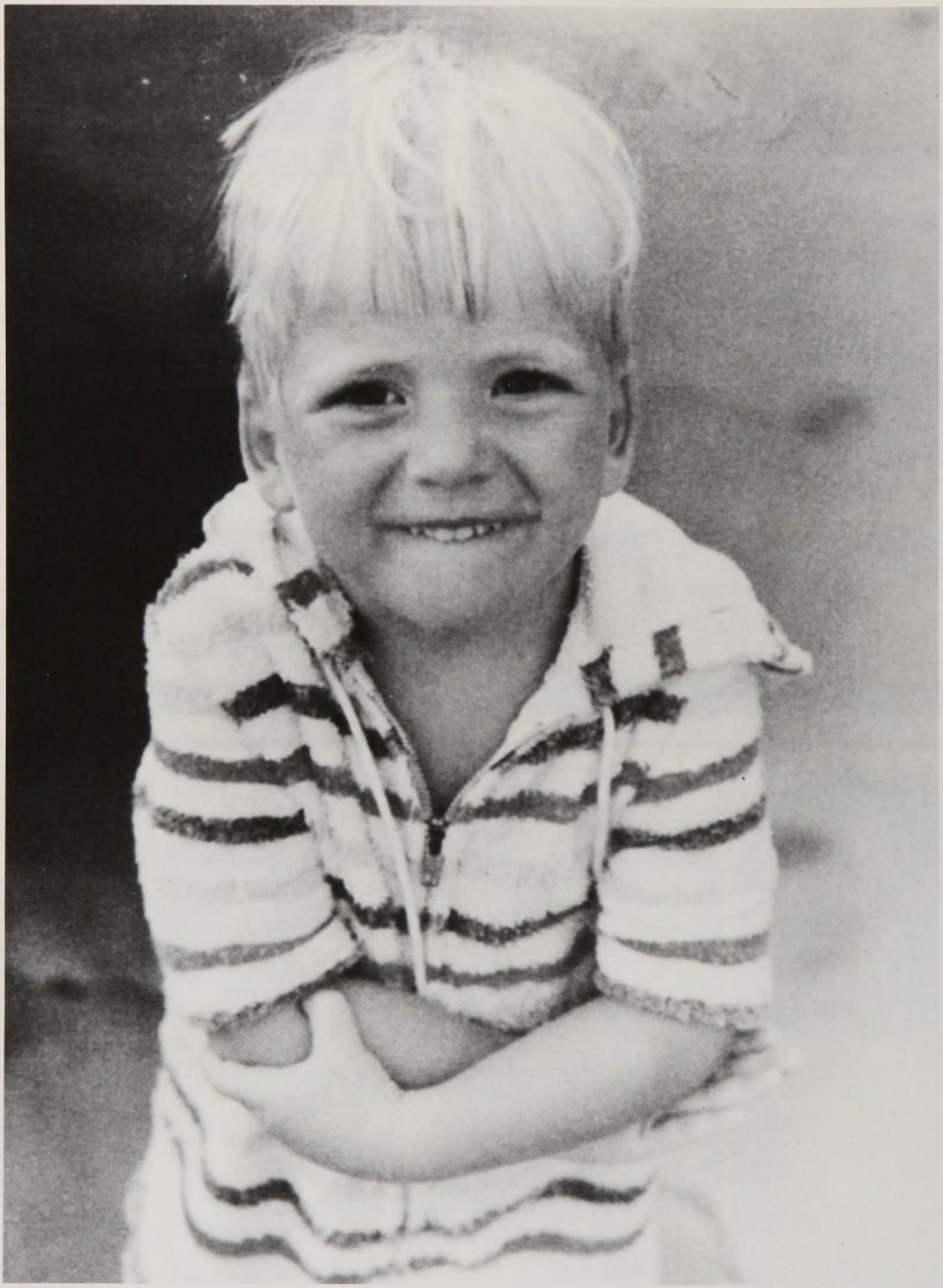
WE LOVE YOU — MOM AND DAD



John, time has passed by so quickly, we wish you all the success in the world in your future. Love — Mom & Dad

Jen,
You've come a long way, babe! We all love you!
Mom, Vince, Mike
Terrie, Tim, Kathleen
and Dan

Good Luck!!

Keep up the good work
Laurel Anne!
Love, Mom & Dad

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FOR ALL OF YESTERDAY'S MEMORIES
AND TOMORROW'S DREAMS . . .

We love you so much, Mom & Dad

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Congratulations to
the Class of '88,
especially Ann!

Love,
Fran & Bob

Congratulations to the graduating
Class of 1988!
good luck in the future!

WORLD COMMUNICATIONS INC.

To all my friends pictured here and to those who are not,
Thanks for making my two years at LJHS bearable . . .
You know I'll always love you so just let your heartlight
shine on into the world and be the best person you can be . . . Luv, Yolanda

To Linda Martin,
From a beautiful baby with
big blue eyes,
to a lovely young lady
who's just the right size!
Congratulations and love from
Dad & Mom

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You made it!
Good luck in the
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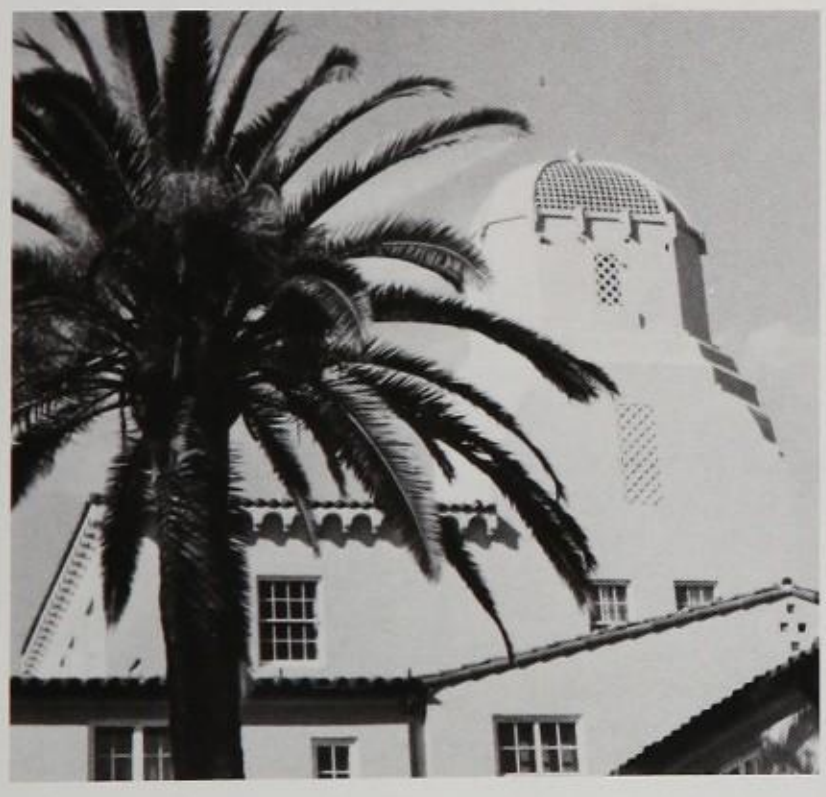
GARY,
KEEP HITTING LINE DRIVES!
LOVE, MOM & DAD



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ALISSA AND SEAN, CONGRATS!
WE ARE VERY PROUD OF YOU BOTH!
WE LOVE YOU, MOM & DAD

Today well lived makes
every yesterday a dream
of happiness, and every
tomorrow a vision of hope.

Look well, therefore, to this day.

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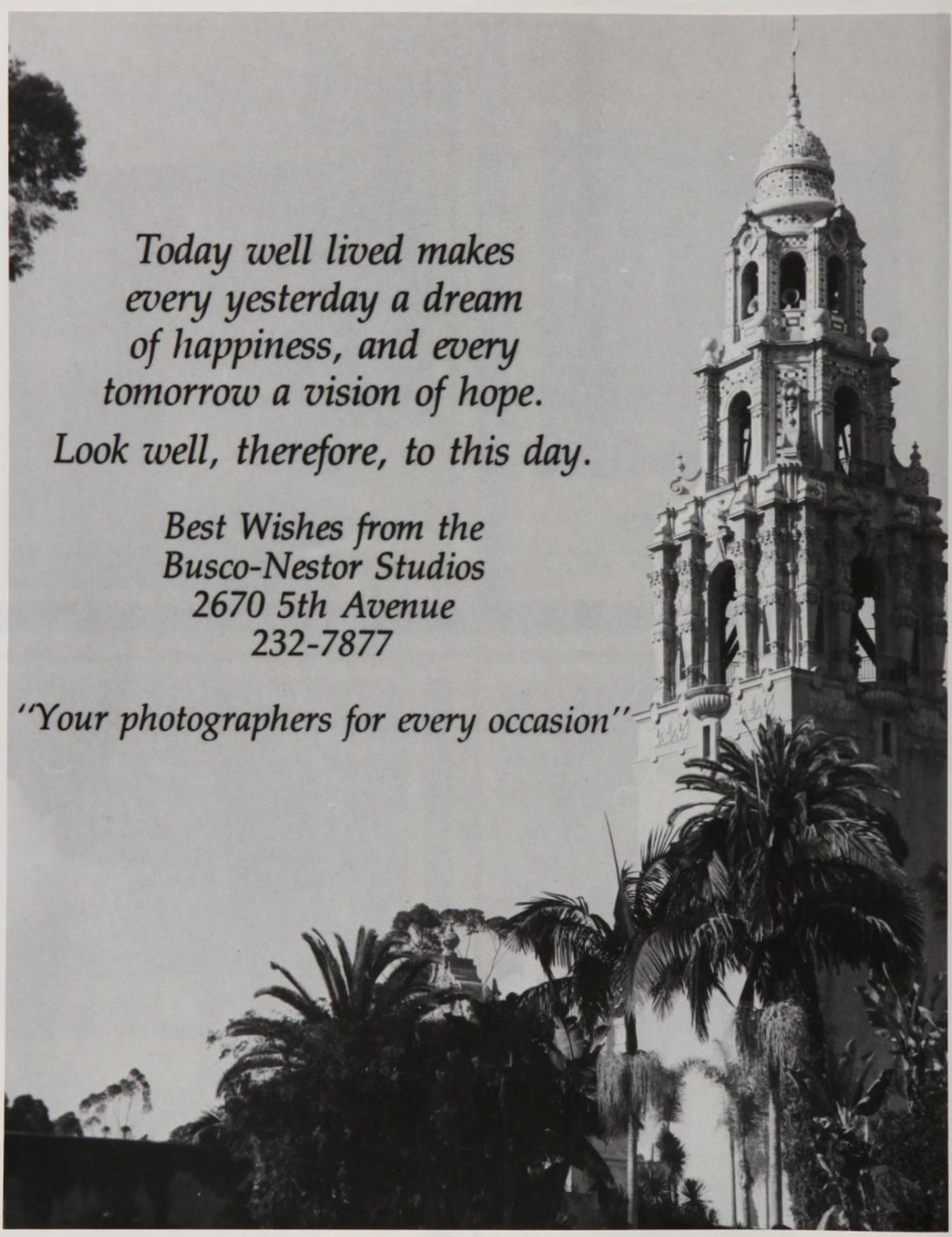

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Colophon

Publisher: Taylor Publishing.
Pages: 288 plus four page tip-in.
Paper: 100 lb. poly-contrast.

1000 copies of the 1988 Viking were printed by Taylor Publishing Company, located in Dallas, Texas. The account representative in San Diego was Dick Kerr; the plant overseer for job no. 31445 was Renata Jackson.

The book began selling for $27.00 and cost $38.00 at year's end without an A.S.B. card.

The cover was an original design by Junior, Ahna Holder.

Spot colors used were Mediterranean Blue #18 for the mini-mag section, as well as combinations of Taylor's screen colors in the Opening, Student Life and Sports' sections.

This year all of the copy was processed, proofed and edited with IBM computers, through the Taylor Publishing **Typevision** program.

Body copy was in Serif Gothic.

Headlines:

Opening — **Serif Gothic Bold**
Student Life — *Souvenir Italic*
Sports — **Garamond Bold**
Academics — **Ronda**
Clubs & Organizations — **Impact**
People — **Serif Gothic Bold**
Community — *Helvetica Italic.*

Colophon

Some photos for Mini-Mag were supplied by the **Associated Press** and **The San Diego Union.**

Special thanks for photographs to Mrs. Cindy Soriano, Steve Connor and Mark Hutchin.

What Was Different About This Year's Book?

What determined where and how the color is used?

This year it was decided to add color to the Sports' section. Therefore less color was utilized in the Opening section. Also this year, Homecoming was covered in color for the first time. The final color deadline was December 3, 1987. Therefore, anything that happened after that date could not be depicted in color in the yearbook.

Where are the Senior Pipedreams?

This year we had to omit Senior Pipedreams from the yearbook because the administration did not want to be libel if something derogatory was printed.

The 1988 Viking Yearbook Staff hopes that everyone reading our book enjoys it for today and many years to come. We were proud to be the literary archivists of the '88 school year. Much luck and prosperity to each and everyone in the future.

Viking 1988

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The Vann Family
Varsity Girls Volleyball Team
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Kathryn Wolfe
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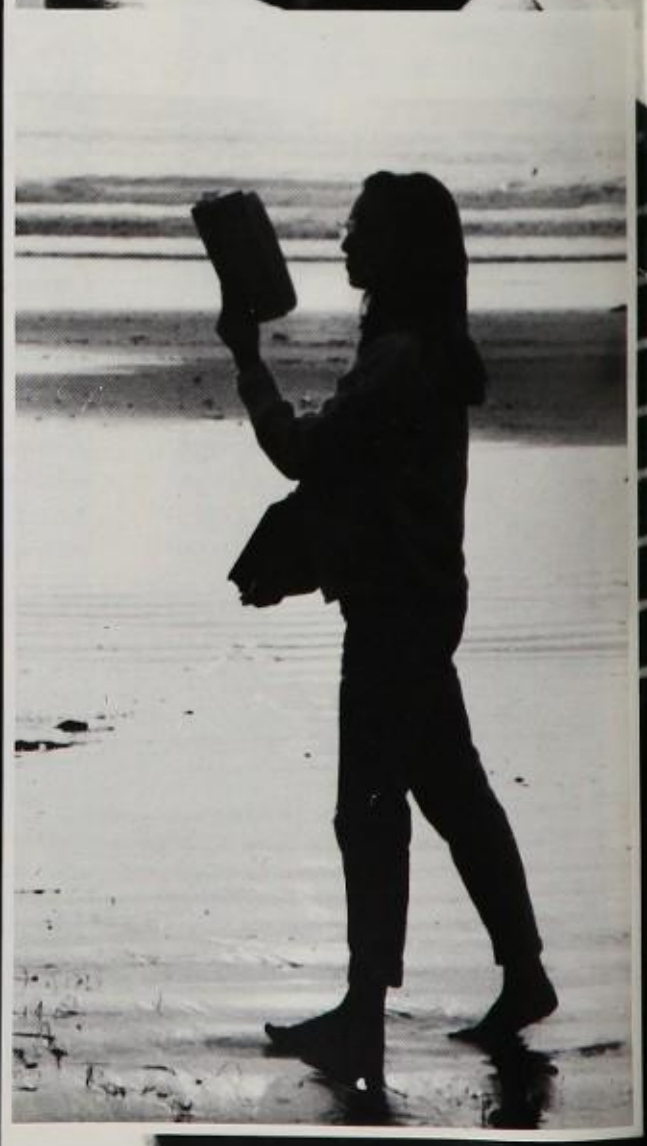
Last Impressions

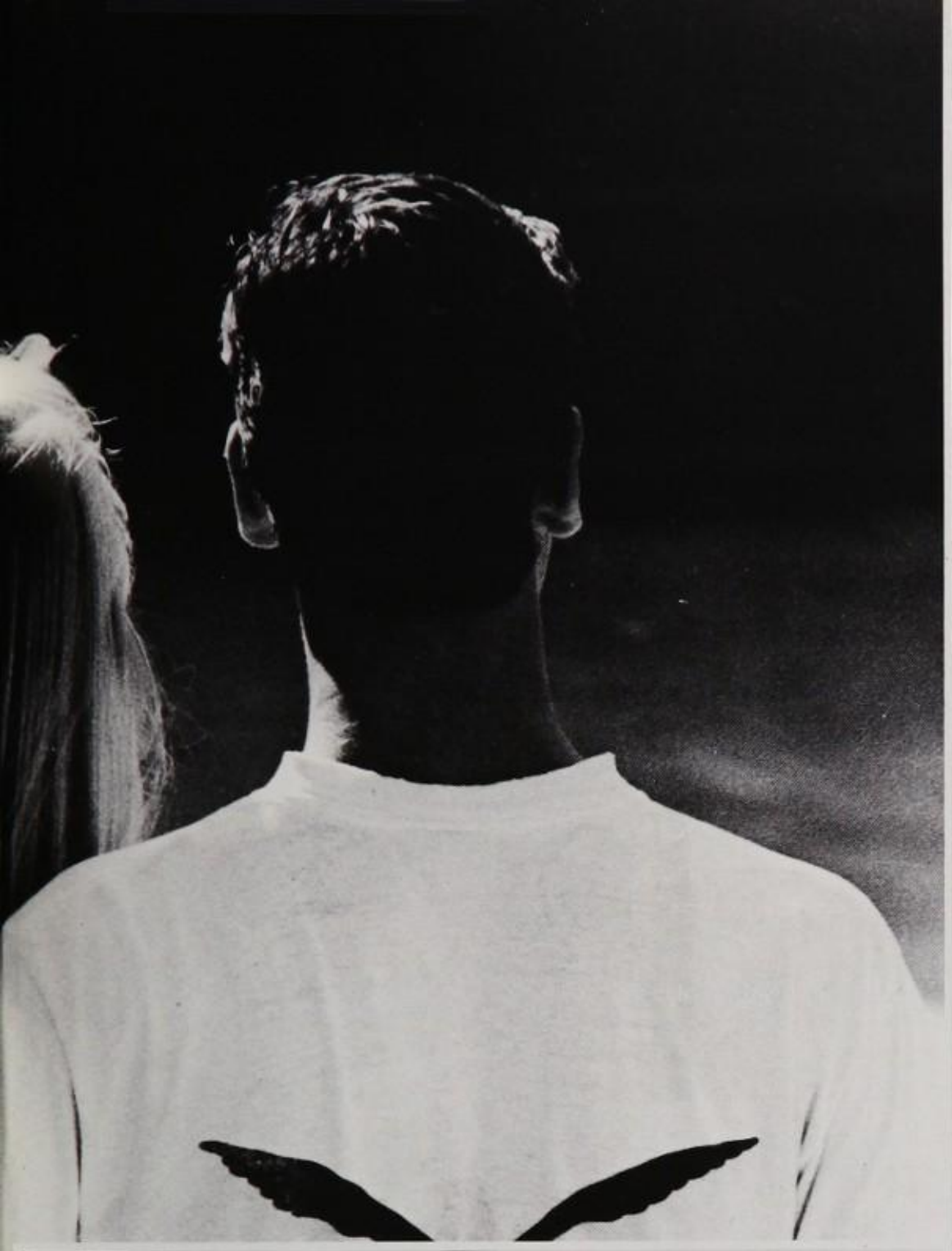
As the school year drew to a close, so did an important phase in our lives. But what did it all mean? There was excitement with Homecoming, C.I.F. finals, ASB Ball, scholastic achievements, Prom and finally graduation. There were also disappointments; failed tests, dead romances, rejections from colleges and lost games. Most importantly though, there were memories and preparation for the fast paced world which we were about to enter.

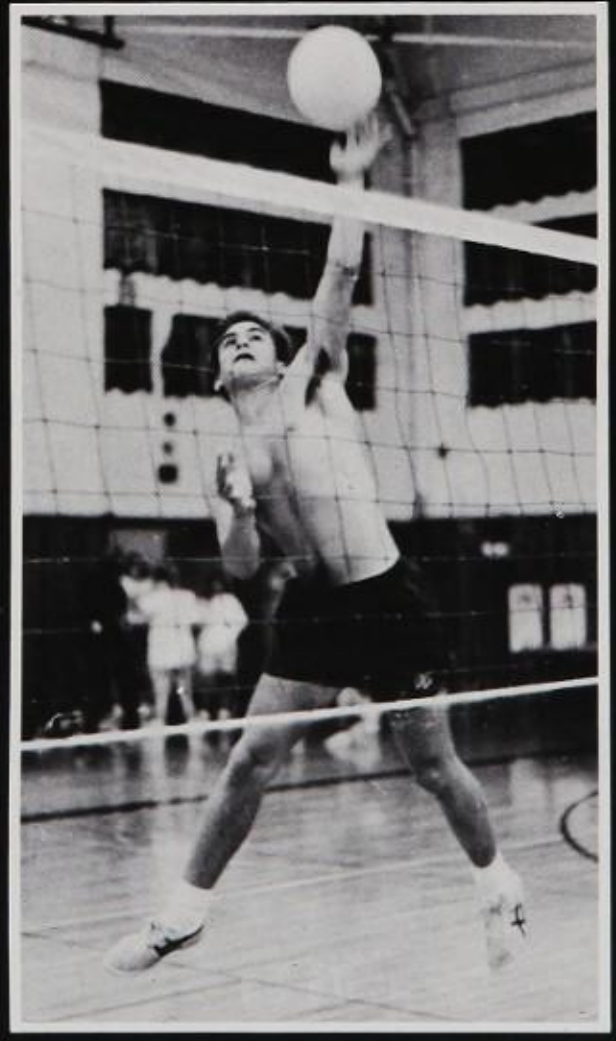
High school is often said to be "the best time of our lives." Its lasting impressions and teachings were not just academic. They were basic necessities which formed a backbone for future aspirations.

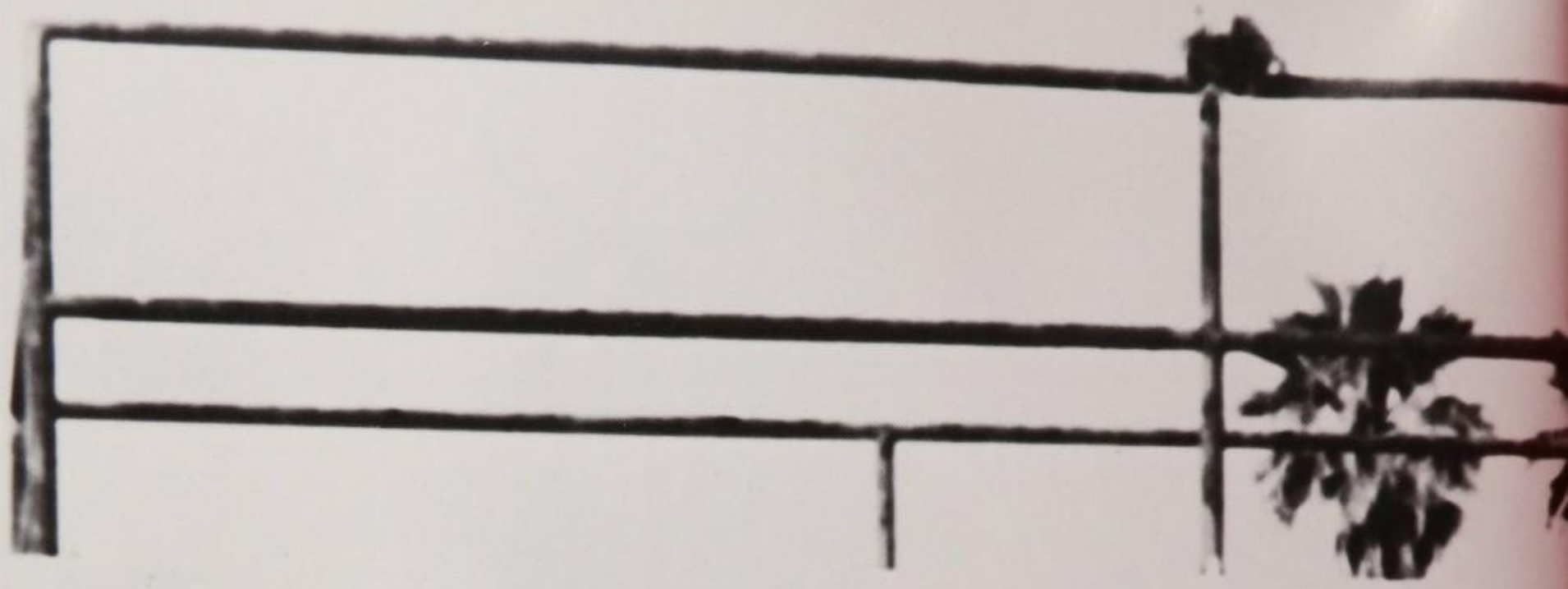
Twenty-five years from now, you may be speaking in front of a large corporation, or perhaps trimming rose bushes in the garden. But whatever your occupation, you may, one day, have the uncontrollable desire to look back and remember your years at La Jolla High School. When this happens, simply flip through the pages of our yearbook and remember, ". . . days gone by . . ."

— By Talia Wise









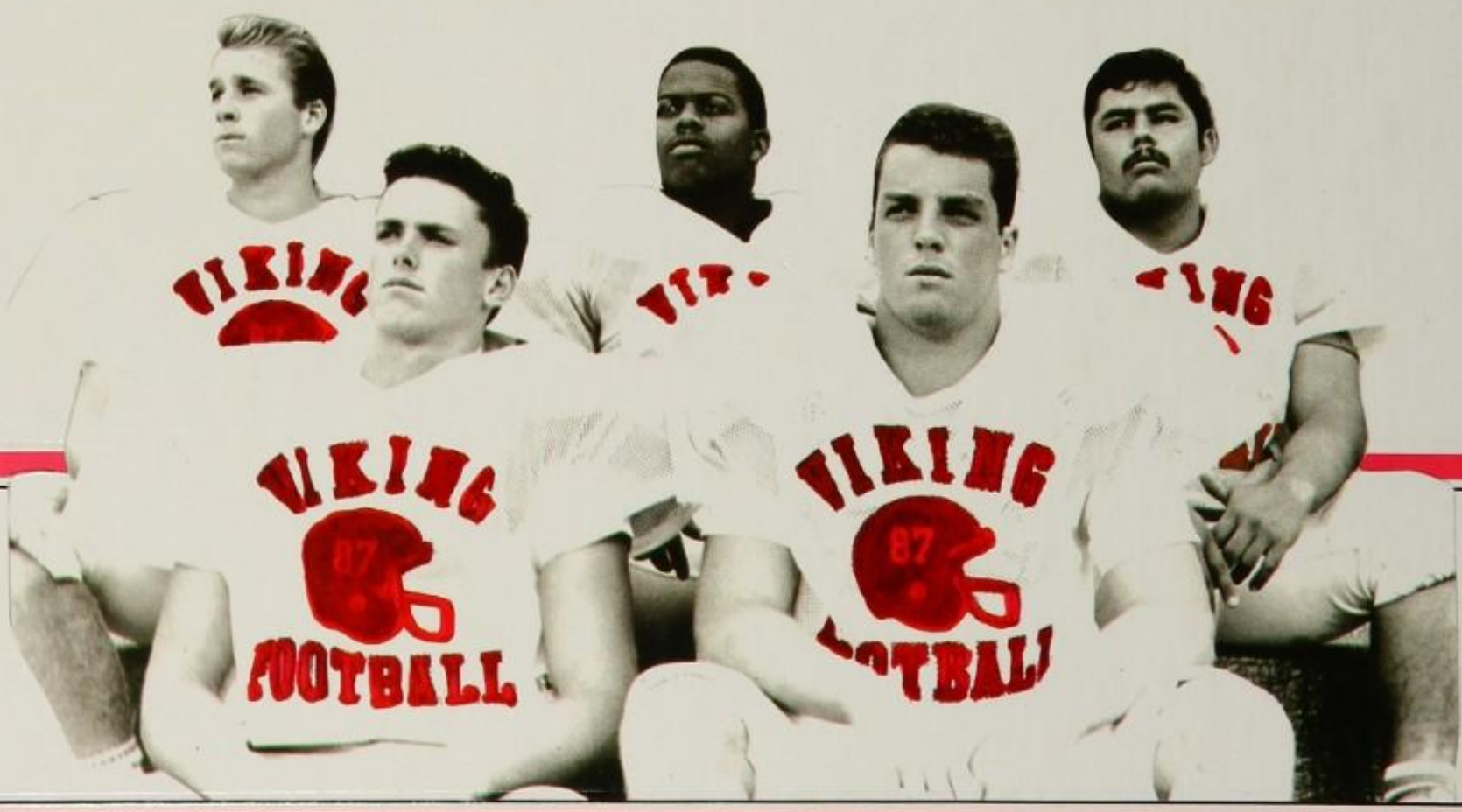
In Memory
of Mike Hanno,
your
friends
will NOT
FORGET
you!!

1 '3 - '88

Time it was, And what a time it was, It was . . . A time of innocence, A time of confidences.

Long ago . . . it must be . . . I have a photograph.
Preserve your memories; They're all that's left you.

P. Simon


VIKING
87
FOOTBALL